



Table T100-F

Sundays

11 December to 14 May

Barrow-in-Furness - Whitehaven and Carlisle

	NT	NT	NT	NT																	
Lancaster 																					
Barrow-in-Furness	d																				
Askam	d																				
Kirkby-in-Furness	d																				
Foxfield	d																				
Green Road	d																				
Millom	a																				
Silecroft	d																				
Bootle	d																				
Ravenglass for Eskdale	d																				
Drigg	d																				
Seascale	d																				
Sellafield	d																				
Braystones	d																				
Nethertown	d																				
St Bees	d																				
Corkickle	d																				
Whitehaven	a																				
Whitehaven	d	12 33	14 33	16 33	19 33																
Parton	d	12x36	14x36	16x36	19x36																
Harrington	d	12x44	14x44	16x44	19x44																
Workington	d	12 51	14 51	16 51	19 51																
Flimby	d	12x55	14x55	16x55	19x55																
Maryport	d	12 59	14 59	16 59	19 59																
Aspatria	d	13x08	15x08	17x08	20x08																
Wigton	d	13 18	15 18	17 18	20 18																
Dalston	d	13x27	15x27	17x27	20x27																
Carlisle 	a	13 41	15 41	17 41	20 41																

No Sunday Service Barrow-in-Furness to Whitehaven

Table T100-R

Sundays

11 December to 14 May

Carlisle and Whitehaven - Barrow-in-Furness

		NT	NT	NT	NT																			
Carlisle ④	d	14 10	17 10	19 10	21 10																			
Dalston	d	14x18	17x18	19x18	21x18																			
Wigton	d	14 27	17 27	19 27	21 27																			
Aspatia	d	14x37	17x37	19x37	21x37																			
Maryport	d	14 47	17 47	19 47	21 47																			
Flimby	d	14x50	17x50	19x50	21x50																			
Workington	d	14 59	17 59	19 59	21 59																			
Harrington	d	15x02	18x02	20x02	22x02																			
Parton	d	15x11	18x11	20x11	22x11																			
Whitehaven	a	15 20	18 20	20 20	22 20																			
	d																							
Corkickle	d																							
St Bees	d																							
Nethertown	d																							
Braystones	d																							
Sellafield	d																							
Seascale	d																							
Drigg	d																							
Ravenglass for Eskdale	d																							
Bootle	d																							
Silecroft	d																							
Millom	a																							
	d																							
Green Road	d																							
Foxfield	d																							
Kirkby-in-Furness	d																							
Askam	d																							
Barrow-in-Furness	a																							
Lancaster ⑥	82 a																							

No Sunday Service Whitehaven to Barrow-in-Furness