

Table 128

Mondays to Fridays

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

Miles	Miles		AW MX	AW MO	AW MO	AW MX	AW MO	AW MO	AW MO	AW MO	GW MO		AW MX	GW MO	GW MX	GW MO	GW MO	GW MO	GW MO	GW MO	GW MX
—	—	London Paddington 115	d																		
—	—	Reading 71	d																		
—	—	Manchester Piccadilly 110	d																		
—	—	Gloucester 71	d																		
—	—	Bristol Parkway 71	d																		
—	—	Newport (South Wales)	d																		
0	—	Cardiff Central 11	d	21p04	22p30					22p30	22p29	23p15									
11	—	Pontyclun	d																		
14	—	Llanharan	d																		
16½	—	Pencoed	d																		
20%	0	Bridgend	d	21p27	22p51					22p51	23p04										
—	1	Wildmill	d																		
—	2¼	Sarn	d																		
—	3	Tondu	d																		
—	7	Garth (Mid Glamorgan)	d																		
—	7½	Maesteg (Ewenny Road)	d																		
—	8½	Maesteg	a																		
26%	—	Pyle	d	21p34																	
32%	—	Port Talbot Parkway	d	21p45	23p05					23p05	23p24										
34%	—	Baglan	d																		
36%	—	Briton Ferry	d																		
38	—	Neath	d	21p52	23p13					23p13	23p44										
41%	—	Skewen	d																		
43%	—	Llansamlet	d																		
47%	—	Swansea	a	22p04	23p25					23p25	00p09	00p15									
—	—		d	22p27	23p38	23p38	23p45			23p55											
53	—	Gowerton	d	22b41	23b49	23b49	23b56			00x06											
58%	—	Llanelli	a	22p47	23p56	23p56	00 01			00p13											
—	—		d	22p49	23p58	23p58	00 03			00p15											
62%	—	Pembrey & Burry Port	d	22p54	00x04	00x04	00 08			00p21											
68	—	Kidwelly	d	23b00	00x11	00x11				00x28											
72%	—	Ferryside	d	23b06	00x17	00x17				00x34											
79%	—	Carmarthen	a	23p18	00p30	00p30	00 28	00p30	00p30	00p47											
—	—		d	23p21	00p34	00p34	00 31	00p34	00p34	00p51											
93%	—	Whitland	a	23p35			00 46	00p50	00p50	01p07											
—	—		d	23p36			00 46	00p50	00p50	01p07											
—	5%	Narberth	d																		
—	10%	Kilgetty	d																		
—	11½	Saundersfoot	d																		
—	15%	Tenby	a																		
—	—		d																		
—	17	Penally	d																		
—	20%	Manorbier	d																		
—	23%	Lamphey	d																		
—	25%	Pembroke	d																		
—	27%	Pembroke Dock	a																		
98%	—	Clunderwen	d	23b42																	
105%	0	Clarbeston Road	d	23b51			01x00	01x03	01x03	01x20											
—	5%	Haverfordwest	d	23p59																	
—	10	Johnston	d	00x07																	
—	14	Milford Haven	a	00 22																	
121	—	Fishguard Harbour	a				01 27	01p30	01p30	01p47											
—	—		a																		
—	—	Rosslare Harbour	a																		
—	—		a																		

- A until 2 January, MO from 2 April
- B from 9 January until 13 February
- C from 20 February until 26 March
- D from 2 April
- E until 2 January
- b Previous night, stops on request
- c Stops to set down only, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Mondays to Fridays

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
London Paddington 16	◇																						
Reading 7																							
Manchester Piccadilly 10																							
Gloucester 7																							
Bristol Parkway 7																							
Newport (South Wales)																							
Cardiff Central 7																							
Pontyclun																							
Llanharan																							
Pencoed																							
Bridgend																							
Wildmill																							
Sam																							
Tondu																							
Garth (Mid Glamorgan)																							
Maesteg (Ewenny Road)																							
Maesteg																							
Pyle																							
Port Talbot Parkway																							
Baglan																							
Briton Ferry																							
Neath																							
Skewen																							
Llansamlet																							
Swansea																							
Gowerton																							
Llanelli																							
Pembrey & Burry Port																							
Kidwelly																							
Ferryside																							
Carmarthen																							
Whitland																							
Narberth																							
Kilgetty																							
Saundersfoot																							
Tenby																							
Penally																							
Manorbier																							
Lamphey																							
Pembroke																							
Pembroke Dock																							
Clunderwen																							
Clarbeston Road																							
Haverfordwest																							
Johnston																							
Milford Haven																							
Fishguard Harbour																							
Rosslare Harbour																							

A The St. David

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Mondays to Fridays

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW		GW	AW	AW	AW	AW	AW	AW	GW	AW	AW		AW	GW	AW	AW	AW	AW	GW	AW	AW	
	◇	◇			◇ A	◇						◇ A	◇			◇	◇ A					◇	◇ A	◇	
	⌚	⌚			⌚ ⓧ	⌚						⌚ ⓧ	⌚			⌚	⌚ ⓧ					⌚	⌚ ⓧ	⌚	
London Paddington 16	d				08 45							09 45					10 45					11 45			
Reading 7	d				09 11							10 11					11 11					12 11			
Manchester Piccadilly 10	d	06 30	07 30									08 30				09 30						10 30		11 30	
Gloucester 7	d		08 58													10 58						11 58			
Bristol Parkway 7	d				10 07							11 07					12 07					13 07			
Newport (South Wales)	d	09 37	09 52	10 22	10 31							11 22	11 31	11 51			12 23	12 32				12 52	13 23	13 31	14 22
Cardiff Central 7	d	10 04	10 18	10 40	10 48	10 57		11 14		11 18	11 39	11 48	12 18			12 39	12 48		13 14	13 18	13 40	13 48	14 21	14 39	
Pontyclun	d		10 30								11 30		12 30								13 30			14 33	
Llanharan	d		10 35								11 35		12 35								13 35			14 38	
Pencoed	d		10 39								11 39		12 39								13 39			14 42	
Bridgend	d	10 23	10 46	10 59		11 09		11 34		11 46	12 00	12 09	12 46			12 58	13 09		13 34	13 46	14 04	14 09	14 49	14 58	
Wildmill	d		10 49								11 49		12 49								13 49			14 52	
Sam	d		10 52								11 52		12 52								13 52			14 55	
Tondu	d		10 55								11 55		12 55								13 55			14 58	
Garth (Mid Glamorgan)	d		11 05								12 05		13 05								14 05			15 08	
Maesteg (Ewenny Road)	d		11 07								12 07		13 07								14 07			15 10	
Maesteg	a		11 12								12 14		13 12								14 12			15 15	
Pyle	d							11 42													13 42			14 52	
Port Talbot Parkway	d	10 36		11 12		11 22					12 12	12 22				13 11	13 22				13 50		14 18	14 22	15 11
Baglan	d							11 54													13 54			14 54	
Briton Ferry	d							11 57													13 57			14 57	
Neath	d	10 43		11 19		11 30					12 19	12 30				13 18	13 30				14 01		14 25	14 30	15 18
Skewen	d							12 05													14 05			15 08	
Llansamlet	d							12 09													14 09			15 10	
Swansea	a	10 55		11 34		11 43			12 20			12 33	12 43			13 33	13 44				14 20		14 34	14 43	15 34
	d	11 00		11 38								12 37		13 14		13 37		14 00				14 37		15 37	
Gowerton	d							12x11										14x10							
Llanelli	a	11 18		11 52		12 01	12 18				13 01		13 31			13 52		14 17				14 53		15 52	
	d	11 18		11 54		12 03	12 20				13 03					13 54		14 19				14 54		15 54	
Pembrey & Burry Port	d	11 24		12 00			12 26				13 09					14 00		14 25				15 00		16 00	
Kidwelly	d			12x06												14x06								16x06	
Ferryside	d			12x11												14x11								16x11	
Carmarthen	a	11 44		12 26					12 49			13 26				14 28		14 48				15 20		16 28	
	d	11 48						12 51				13 30					14 51				15 28				
Whitland	a	12 01				12 45	13 06					13 45					15 05				15 43				
	d	12 01				12 45	13 06					13 45					15 06				15 43				
Narberth	d						13x15											15x15							
Kilgetty	d						13x25											15x25							
Saundersfoot	d						13x27											15x27							
Tenby	a						13 34											15 34							
	d						13 45											15 45							
Penally	d						13x48											15x48							
Manorbier	d						13 54											15 54							
Lamphey	d						14x02											16x02							
Pembroke	d						14 05											16 05							
Pembroke Dock	a						14 19											16 19							
Clunderwen	d	12x07										13x52										15x50			
Clarbeston Road	d	12x15										13x59										15x57			
Haverfordwest	d	12 23										14 08										16 06			
Johnston	d	12x31										14x16										16x14			
Milford Haven	a	12 48										14 31										16 29			
Fishguard Harbour	a					13 26																			
Rosslare Harbour	a								14 30																
	d								18 00																

A ⓧ from Bridgend ⓧ to Bridgend

When events are being held at the Millenium Stadium,
 services are subject to alteration.
 Please check times before travelling.

Table 128

Mondays to Fridays

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	AW	AW	GW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	GW	AW	AW	GW	AW	AW	
London Paddington 1.5	12 45				13 45				14 45					15 45		16 15			16 45			
Reading	13 11				14 11				15 11					16 11		16 41			17 11			
Manchester Piccadilly 1.0					12 30				13 30					14 30							15 30	
Gloucester				13 58			14 58									16 58					17 59	
Bristol Parkway	14 07			15 07					16 07					17 07		17 41			18 07			
Newport (South Wales)	14 31			14 52	15 32	15 37	15 52		16 31	16 40	17 01			17 22	17 31	18 04	17 52		18 31	18 41	18 53	
Cardiff Central	14 48		15 14	15 18	15 48	16 04	16 18		16 48	17 04	17 18			17 39	17 48	18 04	18 22		18 50	19 04	19 12	
Pontyclun				15 30			16 30				17 32						18 24				19 28	
Llanharan				15 35			16 35				17 36						18 29				19 33	
Pencoed				15 39			16 39				17 40						18 33				19 37	
Bridgend	15 09		15 34	15 46	16 09	16 25	16 46		17 09	17 25	17 46			17 59	18 09	18 24	18 44	18 49		19 09	19 23	19 45
Wildmill				15 49			16 49				17 48						18 52				19 48	
Sarn				15 52			16 52				17 51						18 55				19 51	
Tondu				15 55			16 55				17 55						18 58				19 54	
Garth (Mid Glamorgan)				16 05			17 05				18 04						19 08				20 04	
Maesteg (Ewenny Road)				16 07			17 07				18 07						19 10				20 06	
Maesteg	a			16 12			17 12				18 15						19 15				20 11	
Pyle			15 42			16 33				17 32				18 07		18 33					19 30	
Port Talbot Parkway	15 22		15 50		16 22	16 41			17 22	17 40				18 17	18 22	18 41	18 57			19 22	19 38	
Baglan			15 54							17 42						18 45					19 41	
Briton Ferry			15 57							17 46						18 48					19 44	
Neath	15 30		16 01		16 30	16 48			17 30	17 50				18 25	18 30	18 52	19 04			19 30	19 48	
Skewen			16 05							17 54						18 56					19 53	
Llansamlet			16 09							17 58						19 00					19 57	
Swansea	a 15 43		16 20		16 43	17 01			17 43	18 05				18 37	18 48	19 11	19 18			19 46	20 04	
		16 00	16 40			17 05	17 35			18 09		18 21	18 41					19 35			20 08	
Gowerton		16x10	16 51			17x16	17x45			18 20				18x52							20x19	
Llanelli	a	16 17	16 58			17 22	17 52			18 26		18 35	18 59					19 51			20 25	
	d	16 19	16 59			17 24	17 54			18 28			19 00					19 52			20 27	
Pembrey & Burry Port	d	16 25	17 05			17 30	18 00			18 33			19 06					19 59			20 32	
Kidwelly	d		17x12			17x36	18x08			18 39								20x06				
Ferryside	d		17x18			17x41	18x14			18 45								20x12				
Carmarthen	a	16 48	17 30			17 53	18 30			18 57				19 27				20x08			20 55	
	d	16 51	17 35			17 56				19 02				19 30				20 28			21 00	
Whitland	a	17 05	17 50			18 13				19 18				19 45							21 15	
	d	17 06	17 50			18 14				19 18				19 46							21 15	
Narberth	d		17x15							19 28											21x24	
Kilgetty	d		17x25							19 38											21x33	
Saundersfoot	d		17x27							19 40											21x35	
Tenby	a		17 34							19 52											21 42	
	d		17 45																		21 43	
Penally	d		17x48																		21x46	
Manorbier	d		17 54																		21 52	
Lamphey	d		18x02																		22x00	
Pembroke	d		18 05																		22 03	
Pembroke Dock	a		18 19																		22 18	
Clunderwen	d		17x57			18x20								19x53								
Clarbeston Road	d		18x05			18x28								20x00								
Haverfordwest	d					18 36								20 09								
Johnston	d					18x44								20x17								
Milford Haven	a					18 59								20 32								
Fishguard Harbour	a		18 29																			
Rosslare Harbour	a																					

A from Bridgend to Bridgend

B The Capitals United

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Mondays to Fridays

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	AW	GW	AW		GW	GW	AW	AW	AW	GW		GW	AW	AW	AW	AW	GW	GW	GW	GW	FX			
London Paddington 16	◇			◇			◇	◇				◇		◇	◇				◇	◇	◇					
Reading 7	⊕			⊕			⊕	⊕				⊕		⊕	⊕				⊕	⊕	⊕					
Manchester Piccadilly 10																										
Gloucester 7																										
Bristol Parkway 7	18 41			19 07			19 44	20 07				20 42		20 43					21 41				22 45	00 16	00 23	
Newport (South Wales)	19 11			19 22	19 31	19 52	20 08	20 33				20 52	21 04	21 07	21 52				21 52	22 05			23 19	00 38	00 52	
Cardiff Central 7	19 28			19 46	19 51	20 13	20 24	20 54	21 04	21 04	21 10	21 22		21 22	22 09				22 09	22 26	22 35		23 15	23 43	00 55	01 13
Pontyclun						20 25						21 22			22 21				22 21				23 29			
Llanharan						20 30						21 27			22 25				22 25				23 34			
Pencoed						20 34						21 32			22 29				22 29				23 39			
Bridgend	19 49			20 05	20 10	20 41	20 45	21 15	21 27	21 27	21 41	21 45		21 45	22 35				22 35	22 46	22 59		23 45	00 02	01 19	01 36
Wildmill						20 44						21 43										23 01				
Sam						20 47						21 46										23 04				
Tondu						20 50						21 50										23 08				
Garth (Mid Glamorgan)						21 00						21 59										23 17				
Maesteg (Ewenny Road)						21 02						22 02										23 20				
Maesteg						21 07						22 06										23 24				
Pyle											21 34	21 34											23 53			
Port Talbot Parkway	20 02			20 21	20 26		20 58	21 28	21 45	21 45			21 58	21 58	22 47				22 47	22 59			00 01	00 15	01 32	01 49
Baglan																							00 05			
Briton Ferry																							00 09			
Neath	20 10			20 28	20 33		21 05	21 36	21 52	21 52			22 06	22 06					22 54	23 07			00 13	00 22	01 39	01 57
Skewen																							00 16			
Llansamlet																							00 20			
Swansea	20 23			20 42	20 47		21 19	21 49	22 04	22 04			22 19	22 19					23 07	23 20			00 28	00 37	01 53	02 10
Gowerton	20 32			20 52								22 30	22 27						23 11				23 45	00 45		
Llanelli	20 48			21 07							22x41	22x41							23x22				23x56	00c55		
Pembrey & Burry Port	20 49			21 09							22 47	22 47							23 16				00 01	01s02		
Kidwelly	20 56			21 14							22 49	22 49							23 18				00 03			
Ferryside											22 54	22 54							23 23				00 08	01s09		
Carmarthen	21 20			21 35							23x00	23x00							23x29				01c15			
Whitland											23x06	23x06							23x35				01c21			
Narberth											23 18	23 18							23 56				00 04			
Kilgetty											23 21	23 21											00 31			
Saundersfoot											23 35	23 35											00 46			
Tenby											23 36	23 36											00 46			
Penally																										
Manorbier																										
Lamphey																										
Pembroke																										
Pembroke Dock																										
Clunderwen				21x59							23x42	23x42														
Clarbston Road				22x07							23x51	23x51											01x00			
Haverfordwest				22 20							23 59	23 59														
Johnston				22x28							00x07	00x07														
Milford Haven				22 43							00 22	00 22														
Fishguard Harbour				20 30																			01 27			
Rosslare Harbour																										

A The Red Dragon c Stops to set down only, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	AW	GW	GW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	GW	AW
London Paddington 1.5.	⊕																						
Reading 7.	d																						
Manchester Piccadilly 1.0.	d	18p30																					
Gloucester 7.	d																					05 50	
Bristol Parkway 7.	d						22p45	00 16														06 44	07 11
Newport (South Wales)	d	21p52					23p19	00 38														07 31	
Cardiff Central 7.	d	21p04	22p09				23p15	23p43	00 55								05 39	05 51	06 42			07 04	07 48
Pontyclun	d	22p21					23p29										05 51	06 03				07 16	
Llanharan	d	22p25					23p34										05 56	06 08				07 21	
Pencoed	d	22p29					23p39										06 01	06 12				07 25	
Bridgend	d	21p27	22p35				23p45	00 02	01 19								06 07	06 20	07 02			07 32	08 09
Wildmill	d																					06 22	07 35
Sarn	d																					06 25	07 38
Tondu	d																					06 29	07 41
Garth (Mid Glamorgan)	d																					06 38	07 51
Maesteg (Ewenny Road)	d																					06 41	07 53
Maesteg	a																					06 45	07 58
Pyle	d	21p34					23p53										06 15		07 10				
Port Talbot Parkway	d	21p45	22p47				00 01	00 15	01 32								06 23		07 18				08 22
Baglan	d						00 05										06 27		07 22				
Briton Ferry	d						00 09										06 30		07 25				
Neath	d	21p52	22p54				00 13	00 22	01 39								06 34		07 29				08 30
Skewen	d						00 16										06 38		07 33				
Llansamlet	d						00 20										06 42		07 37				
Swansea	a	22p04	23p07				00 28	00 37	01 53								06 51		07 45				08 44
Gowerton	d	22p30	23p11	23p45	00 05		00 45		04 36							05 50	06 53	07 50				08 15	
Llanelli	a	22p41	23b22	23b56	00x16		00c55									06x00	07x03	08x00					
Pembrey & Burry Port	d	22p49	23p30	00 03	00 25		01s02		04 52							06 07	07 10	08 07				08 31	
Kidwelly	d	22p54	23p36	00 08	00 31		01s09									06 09	07 11	08 08				08 36	
Ferryside	d	23b00	23b42		00x38		01c15									06 15	07 17	08 14				08 43	
Carmarthen	a	23b06	23b47		00x44		01c21									06x22	07x23	08x20					
Whitland	a	23p18	00 04	00 28	01 00		01 40									06x28	07x29	08x26					
Narberth	d	23p21	00 31													06 42	07 43	08 40				09 08	
Kilgetty	d	23p35	00 46													04 53	05 38	05 50	05 58	06 43			
Saundersfoot	d	23p36	00 46													05 06	05 54	06 05	06 13	07 00			
Tenby	a															05 06	05 54	06 05	06 13	07 00			09 07
Penally	d															06x03	07x09	08x09					
Manorbier	d															06x13	07x19	08x21					
Lamphey	d															06x15	07x21	08x23					
Pembroke	d															06 22	07 28	08 30					
Pembroke Dock	a															06 25	07 42	08 43					
Clunderwen	d	23b42														06x28	07x45	08x46					
Clarbeston Road	d	23b51	01x00													06 35	07 52	08 53					
Haverfordwest	d	23p59														06x42	07x59	08x00					
Johnston	d	00x07														06 45	08 02	09 03					
Milford Haven	a	00 22														07 00	08 17	09 17					
Fishguard Harbour	a		01 27													05x13	06x12	06x19					09x14
Rosslare Harbour	a															05x21	06x20	06x27					09x22
	d															05 32	06 35	07 34					
	d															05x40	06x43	07 34					
	a															05 55	06 58	08 48					
	d															06 44	07 58	08 48					
	a																						09 46
	d																						
	a																						

b Previous night, stops on request

c Stops to set down only, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW
	◇	◇		◇			◇	◇			◇	◇		◇	◇			◇	◇		◇	◇	◇
	↔	↔		↔			↔	↔			↔	↔		↔	↔			↔	↔		↔	↔	↔
London Paddington 16	d						07 45				08 45							09 45				10 45	
Reading 7	d						08 11				09 11							10 11				11 11	
Manchester Piccadilly 10	d								06 30									07 30				08 30	
Gloucester 7	d						07 58				08 58											10 58	
Bristol Parkway 7	d						09 07				10 07							11 07				12 07	
Newport (South Wales)	d	07 38	08 01	08 33			08 52	09 31	09 38	09 52	10 31							10 36				11 31	11 37
Cardiff Central 7	d	07 58	08 09	08 22	09 04	09 14		09 18	09 48		10 04	10 18	10 48	10 54				11 04			11 14	11 21	11 48
Pontyclun	d		08 34				09 30				10 30										11 33		12 30
Llanharan	d		08 39				09 35				10 35										11 38		12 35
Pencoed	d		08 43				09 39				10 39										11 42		12 39
Bridgend	d	08 17	08 29	08 51	09 23	09 34		09 46	10 09		10 23	10 46	11 09					11 23			11 34	11 49	12 09
Wildmill	d		08 53				09 49				10 49										11 52		12 49
Sam	d		08 56				09 52				10 52										11 55		12 52
Tondu	d		09 00				09 55				10 55										11 58		12 55
Garth (Mid Glamorgan)	d		09 09				10 05				11 05										12 08		13 05
Maesteg (Ewenny Road)	d		09 12				10 07				11 07										12 10		13 07
Maesteg	a		09 16				10 12				11 12										12 15		13 12
Pyle	d		08 37				09 43				10 49										11 42		13 22
Port Talbot Parkway	d	08 30	08 45		09 38		09 52		10 22		10 35		11 22								11 36		12 22
Baglan	d		08 49				09 55														11 54		13 32
Briton Ferry	d		08 52				09 59														11 57		13 35
Neath	d	08 37	08 56		09 45		10 03		10 30		10 42		11 30								12 01	12 30	12 43
Skewen	d		09 00				10 06														12 05		13 43
Llansamlet	d		09 04				10 10														12 09		13 47
Swansea	a	08 51	09 13		09 57	10 21		10 43		10 55	11 43							11 56			12 20	12 43	12 55
Gowerton	d	09 02	09 16		10 04					11 00											12 05	13 03	13 16
Llanelli	d	09 18			10 15													11 50			12 01		13 19
Pembrey & Burry Port	d	09 25	09 32		10 22					11 15											12 08	12 21	13 20
Kidwelly	d	09 26			10 22					11 17											12 10	12 22	13 20
Ferryside	d	09 32			10 28					11 23											12 16	12 28	13 26
Carmarthen	d	09 38			10 34																12 34	12 47	13 46
Whitland	d	09 44			10 40																12 40	13 09	13 46
Narberth	d	09 56			10 53					11 42											12 51	13 46	14 39
Kilgetty	d	09 58							10 56	11 47											12 56	13 49	14 56
Saundersfoot	d	10 14							11 10	12 01											12 34	13 11	14 03
Tenby	d	10 15							11 11	12 02											12 34	13 11	14 04
Penally	d								11 20												13 20		15 19
Manorbier	d								11 30												13 30		15 29
Lamphey	d								11 32												13 32		15 31
Pembroke	d								11 39												13 39		15 38
Pembroke Dock	a								11 45												13 45		15 45
Clunderwen	d								11 48												13 48		15 48
Clarbeston Road	d								11 54												13 54		15 54
Haverfordwest	d								12 02												14 02		16 02
Johnston	d								12 05												14 05		16 05
Milford Haven	a								12 20												14 19		16 19
Fishguard Harbour	a	10 21																				14 10	
Rosslare Harbour	a	10 29																				14 18	
	d	10 37									12 24											14 26	
	d	10 45									12 32											14 34	
	a	10 59									12 47											14 49	
	d												13 15								14 30		
	a																				18 00		

A ↔ from Bridgend to Bridgend

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW		AW	AW	GW	AW	AW	GW	AW		AW		AW	AW	GW	AW	AW	GW	AW	AW	AW	AW	AW
London Paddington 1.5	⊕				⊕	⊕		⊕	⊕						⊕	⊕		⊕	⊕			⊕	
Reading					11 45			12 45							13 45			14 45					
Manchester Piccadilly 1.0	d	09 30			10 30			11 30							12 30			13 30					
Gloucester	d			11 58										13 58			14 58						
Bristol Parkway	d			13 07				14 07						15 07			16 07						
Newport (South Wales)	d	12 37		12 52	13 31	13 37		14 31	14 37					14 52	15 31	15 37	15 52	16 31			16 37	16 56	
Cardiff Central	d	13 04	13 14	13 18	13 48	14 04	14 21	14 48	15 04					15 14	15 18	15 48	16 04	16 18	16 48		17 04	17 18	17 38
Pontyclun	d			13 30				14 33						15 30			16 30					17 30	
Llanharan	d			13 35				14 38						15 35			16 35					17 35	
Pencoed	d			13 39				14 42						15 39			16 39					17 39	
Bridgend	d	13 23	13 34	13 46	14 09	14 23	14 49	15 09	15 23					15 34	15 46	16 09	16 23	16 46	17 09		17 25	17 46	17 58
Wildmill	d			13 49				14 52						15 49			16 49					17 48	
Sarn	d			13 52				14 55						15 52			16 52					17 51	
Tondu	d			13 55				14 58						15 55			16 55					17 55	
Garth (Mid Glamorgan)	d			14 05				15 08						16 05			17 05					18 04	
Maesteg (Ewenny Road)	d			14 07				15 10						16 07			17 07					18 07	
Maesteg	a			14 12				15 15						16 12			17 12					18 15	
Pyle	d		13 42											15 42			16 31					17 32	18 06
Port Talbot Parkway	d	13 36		13 50		14 22	14 36		15 22	15 36				15 50		16 22	16 39		17 22			17 40	18 14
Baglan	d			13 54										15 54								17 42	18 18
Briton Ferry	d			13 57										15 57								17 46	18 21
Neath	d	13 43		14 01		14 30	14 43		15 30	15 43				16 01		16 30	16 46		17 30			17 50	18 25
Skewen	d			14 05										16 05								17 54	18 29
Llansamlet	d			14 09										16 09								17 58	18 33
Swansea	a	13 55	14 20		14 43	14 55		15 43	15 55					16 20		16 43	16 58		17 43			18 05	18 44
Gowerton	d			14 05			15 00		16 00					16 05			17 05				17 51	18 09	18 21
Llanelli	a	14 20				15 20		16 15						16 16			17x16				18x01	18x20	
Pembrey & Burry Port	d	14 22				15 22		16 17						16 23			17 22				18 08	18 26	18 37
Kidwelly	d	14 28				15 28		16 23						16 25			17 24				18 10	18 28	
Ferryside	d	14x34						16 29						17 05			17 30				18 16	18 33	
Carmarthen	a	14 51				15 46		16 51						17x12			17x36				18x24	18x39	
Whitland	a					16 03		17 10						17x18			17x41				18x30	18x45	
Narberth	d					16 04		17 11						17 30			17 53				18 46	18 57	
Kilgetty	d							17 10						17 35			17 56				19 02		
Saundersfoot	d							17 11						17 50			18 11				19 18		
Tenby	a							17 11						17 50			18 11				19 18		
Penally	d							17x20						17 38			17 53				19x28		
Manorbier	d							17x29						17 43			17 53				19x38		
Lamphey	d							17x31						17 46			17 53				19x40		
Pembroke	d							17 38						17 43			17 53				19 50		
Pembroke Dock	a							17 43						17 46			17 53				19 50		
Clunderwen	d							17x46						17 53			17 53				19x53		
Clarbeston Road	d							17 53						18x00			18 00				20 00		
Haverfordwest	d							18x00						18 03			18 03				20x07		
Johnston	d							18 03						18 03			18 03				20 10		
Milford Haven	a							18 18						18 18			18 18				20 20		
Fishguard Harbour	a							17x57						18x17			18x17						
Rosslare Harbour	a							18x05						18x25			18x25						
	d							18 29						18 33			18 33						
	a							18 41						18 41			18 41						
	a							18 55						18 55			18 55						

A ⊕ from Bridgend ⊕ to Bridgend

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	AW	AW	GW	AW	AW	AW	GW	AW	GW	AW	GW	AW	AW	GW	AW	AW	AW	GW
London Paddington 1.5	15 45				16 45				17 45				18 45			19 15				20 45
Reading	16 11				17 11				18 11				19 11			19 42				21 13
Manchester Piccadilly 1.0		14 30				15 30				16 30								18 30		
Gloucester			16 58				17 58					18 58			19 58					
Bristol Parkway	17 07				18 07				19 07				20 07			20 40				22 11
Newport (South Wales)	17 31	17 37	17 52		18 31	18 37	18 52		19 31	19 41			19 52	20 31		20 52	21 07		21 31	21 45
Cardiff Central	17 48	18 04	18 18		18 48	19 04	19 16		19 48	20 04			20 13	20 48	21 04	21 10	21 23		21 48	22 07
Pontyclun			18 30				19 28						20 25			21 22			22 19	22 57
Llanharan			18 35				19 33						20 30			21 27			22 23	23 02
Pencoed			18 39				19 37						20 34			21 30			22 27	23 07
Bridgend	18 09	18 25	18 46		19 09	19 23	19 45		20 09	20 23			20 41	21 09	21 23	21 41	21 46		22 09	22 33
Wildmill			18 49				19 48						20 44			21 43				
Sarn			18 52				19 51						20 47			21 46				
Tondu			18 55				19 54						20 50			21 50				
Garth (Mid Glamorgan)			19 05				20 04						21 00			21 59				
Maesteg (Ewenny Road)			19 07				20 06						21 02			22 02				
Maesteg			19 13				20 11						21 07			22 06				
Pyle		18 33					19 30								21 31					23 21
Port Talbot Parkway	18 22	18 41				19 22	19 38			20 22	20 36			21 22	21 39		21 59		22 22	22 45
Baglan							19 41													23 34
Briton Ferry							19 44													23 37
Neath	18 30	18 49				19 30	19 48			20 30				21 30	21 46		22 07		22 30	22 52
Skewen							19 53													23 41
Llansamlet							19 57													23 45
Swansea	18 46	19 02				19 43	20 04			20 43				21 43	21 57		22 19		22 43	23 05
		19 05		19 35			20 08			21 00					22 25				23 10	23 45
Gowerton		19x16					20x19								22x36					23x22
Llanelli		19 23		19 51			20 25			21 16	21 05	21 16			22 42				23 29	00 01
		19 24		19 52			20 27			21 16	21 06	21 16			22 44				23 30	00 02
Pembrey & Burry Port		19 30		19 59			20 32			21 12	21 23				22 50				23 36	00 07
Kidwelly				20x06											22x56				23x42	00s34
Ferryside				20x12											23x01				23x47	00s40
Carmarthen		19 51		20 28			20 55			21 31	21 48				23 18				00 04	00 28
		19 55					21 00			22 05										00 31
Whitland		20 10					21 15			22 19										00 46
							21 15			22 20										00 46
Narberth							21x24													
Kilgetty							21x33													
Saundersfoot							21x35													
Tenby							21 42													
							21 43													
Penally							21x46													
Manorbier							21 52													
Lamphey							22x00													
Pembroke							22 03													
Pembroke Dock							22 18													
Clunderwen		20x17								22x26										
Clarbeston Road		20x25						20 30		22x34										01x00
Haverfordwest		20 33								22 42										
Johnston		20x41								22x50										
Milford Haven		20 56								23 05										
Fishguard Harbour								20 55												01 27
Rosslare Harbour																				

A until 11 February, from 31 March

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

until 1 January

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	AW	AW	AW	AW		GW	AW	AW	GW	AW	GW	AW	GW	AW	GW	AW	GW
	◇ A J	A	A	◇ A J	◇ A J		◇	◇			◇ A J	◇		◇ A J	◇ A J	◇ A J		◇ A J	◇ A J	◇ A J	◇ A J	◇ A J
London Paddington 15.00	d				20p45						08 30			09 30		10 37		11 37			12 37	13 37
Reading 7	d				21p13						09 06			10 06		11 12		12 12			13 12	14 12
Manchester Piccadilly 11.00	d	18p30																			10 30	
Gloucester 7	d																					
Bristol Parkway 7	d				22p11						10 08			11 05		12 11		13 11			14 11	15 11
Newport (South Wales)	d	21p45			22p46		09 27				10 33 11 00			11 32		12 37		13 37	13 29		14 37	15 37
Cardiff Central 7	d	22p07		22p43	23p07		09 50				10 54 11 18			11 53 12 05	12 57		13 57	14 03		14 57	15 57	
Pontyclun	d	22p19		22p57			10 03											14 16				
Llanharan	d	22p23		23p02			10 08											14 21				
Pencoed	d	22p27		23p07			10 13											14 26				
Bridgend	d	22p33		23p13	23p28		10 20				11 15 11 38			12 14 12 26	13 19		14 19	14 33			15 19	16 19
Wildmill	d																					
Sarn	d																					
Tondu	d																					
Garth (Mid Glamorgan)	d																					
Maesteg (Ewenny Road)	d																					
Maesteg	a																					
Pyle	d			23p21			10 28							12 34				14 41				
Port Talbot Parkway	d	22p45		23p30	23p41		10 37				11 28 11 52			12 27 12 43	13 32		14 32 14 49				15 32	16 32
Baglan	d			23p34																		
Briton Ferry	d			23p37																		
Neath	d	22p52		23p41	23p49		10 45				11 36 12 00			12 34		13 39		14 39 14 57			15 39	16 39
Skewen	d			23p45																		
Llansamlet	d			23p49																		
Swansea	a	23p05		23p57	00:02		10 58				11 49 12 13			12 47		13 52		14 52 15 10			15 52	16 52
Gowerton	d	23p10	23p45	00:09			11 01 11 06				12 15			12 58				14 11 14 58 15 13			15 26	16 26 17 05
Llanelli	a	23b22	00:01	00s20			11 17 11 23				12x26							14x22			15x36	16x37
	d	23p29	00:01	00s28			11 19				12 32			13 15 13 23		14 29		15 14 15 29			16 44 17 21	
	d	23p30	00:02				11 25				12 34			13 16 13 23		14 31		15 15 15 30			16 46 17 22	
Pembrey & Burry Port	d	23p36	00:07	00s34			11 32				12 39			13 23 13 29		14 37		15 22 15 36			16 52 17 29	
Kidwelly	d	23b42	00s40				11x38				12x46							14x43				16x59
Ferryside	d	23b47	00s46				11x38				12x52							14x49				17x05
Carmarthen	a	00:04	00:28	01:04			11 51				13 05			13 44 13 56		15 04 15 43		15 59			17 19 17 50	
	d		00:31				09 55 10 19 11 55				13 08			14 04		15 07		16 03			17 32	
Whitland	a		00:46				10 11 10 34 12 11				13 23			14 20		15 21		16 19			17 48	
	d		00:46				10 11 10 34 12 11				13 23			14 20		15 22		16 20			17 48	
Narberth	d						10x43											15x31				17x57
Kilgetty	d						10x54											15x41				18x07
Saundersfoot	d						11 01											15x43				18x09
Tenby	a						11 11											15 50				18 16
	d						11 11											15 54				18 19
Penally	d						11x14											15x57				18x22
Manorbier	d						11 20											16 03				18 29
Lamphey	d						11x28											16x11				18x36
Pembroke	d						11 31											16 14				18 40
Pembroke Dock	a						11 44											16 29				18 55
Clunderwen	d						10x19											14x28				16x28
Clarboston Road	d		01x00				10x27											14x36				16x36
Haverfordwest	d						10 35											14 44				16 44
Johnston	d						10x44											14x53				16x53
Milford Haven	a						10 55											15 08				17 08
Fishguard Harbour	a	01:27												13 59								
Rosslare Harbour	a													14 30								
	a													18 00								

A not 11 December

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

until 1 January

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	GW	AW	GW	AW	GW	AW	AW	GW	AW	GW	GW	AW	GW	GW	AW	GW							
	⏰	⏰	⏰	⏰	⏰	⏰	⏰		⏰	⏰	⏰	⏰	⏰	⏰	⏰	⏰	⏰							
London Paddington 1.5⊕	d	14 37		15 37		16 37			17 37		18 37	19 37		20 37		21 37								
Reading 2	d	15 12		16 12		17 12			18 12		19 12	20 13		21 12		22 14								
Manchester Piccadilly 1.0	d	12 30			14 30																			
Gloucester 3	d																							
Bristol Parkway 4	d	16 11		17 11		18 11			19 15		20 11	21 11		22 11		23 17								
Newport (South Wales)	d	15 46	16 37		17 41	17 34			18 37		19 41	20 37	21 37		22 38		23 43							
Cardiff Central 5	d	16 16	16 57		18 01	18 06			18 57		20 01	20 15	20 57	22 01	22 30	23 01								
Pontyclun	d					18 21																		
Llanharan	d					18 26																		
Pencoed	d					18 30																		
Bridgend	d	16 37	17 19		18 22	18 38			19 19		20 22	20 37	21 19	22 22	22 51	23 22								
Wildmill	d																							
Sarn	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d	16 45			18 46						20 45													
Port Talbot Parkway	d	16 54	17 32		18 35	18 54			19 32		20 35	20 54	21 32	22 35	23 05	23 36								
Baqlan	d																							
Briton Ferry	d																							
Neath	d	17 02	17 39		18 43	19 02			19 39		20 43	21 02	21 39	22 43	23 13	23 44								
Skewen	d																							
Llansamlet	d																							
Swansea	a	17 14	17 53		18 58	19 15			19 52		20 56	21 14	21 53	22 56	23 25	23 56								
Gowerton	d	17 25		18 11		19 20				20 35		21 18			23 38									
Llanelli	a	17 41		18 29		19 36				20 54		21 34			23 56									
Pembrey & Burry Port	d	17 41		18 31		19 36				20 55		21 34			23 58									
Kidwelly	d	17 48		18 37		19 43				21 01		21 41			00 04									
Ferrieside	d			18x44						21x08					00x11									
Carmarthen	a	18 14		19 03		20 05				21x14					00x17									
Whitland	d	18 20		19 06		20 07				21 32		22 04			00 30									
Narberth	d	18 36		19 22		20 23						22 05			00 34									
Kilgetty	d	18 37		19 22		20 30						22 21			00 50									
Saundersfoot	d								20 30			22 22			00 50									
Tenby	a								20x37															
Penally	d								20x46															
Manorbier	d								20x48															
Lamphey	d								20 55															
Pembroke	d								20 59															
Pembroke Dock	a								21x02															
Clunderwen	d	18x45		19x30		20x37			21 08															
Clarbeston Road	d	18x53		19x38		20x45			21x16															
Haverfordwest	d	19 01		19a46		20 54			21 19															
Johnston	d	19x10				21x02																		
Milford Haven	a	19 25				21 19																		
Fishguard Harbour	a																							
Rosslare Harbour	a																							

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

8 January to 12 February

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	AW	AW	AW	AW	AW	AW	GW	AW	GW	AW	GW	GW	AW	AW	AW	GW	GW	AW				
London Paddington					20p45																						
Reading					21p13																						
Manchester Piccadilly	18p30																										
Gloucester																											
Bristol Parkway					22p11																						
Newport (South Wales)					22p46																						
Cardiff Central					23p07	08 36							09 45	11 10		11 08					12 05	11 29		12 00	12 08	13 10	
Pontyclun					22p19								10 10														
Llanharan					22p23								10 18														
Pencoed					22p27								10 25														
Bridgend					22p33								10 40			11 43						12 04		12 35	12 43		
Wildmill																											
Sarn																											
Tondu																											
Garth (Mid Glamorgan)																											
Maesteg (Ewenny Road)																											
Maesteg																											
Pyle					22p07								10 55											12 50			
Port Talbot Parkway					22p45								11 15										12 24	13 10	13 08		
Baglan																											
Briton Ferry																											
Neath					22p52								11 35										12 23		12 44	13 30	13 23
Skewen																											
Llansamlet																											
Swansea					23p05								12 00	12 10		12 45						13 05	13 09		13 55	13 45	14 10
					23p07								00 02	10 51													
					23p45								00 09														
Gowerton					23b22								00s20														
Llanelli					23p10								00 01														
					23p29								00 02														
					23p30								00 02														
Pembrey & Burry Port					23p36								00 07														
Kidwelly					23b42								00s40														
Ferryside					23b47								00s46														
Carmarthen					00 04								00 28	01 04													
					00 31																						
Whitland					00 46																						
					00 46																						
Narberth																											
Kilgetty																											
Saundersfoot																											
Tenby																											
Penally																											
Manorbier																											
Lamphey																											
Pembroke																											
Pembroke Dock																											
Clunderwen																											
Clarbeston Road																											
Haverfordwest																											
Johnston																											
Milford Haven																											
Fishguard Harbour																											
Rosslare Harbour																											

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

8 January to 12 February

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	GW		AW	AW		GW	GW	GW	AW	AW	GW	GW	AW	AW		GW	GW	GW	AW	GW	AW	GW	AW	
London Paddington 1.6																									
Reading																									
Manchester Piccadilly 1.0																									
Gloucester																									
Bristol Parkway																									
Newport (South Wales)																									
Cardiff Central	13 08	14 10					14 08	15 10	14 00	15 08	16 10	16 06	16 08	17 10		17 08	17 29	18 15							
Pontyclun									14 25																
Llanharan									14 33																
Pencoed									14 40																
Bridgend	13 43						14 43		14 55	15 43		16 41	16 43			17 43									
Wildmill																									
Sarn																									
Tondu																									
Garth (Mid Glamorgan)																									
Maesteg (Ewenny Road)																									
Maesteg																									
Pyle									15 10			16 56													
Port Talbot Parkway	14 08						15 08		15 30	16 08		17 16	17 08			18 08									
Baglan																									
Briton Ferry																									
Neath	14 23						15 23		15 50	16 23		17 36	17 23			18 23									
Skewen																									
Llansamlet																									
Swansea	14 45	15 10					15 45	16 10	16 15	16 45	17 10	18 01	17 45	18 10		18 45	19 09	19 15							
Gowerton				15 12	15 26		15 55		16 26			17 25				18 11	18 22							19 19	
Llanelli				15 28	15 48		16 14		16 44			17 41				18 27	18 40							19 35	
Pembrey & Burry Port				15 29			16 15		16 46			17 41				18 28	18 42							19 36	
Kidwelly				15 35			16 22		16 52			17 48				18 35	18 48							19 43	
Ferryside									16x59							18x55									
Carmarthen				15 58			16 43		17x05							19x01									
Whitland				16 03					17 19			18 14				18 56	19 16							20 05	
Narberth				16 19					17 32			18 20				19 18								20 07	
Kilgetty				16 20					17 48			18 36				19 34								20 23	
Saundersfoot									17 48			18 37				19 35								20 30	
Tenby									17x57																
Penally									18x07																
Manorbier									18x09																
Lamphey									18 16																
Pembroke									18 19																
Pembroke Dock									18x22																
Clunderwen				16x28					18x29			18x45				19x42								20x37	
Clarbeston Road				16x36					18x37			18x53				19x50								20x45	
Haverfordwest				16 44					16 44			17 41				18 27								19 35	
Johnston				16 44					16 46			17 41				18 28								19 36	
Milford Haven				16 44					16x59			17 48				18 35								19 43	
Fishguard Harbour				17 08					17x05			18 14				18 56								20 05	
Rosslare Harbour									17 19			18 14				19 16								20 05	
									17 32			18 20				19 18								20 07	
									17 48			18 36				19 34								20 23	
									17 48			18 37				19 35								20 30	
									17x57																
									18x07																
									18x09																
									18 16																
									18 19																
									18x22																
									18 29																
									18x36																
									18 40																
									18 55																
												18x45				19x42								20x37	
												18x53				19x50								20x45	
												19 01				19a58								20 54	
												19x10												21x02	
												19 25												21 19	

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

8 January to 12 February

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	GW	AW	AW	AW	GW	AW	GW	AW	GW	GW	AW	GW	AW	AW	GW	AW	GW	GW		
London Paddington 16	d																				
Reading 7	d																				
Manchester Piccadilly 10	d																				
Gloucester 7	d																				
Bristol Parkway 7	d																				
Newport (South Wales)	d																				
Cardiff Central 7	d	18 13	19 15	18 05			19 13	19 13	20 15	20 13		21 15	20 25	21 13	22 15	21 46	22 13	22 29	23 15	23 13	
Pontyclun	d			18 30																	
Llanharan	d			18 38																	
Pencoed	d			18 45																	
Bridgend	d	18 48		19 00			19 48			20 48			21 00	21 48	22 21		22 48	23 04		23 48	
Wildmill	d																				
Sam	d																				
Tondu	d																				
Garth (Mid Glamorgan)	d																				
Maesteg (Ewenny Road)	d																				
Maesteg	a																				
Pyle	d			19 15									21 15								
Port Talbot Parkway	d	19 13		19 35			20 13			21 13			21 35	22 13	22 41		23 13	23 24		00 13	
Baglan	d																				
Briton Ferry	d																				
Neath	d	19 28		19 55			20 28			21 28			21 55	22 28	23 01		23 28	23 44		00 28	
Skewen	d																				
Llansamlet	d																				
Swansea	a	19 50	20 15	20 20			20 50	21 08	21 15	21 50			22 15	22 20	22 50	23 15	23 26	23 50	00 09	00 15	00 50
Gowerton	d				20 35					21 18							23 38				
Llanelli	d				20x46												23x49				
	a				20 54					21 34							23 56				
	d				20 55					21 34							23 58				
Pembrey & Burry Port	d				21 01					21 41							00 04				
Kidwelly	d				21x08												00x11				
Ferryside	d				21x14												00x17				
Carmarthen	a				21 32					22 04							00 30				
	d									22 05							00 34				
Whitland	a									22 21							00 50				
	d				20 30					22 22							00 50				
Narberth	d				20x37																
Kilgetty	d				20x46																
Saundersfoot	d				20x48																
Tenby	a				20 55																
	d				20 59																
Penally	d				21x02																
Manorbier	d				21 08																
Lamphey	d				21x16																
Pembroke	d				21 19																
Pembroke Dock	a				21 34																
Clunderwen	d									22x29											
Clarbeston Road	d									22x37							01x03				
Haverfordwest	d									22 46											
Johnston	d									22x54											
Milford Haven	a									23 10											
Fishguard Harbour	a																01 30				
Rosslare Harbour	a																				

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

19 February to 25 March

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	AW	AW	AW	GW		AW	AW	AW	GW	AW	GW	AW	AW	GW		GW	AW	AW	GW	
	◇			□			◇	◇	◇		◇		□	◇	◇	◇	◇	◇	◇		◇	□	◇	◇	
London Paddington 1.5 ⊕ d									07 57						09 30										
Reading 2 d									08 32						10 06										
Manchester Piccadilly 1.0 d	18p30														10 30										
Gloucester 1 d									10 01						11 37										
Bristol Parkway 1 d															12 30										
Newport (South Wales)..... d	21p45						09 27		10 53		11 00				12 26		13 19	13 29		14 19		15 19		15 46	16 19
Cardiff Central 1 d	22p07	22p43					09 50		11 10		11 18	12 05			12 48		13 40	14 02		14 40		15 40		16 16	16 40
Pontyclun..... d	22p19	22p57					10 03											14 15							
Llanharan..... d	22p23	23p02					10 08											14 20							
Pencoed..... d	22p27	23p07					10 13											14 25							
Bridgend..... d	22p33	23p13					10 20		11 30		11 38	12 26			13 08		14 01	14 32		15 01		16 03		16 37	17 00
Wildmill..... d																									
Sarn..... d																									
Tondu..... d																									
Garth (Mid Glamorgan)..... d																									
Maesteg (Ewenny Road)..... d																									
Maesteg..... a																									
Pyle..... d		23p21					10 28					12 34					14 40							16 45	
Port Talbot Parkway..... d	22p45	23p30					10 37		11 43		11 52	12 43			13 21		14 14	14 48		15 14		16 16		16 54	17 13
Baglan..... d		23p34																							
Briton Ferry..... d		23p37																							
Neath..... d	22p52	23p41					10 45		11 52		12 00				13 29		14 21	14 56		15 21		16 23		17 02	17 19
Skewen..... d		23p45																							
Llansamlet..... d		23p49																							
Swansea a	23p05	23p57					10 58		12 04		12 13				13 41		14 36	15 09		15 34		16 36		17 14	17 33
Gowerton..... d	23p10	23p45	00 09				11 01	11 06			12 15			13 54	14 11		15 12	15 26		15 45		16 41	17 25	17 46	
Llanelli..... a	23b22	00s20						11x16			12x26				14x22			15x36							
Llanelli..... a	23p29	00 01	00s28				11 17	11 23			12 32	13 12		14 10	14 29		15 28	15 48		16 09		16 59	17 41	18 02	
Pembrey & Burry Port..... d	23p30	00 02					11 19				12 34	13 12		14 11	14 31		15 29			16 11		17 01	17 41	18 03	
Kidwelly..... d	23b42	00s40					11 25				12 39	13 18		14 18	14 37		15 35			16 17		17 07	17 48	18 10	
Ferryside..... d	23b47	00s46					11x38				12x46				14x43								17x14		
Carmarthen a	00 04	00 28	01 04				11 51				13 05	13 42		14 39	15 04		15 58		16 39			17 33	18 14	18 31	
Whitland..... a		00 31		09 55	10 19		11 55				13 08	14 04		15 07	15 07		16 03					17 36	18 20		
Narberth..... d		00 46		10 11	10 34	12 11					13 23	14 20		15 21	16 19		16 19					17 51	18 36		
Kilgetty..... d		00 46		10 11	10 34	12 11					13 23	14 20		15 22	16 20		16 20					17 51	18 37		
Saundersfoot..... d															15x31								18x00		
Tenby a															15x41								18x10		
Penally..... d															15x43								18x12		
Manorbier..... d							11 01								15 50								18 19		
Lamphey..... d							11 11								15 54								18 22		
Pembroke..... d							11x14								15x57								18x25		
Pembroke Dock a							11 20								16 03								18 32		
Clunderwen..... d							11x28								16x11								18x39		
Clarbeston Road..... d							11 31								16 14								18 43		
Haverfordwest..... d							11 44								16 29								18 58		
Johnston..... d																								18x45	
Milford Haven a																								18x53	
Fishguard Harbour..... a		01 27									13 59													19 01	
Rosslare Harbour..... a															14 30									19x10	
															18 00									19 25	

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

19 February to 25 March

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	GW	AW	GW	GW		AW	AW	AW	GW	GW	AW	GW	GW	GW											
		◇ 1 ⌒	⊞ ⌒	◇ 1 ⌒	◇ 1 ⌒				◇ ⌒	◇ 1 ⌒	◇ 1 ⌒	◇	◇ 1 ⌒	◇ 1 ⌒	◇ 1 ⌒											
London Paddington 16.1	d	14 30		15 30	16 30					17 30	18 30		19 37	20 37	21 37											
Reading 7	d	15 05		16 06	17 06					18 06	19 05		20 13	21 14	22 15											
Manchester Piccadilly 1.0	d		14 30																							
Gloucester 1	d	16 30		17 30	18 27					19 46	20 20		21 42	22 42	23 43											
Bristol Parkway 1	d																									
Newport (South Wales)	d	17 19	17 34	18 19	19 16					20 38	21 13		22 38	23 44	00 32											
Cardiff Central 7	d	17 40	18 06	18 40	19 40				20 15	20 53	21 29	22 30	22 59	00 10	00 54											
Pontyclun	d		18 21																							
Llanharan	d		18 26																							
Pencoed	d		18 30																							
Bridgend	d	18 01	18 38	19 01	20 01				20 37	21 15	21 51	22 51	23 21	00 29	01 19											
Wildmill	d																									
Sarn	d																									
Tondu	d																									
Garth (Mid Glamorgan)	d																									
Maesteg (Ewenny Road)	d																									
Maesteg	a																									
Pyle	d		18 46						20 45																	
Port Talbot Parkway	d	18 14	18 54	19 14	20 14				20 54	21 28	22 05	23 05	23 33	00 43	01 32											
Baflan	d																									
Briton Ferry	d																									
Neath	d	18 20	19 02	19 20	20 21				21 02	21 36	22 12	23 13	23 42	00 51	01 39											
Skewen	d																									
Llansamlet	d																									
Swansea	a	18 35	19 15	19 34	20 34				21 14	21 49	22 25	23 25	23 54	01 04	01 52											
Gowerton	d	18 11	19 40					20 55	21 18			23 55	00x06													
Llanelli	a	18 29	20 00				21 15	21 34	21 34			00 13														
Pembrey & Burry Port	d	18 31	20 01				21 17	21 34	21 34			00 15														
Kidwelly	d	18 37	20 08				21 23	21 41	21 41			00 21														
Ferry-side	d	18x44					21x30					00x28														
Carmarthen	a	18x50					21x36					00x34														
Whitland	a	19 03	20 30				21 54	22 04	22 04			00 47														
Narberth	d	19 06	20 35					22 05	22 05			00 51														
Kilgetty	d	19 22	20 51					22 21	22 21			01 07														
Saundersfoot	d	19 22	20 57					20 56	22 22			01 07														
Tenby	a							21x03																		
Penally	d							21x12																		
Manorbier	d							21x14																		
Lamphey	d							21 21																		
Pembroke	d							21 25																		
Pembroke Dock	a							21x28																		
Clunderwen	d	19x30	21x05					21 34																		
Clarboston Road	d	19x38	21x13					21 42																		
Haverfordwest	d	19a46	21 21					21x42																		
Johnston	d		21x30					21 45																		
Milford Haven	a		21 47					22 00																		
Fishguard Harbour	a							22 00																		
Rosslare Harbour	a											01 47														

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

from 1 April

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	AW	AW	AW	AW		GW	AW	AW	GW	AW	GW	GW	AW	GW		AW	AW	GW	AW
	◇		⊠		◇			◇	◇		◇	◇	⊠		◇	◇	◇	◇	◇	◇	⊠	⊠	◇	◇
London Paddington 1.5	d				20p45						08 30			09 42				10 37					12 37	
Reading 7	d				21p13						09 06			10 18				11 12					12 12	
Manchester Piccadilly 1.0	d	18p30																					10 30	
Gloucester 7	d																							
Bristol Parkway 7	d				22p11						10 09			11 17				12 11					13 11	
Newport (South Wales)	d	21p45			22p46			09 27			10 33	11 00		11 43				12 37				13 37	13 29	
Cardiff Central 7	d	22p07			22p43	23p07		09 50			10 55	11 18		12 04	12 10			12 57				13 57	14 02	
Pontyclun	d	22p19			22p57			10 03															14 15	
Llanharan	d	22p23			23p02			10 08															14 20	
Pencoed	d	22p27			23p07			10 13															14 25	
Bridgend	d	22p33			23p13	23p28		10 20			11 15	11 38		12 24	12 31			13 19				14 19	14 32	
Wildmill	d																							
Sarn	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d				23p21			10 28										12 39					14 40	
Port Talbot Parkway	d	22p45			23p30	23p41		10 37			11 28	11 52		12 37	12 48			13 32				14 32	14 48	
Baglan	d				23p34																		15 32	
Briton Ferry	d				23p37																			
Neath	d	22p52			23p41	23p49		10 45			11 37	12 00		12 45				13 39				14 39	14 56	
Skewen	d				23p45																		15 39	
Llansamlet	d				23p49																			
Swansea	a	23p05			23p57	00 02		10 58			11 49	12 13		12 58				13 52				14 52	15 09	
	d	23p10	23p45		00 09			11 01	11 06			12 15		13 08				14 11	14 58			15 12	15 26	
Gowerton	d	23b22			00s20				11x16			12x26						14x22				15x36	16x37	
Llanelli	a	23p29	00 01		00s28			11 17	11 23			12 32	13 24	13 17	13 24			14 29	15 14			15 28	15 48	
	d	23p30	00 02					11 19				12 34	13 30	13 17	13 30			14 31	15 15			15 29	16 46	
Pembrey & Burry Port	d	23p36	00 07		00s34			11 25				12 39	13 30	13 23	13 36			14 37	15 22			15 35	16 52	
Kidwelly	d	23b42			00s40			11x32				12x46						14x43					16x59	
Ferryside	d	23b47			00s46			11x38				12x52						14x49					17x05	
Carmarthen	a	00 04	00 28		01 04			11 51				13 05		13 47	13 58			15 04	15 43			15 58	17 19	
	d		00 31			09 55	10 19	11 55				13 08		14 04				15 07				16 03	17 32	
Whitland	a		00 46			10 11	10 34	12 11				13 23		14 20				15 21				16 19	17 48	
	d		00 46			10 11	10 34	12 11				13 23		14 20				15 22				16 20	17 48	
Narberth	d							10x43										15x31					17x57	
Kilgetty	d							10x52										15x41					18x07	
Saundersfoot	d							10x54										15x43					18x09	
Tenby	a							11 01										15 50					18 16	
	d							11 11										15 54					18 19	
Penally	d							11x14										15x57					18x22	
Manorbier	d							11 20										16 03					18 29	
Lamphey	d							11x28										16x11					18x36	
Pembroke	d							11 31										16 14					18 40	
Pembroke Dock	a							11 44										16 29					18 55	
Clunderwen	d					10x19		12x19										14x28					16x28	
Clarbeston Road	d					10x27		12x27										14x36					16x36	
Haverfordwest	d					10 35		12 35										14 44					16 44	
Johnston	d					10x44		12x44										14x53					16x53	
Milford Haven	a					10 55		12 55										15 08					17 08	
Fishguard Harbour	a		01 27									13 59												
	d			02 45								14 30												
Rosslare Harbour	a			06 15								18 00												

b Previous night, stops on request

When events are being held at the Millenium Stadium,
 services are subject to alteration.
 Please check times before travelling.

Table 128

Sundays

from 1 April

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	GW	AW	GW	AW	GW	AW	AW	GW	AW	GW	AW	GW	AW	GW	AW	GW	AW
	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊	◊
London Paddington 1.5 ⊕	d	13 37	14 37	15 37	16 37	17 37	18 37	19 37	20 37	21 37
Reading 7	d	14 13	15 13	16 13	17 13	18 13	19 12	20 14	21 13	22 12
Manchester Piccadilly 1.0	d	12 30	14 30
Gloucester 7	d
Bristol Parkway 7	d	15 12	16 12	17 11	18 12	19 15	20 11	21 13	22 12	23 12
Newport (South Wales)	d	15 38	15 46	16 38	17 41	17 34	18 38	19 41	20 37	21 39	22 38	23 42
Cardiff Central 7	d	15 57	16 16	16 58	18 01	18 06	18 58	20 00	20 15	20 57	22 03	22 30	23 02	00 04
Pontyclun	d	18 21
Llanharan	d	18 26
Pencoed	d	18 30
Bridgend	d	16 20	16 37	17 20	18 22	18 38	19 20	20 22	20 37	21 18	22 25	22 51	23 23	00 24
Wildmill	d
Sarn	d
Tondu	d
Garth (Mid Glamorgan)	d
Maesteg (Ewenny Road)	d
Maesteg	a
Pyle	d	16 45	18 46	20 45
Port Talbot Parkway	d	16 33	16 54	17 33	18 35	18 54	19 33	20 35	20 54	21 32	22 37	23 05	23 37	00 37
Baglan	d
Briton Ferry	d
Neath	d	16 39	17 02	17 40	18 43	19 02	19 40	20 43	21 02	21 39	22 46	23 13	23 44	00 45
Skewen	d
Llansamlet	d
Swansea	a	16 53	17 14	17 54	18 58	19 15	19 53	20 56	21 14	21 53	22 58	23 25	23 57	00 57
Gowerton	d	17 05	17 25	18 11	19 20	20 35	21 18	22 38
Llanelli	a	17 21	17 41	18 29	19 36	20 54	21 34	23 56
Pembrey & Burry Port	d	17 22	17 41	18 31	19 36	20 55	21 34	23 58
Kidwelly	d	17 29	17 48	18 37	19 43	21 01	21 41	00 04
Ferryside	d	18x44	21x08	00x11
Carmarthen	a	17 50	18 14	19 03	20 05	21x14	00x17
Whitland	a	18 20	19 06	20 07	21 32	22 04	00 30
Narberth	d	18 36	19 22	20 23	22 05	00 34
Kilgetty	d	18 37	19 22	20 30	20 30	22 21	00 50
Saundersfoot	d	20 30	20x37	22 22	00 50
Tenby	a	20 30	20x46
Penally	d	20 55	20x48
Manorbier	d	20 59	21x02
Lamphey	d	21 08	21x16
Pembroke	d	21 19	21 19
Pembroke Dock	a	21 34	21 34
Clunderwen	d	18x45	19x30	20x37	22x29
Clarbeston Road	d	18x53	19x38	20x45	22x37	01x03
Haverfordwest	d	19 01	19a46	20 54	22 46
Johnston	d	19x10	21x02	22x54
Milford Haven	a	19 25	21 19	23 10
Fishguard Harbour	a	01 30
Rosslare Harbour	a

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Mondays to Fridays

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

Miles	Miles		GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
			MO		MX	MO	MO	MO	MO	MO	MO	MX		MX	MO	MO	MO	MO	MO	MO	MO	MO
			◇	⊠		◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
			A			B	C		B	A			D	A	E	B				F	G	
			⊠			⊠			⊠						⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠
			⊠			⊠			⊠						⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠
—	—	Rosslare Harbour	d																			
0	—	Fishguard Harbour	a																			
—	0	Milford Haven	d																			
—	4	Johnston	d																			
—	8½	Haverfordwest	d																			
15%	14	Clarbeston Road	d																			
22%	—	Clunderwen	d																			
—	0	Pembroke Dock	d																			
—	2	Pembroke	d																			
—	3½	Lamphey	d																			
—	7	Manorbier	d																			
—	10½	Penally	d																			
—	11½	Tenby	a																			
—	—	Saundersfoot	d																			
—	16½	Kilgetty	d																			
—	22	Narberth	d																			
27%	27%	Whitland	a																			
—	—	Carmarthen	a																			
—	—	Ferryside	d																			
—	53	Kidwelly	d																			
—	58%	Pembrey & Burry Port	d																			
—	62%	Llanelli	a																			
—	—	Gowerton	d																			
—	68	Swansea	a																			
—	73%	Llansamlet	d																			
—	77½	Skewen	d																			
—	79%	Neath	d																			
—	83	Briton Ferry	d																			
—	84%	Baglan	d																			
—	86%	Port Talbot Parkway	d																			
—	88%	Pyle	d																			
—	94%	Maesteg	d																			
—	0	Maesteg (Ewenny Road)	d																			
—	0½	Garth (Mid Glamorgan)	d																			
—	1¼	Tondu	d																			
—	5%	Sarn	d																			
—	6	Wildmill	d																			
—	7%	Bridgend	d																			
—	8½	Pencoed	d																			
—	104%	Llanharan	d																			
—	107	Pontyclun	d																			
—	110	Cardiff Central	a																			
—	121	Newport (South Wales)	a																			
—	—	Bristol Parkway	a																			
—	—	Gloucester	a																			
—	—	Manchester Piccadilly	a																			
—	—	Reading	a																			
—	—	London Paddington	a																			

A from 20 February until 26 March
 B from 9 January until 13 February
 C until 2 January, from 2 April
 D until 17 February, MX from 21 February until 23 March, from 27 March
 E until 6 January, MX from 10 January until 10 February, from 14 February
 F The Capitals United
 G ⊠ from Reading ⊕ to Reading
 b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	GW A	AW	GW A	AW	AW	AW	AW	GW B	GW B	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW	AW	AW		
	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡		
Rosslare Harbour	d																							
Fishguard Harbour	a																							
Milford Haven	d					06 00					07 05					08 04								
Johnston	d					06x08					07x13										09 08			
Haverfordwest	d					06 15					07 20										09 23			
Clarbeston Road	d					06x23	07a16				07x28					08x25					09x31			
Clunderwen	d					06x30					07x35					08x33					09x38			
Pembroke Dock	d														07 09							09 09		
Pembroke	d														07 17							09 17		
Lamphey	d														07x20							09x20		
Manorbier	d														07 28							09 29		
Penally	d														07x34							09x34		
Tenby	a														07 35							09 37		
Saundersfoot	d														07 38							09 38		
Kilgetty	d														07x44							09x46		
Narberth	d														07x46							09x48		
															07x56							09x58		
Whitland	a					06 36					07 41				08 04	08 37					09 44	10 06		
	d					06 36					07 41				08 05	08 38					09 44	10 07		
Carmarthen	a					06 52					07 55				08 25	08 55					10 02	10 24		
	d	05 50	06 15			06 57					07 30	08 01			08 30	09 00					10 04	10 31		
Ferryside	d	06x00	06x25								07 42	08x11			08x40	09x10								
Kidwelly	d	06x05	06x30								07 49	08x16			08x46	09x15								
Pembrey & Burry Port	d	06 12	06 37			07 15					07 56	08 23			08 53	09 18					10 24	10 50		
Llanelli	a	06 17	06 42			07 20					08 02	08 28			08 59	09 24					10 29	10 56		
	d	06 18	06 44			07 22					08 04	08 30			08 45	09 00					10 31	10 57		
Gowerton	d	06x24	06x50			07x28					08x36	08x36			08x53	09x08						11x04		
Swansea	a	06 38	07 04			07 41					08 21	08 49			09 08	09 23					09 48	11 22		
	d	06 42	06 58	07 06	07 28	07 45				07 58	08 28	08 55			09 11	09 28	09 55				10 28	10 55		
Llansamlet	d	06 46													09 18							11 10		
Skewen	d	06 50													09 22							11 17		
Neath	d	06 54	07 10	07 17	07 40	07 56					08 10	08 40	09 06		09 26	09 40	10 06				10 40	11 06		
Briton Ferry	d	06 58													09 30							11 28		
Baglan	d	07 01													09 33							11 32		
Port Talbot Parkway	d	07 05	07 18	07 24	07 48	08 03					08 18	08 48	09 13		09 37	09 48	10 13				10 48	11 36		
Pyle	d	07 12	07 31			08 09									09 44							11 43		
Maesteg	d								07 58						09 15						10 15	11 15		
Maesteg (Ewenny Road)	d								08 00						09 17						10 17	11 17		
Garth (Mid Glamorgan)	d								08 03						09 20						10 20	11 20		
Tondu	d								08 12						09 29						10 29	11 29		
Sarn	d								08 15						09 32						10 32	11 32		
Wildmill	d								08 17						09 34						10 34	11 34		
Bridgend	d	07 20	07 30	07 39	08 00	08 07	08 17		08 21	08 30	09 00	09 25	09 38	09 53	10 00	10 25				10 38	11 00	11 25	11 38	11 55
Pencoed	d	07 26							08 27						09 44						10 44	11 44		
Llanharan	d			07 46			08 24								09 48						10 48	11 48		
Pontyclun	d	07 33					08 21								09 52						10 52	11 52		
Cardiff Central	a	07 47	07 52	08 02	08 22	08 34	08 43		08 48	08 52	09 22	09 46	10 07	10 17	10 22	10 48				11 09	11 22	11 48	12 08	12 18
Newport (South Wales)	a		08 09	08 17	08 39	09 02			09 25	09 09	09 39	10 17	10 25		10 39	11 02					11 39	12 17	12 25	
Bristol Parkway	a		08 30	08 59					09 30	09 59					10 59						11 59			
Gloucester	a								10 20						11 20							13 20		
Manchester Piccadilly	a		11 15			12 15					13 15				14 15						15 15			
Reading	a		09 25	09 59					10 31	11 00					11 59						13 00			
London Paddington	a		09 59	10 32					11 07	11 32					12 32						13 32			

A ⚡ from Reading to Reading

B The Red Dragon

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Mondays to Fridays

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	GW		AW	AW	GW	AW	AW	AW	AW	AW	GW		AW	AW	GW	AW	AW	AW	AW	GW
		⬠ A ⬠		⬠	⬠	⬠ B ⬠	⬠	⬠		⬠		⬠		⬠	⬠	⬠	⬠	⬠	⬠	⬠	⬠
Rosslare Harbour														09 00							
Fishguard Harbour														12 30							
Milford Haven																					
Johnston							11 08										13 08				
Haverfordwest							11 23										13x16				
Clarbeston Road	d	10x17					11x31										13x31				
Clunderwen	d	10x25					11x38										13x38				
Pembroke Dock	d													11 09							13 09
Pembroke	d													11 17							13 17
Lamphey	d													11x20							13x20
Manorbier	d													11 29							13 29
Penally	d													11x34							13x34
Tenby	d													11 37							13 37
	d													11 43							13 41
Saundersfoot	d													11x51							13x49
Kilgetty	d													11x53							13x51
Narberth	d													12x03							14x01
Whitland	a	10 31					11 44							12 11			13 44	14 02			14 09
	d	10 32					11 44							12 11			13 44	14 02			14 09
Carmarthen	a	10 49					12 00							12 29			14 00	14 19			14 29
	d						12 05							12 33			14 05	14 25			14 34
Ferryside	d						11 04										13 02				
Kidwelly	d						11x14										13x12				
Pembrey & Burry Port	d						11x19										13x17				
Llanelli	a						11 25							12 52			13 23				14 53
	d						12 23							12 58			14 28	14 47			14 59
Gowerton	d						11 31							12 59			13 29				14 59
Swansea	a						11 32							13x06			13 30				14 59
	d						11x39							13 06			14x36				
Llansamlet	d						11 51							13 22			13 51				15 22
Skewen	d						12 28	12 54						13 10			13 28				15 28
Neath	d						13 17							13 21			13 55				15 17
Briton Ferry	d						13 21							13 25			14 06				15 21
Baglan	d						13 25							13 40			14 06				15 25
Port Talbot Parkway	d						13 28							13 48			14 13				15 28
Pyle	d						13 32							14 13			14 48				15 32
Maesteg	d						13 36							14 13			14 48				15 36
Maesteg (Ewenny Road)	d						13 43							14 13			14 48				15 43
Garth (Mid Glamorgan)	d						12 15										14 15				15 17
Tondu	d						12 17										14 17				15 19
Sarn	d						12 20										14 20				15 22
Wildmill	d						12 29										14 29				15 31
Bridgend	d						12 32										14 32				15 34
Pencoed	d						12 34										14 34				15 36
Llanharan	d						12 25	12 38	13 00	13 24				14 00			14 25	14 38	15 00	15 25	15 40
Pontyclun	d						12 44							14 00			14 25	14 38	15 00	15 25	15 40
Cardiff Central	a						12 48							14 00			14 25	14 38	15 00	15 25	15 40
Newport (South Wales)	a						12 52							14 00			14 25	14 38	15 00	15 25	15 40
Bristol Parkway	a						12 59							15 00			15 02	15 26	15 39	16 02	16 18
Gloucester	a						14 20							15 00			15 02	15 26	15 39	16 02	16 18
Manchester Piccadilly	a						16 15							16 00			16 21				16 39
Reading	a						17 14							16 30			17 30				16 59
London Paddington	a						15 00							16 00			17 00				18 00
	a						15 32							16 30			17 30				18 30

A The St. David

B from Reading to Reading

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	GW	AW	AW	AW	AW	GW	AW		AW	AW	GW	AW	AW	AW	AW	GW	FX		GW	FO	AW	AW	GW
Rosslare Harbour	d																								
Fishguard Harbour	a																								
Milford Haven	d			15 08																					
Johnston	d			15x16																					
Haverfordwest	d			15 23																					
Clarbeston Road	d			15x31																					
Clunderwen	d			15x38																					
Pembroke Dock	d							15 09																	
Pembroke	d							15 17																	
Lamphey	d							15x20																	
Manorbier	d							15 29																	
Penally	d							15x34																	
Tenby	a							15 37																	
Saundersfoot	d							15 41																	
Kilgetty	d							15x49																	
Narberth	d							15x51																	
Whitland	a			15 44				16 09																	
Carmarthen	a			15 44				16 09																	
Ferryside	d	15 05		16 00				16 27																	
Kidwelly	d	15x15		16 05				16 31																	
Pembrey & Burry Port	d	15 27		16 23				16 50																	
Llanelli	a	15 32		16 28				16 56																	
Gowerton	d	15 34		16 30				16 57																	
Swansea	a	15 51		16 49				17 22																	
Llansamlet	d	15 55		16 28				17 10																	
Skewen	d			17 17				17 17																	
Neath	d	16 06		16 40				17 21																	
Briton Ferry	d			17 06				17 25																	
Baglan	d			17 28				17 40																	
Port Talbot Parkway	d	16 13		16 48				17 32																	
Pyle	d			17 13				17 36																	
Maesteg	d	16 15		17 15				17 43																	
Maesteg (Ewenny Road)	d	16 17		17 17				18 00																	
Garth (Mid Glamorgan)	d	16 20		17 20				18 25																	
Tondu	d	16 29		17 29				18 34																	
Sarn	d	16 32		17 32				18 37																	
Wildmill	d	16 34		17 34				18 39																	
Bridgend	d	16 25	16 38	17 00	17 25	17 38	17 54	18 00	18 25																
Pencoed	d	16 44		17 44				18 49																	
Llanharan	d	16 48		17 48				18 53																	
Pontyclun	d	16 52		17 52				18 57																	
Cardiff Central	a	16 46	17 07	17 22	17 47	18 07	18 20	18 22	18 46																
Newport (South Wales)	a	17 02	17 25	17 39	18 02	18 25		18 39	19 03																
Bristol Parkway	a		17 59					18 59																	
Gloucester	a		18 21			19 20																			
Manchester Piccadilly	a	20 15		21 05				22 13																	
Reading	a		19 01					20 00																	
London Paddington	a		19 32					20 32																	

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Mondays to Fridays

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW			AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
								◇													
Rosslare Harbour	d																				21 00
Fishguard Harbour	a																				00 30
Milford Haven	d	19 08			20 36																23 18
Johnston	d	19x16			20x44																23x26
Haverfordwest	d	19 23			20 51																23 33
Clarbeston Road	d	19x31			20x59	21x12															23x41
Clunderwen	d	19x38			21x06	21x19															23x48
Pembroke Dock	d													21 09	22 23						
Pembroke	d													21 17	22 31						
Lamphey	d													21x20	22x34						
Manorbier	d													21 29	22 42						
Penally	d													21x34	22x48						
Tenby	a													21 37	22 50						
Saundersfoot	d			19 57										21 42	22 50						
Kilgetty	d			20x05										21x50	22x58						
Narberth	d			20x07										21x52	23x00						
				20x17										22x02	23x09						
Whitland	a	19 44		20 25	21 12	21 26								22 10	23 17						23 54
	d	19 44		20 27	21 12	21 26								22 10	23 20						23 54
Carmarthen	a	20 00		20 45	21 34	21 47								22 28	23 39						00 16
	d	20 05		20 47										22 35							
Ferryside	d			20x58										22x45							
Kidwelly	d			21x04										22x51							
Pembrey & Burry Port	d	20 23		21 11										22 58							
Llanelli	a	20 28		21 17										23 04							
	d	20 29		21 17				21 43						23 05							
Gowerton	d							21x50						23x12							
Swansea	a	20 47		21 39				22 08						23 32							
	d	20 57		21 45										22 32	22 35						
Llansamlet	d			21 52										22 39	22 42						
Skewen	d			21 56										22 43	22 46						
Neath	d	21 08		22 00										22 47	22 50						
Briton Ferry	d			22 03										22 50	22 53						
Baglan	d			22 07										22 54	22 57						
Port Talbot Parkway	d	21 15		22 11										22 58	23 01						
Pyle	d			22 18										23 05	23 08						
Maesteg	d		21 15					22 15	22 15												
Maesteg (Ewenny Road)	d		21 17					22 17	22 17												
Garth (Mid Glamorgan)	d		21 20					22 20	22 20												
Tondu	d		21 29					22 29	22 29												
Sarn	d		21 32					22 32	22 32												
Wildmill	d		21 34					22 34	22 34												
Bridgend	d	21 27	21 38	22 26				22 38	22 38	22 52	23 13	23 16									
Pencoed	d		21 44					22 44	22 44												
Llanharan	d		21 48					22 48	22 48												
Pontyclun	d		21 52					22 52	22 52												
Cardiff Central	a	21 50	22 10	22 49				23 08	23 08	23 18	23 38	23 38									
Newport (South Wales)	a							23 38	23 39												
Bristol Parkway	a																				
Gloucester	a							00 39	00 39												
Manchester Piccadilly	a																				
Reading	a																				
London Paddington	a																				

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	GW	GW	GW	AW		GW	GW	AW	AW	GW	AW	GW	AW	AW		AW	GW	GW	AW
Rosslare Harbour	d			21p00																				
Fishguard Harbour	d			00 30																				
Milford Haven	d	23p18	00 18																					07 05
Johnston	d	23b26	00x26																					07x13
Haverfordwest	d	23p33	00 33																					07 20
Clarbston Road	d	23b41	00x41		02x10																			07x28
Clunderwen	d	23b48	00x48																					07x35
Pembroke Dock	d																							
Pembroke	d																							
Lamphey	d																							
Manorbier	d																							
Penally	d																							
Tenby	d																							
Saundersfoot	d																							
Kilgetty	d																							
Narberth	d																							
Whitland	a	23p54	00 54		02 22																			07 41
Carmarthen	a	23p54	00 54		02 22																			07 41
	d	00 16	01 16		02 39																			07 55
	d				02 44				05 04															08 01
Ferryside	d												05 55		06 20									08x11
Kidwelly	d												06x05		06x30									08x16
Pembrey & Burry Port	d								05 22				06x10		06x35									08 23
Llanelli	a				03 06				05 27				06 17		06 42		07 15							08 28
	d				03 06				05 29				06 22		06 47		07 20							08 30
Gowerton	d												06 24		06 48		07 22							08x36
Swansea	a				03 29								06x30		06x55		07x28							08 49
	d												06 43		07 10		07 41							08 55
Llansamlet	d					03 58	04 58	05 28			05 58	06 28		06 47	06 58	07 13	07 28	07 45						07 58
Skewen	d																							08 28
Neath	d					04 10	05 10	05 40			06 10	06 40		06 58	07 10	07 28	07 40	07 56						08 10
Briton Ferry	d																							08 40
Baglan	d																							09 06
Port Talbot Parkway	d					04 18	05 18	05 48	06 02		06 18	06 48		07 05	07 18	07 39	07 48	08 03						08 18
Pyle	d								06 08					07 11		07 46		08 09						08 48
Maesteg	d	22p15												06 46										08 00
Maesteg (Ewenny Road)	d	22p17												06 48										08 02
Garth (Mid Glamorgan)	d	22p20												06 51										08 05
Tondu	d	22p29												07 00										08 14
Sarn	d	22p32												07 03										08 17
Wildmill	d	22p34												07 05										08 19
Bridgend	d	22p38				04 30	05 30	06 00	06 16		06 30	07 00	07 09	07 19	07 30	07 54	08 00	08 17						08 23
Pencoed	d	22p44							06 22					07 15		08 07		08 23						08 30
Llanharan	d	22p48							06 25					07 26		08 11		08 31						09 00
Pontyclun	d	22p52							06 30					07 22		08 15		08 30						09 00
Cardiff Central	a	23p08				04 52	05 52	06 22	06 43		06 52	07 22	07 36	07 42	07 52	08 34	08 22	08 44						08 47
Newport (South Wales)	a	23p38				05 09	06 09	06 38	07 02		07 08	07 39		08 02	08 08		08 38	09 02						09 24
Bristol Parkway	a					05 36	06 29	06 59			07 29	07 59		08 30		08 59								09 30
Gloucester	a	00 39																						10 19
Manchester Piccadilly	a								10 14					11 15										13 15
Reading	a					07 14	07 31	08 00			08 31	09 00		09 32		10 00								10 32
London Paddington	a					07 44	08 07	08 32			09 02	09 32		10 02		10 32								11 02

A from Reading to Reading

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	GW	AW		AW	GW	AW	AW	AW	AW	AW	GW		AW	AW	GW	AW	AW	AW	AW	GW	
Rosslare Harbour		◇		◇	◇			◇	◇					◇		◇	◇	◇	◇	◇	◇	◇	◇	◇
Fishguard Harbour				◇	◇			◇	◇					◇		◇	◇	◇	◇	◇	◇	◇	◇	◇
Milford Haven				08 04				09 08					09 53						11 08					
Johnston								09x16											11x16					
Haverfordwest								09 23											11 23					
Clarbeston Road				08x25				09x31					10x14						11x31					
Clunderwen				08x33				09x38					10x22						11x38					
Pembroke Dock			07 09									09 09												11 09
Pembroke			07 17									09 17												11 17
Lamphey			07x20									09x20												11x20
Manorbier			07 28									09 29												11 29
Penally			07x34									09x34												11x34
Tenby			07 35									09 37												11 37
			07 38									09 37												11 41
Saundersfoot			07x44									09x45												11x49
Kilgetty			07x46									09x47												11x51
Narberth			07x56									09x57												12x01
Whitland	a		08 04	08 37				09 44				10 05	10 28						11 44					12 09
	d		08 05	08 38				09 44				10 05	10 29						11 44					12 09
Carmarthen	a		08 25	08 55				10 02				10 23	10 46						12 00					12 27
	d		08 30	09 00			09 35	10 04				10 28							12 05					12 31
Ferryside	d		08x40	09x10												11 09								
Kidwelly	d		08x46	09x15												11x19								
Pembrey & Burry Port	d		08 53	09 21			09 56	10 24				10 47				11x24								
Llanelli	a		08 59	09 27			10 01	10 29				10 53				11 30			12 23					12 50
	d		08 45	09 00	09 28		10 03	10 31				10 53				11 36			12 28					12 56
Gowerton	d		08x53	09x08								11x01				11 37			12 30			12 37		12 57
Swansea	a		09 08	09 23	09 45		10 21	10 48				11 21				11x44			12 30					13x04
	d		09 11	09 28	09 55		10 28	10 55		11 10				11 28		11 56			12 47		13 01			13 23
Llansamlet	d		09 19													12 00			12x28	12 55		13 10	13 10	13 28
Skewen	d		09 23													12 00			12 55			13 17	13 17	
Neath	d		09 27	09 40	10 06		10 40	11 06				11 17				12 11			12 40	13 06		13 21	13 21	
Briton Ferry	d		09 31									11 25		11 40		12 11			12 40	13 06		13 25	13 25	13 40
Baglan	d		09 34									11 28				12 11			12 40	13 06		13 28	13 28	
Port Talbot Parkway	d		09 38	09 48	10 13		10 48	11 13				11 32				12 18			12 48	13 13		13 32	13 32	
Pyle	d		09 46		10 19			11 20				11 36				12 18			12 48	13 13		13 36	13 36	13 48
Maesteg	d	09 17					10 15					11 15							12 17					
Maesteg (Ewenny Road)	d	09 19					10 17					11 17							12 19					
Garth (Mid Glamorgan)	d	09 22					10 20					11 20							12 22					
Tondu	d	09 31					10 29					11 29							12 31					
Sarn	d	09 34					10 32					11 32							12 34					
Wildmill	d	09 36					10 34					11 34							12 36					
Bridgend	d	09 40	09 54	10 00	10 27		10 38	11 00	11 27	11 38	11 55					12 00		12 30	12 40	13 00	13 27	13 38	13 52	14 00
Pencoed	d	09 46					10 44			11 44									12 46					
Llanharan	d	09 50					10 48			11 48									12 50					
Pontyclun	d	09 54					10 52			11 52									12 54					
Cardiff Central	a	10 09	10 20	10 22	10 48		11 13	11 22	11 48	12 07	12 18					12 22		12 52	13 09	13 22	13 48	14 09	14 15	14 15
Newport (South Wales)	a	10 25		10 39	11 07		11 39	12 07	12 25							12 39		13 07	13 25	13 38	14 07			14 39
Bristol Parkway	a			10 59			11 59									12 59		13 59						14 59
Gloucester	a	11 21							13 21									14 21						
Manchester Piccadilly	a			14 15			15 15									16 15			17 15					
Reading	a			12 00			13 00									14 00			15 00					16 00
London Paddington	a			12 32			13 33									14 32			15 32					16 32

A until 11 February, from 31 March

When events are being held at the Millenium Stadium,
services are subject to alteration.
Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	GW	AW	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW
	◇	□		◇	□	□				◇	□		◇	□				◇	◇	◇
	1	2		1	2	3				1	2		1	2				1	2	3
Rosslare Harbour	d	09 00																		
Fishguard Harbour	a	12 30																		
Milford Haven	d				13 08															
Johnston	d				13x16			13 30												
Haverfordwest	d				13 23															
Clarbeston Road	d				13x31															
Clunderwen	d				13x38															
Pembroke Dock	d									13 09										
Pembroke	d									13 17										
Lamphey	d									13x20										
Manorbier	d									13 29										
Penally	d									13x34										
Tenby	a									13 37										
Saundersfoot	d									13 42										
Kilgetty	d									13x50										
Narberth	d									13x52										
Whitland	a				13 44	14 02				14 10										
Carmarthen	a				13 44	14 02				14 11										
Ferryside	d	13 02			14 00	14 19				14 28										
Kidwelly	d	13x12			14 05	14 22				14 33										
Pembrey & Burry Port	d	13 23								14 52										
Llanelli	a	13 29			14 28	14 44				14 58										
Gowerton	d	13 30			14 30	14 45				14 58										
Swansea	a	13 48			14x36					15 22										
Llansamlet	d	14 00			14 28	14 55				15 10			15 28							
Skewen	d									15 17										
Neath	d	14 11			14 40	15 06				15 21			15 40							
Briton Ferry	d									15 25			15 40							
Baglan	d									15 28			15 40							
Port Talbot Parkway	d	14 18			14 48	15 13				15 32			15 48							
Pyle	d									15 36			15 48							
Maesteg	d			14 15						15 43			16 20							
Maesteg (Ewenny Road)	d			14 17						15 17			16 15							18 20
Garth (Mid Glamorgan)	d			14 20						15 19			16 17							18 22
Tondu	d			14 29						15 22			16 20							18 25
Sarn	d			14 32						15 31			16 29							18 34
Wildmill	d			14 34						15 34			16 32							18 37
Bridgend	d	14 30		14 38	15 00	15 25				15 36			16 34							18 39
Pencoed	d			14 44						15 40			16 38	17 00	17 27	17 38	17 54			18 43
Llanharan	d			14 48						15 46			16 44							18 49
Pontyclun	d			14 52						15 50			16 48							18 53
Cardiff Central	a	14 52		15 07	15 22	15 47	15 54	16 09	16 15	15 54			16 52							18 57
Newport (South Wales)	a	15 07		15 25	15 39	16 07				16 22			16 48	17 07	17 22	17 48	18 07	18 20		18 22
Bristol Parkway	a			15 59						16 23	16 32		16 39	17 07	17 27	17 39	18 07	18 25		18 39
Gloucester	a			16 19						16 59			17 59	17 59	18 07	18 25				19 03
Manchester Piccadilly	a	18 15				19 15				17 19			18 20							18 59
Reading	a									17 19			18 20							19 20
London Paddington	a									18 00			19 00							20 00
					17 32					18 32			19 32							20 32

A until 11 February, from 31 March

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	GW	AW	AW	AW	AW	AW	GW		GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
	◇			◇			◇		◇									◇		◇	
	⊞						⊞		⊞												
Rosslare Harbour	d																				
Fishguard Harbour	d																				
Milford Haven	d	17 08																			
Johnston	d	17x16																			
Haverfordwest	d	17 23																			
Clarbeston Road	d	17x31	19a21																		
Clunderwen	d	17x38																			
Pembroke Dock	d					17 09															21 09
Pembroke	d					17 17															21 17
Lamphey	d					17x20															21x20
Manorbier	d					17 29															21 29
Penally	d					17x34															21x34
Tenby	d					17 37															21 37
	d					17 41															21 42
Saundersfoot	d					17x49															21x50
Kilgetty	d					17x51															21x52
Narberth	d					18x01															22x02
Whitland	a	17 44				18 11							19 44	19 44							20 17
	d	17 45				18 11							19 44	19 44							20 17
Carmarthen	a	18 03				18 29							20 02	20 02							20 37
	d	18 07				18 33							19 06	20 07	20 07						20 47
Ferryside	d	18x17																			20x58
Kidwelly	d	18x23																			21x04
Pembrey & Burry Port	d	18 30				18 52								19 25	20 25	20 25					21 11
Llanelli	a	18 35				18 58								19 31	20 30	20 30					21 17
	d	18 36				18 59								19 33	20 31	20 31					21 17
Gowerton	d					19x06															21 40
Swansea	a	18 54				19 23								19 51	20 50	20 50					21 39
	d	18 28	19 00			19 10	19 28	19 28	19 54					20 55	20 55						21 43
Llansamlet	d					19 17															21 50
Skewen	d					19 21															21 54
Neath	d	18 40	19 11			19 25	19 40	19 40	20 05					21 06	21 06						21 58
Briton Ferry	d					19 28															22 02
Baglan	d					19 32															22 05
Port Talbot Parkway	d	18 48	19 19			19 36	19 48	19 48	20 12					21 13	21 13						22 09
Pyle	d					19 43															22 16
Maesteg	d					19 15								20 15							21 15
Maesteg (Ewenny Road)	d					19 17								20 17							21 17
Garth (Mid Glamorgan)	d					19 20								20 20							21 20
Tondu	d					19 29								20 29							21 29
Sarn	d					19 32								20 32							21 32
Wildmill	d					19 34								20 34							21 34
Bridgend	d	19 00	19 32			19 38	19 51	20 00	20 00	20 25	20 38	21 25	21 25	21 38	22 25						22 38
Pencoed	d					19 44								20 44							21 44
Llanharan	d					19 47								20 48							21 48
Pontyclun	d					19 52								20 52							21 52
Cardiff Central	a	19 22	19 57			20 05	20 17	20 23	20 23	20 48	21 07	21 48	21 46	22 09	22 47						23 08
Newport (South Wales)	a	19 39				20 24		20 39	20 39	21 25	22 05	22 05									23 36
Bristol Parkway	a	19 59						21 01	21 01												23 37
Gloucester	a													22 22							00 40
Manchester Piccadilly	a					23 50															
Reading	a	21 06						21 59	21 59												
London Paddington	a	21 36						22 37	22 38												

A 17 December, 24 December, 31 December, from 31 March
 B from 7 January until 24 March
 C 17 December, 24 December, 31 December, from 18 February until 24 March
 D from 7 January until 11 February, from 31 March

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

until 1 January

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	GW	GW	AW		GW	AW	AW	GW	GW	AW	AW	GW	GW		AW	AW	AW	AW	GW
	A	A	A	◇	◇	◇	◇			◇	◇		◇	◇			◇	◇			◇		◇	
				Ⓛ	Ⓛ	Ⓛ	Ⓛ			Ⓛ	Ⓛ		Ⓛ	Ⓛ			Ⓛ	Ⓛ			Ⓛ		Ⓛ	
Rosslare Harbour	d			21p00																09 00				
Fishguard Harbour	a			00\30																12 30				
Milford Haven	d	23p18		01 50																		14 23		
Johnston	d	23b26													11 28							13 23		
Haverfordwest	d	23p33													11x36							13x29		
Clarbston Road	d	23b41													11 43							13 36		
Clunderwen	d	23b48													11x52							13x45		
Pembroke Dock	d														11x59							13x52		
Pembroke	d															11 55								
Lamphey	d															12 03								
Manorbier	d															12x06								
Penally	d															12 15								
Tenby	a															12x20								
Saundersfoot	d															12 23								
Kilgetty	d															12 23								
Narberth	d															12x31								
Whitland	a	23p54		02s22												12 06	12 51					13 59	14 55	
Carmarthen	a	00\16		02s40												12 08	12 54					14 02	14 55	
Ferryside	d							09 40		10 30	11 18					12 26	13 14					14 20	15 13	
Kidwelly	d							09x50			11x28					12 29	13 17					14 23	15 16	
Pembrey & Burry Port	d							10 03		10 49	11 42					13x27	13x33					15 26	15 30	
Llanelli	a			03s06				10 09		10 54	11 48					12 49	13 40					15x32	15x32	
Gowerton	d							10 10		10 56	11 48					12 55	13 46					15 39	15 50	
Swansea	a			03s26				10x17			11x56					12 55	13 47					15 47	15 58	
Llansamlet	d							10 35		11 15	12 12					13 15	14 12					15 55	16 14	
Skewen	d								11 21	11 32			12 21	13 21	13 43			14 21	15 21			16 04	16 14	
Neath	d			03s45	08 19	09 33	10 33									13 43		14 21	15 21			16 14	16 21	
Briton Ferry	d								11 33	11 43			12 33	13 33	13 54			14 33	15 33			16 21	16 33	
Baglan	d																							
Port Talbot Parkway	d			03s52	08 26	09 40	10 40									14 01		14 40	15 40			16 21	16 40	
Pyle	d								11 40	11 50			12 40	13 40	14 09			14 40	15 40			16 40	16 58	
Maesteg	d	22p15																						
Maesteg (Ewenny Road)	d	22p17																						
Garth (Mid Glamorgan)	d	22p20																						
Tondu	d	22p29																						
Sarn	d	22p32																						
Wildmill	d	22p34																						
Bridgend	d	22p38		04s06	08 38	09 52	10 52		11 52	12 05		12 52	13 52	14 17			14 52	15 52				16 06	16 52	
Pencoed	d	22p44								12 11												16 12	16 52	
Llanharan	d	22p48								12 15												16 16	16 52	
Pontyclun	d	22p52								12 20												16 21	16 52	
Cardiff Central	a	23p08		04 35	09 01	10 14	11 14		12 14	12 35		13 14	14 14	14 40			15 14	16 14				16 36	17 12	
Newport (South Wales)	a	23p36			09 18	10 31	11 31		12 31	12 52		13 31	14 31	15 12			15 31	16 31				16 52	17 31	
Bristol Parkway	a				09 46	10 59	11 59		12 59			13 59	14 59				15 59	16 59				17 31	17 59	
Gloucester	a	00\40																						
Manchester Piccadilly	a									16 15						18 17						20 17	19 00	
Reading	a				10 42	12 01	13 00		14 00			15 00	16 00				17 00	18 01				19 00	19 00	
London Paddington	a				11 22	12 44	13 44		14 44			15 44	16 44				17 43	18 44				19 44	19 44	

A not 11 December

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

until 1 January

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	GW	AW	GW	GW	AW		AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW							
	◊	■	◊	◊				◊	◊			◊	◊			◊	◊							
Rosslare Harbour	d																							
Fishguard Harbour	a																							
Milford Haven	d	15 28					17 30				19 38	21 33			23 15									
Johnston	d	15x36					17x38				19x46	21x41			23x23									
Haverfordwest	d	15 43					17 45				19 53	21 49			23 30									
Clarbeston Road	d	15x52					17x53				20x01	21x57			23x39									
Clunderwen	d	15x59					18x00				20x08	22x05			23x46									
Pembroke Dock	d				16 45						19 00			21 45										
Pembroke	d				16 53						19 08			21 53										
Lamphey	d				16x56						19x11			21x56										
Manorbier	d				17 05						19 20			22 05										
Penally	d				17x10						19x25			22x10										
Tenby	a				17 13						19 28			22 13										
Saundersfoot	d				17 13						19 28			22 13										
Kilgetty	d				17x21						19x36			22x21										
Narberth	d				17x23						19x38			22x23										
					17x33						19x48			22x33										
Whitland	a	16 06			17 41		18 06				19 56	20 14		22 11	22 41									
		16 09			17 44		18 08				19 59	20 17		22 14	22 44									
Carmarthen	a	16 26			18 04		18 29				20 16	20 36		22 31	23 05									
	d	16 31	16 55		18 07			19 09			20 19		21 05	22 34										
Ferryside	d	16x41			18x17						20x30			22x44										
Kidwelly	d	16x47			18x23						20x36			22x50										
Pembrey & Burry Port	d	16 55	17 15		18 31			19 29			20 43		21 24	22 58										
Llanelli	a	17 01	17 21		18 37			19 35			20 49		21 30	23 04										
	d	17 01	17 22		18 38			19 36	19 55		20 51		21 31	23 04										
Gowerton	a				18x46					20x02	20x58			23x12										
Swansea	d	17 20	17 39		19 06			19 53	20 16	21 17			21 48	23 27										
Llansamlet	d	16 51	17 30	17 51	18 51			19 59	20 40				21 52	23 30										
Skewen	d																							
Neath	d	17 03	17 41	18 03	19 03			20 11	20 51				22 03	23 42										
Briton Ferry	d																							
Baglan	d																							
Port Talbot Parkway	d	17 10	17 48	18 10	19 10			20 18	20 58				22 10	23 49										
Pyle	d		17 55										22 17	23 56										
Maesteg	d																							
Maesteg (Ewenny Road)	d																							
Garth (Mid Glamorgan)	d																							
Tondu	d																							
Sarn	d																							
Wildmill	d																							
Bridgend	d	17 22	18 03	18 22	19 22			20 30	21 11				22 25	00 04										
Pencoed	d		18 09																					
Llanharan	d		18 13																					
Pontyclun	d		18 18																					
Cardiff Central	a	17 45	18 34	18 45	19 45			20 53	21 36				22 49	00 29										
Newport (South Wales)	a	18 03	18 52	19 03	20 03			21 08					23 18											
Bristol Parkway	a	18 31		19 31	20 31			21 36																
Gloucester	a																							
Manchester Piccadilly	a		22 19																					
Reading	a	19 32		20 32	21 32			22 36																
London Paddington	a	20 14		21 13	22 14			23 19																

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

8 January to 12 February

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	GW	GW	GW		GW	GW	GW	AW	GW	AW	GW		AW	GW	GW	AW	GW
Rosslare Harbour	d	21p00																				
Fishguard Harbour	a	00 30																				
Milford Haven	d	23p18	01 50																			11 20
Johnston	d	23b26																				11x28
Haverfordwest	d	23p33																				11 35
Clarbeston Road	d	23b41																				11x44
Clunderwen	d	23b48																				11x51
Pembroke Dock	d																					
Pembroke	d																					
Lamphey	d																					
Manorbier	d																					
Penally	d																					
Tenby	a																					
Saundersfoot	d																					
Kilgetty	d																					
Narberth	d																					
Whitland	a	23p54	02s22																			11 58
	d	23p54																				12 00
Carmarthen	a	00 16	02 42																			12 18
	d		02 50																			12 21
Ferryside	d												09 40		10 30							11 07
Kidwelly	d												09x50									11x17
Pembrey & Burry Port	d												09x56									11x23
Llanelli	a		03s30										10 03		10 49							11 31
	d												10 09		10 54							11 37
Gowerton	d												10 10		10 56							11 37
Swansea	a		04s00										10x17									11x45
	d				07 15	07 55	08 20	09 00		09 20	10 00	10 20	10 35		11 18							12 02
Llansamlet	d													11 00		11 20	11 30	12 00				12 20
Skewen	d																					13 00
Neath	d		04s25	07 37		08 42				09 42		10 42				11 42	11 55					12 42
Briton Ferry	d																					
Baglan	d																					
Port Talbot Parkway	d		04s45	07 52		08 57				09 57		10 57				11 57	12 15					12 57
Pyle	d																12 35					
Maesteg	d																					
Maesteg (Ewenny Road)	d																					
Garth (Mid Glamorgan)	d																					
Tondu	d																					
Sarn	d																					
Wildmill	d																					
Bridgend	d		05s05	08 17		09 22				10 22		11 22				12 22	12 50					13 22
Pencoed	d																13 05					
Llanharan	d																13 12					
Pontyclun	d																13 20					
Cardiff Central	a		05 40	08 52	08 55	09 57	10 00		10 57	11 00	11 57		12 00		12 57	13 45	13 00					13 57
Newport (South Wales)	a																					14 00
Bristol Parkway	a																					14 57
Gloucester	a																					
Manchester Piccadilly	a																					
Reading	a																					
London Paddington	a																					

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

8 January to 12 February

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	GW	AW	GW	GW	GW	AW	AW	GW	AW	GW	GW	GW	AW	AW	GW	GW	AW	AW	GW	GW	GW	
Rosslare Harbour	d						09 00																
Fishguard Harbour	a						12 30																
Milford Haven	d							13 23															
Johnston	d							13x29															
Haverfordwest	d							13 36															
Clarbeston Road	d							13x45															
Clunderwen	d							13x52															
Pembroke Dock	d		11 55																				
Pembroke	d		12 03																				
Lamphey	d		12x06																				
Manorbier	d		12 15																				
Penally	d		12x20																				
Tenby	a		12 23																				
Saundersfoot	d		12 23																				
Kilgetty	d		12x31																				
Narberth	d		12x33																				
Whitland	a		12 51					13 59							14 55						16 06		
	d		12 54					14 02							14 55						16 09		
Carmarthen	a		13 14					14 20							15 13						16 26		
	d		13 17			14 00		14 23						15 16							16 31	16 55	
Ferryside	d		13x27											15x26							16x41		
Kidwelly	d		13x33											15x32							16x47		
Pembrey & Burry Port	d		13 40			14 20		14 42						15 39							16 55	17 15	
Llanelli	a		13 46			14 26		14 48						15 50							17 01	17 21	
	d		13 47			14 28		14 49						15 50							17 01	17 23	
Gowerton	a		13x54											15x58									
Swansea	d		14 12			14 44		15 10						16 08	16 17						17 22	17 39	
Llansamlet	d	13 25	14 00		14 20		15 00		15 20	15 25	15 55	16 00					16 35	16 55		17 32	17 35	17 55	18 35
Skewen	d																						
Neath	d	13 50			14 42				15 42	15 50	16 17									17 17		17 57	18 17
Briton Ferry	d																						
Baglan	d																						
Port Talbot Parkway	d	14 10			14 57				15 57	16 10	16 32										17 32	18 17	18 32
Pyle	d	14 30								16 30												18 37	
Maesteg	d																						
Maesteg (Ewenny Road)	d																						
Garth (Mid Glamorgan)	d																						
Tondu	d																						
Sarn	d																						
Wildmill	d																						
Bridgend	d	14 45			15 22				16 22	16 45	16 57										17 57	18 52	18 57
Pencoed	d									17 00												19 07	
Llanharan	d									17 07												19 14	
Pontyclun	d									17 15												19 22	
Cardiff Central	a	15 20	15 00		15 57		16 00		16 57	17 40	17 32	17 00					17 35	18 32		19 47	18 35	19 32	19 35
Newport (South Wales)	a																						
Bristol Parkway	a																						
Gloucester	a																						
Manchester Piccadilly	a																						
Reading	a																						
London Paddington	a																						

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

8 January to 12 February

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW		AW	GW	GW	GW	GW	AW	AW	AW	AW		AW	AW	AW	AW	AW	AW								
Rosslare Harbour	d																									
Fishguard Harbour	a																									
Milford Haven	d		17 30																							
Johnston	d		17x38																							
Haverfordwest	d		17 45																							
Clarbston Road	d		17x53																							
Clunderwen	d		18x00																							
Pembroke Dock	d	16 45																								
Pembroke	d	16 53																								
Lamphey	d	16x56																								
Manorbier	d	17 05																								
Penally	d	17x10																								
Tenby	a	17 13																								
Saundersfoot	d	17 13																								
Saundersfoot	d	17x21																								
Kilgetty	d	17x23																								
Narberth	d	17x33																								
Whitland	a	17 41	18 06																							
Whitland	d	17 44	18 08																							
Carmarthen	a	18 04	18 29																							
Carmarthen	d	18 07																								
Ferryside	d	18x17																								
Kidwelly	d	18x23																								
Pembrey & Burry Port	d	18 31																								
Llanelli	a	18 37																								
Llanelli	d	18 38																								
Gowerton	d	18x46																								
Swansea	a	19 06																								
Swansea	d																									
Llansamlet	d																									
Skewen	d																									
Neath	d																									
Briton Ferry	d																									
Baglan	d																									
Port Talbot Parkway	d																									
Pyle	d																									
Maesteg	d																									
Maesteg (Ewenny Road)	d																									
Garth (Mid Glamorgan)	d																									
Tondu	d																									
Sarn	d																									
Wildmill	d																									
Bridgend	d																									
Pencoed	d																									
Llanharan	d																									
Pontyclun	d																									
Cardiff Central	a																									
Newport (South Wales)	a																									
Bristol Parkway	a																									
Gloucester	a																									
Manchester Piccadilly	a																									
Reading	a																									
London Paddington	a																									

When events are being held at the Millenium Stadium,
services are subject to alteration.
Please check times before travelling.

Table 128

Sundays

19 February to 25 March

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	GW	GW	AW		GW	AW	AW	GW	GW	AW	AW	GW	AW		GW	AW	AW	GW
Rosslare Harbour	d			21p00													09 00						
Fishguard Harbour	a			00 30													12 30						
Milford Haven	d			01 50																		14 23	
Johnston	d	23p18													11 28							13 23	
Haverfordwest	d	23b26													11x36							13x29	
Clarbeston Road	d	23p33													11 43							13 36	
Clunderwen	d	23b41													11x52							13x45	
Pembroke Dock	d	23b48													11x59							13x52	
Pembroke	d															11 55							
Lamphey	d															12 03							
Manorbier	d															12x06							
Penally	d															12 15							
Tenby	a															12x20							
Saundersfoot	d															12 23							
Kilgetty	d															12 23							
Narberth	d															12x31							
Whitland	a	23p54		02s22												12 06	12 51					13 59	
Carmarthen	a	23p54		02s40												12 08	12 54					14 02	
Ferryside	d	00 16														12 26	13 14					14 20	
Kidwelly	d															12 29	13 17					14 23	
Pembrey & Burry Port	d															12 29	13 17					14 23	
Llanelli	a			03s06												13x27							15 16
Gowerton	d															13x33							15 32
Swansea	a			03s26												13x33							15x26
Llansamlet	d															12 49	13 40					14 42	
Skewen	d															12 55	13 46					14 48	
Neath	d			03s45	08 07	09 17	10 38									12 55	13 47					14 49	
Briton Ferry	d															12 55	13 47					14 49	
Baglan	d															13 15	14 12					15 08	
Port Talbot Parkway	d			03s52	08 15	09 24	10 45									13 15	14 12					15 08	
Pyle	d															11 25	11 32					15 33	
Maesteg	d	22p15														11 25	11 32					15 50	
Maesteg (Ewenny Road)	d	22p17														12 30	13 25					16 04	
Garth (Mid Glamorgan)	d	22p20														12 30	13 25					16 14	
Tondu	d	22p29														13 43	14 30					16 21	
Sarn	d	22p32														13 43	14 30					16 21	
Wildmill	d	22p34														14 12	15 01					16 21	
Bridgend	d	22p38		04s06	08 27	09 36	10 57									15 01	16 06					16 21	
Pencoed	d	22p44														16 06	16 12					16 21	
Llanharan	d	22p48														16 12	16 16					16 21	
Pontyclun	d	22p52														16 16	16 21					16 21	
Cardiff Central	a	23p08		04 35	08 52	09 58	11 20									16 21	16 26					16 44	
Newport (South Wales)	a	23p36			09 05	10 15	11 39									15 24	16 36					16 44	
Bristol Parkway	a															15 39	16 52					17 03	
Gloucester	a	00 40			09 59		12 33									16 34							18 32
Manchester Piccadilly	a															16 34							18 32
Reading	a															16 15							18 17
London Paddington	a															18 17							20 17
London Paddington	a															17 59							19 00
London Paddington	a															18 45							19 43
London Paddington	a															15 00	17 03						19 52
London Paddington	a															15 44	16 44	17 43					20 31

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	GW	AW	GW	GW	AW		AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
	◇	■	◇	◇			◇	◇												
Rosslare Harbour	d																			21 00
Fishguard Harbour	a																			00 30
Milford Haven	d	15 28					17 30			19 38			21 50							23 15
Johnston	d	15x36					17x38			19x46			21x58							23x23
Haverfordwest	d	15 43					17 45			19 53			22 06							23 30
Clarbeston Road	d	15x52					17x53			20x01			22x14							23x39
Clunderwen	d	15x59					18x00			20x08			22x22							23x46
Pembroke Dock	d				16 45					19 00				22 00						
Pembroke	d				16 53					19 08				22 08						
Lamphey	d				16x56					19x11				22x11						
Manorbier	d				17 05					19 20				22 20						
Penally	d				17x10					19x25				22x25						
Tenby	a				17 13					19 28				22 28						
	d				17 13					19 28				22 28						
Saundersfoot	d				17x21					19x36				22x36						
Kilgetty	d				17x23					19x38				22x38						
Narberth	d				17x33					19x48				22x48						
Whitland	a	16 06			17 41		18 06			19 56	20 14		22 28	22 56						23 53
	d	16 09			17 44		18 08			19 59	20 17		22 31	22 59						
Carmarthen	a	16 26			18 04		18 29			20 16	20 36		22 48	23 20						00 14
	d	16 31	17 10		18 07		19 09			20 19		21 05	22 51							
Ferryside	d	16x41			18x17					20x30			23x01							
Kidwelly	d	16x47			18x23					20x36			23x07							
Pembrey & Burry Port	d	16 55	17 30		18 31		19 29			20 43		21 24	23 15							
Llanelli	a	17 01	17 36		18 37		19 35			20 49		21 30	23 21							
	d	17 01	17 37		18 38		19 36	19 55		20 51		21 31	23 21							
Gowerton	a				18x46			20x02	20x58			23x29								
Swansea	d	17 20	17 55		19 09		19 53	20 16	21 17			21 48	23 44							
	a	17 05	17 30	18 00	18 55		19 59	20 40				21 52	23 47							
Llansamlet	d																			
Skewen	d																			
Neath	d	17 17	17 41	18 14	19 09			20 11	20 51			22 03	23 59							
Briton Ferry	d																			
Baglan	d																			
Port Talbot Parkway	d	17 24	17 48	18 21	19 16			20 18	20 58			22 10	00 06							
Pyle	d		17 55									22 17	00 13							
Maesteg	d																			
Maesteg (Ewenny Road)	d																			
Garth (Mid Glamorgan)	d																			
Tondu	d																			
Sarn	d																			
Wildmill	d																			
Bridgend	d	17 36	18 03	18 33	19 28			20 31	21 11			22 25	00 21							
Pencoed	d		18 09																	
Llanharan	d		18 13																	
Pontyclun	d		18 18																	
Cardiff Central	a	17 59	18 34	18 56	19 51			20 54	21 36			22 49	00 46							
Newport (South Wales)	a	18 15	18 52	19 12	20 12			21 08				23 18								
Bristol Parkway	a																			
Gloucester	a			20 05	21 06			21 58												
Manchester Piccadilly	a		22 19																	
Reading	a	20 32		21 31	22 31			23 19												
London Paddington	a	21 13		22 14	23 13			00 01												

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

from 1 April

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	AW	GW	GW	GW	GW	GW	AW	GW	AW	AW	GW	GW	AW	AW	GW	AW	GW	AW	AW	AW	
Rosslare Harbour	d	21p00																					
Fishguard Harbour	d	00 30																					
Milford Haven	d	23p18	01 50												11 28							13 23	
Johnston	d	23b26													11x36							13x29	
Haverfordwest	d	23p33													11 43							13 36	
Clarbeston Road	d	23b41													11x52							13x45	
Clunderwen	d	23b48													11x59							13x52	
Pembroke Dock	d																						
Pembroke	d																						
Lamphey	d																						
Manorbier	d																						
Penally	d																						
Tenby	d																						
Saundersfoot	d																						
Kilgetty	d																						
Narberth	d																						
Whitland	a	23p54	02s22																			13 59	14 55
Carmarthen	a	00 16	02s40																			14 02	14 55
Ferryside	d																					14 20	15 13
Kidwelly	d																					14 23	15 16
Pembrey & Burry Port	d																					14 42	15 39
Llanelli	a		03s06																			14 48	15 45
Gowerton	d																					14 49	15 45
Swansea	a		03s26																			14 49	15 45
Llansamlet	d			07 15	07 55	08 20	09 00	10 21														15 08	16 04
Skewen	d																					15 33	16 13
Neath	d		03s45	07 37		08 42		10 33														15 33	15 44
Briton Ferry	d																					15 33	15 44
Baglan	d																					15 33	15 44
Port Talbot Parkway	d		03s52	07 52		08 57		10 40														15 40	15 51
Pyle	d																					15 40	15 51
Maesteg	d																					15 58	
Maesteg (Ewenny Road)	d																						
Garth (Mid Glamorgan)	d																						
Tondu	d																						
Sam	d																						
Wildmill	d																						
Bridgend	d		04s06	08 17		09 22		10 52														11 52	12 05
Pencoed	d																					12 11	12 11
Llanharan	d																					12 15	12 15
Pontyclun	d																					12 20	12 20
Cardiff Central	a		04 35	08 52	08 55	09 57	10 00	11 14														12 14	12 35
Newport (South Wales)	a							11 31														12 31	12 52
Bristol Parkway	a							11 59														12 59	13 59
Gloucester	a																					13 59	14 59
Manchester Piccadilly	a																					16 15	16 15
Reading	a							13 00														16 15	16 15
London Paddington	a							13 42														16 43	16 42

b Previous night, stops on request

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Table 128

Sundays

from 1 April

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

		GW	GW	AW	GW	GW		AW	AW	GW	AW	AW	AW	AW		AW	AW	AW								
		◇	◇	⊞	◇	◇				◇	◇							⊞								
		⊞	⊞	⊞	⊞	⊞				⊞	⊞							⊞								
Rosslare Harbour	d																									21 00
Fishguard Harbour	a																									00 30
Milford Haven	d			15 28				17 30					19 38		21 33			23 15								
Johnston	d			15x36				17x38					19x46		21x41			23x23								
Haverfordwest	d			15 43				17 45					19 53		21 49			23 30								
Clarbeston Road	d			15x52				17x53					20x01		21x57			23x39								
Clunderwen	d			15x59				18x00					20x08		22x05			23x46								
Pembroke Dock	d							16 45					19 00					21 45								
Pembroke	d							16 53					19 08					21 53								
Lamphey	d							16x56					19x11					21x56								
Manorbier	d							17 05					19 20					22 05								
Penally	d							17x10					19x25					22x10								
Tenby	a							17 13					19 28					22 13								
Saundersfoot	d							17 13					19 28					22 13								
Kilgetty	d							17x21					19x36					22x21								
Narberth	d							17x23					19x38					22x23								
								17x33					19x48					22x33								
Whitland	a			16 06				17 41	18 06				19 56	20 14	22 11			22 41	23 53							
	d			16 09				17 44	18 08				19 59	20 17	22 14			22 44	23 53							
Carmarthen	a			16 26				18 04	18 29				20 16	20 36	22 31			23 05	00 14							
	d	15 30		16 31	16 55			18 07	19 09				20 19	21 05	22 34											
Ferryside	d			16x41				18x17					20x30		22x44											
Kidwelly	d			16x47				18x23					20x36		22x50											
Pembrey & Burry Port	d	15 50		16 55	17 15			18 31	19 29				20 43	21 24	22 58											
Llanelli	a	15 56		17 01	17 21			18 37	19 35				20 49	21 30	23 04											
	d	15 58		17 01	17 22			18 38	19 36	19 55	20 51		21 31	23 04												
Gowerton	a							18x46		20x02	20x58				23x12											
Swansea	d	16 14		17 20	17 39			19 09	19 53	20 16	21 17		21 48	23 27												
	d	16 21	16 51	17 30	17 51	18 51			19 59	20 40			21 52	23 30												
Llansamlet	d																									
Skewen	d																									
Neath	d	16 33	17 03	17 41	18 03	19 03			20 11	20 51			22 03	23 42												
Briton Ferry	d																									
Baglan	d																									
Port Talbot Parkway	d	16 40	17 10	17 48	18 10	19 10			20 18	20 58			22 10	23 49												
Pyle	d			17 55									22 17	23 56												
Maesteg	d																									
Maesteg (Ewenny Road)	d																									
Garth (Mid Glamorgan)	d																									
Tondu	d																									
Sarn	d																									
Wildmill	d																									
Bridgend	d	16 52	17 22	18 03	18 22	19 22			20 30	21 11			22 25	00 04												
Pencoed	d			18 09																						
Llanharan	d			18 13																						
Pontyclun	d			18 18																						
Cardiff Central	a	17 12	17 45	18 34	18 45	19 45			20 53	21 36			22 49	00 29												
Newport (South Wales)	a	17 29	18 03	18 52	19 03	20 03			21 08				23 18													
Bristol Parkway	a	17 59	18 31		19 31	20 31			21 36																	
Gloucester	a																									
Manchester Piccadilly	a			22 19																						
Reading	a	19 02	19 36		20 42	21 32			22 37																	
London Paddington	a	19 44	20 14		21 19	22 14			23 15																	

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.