

Table T129-F

Mondays to Fridays

12 December to 19 May

Shrewsbury - Swansea

Miles		AW ◇	AW ◇	AW ◇	AW ◇	AW ◇	AW ◇													
0	Shrewsbury	d	04 45			05 56	10 09	14 05	18 24											
12½	Church Stretton	d	05 03			06 14	10 27	14 23	18 42											
20	Craven Arms	d	05 14			06 24	10 37	14 34	18 54											
22½	Broome	d				06x30	10x43	14x40	19x00											
25	Hopton Heath	d				06x34	10x47	14x44	19x04											
28	Bucknell	d				06x39	10x52	14x49	19x09											
32½	Knighton	a	05 33			06 46	10 59	14 55	19 15											
—		d	05 36			06 56	11 01	14 58	19 18											
34½	Knucklas	d				07x02	11x07	15x03	19x23											
38½	Llangynllo	d				07x10	11x15	15x11	19x31											
41½	Llanbister Road	d				07x15	11x20	15x16	19x36											
45½	Dolau	d				07x21	11x26	15x22	19x42											
48½	Pen-y-bont	d				07x25	11x30	15x27	19x47											
51½	Llandrindod	a	06 10			07 34	11 39	15 36	19 56											
—		d				07 35	12 00	15 41	19 56											
57½	Builth Road	d				07x44	12x09	15x50	20x06											
59½	Cilmeri	d				07x48	12x13	15x54	20x09											
63	Garth (Powys)	d				07x53	12x18	15x59	20x15											
64½	Llangammarch	d				07x57	12x22	16x03	20x19											
68	Llanwrtyd	a				08 03	12 28	16 09	20 25											
—		d				08 09	12 31	16 23	20 30											
70½	Sugar Loaf	d				08x15	12x37	16x29	20x37											
74½	Cyngorhydy	d				08x22	12x44	16x36	20x44											
79½	Llandovery	a				08 32	12 54	16 46	20 53											
—		d		06 42		08 34	12 56	16 48	20 56											
83½	Llanwrda	d		06x48		08x40	13x02	16x54	21x02											
85	Llangadog	d		06x52		08x44	13x06	16x58	21x06											
90½	Llandeilo	a		07 01		08 53	13 15	17 07	21 15											
—		d		07 03		08 56	13 18	17 10	21 17											
91½	Ffairfach	d		07 06		08 58	13 20	17 12	21 20											
95½	Llandybie	d		07x13		09x06	13x28	17x20	21x27											
97½	Ammanford	d		07x18		09x10	13x32	17x24	21x32											
98½	Pantyyffynnon	d		07 21		09 13	13 35	17 27	21 35											
103½	Pontarddulais	d		07x28		09x20	13x42	17x34	21x42											
105½	Llangennech	d		07x32		09x25	13x47	17x39	21x46											
107½	Bynea	d		07x36		09x28	13x50	17x42	21x50											
110½	Llanelli	a		07 41		09 33	13 58	17 47	21 55											
116	Gowerton	a		07 54		09 46	14 11	17 59	22 08											
121½	Swansea	a		08 08		10 02	14 25	18 14	22 22											

Saturdays

17 December to 20 May

	AW ◇	AW ◇	AW ◇	AW ◇																
Shrewsbury	d	05 16	09 00	13 56	17 58															
Church Stretton	d	05 33	09 19	14 14	18 14															
Craven Arms	d	05 47	09 30	14 24	18 24															
Broome	d	05x52	09x36	14x30	18x30															
Hopton Heath	d	05x56	09x40	14x34	18x34															
Bucknell	d	06x00	09x45	14x39	18x39															
Knighton	a	06 07	09 52	14 46	18 46															
—	d	06 12	09 54	14 48	18 48															
Knucklas	d	06x17	10x00	14x54	18x54															
Llangynllo	d	06x25	10x08	15x02	19x02															
Llanbister Road	d	06x30	10x13	15x07	19x07															
Dolau	d	06x35	10x19	15x13	19x13															
Pen-y-bont	d	06x39	10x23	15x17	19x17															
Llandrindod	a	06 46	10 32	15 26	19 26															
—	d	06 54	10 35	15 40	19 27															
Builth Road	d	07x03	10x42	15x49	19x36															
Cilmeri	d	07x06	10x46	15x53	19x40															
Garth (Powys)	d	07x11	10x51	15x58	19x45															
Llangammarch	d	07x14	10x55	16x02	19x49															
Llanwrtyd	a	07 20	11 01	16 08	19 55															
—	d	07 23	11 07	16 11	20 08															
Sugar Loaf	d	07x29	11x13	16x17	20x15															
Cyngorhydy	d	07x35	11x20	16x24	20x22															
Llandovery	a	07 45	11 30	16 34	20 31															
—	d	07 47	11 32	16 36	20 34															
Llanwrda	d	07x53	11x38	16x42	20x40															
Llangadog	d	07x56	11x42	16x46	20x44															
Llandeilo	a	08 05	11 51	16 55	20 53															
—	d	08 08	11 54	16 58	20 55															
Ffairfach	d	08 10	11 56	17 00	20 58															
Llandybie	d	08x18	12x04	17x08	21x05															
Ammanford	d	08x22	12x08	17x12	21x10															
Pantyyffynnon	d	08 25	12 11	17 15	21 13															
Pontarddulais	d	08x32	12x18	17x22	21x20															
Llangennech	d	08x37	12x23	17x27	21x24															
Bynea	d	08x40	12x26	17x30	21x28															
Llanelli	a	08 45	12 35	17 35	21 33															
Gowerton	a	09 04		17 47	21 46															
Swansea	a	09 22	13 01	18 04	22 02															

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-F

**Sundays**

11 December to 14 May

**Shrewsbury - Swansea**

	AW	AW																		
	◇	◇																		
Shrewsbury	d 12 04	16 18																		
Church Stretton	d 12 22	16 36																		
Craven Arms	d 12 33	16 47																		
Broome	d 12x39	16x53																		
Hopton Heath	d 12x43	16x57																		
Bucknell	d 12x48	17x02																		
Knighton	a 12 55	17 08																		
	d 12 57	17 11																		
Knucklas	d 13x03	17x16																		
Llangynllo	d 13x11	17x24																		
Llanbister Road	d 13x16	17x29																		
Dolau	d 13x22	17x35																		
Pen-y-bont	d 13x26	17x40																		
Llandrindod	a 13 35	17 49																		
	d 13 41	17 58																		
Builth Road	d 13x50	18x08																		
Cilmeri	d 13x54	18x11																		
Garth (Powys)	d 13x59	18x17																		
Llangammarch	d 14x03	18x21																		
Llanwrtyd	a 14 09	18 27																		
	d 14 12	18 29																		
Sugar Loaf	d 14x18	18x36																		
Cynghordy	d 14x25	18x43																		
Llandovery	a 14 35	18 52																		
	d 14 37	18 55																		
Llanwrda	d 14x43	19x01																		
Llangadog	d 14x47	19x05																		
Llandeilo	a 14 56	19 14																		
	d 14 59	19 16																		
Ffairfach	d 15 01	19 19																		
Llandybie	d 15x09	19x26																		
Ammanford	d 15x13	19x31																		
Pantyyffnon	d 15 16	19 34																		
Pontarddulais	d 15x23	19x41																		
Llangennech	d 15x28	19x45																		
Bynea	d 15x31	19x49																		
Llanelli	a 15 37	19 54																		
Gowerton	a 15 50	20 06																		
Swansea	a 16 03	20 20																		

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**Table T129-R**

**Mondays to Fridays**

12 December to 19 May

**Swansea - Shrewsbury**

Miles		AW	AW	AW	AW	AW	AW													
		◇	◇	◇	◇	◇	◇													
0	Swansea	d			06 03	09 33	14 35	18 21												
5½	Gowerton	d			06 14	09 44		18 32												
11¼	Llanelli	d	05 20		06 25	09 54	14 53	18 42												
14	Bynea	d	05x23		06x28	09x57	14x56	18x45												
16	Llangennech	d	05x27		06x32	10x01	15x00	18x49												
18½	Pontarddulais	d	05x31		06x37	10x05	15x05	18x53												
23	Pantyyffynnon	d	05 39		06 44	10 13	15 12	19 01												
24¼	Ammanford	d	05 42		06 47	10 16	15 15	19 04												
26	Llandybie	d	05 46		06 52	10 20	15 20	19 08												
30	Ffairfach	d	05x54		06x59	10x28	15x27	19x16												
30¾	Llandeilo	a	05 56		07 02	10 30	15 30	19 18												
—		d	05 59		07 06	10 33	15 32	19 21												
36½	Llangadog	d	06 08		07 16	10 42	15 42	19 30												
38½	Llanwrda	d	06 12		07 19	10 46	15 45	19 34												
42	Llandovery	a	06 21		07 26	10 52	15 52	19 40												
—		d			07 28	10 55	15 54	19 43												
46½	Cynghordy	d			07x37	11x03	16x03	19x51												
49½	Sugar Loaf	d			07x45	11x12	16x11	20x00												
53½	Llanwrtyd	a			07 51	11 18	16 17	20 06												
—		d			08 08	11 20	16 24	20 31												
56½	Llangammarch	d			08x14	11x26	16x30	20x37												
58½	Garth (Powys)	d			08x18	11x30	16x34	20x41												
62	Cilmeri	d			08x23	11x36	16x39	20x47												
64	Builth Road	d			08x27	11x39	16x43	20x50												
69½	Llandrindod	d			08 38	11 51	16 54	21 02												
—		a		06 18	08 45	12 01	16 59	21 19												
73¼	Pen-y-bont	d		06x25	08x52	12x09	17x06	21x27												
76¼	Dolau	d		06 30	08 57	12 14	17 11	21 32												
79½	Llanbister Road	d		06x36	09x03	12x20	17x17	21x38												
82½	Llangynllo	d		06x42	09x09	12x25	17x23	21x43												
86½	Knucklas	d		06x48	09x15	12x32	17x29	21x50												
89½	Knighton	a		06 54	09 21	12 37	17 35	21 55												
—		d		07 03	09 23	12 40	17 37	21 58												
93½	Bucknell	d		07 09	09 29	12 46	17 43	22 04												
96½	Hopton Heath	d		07x14	09x34	12x50	17x48	22x08												
99	Broome	d		07x18	09x38	12x55	17x52	22x13												
101½	Craven Arms	a		07 27	09 46	13 02	17 59	22 20												
108½	Church Stretton	a		07 42	09 58	13 17	18 12	22 35												
121½	Shrewsbury	a		07 57	10 14	13 32	18 28	22 52												

**Saturdays**

17 December to 20 May

	AW	AW	AW	AW																
	◇	◇	◇	◇																
Swansea	d	04 31	09 15	13 12	18 19															
Gowerton	d	04 42	09 26	13 23	18 30															
Llanelli	d	04 50	09 34	13 32	18 41															
Bynea	d	04x55	09x39	13x37	18x45															
Llangennech	d	04x58	09x43	13x41	18x49															
Pontarddulais	d	05x02	09x47	13x46	18x53															
Pantyyffynnon	d	05 10	09 55	13 53	19 00															
Ammanford	d	05 13	09 58	13 56	19 03															
Llandybie	d	05 17	10 02	14 01	19 08															
Ffairfach	d	05x24	10x10	14x08	19x15															
Llandeilo	a	05 27	10 12	14 11	19 17															
—	d	05 29	10 15	14 13	19 20															
Llangadog	d	05 39	10 24	14 23	19 29															
Llanwrda	d	05 42	10 28	14 26	19 33															
Llandovery	a	05 49	10 34	14 33	19 39															
—	d	05 51	10 37	14 35	19 42															
Cynghordy	d	05x59	10x45	14x44	19x50															
Sugar Loaf	d	06x07	10x54	14x52	19x58															
Llanwrtyd	a	06 13	11 00	14 58	20 04															
—	d	06 16	11 05	15 01	20 08															
Llangammarch	d	06x21	11x11	15x07	20x14															
Garth (Powys)	d	06x25	11x15	15x11	20x18															
Cilmeri	d	06x30	11x21	15x16	20x23															
Builth Road	d	06x33	11x24	15x20	20x26															
Llandrindod	a	06 44	11 36	15 31	20 37															
—	d	06 55	11 40	15 42	20 42															
Pen-y-bont	d	07x02	11x48	15x50	20x49															
Dolau	d	07x07	11 53	15 55	20 54															
Llanbister Road	d	07x13	11x59	16x01	20x59															
Llangynllo	d	07x18	12x05	16x06	21x04															
Knucklas	d	07x24	12x11	16x13	21x10															
Knighton	a	07 29	12 16	16 18	21 16															
—	d	07 32	12 18	16 21	21 18															
Bucknell	d	07 38	12 24	16 27	21 24															
Hopton Heath	d	07x42	12x28	16x31	21x28															
Broome	d	07x46	12x32	16x36	21x32															
Craven Arms	a	07 53	12 40	16 42	21 39															
Church Stretton	a	08 06	12 53	16 55	21 52															
Shrewsbury	a	08 22	13 09	17 11	22 09															

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