

Table T129-F

Mondays to Fridays

11 December to 18 May

Shrewsbury - Swansea

Miles		AW ◇	AW ◇	AW ◇	AW ◇	AW ◇	AW ◇												
0	Shrewsbury	d	04 45			05 56	10 09	14 05	18 24										
12½	Church Stretton	d	05 03			06 14	10 27	14 23	18 42										
20	Craven Arms	d	05 14			06 24	10 37	14 34	18 54										
22½	Broome	d				06x30	10x43	14x40	19x00										
25	Hopton Heath	d				06x34	10x47	14x44	19x04										
28	Bucknell	d				06x39	10x52	14x49	19x09										
32½	Knighton	a	05 33			06 46	10 59	14 55	19 15										
—		d	05 36			06 56	11 01	14 58	19 18										
34½	Knucklas	d				07x02	11x07	15x03	19x23										
38½	Llangynllo	d				07x10	11x15	15x11	19x31										
41½	Llanbister Road	d				07x15	11x20	15x16	19x36										
45½	Dolau	d				07x21	11x26	15x22	19x42										
48½	Pen-y-bont	d				07x25	11x30	15x27	19x47										
51½	Llandrindod	a	06 10			07 34	11 39	15 36	19 56										
—		d				07 35	12 00	15 41	19 56										
57½	Builth Road	d				07x44	12x09	15x50	20x06										
59½	Cilmeri	d				07x48	12x13	15x54	20x09										
63	Garth (Powys)	d				07x53	12x18	15x59	20x15										
64½	Llangammarch	d				07x57	12x22	16x03	20x19										
68	Llanwrtyd	a				08 03	12 28	16 09	20 25										
—		d				08 09	12 31	16 23	20 30										
70½	Sugar Loaf	d				08x15	12x37	16x29	20x37										
74½	Cyngordy	d				08x22	12x44	16x36	20x44										
79½	Llandovery	a				08 32	12 54	16 46	20 53										
—		d		06 42		08 34	12 56	16 48	20 56										
83½	Llanwrda	d		06x48		08x40	13x02	16x54	21x02										
85	Llangadog	d		06x52		08x44	13x06	16x58	21x06										
90½	Llandeilo	a		07 01		08 53	13 15	17 07	21 15										
—		d		07 03		08 56	13 18	17 10	21 17										
91½	Ffairfach	d		07 06		08 58	13 20	17 12	21 20										
95½	Llandybie	d		07x13		09x06	13x28	17x20	21x27										
97½	Ammanford	d		07x18		09x10	13x32	17x24	21x32										
98½	Pantyyfynnon	d		07 21		09 13	13 35	17 27	21 35										
103½	Pontarddulais	d		07x28		09x20	13x42	17x34	21x42										
105½	Llangennech	d		07x32		09x25	13x47	17x39	21x46										
107½	Bynea	d		07x36		09x28	13x50	17x42	21x50										
110½	Llanelli	a		07 41		09 33	13 58	17 47	21 55										
116	Gowerton	a		07 54		09 46	14 11	17 59	22 08										
121½	Swansea	a		08 08		10 02	14 25	18 14	22 22										

**Saturdays**

16 December to 19 May

	AW ◇	AW ◇	AW ◇	AW ◇															
Shrewsbury	d	05 16	09 00	13 58	18 01														
Church Stretton	d	05 33	09 18	14 16	18 21														
Craven Arms	d	05 47	09 28	14 26	18 32														
Broome	d	05x52	09x34	14x37	18x38														
Hopton Heath	d	05x56	09x38	14x41	18x42														
Bucknell	d	06x00	09x43	14x46	18x47														
Knighton	a	06 07	09 50	14 53	18 53														
—	d	06 12	09 52	14 55	18 56														
Knucklas	d	06x17	09x58	15x01	19x01														
Llangynllo	d	06x25	10x06	15x09	19x09														
Llanbister Road	d	06x30	10x11	15x14	19x14														
Dolau	d	06x35	10x17	15x20	19x20														
Pen-y-bont	d	06x39	10x21	15x24	19x25														
Llandrindod	a	06 46	10 30	15 33	19 34														
—	d	06 54	10 33	15 40	19 34														
Builth Road	d	07x03	10x40	15x49	19x44														
Cilmeri	d	07x06	10x44	15x53	19x47														
Garth (Powys)	d	07x11	10x49	15x58	19x53														
Llangammarch	d	07x14	10x53	16x02	19x57														
Llanwrtyd	a	07 20	10 59	16 08	20 03														
—	d	07 23	11 07	16 11	20 08														
Sugar Loaf	d	07x29	11x13	16x17	20x15														
Cyngordy	d	07x35	11x20	16x24	20x22														
Llandovery	a	07 45	11 30	16 34	20 31														
—	d	07 47	11 32	16 36	20 34														
Llanwrda	d	07x53	11x38	16x42	20x40														
Llangadog	d	07x56	11x42	16x46	20x44														
Llandeilo	a	08 05	11 51	16 55	20 53														
—	d	08 08	11 54	16 58	20 55														
Ffairfach	d	08 10	11 56	17 00	20 58														
Llandybie	d	08x18	12x04	17x08	21x05														
Ammanford	d	08x22	12x08	17x12	21x10														
Pantyyfynnon	d	08 25	12 11	17 15	21 13														
Pontarddulais	d	08x32	12x18	17x22	21x20														
Llangennech	d	08x37	12x23	17x27	21x24														
Bynea	d	08x40	12x26	17x30	21x28														
Llanelli	a	08 48	12 35	17 35	21 33														
Gowerton	a	09 04		17 47	21 46														
Swansea	a	09 22	13 01	18 07	22 06														

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-F

Sundays

10 December to 13 May

Shrewsbury - Swansea

	AW	AW																						
	◇	◇																						
Shrewsbury	d 12 04	16 18																						
Church Stretton	d 12 22	16 36																						
Craven Arms	d 12 33	16 47																						
Broome	d 12x39	16x53																						
Hopton Heath	d 12x43	16x57																						
Bucknell	d 12x48	17x02																						
Knighton	a 12 55	17 08																						
	d 12 57	17 11																						
Knucklas	d 13x03	17x16																						
Llangynllo	d 13x11	17x24																						
Llanbister Road	d 13x16	17x29																						
Dolau	d 13x22	17x35																						
Pen-y-bont	d 13x26	17x40																						
Llandrindod	a 13 35	17 49																						
	d 13 41	18 03																						
Builth Road	d 13x50	18x13																						
Cilmeri	d 13x54	18x16																						
Garth (Powys)	d 13x59	18x22																						
Llangammarch	d 14x03	18x26																						
Llanwrtyd	a 14 09	18 32																						
	d 14 12	18 34																						
Sugar Loaf	d 14x18	18x41																						
Cynghordy	d 14x25	18x48																						
Llandovery	a 14 35	18 57																						
	d 14 37	19 00																						
Llanwrda	d 14x43	19x06																						
Llangadog	d 14x47	19x10																						
Llandeilo	a 14 56	19 19																						
	d 14 59	19 21																						
Ffairfach	d 15 01	19 24																						
Llandybie	d 15x09	19x31																						
Ammanford	d 15x13	19x36																						
Pantyyfynnon	d 15 16	19 39																						
Pontarddulais	d 15x23	19x46																						
Llangennech	d 15x28	19x50																						
Bynea	d 15x31	19x54																						
Llanelli	a 15 37	19 59																						
Gowerton	a 15 50	20 11																						
Swansea	a 16 03	20 25																						

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Table T129-R

Mondays to Fridays

11 December to 18 May

Swansea - Shrewsbury

Miles		AW	AW	AW	AW	AW	AW												
		◇	◇	◇	◇	◇	◇												
0	Swansea	d			06 04	09 33	14 35	18 21											
5½	Gowerton	d			06 15	09 44		18 32											
11½	Llanelli	d	05 20		06 25	09 54	14 53	18 42											
14	Bynea	d	05x23		06x28	09x57	14x56	18x45											
16	Llangennech	d	05x27		06x32	10x01	15x00	18x49											
18½	Pontarddulais	d	05x31		06x37	10x05	15x05	18x53											
23	Pantyyffnon	d	05 39		06 44	10 13	15 12	19 01											
24½	Ammanford	d	05 42		06 47	10 16	15 15	19 04											
26	Llandybie	d	05 46		06 52	10 20	15 20	19 08											
30	Ffairfach	d	05x54		06x59	10x28	15x27	19x16											
30½	Llandeilo	a	05 56		07 02	10 30	15 30	19 18											
—		d	05 59		07 06	10 33	15 32	19 21											
36½	Llangadog	d	06 08		07 16	10 42	15 42	19 30											
38½	Llanwrda	d	06 12		07 19	10 46	15 45	19 34											
42	Llandovery	a	06 23		07 26	10 52	15 52	19 40											
—		d			07 28	10 55	15 54	19 43											
46½	Cynghordy	d			07x37	11x03	16x03	19x51											
49½	Sugar Loaf	d			07x45	11x12	16x11	20x00											
53½	Llanwrtyd	a			07 51	11 18	16 17	20 06											
—		d			08 08	11 20	16 24	20 31											
56½	Llangammarch	d			08x14	11x26	16x30	20x37											
58½	Garth (Powys)	d			08x18	11x30	16x34	20x41											
62	Cilmeri	d			08x23	11x36	16x39	20x47											
64	Builth Road	d			08x27	11x39	16x43	20x50											
69½	Llandrindod	a			08 38	11 51	16 54	21 02											
—		d		06 18	08 45	12 01	16 59	21 19											
73½	Pen-y-bont	d		06x25	08x52	12x09	17x06	21x27											
76½	Dolau	d		06 30	08 57	12 14	17 11	21 32											
79½	Llanbister Road	d		06x36	09x03	12x20	17x17	21x38											
82½	Llangynllo	d		06x42	09x09	12x25	17x23	21x43											
86½	Knucklas	d		06x48	09x15	12x32	17x29	21x50											
89½	Knighton	a		06 54	09 21	12 37	17 35	21 55											
—		d		07 03	09 23	12 40	17 37	21 58											
93½	Bucknell	d		07 09	09 29	12 46	17 43	22 04											
96½	Hopton Heath	d		07x14	09x34	12x50	17x48	22x08											
99	Broome	d		07x18	09x38	12x55	17x52	22x13											
101½	Craven Arms	a		07 27	09 46	13 02	17 59	22 20											
108½	Church Stretton	a		07 42	09 58	13 17	18 12	22 35											
121½	Shrewsbury	a		07 57	10 14	13 32	18 28	22 54											

Saturdays

16 December to 19 May

	AW	AW	AW	AW															
	◇	◇	◇	◇															
Swansea	d	04 31	09 15	13 12	18 17														
Gowerton	d	04 42	09 26	13 23	18 28														
Llanelli	d	04 50	09 34	13 32	18 40														
Bynea	d	04x55	09x39	13x37	18x44														
Llangennech	d	04x58	09x43	13x41	18x48														
Pontarddulais	d	05x02	09x47	13x46	18x52														
Pantyyffnon	d	05 10	09 55	13 53	18 59														
Ammanford	d	05 13	09 58	13 56	19 02														
Llandybie	d	05 17	10 02	14 01	19 07														
Ffairfach	d	05x24	10x10	14x08	19x14														
Llandeilo	a	05 27	10 12	14 11	19 16														
	d	05 29	10 15	14 13	19 19														
Llangadog	d	05 39	10 24	14 23	19 28														
Llanwrda	d	05 42	10 28	14 26	19 32														
Llandovery	a	05 49	10 34	14 33	19 38														
	d	05 51	10 37	14 35	19 41														
Cynghordy	d	05x59	10x45	14x44	19x49														
Sugar Loaf	d	06x07	10x54	14x52	19x57														
Llanwrtyd	a	06 13	11 00	14 58	20 03														
	d	06 16	11 05	15 01	20 08														
Llangammarch	d	06x21	11x11	15x07	20x14														
Garth (Powys)	d	06x25	11x15	15x11	20x18														
Cilmeri	d	06x30	11x21	15x16	20x23														
Builth Road	d	06x33	11x24	15x20	20x26														
Llandrindod	a	06 44	11 36	15 31	20 37														
	d	06 55	11 40	15 42	20 42														
Pen-y-bont	d	07x02	11x48	15x50	20x49														
Dolau	d	07x07	11 53	15 55	20 54														
Llanbister Road	d	07x13	11x59	16x01	20x59														
Llangynllo	d	07x18	12x05	16x06	21x04														
Knucklas	d	07x24	12x11	16x13	21x10														
Knighton	a	07 29	12 16	16 18	21 16														
	d	07 32	12 18	16 21	21 18														
Bucknell	d	07 38	12 24	16 27	21 24														
Hopton Heath	d	07x42	12x28	16x31	21x28														
Broome	d	07x46	12x32	16x36	21x32														
Craven Arms	a	07 53	12 40	16 42	21 39														
Church Stretton	a	08 06	12 53	16 55	21 52														
Shrewsbury	a	08 22	13 09	17 11	22 08														

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Table T129-R

**Sundays**

10 December to 13 May

**Swansea - Shrewsbury**

	AW ◇	AW ◇																		
Swansea	d 11 12	15 29																		
Gowerton	d 11 20	15 39																		
Llanelli	d 11 32	15 49																		
Bynea	d 11x37	15x54																		
Llangennech	d 11x41	15x58																		
Pontarddulais	d 11x45	16x02																		
Pantyyfynnon	d 11 53	16 09																		
Ammanford	d 11 56	16 12																		
Llandybie	d 12 00	16 17																		
Ffairfach	d 12x08	16x24																		
Llandeilo	a 12 10	16 27																		
	d 12 13	16 32																		
Llangadog	d 12 22	16 42																		
Llanwrda	d 12 26	16 45																		
Llandovery	a 12 32	16 52																		
	d 12 35	16 54																		
Cynghordy	d 12x43	17x03																		
Sugar Loaf	d 12x52	17x11																		
Llanwrtyd	a 12 58	17 17																		
	d 13 00	17 20																		
Llangammarch	d 13x06	17x26																		
Garth (Powys)	d 13x10	17x30																		
Cilmeri	d 13x16	17x35																		
Builth Road	d 13x19	17x39																		
Llandrindod	a 13 31	17 50																		
	d 13 43	18 01																		
Pen-y-bont	d 13x51	18x09																		
Dolau	d 13 56	18 14																		
Llanbister Road	d 14x02	18x20																		
Llangynllo	d 14x07	18x25																		
Knucklas	d 14x14	18x32																		
Knighton	a 14 19	18 37																		
	d 14 22	18 40																		
Bucknell	d 14 28	18 46																		
Hopton Heath	d 14x32	18x50																		
Broome	d 14x37	18x55																		
Craven Arms	a 14 44	19 02																		
Church Stretton	a 14 57	19 17																		
Shrewsbury	a 15 12	19 33																		

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