

Train timetable

Valid from 21 May 2017

Norwich to Ipswich and
London Liverpool Street

Notes and symbols

Generic notes and symbols

Bold Times in bold are direct services operated by Greater Anglia


Italic Times in italics are connecting train services with one change of train.


Other connections may be available with further changes


0640 For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable


 First Class accommodation available


 Seat reservations possible


 Seat reservations recommended


 PlusBus operates from this station


 Buffet service


 Wi-fi service


 DLR Interchange with Docklands Light Railway


 Airport interchange


 Connections with Ferry services

 Interchange with London Underground

 Train attaches at this station

 Train divides at this station

 Train continues in later column

 Train continued from earlier column

a Arrival time

d Departure time

s Stops to set down only

u Stops to pick up only

All services are operated by Greater Anglia unless otherwise shown

1 Southend, Southminster and Shenfield to London Liverpool Street

A Also calls at Seven Kings 0537

2 Ipswich, Clacton, Colchester and Braintree to London Liverpool Street

b Arrives 1854

A Also calls at Seven Kings 0537

B Service runs 9 October to 8 December

C Service runs 22 May to 6 October

D Service runs 21 May to 10 September

E Also calls at Gidea Park 0107

4 Norwich to Ipswich and London Liverpool Street

A Service runs 9 October to 8 December

B Service runs 22 May to 6 October

C Service runs 21 May to 10 September

5 Harwich Town to Manningtree

b By changing at Manningtree customers may arrive at Liverpool Street earlier at 0842

c Change at Manningtree and Colchester

e Connection departs 2 minutes later 22 May to 6 October

f Connection departs 1 minute later 22 May to 6 October

Norwich to Ipswich and London Liverpool Street

Mondays to Fridays

	A	B	A	B	A	B	A	B	A
Norwich	d 0455	0500	0525	0530	0555	0600	0622	0624	0645
Diss	d 0514	0518	0544	0548	0614	0618	0640	0642	0704
Stowmarket	d 0527	0530	0552	0557	0600	0627	0630	0642	0652
Needham Market	d	0557				0647			0703
Ipswich	a 0540	0542	0607	0610	0612	0640	0642	0700	0705
Ipswich	d 0542	0544	0612	0614	0642	0644	0707	0708	0717
Manningtree	d 0553	0554	0623	0624	0653	0654	0718	0718	0727
Colchester	a 0603	0603	0633	0633	0703	0703	0728	0728	0737
Colchester	d 0605	0605	0635	0635	0705	0705	0730	0730	0738
Witham	a								0755
Chelmsford	a								
Shenfield	a								
Stratford DLR	a 0644s	0644s	0715s	0715s					0828s
London Liverpool St	a 0654	0654	0727	0727	0758	0758	0824	0824	0840

	B	A	B						
Norwich	d 0648	0703	0705	0740	0800	0830	0900		
Diss	d 0706	0721	0723	0758	0817	0847	0917		
Stowmarket	d 0718	0734	0735	0745	0810	0845	0914	0929	0945
Needham Market	d		0750			0850			0950
Ipswich	a 0730	0747	0747	0802	0818	0824	0841	0902	0908
Ipswich	d 0732	0749	0749	0820	0826	0843	0909	0943	
Manningtree	d 0743	0759	0759		0836	0853	0919	0953	
Colchester	a	0808	0808		0845	0902	0928	1002	
Colchester	d	0810	0810		0845	0903	0930	1003	
Witham	a								
Chelmsford	a				0903	0921		1021	
Shenfield	a								
Stratford DLR	a	0852s	0852s		0928s	0946s		1045s	
London Liverpool St	a 0842	0904	0904	0924	0939	0958	1019	1055	

Norwich	d 0930	1000	1030	1100	1130	1200	1230		
Diss	d 0947	1017	1047	1117	1147	1217	1247		
Stowmarket	d	1029	1045	1114	1129	1145	1229	1245	1314
Needham Market	d		1050			1150		1250	
Ipswich	a 1008	1041	1102	1108	1128	1141	1202	1208	1241
Ipswich	d 1009	1043	1109	1143	1209	1243	1309		
Manningtree	d 1019	1053	1119	1153	1219	1253	1319		
Colchester	a 1028	1102	1128	1202	1228	1302	1328		
Colchester	d 1030	1103	1130	1203	1230	1303	1330		
Witham	a								
Chelmsford	a	1121			1221		1321		
Shenfield	a								
Stratford DLR	a	1145s			1245s		1345s		
London Liverpool St	a 1119	1155	1219	1255	1319	1355	1419		

Norwich	d 1300	1330	1400	1430	1500	1530	1600		
Diss	d 1317	1347	1417	1447	1517	1547	1617		
Stowmarket	d 1329	1345	1429	1445	1514	1529	1545	1629	1645
Needham Market	d	1350		1450			1550		1650
Ipswich	a 1341	1402	1408	1441	1502	1508	1528	1541	1602
Ipswich	d 1343	1409	1443	1509	1543	1609	1643		
Manningtree	d 1353	1419	1453	1519	1553	1619	1653		
Colchester	a 1402	1428	1502	1528	1602	1628	1702		
Colchester	d 1403	1430	1503	1530	1603	1630	1703		
Witham	a								
Chelmsford	a 1421		1521			1621		1721	
Shenfield	a								
Stratford DLR	a 1445s		1545s			1645s		1745s	
London Liverpool St	a 1455	1519	1555	1617	1655	1719	1758		

0640 Cycle restrictions apply. See page 2 for details

Norwich to Ipswich and London Liverpool Street

Mondays to Fridays

	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶		
Norwich	d 1630		1700		1730	1800		1830		1900	1930	
Diss	d 1647		1717		1747	1817		1847		1917	1947	
Stowmarket	d	1714	1729	1745	1759	1829	1845		1914	1929	1945	
Needham Market	d		1750			1850				1950		
Ipswich	a 1708	1728	1741	1804	1811	1841	1902	1908	1928	1941	2004	2009
Ipswich	d 1709	1733	1743		1813	1843		1909		1943	2009	
Manningtree	d 1719	1743	1753			1853		1919		1953	2019	
Colchester	a 1728	1752	1802		1828	1902		1928		2002	2029	
Colchester	d 1730		1803		1830	1903		1930		2003	2030	
Witham	a											
Chelmsford	a		1821			1921				2021		
Shenfield	a											
Stratford DLR	a		1845s			1945s				2045s		
London Liverpool St	a 1819		1855		1917	1955		2020		2055	2119	

	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	
Norwich	d 2000		2030		2100		2200			2305	
Diss	d 2017		2047		2117		2217			2322	
Stowmarket	d 2029	2045		2114	2129	2145	2229	2245	2308	2334	2348
Needham Market	d	2050				2150		2250			2353
Ipswich	a 2041	2100	2108	2128	2141	2202	2241	2302	2321	2348	0005
Ipswich	d 2043		2109	2128	2143	2223	2243			2322	
Manningtree	d 2053		2119	2138	2153	2233	2253			2332	
Colchester	a 2102		2128	2151	2202	2242	2302			2343	
Colchester	d 2103		2130		2203	2243	2303				
Witham	a					2300	2315				
Chelmsford	a 2121				2221	2309	2325				
Shenfield	a					2319	2336				
Stratford DLR	a 2145s				2245s	2336	2352s				
London Liverpool St	a 2155		2219		2255	2348	0003				

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Norwich to Ipswich and London Liverpool Street

Saturdays

	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi
Norwich	d 0500	0530	0600	0630	0700	0730	0800	0830	
Diss	d 0517	0547	0617	0647	0717	0747	0817	0847	
Stowmarket	d 0529		0629	0644	0729	0745	0829	0845	0914
Needham Market	d			0649		0750		0850	
Ipswich	a 0541	0608	0641	0702	0741	0802	0841	0902	0928
Ipswich	d 0543	0609	0643	0709	0743	0809	0843	0909	
Manningtree	d 0553	0619	0653	0719	0753	0819	0853	0919	
Colchester	a 0602	0628	0702	0728	0802	0828	0902	0928	
Colchester	d 0603	0630	0703	0730	0803	0830	0903	0930	
Witham	a								
Chelmsford	a 0621		0721		0821		0921		
Shenfield	a								
Stratford DLR	a 0645s		0745s		0845s		0945s		
London Liverpool St	a 0655	0719	0755	0819	0855	0919	0955	1019	

	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi
Norwich	d 0900	0930	1000	1030	1100	1130	1200		
Diss	d 0917	0947	1017	1047	1117	1147	1217		
Stowmarket	d 0929	0945	1029	1045	1114	1129	1145	1229	1245
Needham Market	d	0950		1050		1150		1250	
Ipswich	a 0941	1002	1008	1041	1102	1108	1128	1141	1202
Ipswich	d 0943	1009	1043	1109	1143	1209	1243		
Manningtree	d 0953	1019	1053	1119	1153	1219	1253		
Colchester	a 1002	1028	1102	1128	1202	1228	1302		
Colchester	d 1003	1030	1103	1130	1203	1230	1303		
Witham	a								
Chelmsford	a 1021		1121		1221		1321		
Shenfield	a								
Stratford DLR	a 1045s		1145s		1245s		1345s		
London Liverpool St	a 1055	1119	1155	1219	1255	1319	1355		

	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi
Norwich	d 1230	1300	1330	1400	1430	1500	1530		
Diss	d 1247	1317	1347	1417	1447	1517	1547		
Stowmarket	d	1314	1329	1345	1429	1445	1514	1529	1545
Needham Market	d		1350		1450		1550		
Ipswich	a 1308	1328	1341	1402	1408	1441	1502	1508	1528
Ipswich	d 1309	1343	1409	1443	1509	1543	1609		
Manningtree	d 1319	1353	1419	1453	1519	1553	1619		
Colchester	a 1328	1402	1428	1502	1528	1602	1628		
Colchester	d 1330	1403	1430	1503	1530	1603	1630		
Witham	a								
Chelmsford	a	1421		1521		1621			
Shenfield	a								
Stratford DLR	a 1445s		1545s		1645s		1719		
London Liverpool St	a 1419	1455	1519	1555	1619	1655	1719		

	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi
Norwich	d 1600	1630	1700	1730	1800	1830	1900		
Diss	d 1617	1647	1717	1747	1817	1847	1917		
Stowmarket	d 1629	1645	1714	1729	1745	1759	1829	1845	1914
Needham Market	d	1650		1750		1850		1914	1929
Ipswich	a 1641	1702	1708	1728	1741	1802	1811	1841	1902
Ipswich	d 1643	1709	1743	1813	1843	1909	1943		
Manningtree	d 1653	1719	1753	1823	1853	1919	1953		
Colchester	a 1702	1728	1802	1828	1902	1928	2002		
Colchester	d 1703	1730	1803	1830	1903	1930	2003		
Witham	a								
Chelmsford	a 1721		1821		1921		2021		
Shenfield	a								
Stratford DLR	a 1745s		1845s		1945s		2045s		
London Liverpool St	a 1755	1819	1855	1919	1955	2019	2055		

Norwich to Ipswich and London Liverpool Street

Saturdays

		WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi	WiFi
Norwich	d	2000			2100		2200			2305	
Diss	d	2017			2117		2217			2322	
Stowmarket	d	1945	2029	2045	2114	2129	2145	2229	2245	2308	2348
Needham Market	d	1950		2050			2150		2250		2353
Ipswich	a	2002	2041	2100	2128	2141	2202	2241	2302	2322	2350 0005
Ipswich	d	2009	2043	2109	2128	2143	2223	2243	2315	2322	
Manningtree	d	2019	2053	2119	2138	2153	2233	2253	2325	2332	
Colchester	a	2028	2102	2128	2149	2202	2242	2302	2335	2343	
Colchester	d	2030	2103	2130		2203	2243	2303			
Witham	a						2300	2315			
Chelmsford	a		2121			2221	2309	2325			
Shenfield	a						2319	2337			
Stratford DLR	a		2145s			2245s	2342s	2359s			
London Liverpool St	a	2117	2155	2217		2255	2351	0010			

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Norwich to Ipswich and London Liverpool Street

Sundays

		📶	📶	📶	📶	📶	C	📶	📶	📶	📶		
Norwich	🕒 d	0700	0800	0820	0900			1000		1100	1200	1300	
Diss	🕒 d	0717	0817	0838	0917			1017		1117	1217	1317	
Stowmarket	🕒 d	0729	0829	0850	0929	1018	1029	1114	1129	1218	1229	1314	1329
Needham Market	🕒 d					1023				1223			
Ipswich	🕒 a	0741	0841	0902	0941	1036	1041	1128	1141	1236	1241	1328	1341
Ipswich	🕒 d	0743	0843	0905	0943			1043		1143	1243	1343	
Manningtree	🕒 d	0753	0853		0953			1053		1153	1253	1353	
Colchester	🕒 a	0802	0902	0920	1002			1102		1202	1302	1402	
Colchester	🕒 d	0803	0903	0923	1003			1103		1203	1303	1403	
Witham	🕒 a												
Chelmsford	🕒 a												
Shenfield	🕒 a												
Stratford DLR	🕒 a												
London Liverpool St	🕒 a	0904	1003	1030	1103			1203		1303	1403	1503	

		📶	📶	📶	📶	📶	C	📶	📶	📶	📶		
Norwich	🕒 d		1400		1500	1520		1600	1620		1700	1800	
Diss	🕒 d		1417		1517	1538		1617	1638		1717	1817	
Stowmarket	🕒 d	1418	1429	1514	1529	1550	1618	1629	1650	1711	1729	1818	1829
Needham Market	🕒 d	1423					1623					1823	
Ipswich	🕒 a	1436	1441	1528	1541	1602	1636	1641	1702	1725	1741	1836	1841
Ipswich	🕒 d		1443		1543	1605		1643	1705		1743	1843	
Manningtree	🕒 d		1453		1553			1653			1753	1853	
Colchester	🕒 a		1502		1602	1620		1702	1720		1802	1902	
Colchester	🕒 d		1503		1603	1623		1703	1723		1803	1903	
Witham	🕒 a												
Chelmsford	🕒 a												
Shenfield	🕒 a												
Stratford DLR	🕒 a												
London Liverpool St	🕒 a		1603		1703	1730		1803	1830		1903	2003	

		📶	📶	📶	📶	📶	📶	📶	📶		
Norwich	🕒 d		1900		2000		2100		2200	2305	
Diss	🕒 d		1917		2017		2117		2217	2322	
Stowmarket	🕒 d	1911	1929	2018	2029	2111	2129	2218	2229	2334	2355
Needham Market	🕒 d			2023				2223		2359	
Ipswich	🕒 a	1925	1941	2036	2041	2125	2141	2236	2241	2350	0011
Ipswich	🕒 d	1925	1943		2043	2125	2143		2243		
Manningtree	🕒 d	1935	1953		2053	2135	2153		2253		
Colchester	🕒 a	1946	2002		2102	2146	2202		2302		
Colchester	🕒 d		2003		2103		2203		2303		
Witham	🕒 a								2315		
Chelmsford	🕒 a								2325		
Shenfield	🕒 a								2336		
Stratford DLR	🕒 a								2357s		
London Liverpool St	🕒 a		2103		2204		2303		0007		

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London Liverpool Street and Ipswich to Norwich

Mondays to Fridays

London Liverpool St	⊕ d					0600	0625		0700		0730	0755		
Stratford DLR	⊕ d						0633u				0738u			
Shenfield	⊕ d								0722u					
Chelmsford	⊕ d					0630	0658				0803			
Witham	⊕ d						0709							
Colchester	⊕ a					0649	0722		0750		0822	0845		
Colchester	⊕ d	0540		0615		0650	0723		0751		0823	0847		
Manningtree	d	0549		0623		0658	0731		0759		0831	0855		
Ipswich	⊕ a	0559		0634		0710	0742		0811		0843	0907		
Ipswich	⊕ d	0510	0600	0616	0639	0654	0711	0744	0803	0812	0820	0844	0908	
Needham Market	d	0520		0625		0703					0829			
Stowmarket	d	0526	0612	0631	0651	0709	0722	0755	0816	0823	0835	0855		
Diss	d				0704		0735	0808		0836		0908	0929	
Norwich	⊕ a				0724		0754	0827		0855		0927	0948	

London Liverpool St	⊕ d					0830		0900		0930	1000		1030	1100
Stratford DLR	⊕ d					0838u				0938u			1038u	
Shenfield	⊕ d													
Chelmsford	⊕ d					0903				1003			1103	
Witham	⊕ d													
Colchester	⊕ a	0923		0946		1022	1046		1122		1146			
Colchester	⊕ d	0923		0947		1023	1047		1123		1147			
Manningtree	d	0931		0955		1031	1055		1131		1155			
Ipswich	⊕ a	0943		1007		1043	1107		1143		1207			
Ipswich	⊕ d	0920	0944	1000	1008	1020	1044	1108	1120	1144	1158	1208	1220	
Needham Market	d	0929				1029			1129				1229	
Stowmarket	d	0935	0955	1012		1035	1055		1135	1155	1211		1235	
Diss	d		1008		1029		1108	1129		1208		1229		
Norwich	⊕ a		1027		1050		1127	1150		1227		1250		

London Liverpool St	⊕ d	1130	1200		1230		1300		1330	1400		1430		
Stratford DLR	⊕ d	1138u			1238u				1338u			1438u		
Shenfield	⊕ d													
Chelmsford	⊕ d	1203			1303				1403			1503		
Witham	⊕ d													
Colchester	⊕ a	1222	1246		1322		1346		1422	1446		1522		
Colchester	⊕ d	1223	1247		1323		1347		1423	1447		1523		
Manningtree	d	1231	1255		1331		1355		1431	1455		1531		
Ipswich	⊕ a	1243	1307		1343		1407		1443	1507		1543		
Ipswich	⊕ d	1244	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1600	
Needham Market	d			1329				1429			1529			
Stowmarket	d	1255		1335	1355	1411		1435	1455		1535	1555	1612	
Diss	d	1308	1329		1408		1429		1508	1529		1608		
Norwich	⊕ a	1327	1350		1427		1450		1527	1548		1627		

London Liverpool St	⊕ d	1500		1530	1600		1630		1700		1702	1730	1750	
Stratford DLR	⊕ d										1710			
Shenfield	⊕ d										1726			
Chelmsford	⊕ d			1600							1736			
Witham	⊕ d										1746			
Colchester	⊕ a	1546		1621	1646		1716				1801		1842	
Colchester	⊕ d	1547		1621	1647		1717				1801		1843	
Manningtree	d	1555		1629	1655						1809	1827	1852	
Ipswich	⊕ a	1607		1640	1707		1734		1759		1820	1837	1903	
Ipswich	⊕ d	1608	1620	1641	1708	1720	1736	1749	1800	1817	1825	1839	1904	
Needham Market	d		1629			1729		1758		1826				
Stowmarket	d		1635	1652	1719	1735	1747	1804		1832	1836	1850	1916	
Diss	d	1629		1705	1732		1800		1821		1848	1903	1929	
Norwich	⊕ a	1650		1724	1753		1822		1842		1909	1925	1950	

0640 Cycle restrictions apply. See page 2 for details

London Liverpool Street and Ipswich to Norwich

Mondays to Fridays

		📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	📶	
London Liverpool St	⊖ d	1810	1830	1900	1930	2000	2030	2100					
Stratford DLR	⊖ d						2038u	2100					
Shenfield	🚆 d												
Chelmsford	🚆 d							2103					
Witham	🚆 d												
Colchester	🚆 a	1900	1921	1947	2019	2046	2122	2146					
Colchester	🚆 d	1902	1923	1947	2020	2047	2123	2147					
Manningtree	d	1911	1932	1955	2028	2055	2132	2156					
Ipswich	🚆 a	1921	1942	2007	2040	2107	2143	2207					
Ipswich	🚆 d	1913	1923	1944	2000	2008	2018	2041	2108	2117	2145	2209	2219
Needham Market	d	1922					2028			2127			2229
Stowmarket	d	1928	1934	1955	2012	2019	2035	2052	2119	2133	2156	2220	2235
Diss	d		1947	2008		2032		2105	2132		2209	2233	
Norwich	🚆 a		2009	2030		2051		2124	2151		2229	2253	

		📶	📶	📶
		📶	📶	📶
London Liverpool St	⊖ d	2130	2230	2330
Stratford DLR	⊖ d	2138u	2238u	2338u
Shenfield	🚆 d			
Chelmsford	🚆 d	2203	2303	0003
Witham	🚆 d			
Colchester	🚆 a	2222	2322	0022
Colchester	🚆 d	2223	2323	0023
Manningtree	d	2232	2332	0032
Ipswich	🚆 a	2243	2343	0043
Ipswich	🚆 d	2245	2345	0045
Needham Market	d			
Stowmarket	d	2256	2356	0056
Diss	d	2309	0009	0109
Norwich	🚆 a	2329	0029	0135

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London Liverpool Street and Ipswich to Norwich

Saturdays

				📶	📶	📶	📶	📶	📶	📶	📶	📶	
London Liverpool St	🚶 d			0534		0630		0700		0730	0800		
Stratford DLR	🚶 d			0541		0638u				0738u			
Shenfield	🚶 d			0559									
Chelmsford	🚶 d			0610		0703				0803			
Witham	🚶 d			0623									
Colchester	🚶 a			0640		0722		0746		0822	0846		
Colchester	🚶 d	0540		0640		0723		0747		0823	0847		
Manningtree	d	0549		0648		0731		0755		0831	0855		
Ipswich	🚶 a	0559		0700		0743		0807		0843	0907		
Ipswich	🚶 d	0510	0600	0616	0710	0720	0744	0800	0808	0820	0844	0908	0920
Needham Market	d	0520		0625		0729				0829			0929
Stowmarket	d	0526	0612	0631	0721	0735	0755	0812		0835	0855		0935
Diss	d				0734		0808		0829		0908	0929	
Norwich	🚶 a				0753		0827		0850		0927	0950	
























				📶	📶	📶	📶	📶	📶	📶	📶	📶	
London Liverpool St	🚶 d	0830		0900		0930	1000		1030		1100	1130	
Stratford DLR	🚶 d	0838u				0938u			1038u			1138u	
Shenfield	🚶 d												
Chelmsford	🚶 d	0903				1003			1103			1203	
Witham	🚶 d												
Colchester	🚶 a	0922		0946		1022	1046		1122		1146	1222	
Colchester	🚶 d	0923		0947		1023	1047		1123		1147	1223	
Manningtree	d	0931		0955		1031	1055		1131		1155	1231	
Ipswich	🚶 a	0943		1007		1043	1107		1143		1207	1243	
Ipswich	🚶 d	0944	0958	1008	1020	1044	1108	1120	1144	1158	1208	1220	1244
Needham Market	d				1029			1129				1229	
Stowmarket	d	0955	1011		1035	1055		1135	1155	1211		1235	1255
Diss	d	1008		1029		1108	1129		1208		1229	1308	
Norwich	🚶 a	1027		1050		1127	1150		1227		1250	1327	

				📶	📶	📶	📶	📶	📶	📶	📶	📶	
London Liverpool St	🚶 d	1200		1230		1300		1330	1400		1430	1500	
Stratford DLR	🚶 d			1238u				1338u			1438u		
Shenfield	🚶 d												
Chelmsford	🚶 d			1303				1403			1503		
Witham	🚶 d												
Colchester	🚶 a	1246		1322		1346		1422	1446		1522	1546	
Colchester	🚶 d	1247		1323		1347		1423	1447		1523	1547	
Manningtree	d	1255		1331		1355		1431	1455		1531	1555	
Ipswich	🚶 a	1307		1343		1407		1443	1507		1543	1607	
Ipswich	🚶 d	1308	1320	1344	1358	1408	1420	1444	1508	1520	1544	1558	1608
Needham Market	d		1329				1429			1529			
Stowmarket	d		1335	1355	1411		1435	1455		1535	1555	1611	
Diss	d	1329		1408		1429		1508	1529		1608	1629	
Norwich	🚶 a	1350		1427		1450		1527	1548		1627	1650	

				📶	📶	📶	📶	📶	📶	📶	📶	📶	
London Liverpool St	🚶 d	1530	1600		1630		1700		1730	1800		1830	
Stratford DLR	🚶 d	1538u			1638u				1738u			1838u	
Shenfield	🚶 d												
Chelmsford	🚶 d	1603			1703				1803			1903	
Witham	🚶 d												
Colchester	🚶 a	1622	1646		1722		1746		1822	1846		1922	
Colchester	🚶 d	1623	1647		1723		1747		1823	1847		1923	
Manningtree	d	1631	1655		1731		1755		1831	1855		1931	
Ipswich	🚶 a	1643	1707		1743		1807		1843	1907		1943	
Ipswich	🚶 d	1620	1644	1708	1720	1744	1758	1808	1820	1844	1908	1920	1944
Needham Market	d	1629			1729				1829			1929	
Stowmarket	d	1635	1655	1719	1735	1755	1811		1835	1855		1935	1955
Diss	d	1708		1732		1808		1829		1908	1929	2008	
Norwich	🚶 a	1727		1751		1827		1850		1927	1950	2027	

London Liverpool Street and Ipswich to Norwich

Saturdays

										
London Liverpool St	 d	1900	1930	2000	2030	2100	2130	2230	2330	
Stratford DLR	 d		1938u		2038u		2138u	2238u	2338u	
Shenfield	 d									
Chelmsford	 d		2003		2103		2203	2303		
Witham	 d									
Colchester	 a	1946	2022	2046	2122	2146	2222	2322	0026	
Colchester	 d	1947	2023	2047	2123	2147	2223	2323	0026	
Manningtree	 d	1955	2031	2055	2132	2155	2232	2332	0035	
Ipswich	 a	2007	2043	2107	2143	2208	2243	2343	0047	
Ipswich	 d	1958	2008	2020	2044	2108	2117	2145	2219	2245
Needham Market	 d		2029		2127		2229			
Stowmarket	 d	2011	2035	2055	2133	2156	2235	2256	2356	0100
Diss	 d	2029	2108	2129	2209	2229	2309	0009	0113	
Norwich	 a	2050	2127	2150	2229		2329	0035	0138	

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London Liverpool Street and Ipswich to Norwich

Sundays

			C										
London Liverpool St	⊖ d			0830		0930		1030		1100	1130		
Stratford DLR	⊖ d												
Shenfield	⊖ d												
Chelmsford	⊖ d												
Witham	⊖ d												
Colchester	⊖ a			0925		1025		1125		1155	1225		
Colchester	⊖ d	0730	0813	0925	0932	1025		1125		1155	1225		
Manningtree	d	0738	0821	0933	0940	1033		1133			1233		
Ipswich	⊖ a	0750	0833	0945	0951	1045		1145		1212	1245		
Ipswich	⊖ d	0732	0755	0902	0946	0955	1046	1102	1146	1155	1214	1246	1302
Needham Market	d	0742		0912				1112					1312
Stowmarket	d	0748	0807	0918	0957	1007	1057	1118	1157	1207	1225	1257	1318
Diss	d				1010			1110		1210		1237	1310
Norwich	⊖ a				1031			1131		1231		1259	1331

London Liverpool St	⊖ d	1230		1330		1430		1530		1630		1730	
Stratford DLR	⊖ d												
Shenfield	⊖ d												
Chelmsford	⊖ d												
Witham	⊖ d												
Colchester	⊖ a	1325		1425		1525		1625		1725		1825	
Colchester	⊖ d	1325		1425		1525		1625		1725		1825	
Manningtree	d	1333		1433		1533		1633		1733		1833	
Ipswich	⊖ a	1345		1445		1545		1645		1745		1845	
Ipswich	⊖ d	1346	1355	1446	1502	1546	1555	1646	1702	1746	1755	1846	1902
Needham Market	d				1512				1712				1912
Stowmarket	d	1357	1407	1457	1518	1557	1607	1657	1718	1757	1807	1857	1918
Diss	d	1410		1510		1610		1710		1810		1910	
Norwich	⊖ a	1431		1531		1631		1731		1831		1931	

London Liverpool St	⊖ d	1800	1830	1900	1930		2030	2130	2230	2330		
Stratford DLR	⊖ d											
Shenfield	⊖ d											
Chelmsford	⊖ d											
Witham	⊖ d											
Colchester	⊖ a	1855	1925	1955	2025		2125	2225	2325	0025		
Colchester	⊖ d	1855	1925	1955	2025		2125	2225	2325	0025		
Manningtree	d		1933	2003	2033		2134	2234	2334	0034		
Ipswich	⊖ a	1912	1945	2015	2045		2145	2245	2345	0045		
Ipswich	⊖ d	1914	1946	2016	2046	2102	2147	2247	2347	0047		
Needham Market	d					2112						
Stowmarket	d	1925	1957	2027	2057	2118	2158	2258	2358	0058		
Diss	d	1937	2010	2040	2110		2211	2311	0011	0111		
Norwich	⊖ a	1959	2031	2101	2131		2231	2331	0031	0136		

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