





Table 5

**Sundays**

14 December to 10 May

**London Liverpool Street - Ilford - Shenfield**

Network Diagram - refer to first Page of Table 5

	LE	LE A	LE	LE	LE A	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE		
London Liverpool Street 15 ⊕ d	00 01	00 15	00 20	00 32	00 50	00 55			06 35			07 05	07 35	07 55		08 05	08 14	08 35	08 44	09 05	09 14	09 17	09 35	
Stratford 7 ⊕ d	00 08	00 22	00 27	00 39	00 57	01 02			06 42			07 12	07 42	08 02		08 12	08 21	08 42	08 51	09 12	09 21	09 24	09 42	
Maryland d	00 10		00 29	00 41		01 04			06 44			07 14	07 44			08 14		08 44		09 14			09 44	
Forest Gate d	00 12		00 31	00 43		01 06			06 46			07 16	07 46			08 16		08 46		09 16		09 27	09 46	
Manor Park d	00 14		00 33	00 45		01 08			06 48			07 18	07 48			08 18		08 48		09 18		09 29	09 48	
Ilford 2 d	00 17		00 36	00 48		01 11	06 00	06 30	06a52			07 00	07a22	07a52		07 30	08 21		08 51		09 21		09 32	09 51
Seven Kings d	00 19		00 38	00 50		01 13										08 23		08 53		09 23		09 34	09 53	
Goodmayes d	00 21		00 40	00 52		01 15										08 25		08 55		09 25		09 36	09 55	
Chadwell Heath d	00 23		00 42	00 54		01 17										08 27		08 57		09 27		09 38	09 57	
Romford d	00 27	00 32	00 46	00 58	01 08	01 21	06 20	06 50			07 20			08 13	07 50	08 31	08 34	09 01	09 04	09 31	09 34	09 42	10 01	
Gidea Park 2 a	00 31		00 50	01 02		01 25	06 27	06 57			07 27			07 57	08 35	08 38	09 05	09 08	09 35	09 38	09 47	10 05		
Harold Wood d			00 50			01 25	06 27	06 57			07 27			07 57	08 35	08 38	09 05	09 08	09 35	09 38		10 05		
Brentwood d			00 53			01 28	06 34	07 04			07 34			08 04	08 38	08 41	09 08	09 11	09 38	09 41		10 08		
Shenfield 3 a		00 44	01 03		01 20	01 38	06 59	07 29			07 49			08 19	08 42	08 46	09 12	09 16	09 42	09 46		10 12		

	LE A	LE		LE	LE A	LE	LE	LE A	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE
London Liverpool Street 15 ⊕ d	09 44	09 47		21 05	21 14	21 17	21 35	21 44	21 47			22 05	22 14	22 17	22 35	22 44	23 05	23 14	23 35	23 44		
Stratford 7 ⊕ d	09 51	09 54		21 12	21 21	21 24	21 42	21 51	21 54			22 12	22 21	22 24	22 42	22 51	23 12	23 21	23 42	23 51		
Maryland d			and at	21 14			21 44					22 14			22 44		23 14		23 44			
Forest Gate d		09 57	the same	21 16		21 27	21 46		21 57			22 16		22 27	22 46		23 16		23 46			
Manor Park d		09 59	minutes	21 18		21 29	21 48		21 59			22 18		22 29	22 48		23 18		23 48			
Ilford 2 d		10 02	past	21 21		21 32	21 51		22 02			22 21		22 32	22 51		23 21		23 51			
Seven Kings d		10 04	each	21 23		21 34	21 53		22 04			22 23		22 34	22 53		23 23		23 53			
Goodmayes d		10 06	hour until	21 25		21 36	21 55		22 06			22 25		22 36	22 55		23 25		23 55			
Chadwell Heath d		10 08		21 27		21 38	21 57		22 08			22 27		22 38	22 57		23 27		23 57			
Romford d	10 04	10 12		21 31	21 34	21 42	22 01	22 04	22 12			22 31	22 34	22 42	23 01	23 04	23 31	23 34	00 01	00 04		
Gidea Park 2 a	10 08	10 17		21 35	21 38	21 47	22 05	22 08	22 17			22 35	22 38	22 47	23 05	23 08	23 35	23 38	00 05	00 08		
Harold Wood d	10 11			21 35	21 38		22 05	22 08				22 35	22 38		23 05	23 08	23 35	23 38	00 05	00 08		
Brentwood d	10 16			21 38	21 41		22 08	22 11				22 38	22 41		23 08	23 11	23 38	23 41	00 08	00 11		
Shenfield 3 a	10 21			21 42	21 46		22 12	22 16				22 42	22 46		23 12	23 16	23 42	23 46	00 12	00 16		

A To Southend Victoria

B To Harwich International

Table 5R

Mondays to Fridays

15 December to 15 May

Shenfield - Ilford - London Liverpool Street

Network Diagram - refer to first Page of Table 5

Table with columns: Miles, Miles, Station Name, and multiple columns for LE (Leftward) and LE (Rightward) times. Includes stations like Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with columns: Station Name and multiple columns for LE times. Includes stations like Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with columns: Station Name and multiple columns for LE times. Includes stations like Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with columns: Station Name and multiple columns for LE times. Includes stations like Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with columns: Station Name and multiple columns for LE times. Includes stations like Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

A From Shenfield B From Southend Victoria C From Colchester D From Colchester Town E From Braintree

Table 5R

Mondays to Fridays

15 December to 15 May

Shenfield - Ilford - London Liverpool Street

Network Diagram - refer to first Page of Table 5

Table with columns for stations (Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, London Liverpool Street) and departure times for various services (A, B, C, D).

Table with columns for stations and departure times for various services (B, C, D, A, A, D, D).

Saturdays

20 December to 16 May

Table with columns for stations and departure times for various services (E, E, B, B, F, B, B, C, B).

Table with columns for stations and departure times for various services (C, B, C, B, C).

Table with columns for stations and departure times for various services (B, C, A, D).

- A From Ipswich
B From Southend Victoria
C From Colchester Town
D From Southminster
E From Shenfield
F From Colchester

Table 5R

Sundays

14 December to 10 May

Shenfield - Ilford - London Liverpool Street

Network Diagram - refer to first Page of Table 5

		LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE		
		A																						
Shenfield	d						05 58			06 28			06 58		07 28	08 11	08 13	08 23		08 43	08 53	09 13		
Brentwood	d						06 08			06 38			07 08		07 38		08 16	08 26		08 46	08 56	09 16		
Harold Wood	d						06 23			06 53			07 23		07 53		08 21	08 31		08 51	09 01	09 21		
Gidea Park	d		05 30		06 00		06 30			07 00			07 30		08 00		08 25	08 35		08 41	08 55	09 05	09 25	
Romford	d		05 37		06 07		06 37			07 07			07 37		08 07	08 21	08 27	08 37		08 43	08 57	09 07	09 27	
Chadwell Heath	d	00 02															08 31			08 47	09 01	09 17	09 31	
Goodmayes	d	00 04															08 33			08 49	09 03	09 19	09 33	
Seven Kings	d	00 06															08 35			08 51	09 05	09 21	09 35	
Ilford	d	00 09	05a58	06 08	06a28	06 38	06a58	07 08	07 24	07a28		07 38	07 54	07a58	08 08	08a28	08 28	08 38		08 54	09 08	09 24	09 38	
Manor Park	d	00 12		06 10		06 40		07 10				07 40			08 10		08 10			08 56	09 10	09 26	09 40	
Forest Gate	d	00 14		06 13		06 43		07 13				07 43			08 13		08 43			08 59	09 13	09 29	09 43	
Maryland	d	00 16		06 15		06 45		07 15				07 45			08 15		08 45			09 15		09 45		
Stratford	d	00 19		06 17		06 47		07 17	07 29			07 47	07 59		08 17		08 33	08 47	08 50	09 02	09 17	09 20	09 32	09 47
London Liverpool Street	a	00 27		06 26		06 56		07 26	07 38			07 56	08 08		08 26		08 42	08 56	09 02	09 11	09 26	09 29	09 41	09 56

		LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE		
		C																						
Shenfield	d	09 23			16 43	16 53		17 13	17 23			17 43	17 53		18 13	18 23		18 43	18 53		19 13	19 23		
Brentwood	d	09 26			16 46	16 56		17 16	17 26			17 46	17 56		18 16	18 26		18 46	18 56		19 16	19 26		
Harold Wood	d	09 31			16 51	17 01		17 21	17 31			17 51	18 01		18 21	18 31		18 51	19 01		19 21	19 31		
Gidea Park	d	09 35			16 41	16 55	17 05	17 11	17 25	17 35		17 41	17 55	18 05	18 11	18 25	18 35	18 41	18 55	19 05	19 11	19 25	19 35	19 41
Romford	d	09 37			16 43	16 57	17 07	17 13	17 27	17 37		17 43	17 57	18 07	18 13	18 27	18 37	18 43	18 57	19 07	19 13	19 27	19 37	19 43
Chadwell Heath	d				16 47	17 01		17 17	17 31			17 47	18 01		18 17	18 31		18 47	19 01		19 17	19 31	19 47	
Goodmayes	d				16 49	17 03		17 19	17 33			17 49	18 03		18 19	18 33		18 49	19 03		19 19	19 33	19 49	
Seven Kings	d				16 51	17 05		17 21	17 35			17 51	18 05		18 21	18 35		18 51	19 05		19 21	19 35	19 51	
Ilford	d				16 54	17 08		17 24	17 38			17 54	18 08		18 24	18 38		18 54	19 08		19 24	19 38	19 54	
Manor Park	d				16 56	17 10		17 26	17 40			17 56	18 10		18 26	18 40		18 56	19 10		19 26	19 40	19 56	
Forest Gate	d				16 59	17 13		17 29	17 43			17 59	18 13		18 29	18 43		18 59	19 13		19 29	19 43	19 59	
Maryland	d					17 15			17 45				18 15			18 45			19 15			19 45		
Stratford	d	09 50			17 02	17 17	17 20	17 32	17 47	17 50		18 02	18 17	18 20	18 32	18 47	18 50	19 02	19 17	19 20	19 32	19 47	19 50	20 02
London Liverpool Street	a	09 59			17 11	17 26	17 29	17 41	17 56	17 59		18 11	18 26	18 31	18 41	18 56	18 59	19 11	19 26	19 29	19 41	19 56	19 59	20 11

		LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	LE	
		C																					
Shenfield	d	19 43	19 53		20 13	20 23		20 43	20 53		21 13	21 23	21 43	21 53	22 13		22 23	22 43	22 53	23 13	23 23	23 43	
Brentwood	d	19 46	19 56		20 16	20 26		20 46	20 56		21 16	21 26	21 46	21 56	22 16		22 26	22 46	22 56	23 16	23 26	23 46	
Harold Wood	d	19 51	20 01		20 21	20 31		20 51	21 01		21 21	21 31	21 51	22 01	22 21		22 31	22 51	23 01	23 21	23 31	23 51	
Gidea Park	d	19 55	20 05	20 11	20 25	20 35		20 41	20 55	21 05	21 11	21 25	21 35	21 55	22 05	22 25		22 35	22 55	23 05	23 25	23 35	23 55
Romford	d	19 57	20 07	20 13	20 27	20 37		20 43	20 57	21 07	21 13	21 27	21 37	21 57	22 07	22 27		22 37	22 57	23 07	23 27	23 37	23 57
Chadwell Heath	d	20 01		20 17	20 31		20 47	21 01		21 17	21 31		22 01		22 31		23 01		23 31		00 01		
Goodmayes	d	20 03		20 19	20 33		20 49	21 03		21 19	21 33		22 03		22 33		23 03		23 33		00 03		
Seven Kings	d	20 05		20 21	20 35		20 51	21 05		21 21	21 35		22 05		22 35		23 05		23 35		00 05		
Ilford	d	20 08		20 24	20 38		20 54	21 08		21 24	21 38		22 08		22 38		23 08		23 38		00 08		
Manor Park	d	20 10		20 26	20 40		20 56	21 10		21 26	21 40		22 10		22 40		23 10		23 40		00 10		
Forest Gate	d	20 13		20 29	20 43		20 59	21 13		21 29	21 43		22 13		22 43		23 13		23 43		00 13		
Maryland	d	20 15		20 45			21 15			21 45			22 15		22 45		23 15		23 45		00 15		
Stratford	d	20 17	20 20	20 32	20 47	20 50		21 02	21 17	21 20	21 32	21 47	21 50	22 17	22 20	22 47		22 50	23 17	23 20	23 47	23 50	00 17
London Liverpool Street	a	20 26	20 29	20 41	20 56	20 59		21 11	21 26	21 29	21 41	21 56	21 59	22 26	22 29	22 56		22 59	23 26	23 31	23 56	23 59	00 26

A From Shenfield

B From Colchester

C From Southend Victoria