

Table T142-F

Mondays to Fridays

12 December to 19 May

Par - Newquay

Miles		GW	GW	GW	GW	GW	GW															
0	Par	d	09 17	11 40	14 07	16 10	18 29	20 28														
4%	Luxulyan	d	09x28	11x51	14x18	16x21	18x40	20x39														
6%	Bugle	d	09x34	11x56	14x24	16x26	18x46	20x45														
8%	Roche	d	09x38	12x02	14x29	16x32	18x50	20x49														
14%	St Columb Road	d	09x50	12x13	14x40	16x43	19x02	21x01														
18%	Quintrell Downs	d	09 58	12 21	14 48	16 51	19 10	21 09														
20%	Newquay	a	10 09	12 31	14 59	17 02	19 21	21 20														

Saturdays

17 December to 20 May

		GW	GW	GW	GW	GW	GW															
	Par	d	06 52	09 18	12 15	14 10	16 15	18 21	20 15													
	Luxulyan	d	07x03	09x29	12x26	14x27	16x26	18x32	20x26													
	Bugle	d	07x09	09x35	12x32	14x27	16x32	18x38	20x32													
	Roche	d	07x14	09x39	12x37	14x27	16x37	18x43	20x37													
	St Columb Road	d	07x25	09x51	12x48	14x27	16x48	18x54	20x48													
	Quintrell Downs	d	07 33	09 59	12 56	14 57	16 56	19 02	20 56													
	Newquay	a	07 44	10 10	13 07	14 59	17 07	19 13	21 07													

Sundays

11 December to 14 May

		GW	GW	GW																		
	Par	d	10 18	13 15	16 34																	
	Luxulyan	d	10x29	13x26	16x45																	
	Bugle	d	10x35	13x32	16x51																	
	Roche	d	10x40	13x37	16x56																	
	St Columb Road	d	10x51	13x48	17x07																	
	Quintrell Downs	d	10 59	13 56	17 15																	
	Newquay	a	11 10	14 07	17 26																	

For connections at Par refer to Table T135

Table T142-R

Mondays to Fridays

12 December to 19 May

Newquay - Par

Miles		GW	GW	GW		GW	GW	GW												
		◇	◇	◇		◇														
0	Newquay	d	10 13	13 03	15 01		17 22	19 24	21 26											
2½	Quintrell Downs	d	10 19	13 09	15 07		17 28	19 30	21 32											
6½	St Columb Road	d	10x26	13x16			17x35	19x37	21x39											
12	Roche	d	10x38	13x28			17x47	19x48	21x51											
14½	Bugle	d	10x42	13x32	15x28		17x51	19x53	21x55											
16½	Luxulyan	d	10x48	13x38			17x57	20x00	22x01											
20½	Par	a	11 02	13 52	15 47		18 13	20 13	22 16											

Saturdays

17 December to 20 May

		GW	GW	GW	GW	GW	GW	GW												
		◇	◇	◇	◇	◇		A												
	Newquay	d	07 48	10 12	13 09	14 59	17 21	19 17	21 18											
	Quintrell Downs	d	07 54	10 18	13 15	15 05	17 27	19 23	21 24											
	St Columb Road	d	08x02	10x26	13x23	15x13	17x35		21x32											
	Roche	d	08x13	10x37	13x34	15x24	17x46		21x43											
	Bugle	d	08x18	10x42	13x39	15x29	17x51	19x46	21x48											
	Luxulyan	d	08x23	10x47	13x44	15x34	17x56		21x53											
	Par	a	08 39	11 01	13 58	15 48	18 10	20 03	22 07											

Sundays

11 December to 14 May

		GW	GW	GW																
		◇	◇																	
	Newquay	d	11 12	15 10	17 38															
	Quintrell Downs	d	11 18	15 16	17 44															
	St Columb Road	d	11x26	15x24	17x52															
	Roche	d	11x37	15x35	18x03															
	Bugle	d	11x42	15x40	18x08															
	Luxulyan	d	11x47	15x45	18x13															
	Par	a	12 01	15 59	18 27															

A To Plymouth

For connections at Par refer to Table T135