

**Table T142-F**

**Mondays to Fridays**

11 December to 18 May

**Par - Newquay**

Miles		GW	GW ◇ A	GW ◇ B	GW ◇	GW ◇	GW ◇	GW													
0	Par	d 09 17	11 40	12 11	14 07	16 10	18 29	20 28													
4½	Luxulyan	d 09x28	11x51	12x22	14x18	16x21	18x40	20x39													
6½	Bugle	d 09x34	11x56	12x27	14x24	16x26	18x46	20x45													
8½	Roche	d 09x38	12x02	12x33	14x29	16x32	18x50	20x49													
14½	St Columb Road	d 09x50	12x13	12x44	14x40	16x43	19x02	21x01													
18½	Quintrell Downs	d 09 58	12 21	12 52	14 48	16 51	19 10	21 09													
20½	Newquay	a 10 09	12 31	13 02	14 59	17 02	19 21	21 20													

**Saturdays**

16 December to 30 December

		GW	GW ◇	GW ◇	GW ◇	GW ◇	GW														
	Par	d 06 52	09 18	12 15	14 10	16 15	18 21	20 15													
	Luxulyan	d 07x03	09x29	12x26		16x26	18x32	20x26													
	Bugle	d 07x09	09x35	12x32	14x27	16x32	18x38	20x32													
	Roche	d 07x14	09x39	12x37		16x37	18x43	20x37													
	St Columb Road	d 07x25	09x51	12x48		16x48	18x54	20x48													
	Quintrell Downs	d 07 33	09 59	12 56		16 56	19 02	20 56													
	Newquay	a 07 44	10 10	13 07	14 57	17 07	19 12	21 07													

**Saturdays**

6 January to 19 May

		GW	GW ◇	GW ◇	GW ◇	GW ◇	GW														
	Par	d 06 52	09 17	12 12	14 05	16 10	18 20	20 15													
	Luxulyan	d 07x03	09x28	12x23	14x16	16x21	18x31	20x26													
	Bugle	d 07x09	09x34	12x29	14x22	16x27	18x37	20x32													
	Roche	d 07x13	09x38	12x33	14x26	16x31	18x41	20x36													
	St Columb Road	d 07x25	09x50	12x45	14x38	16x43	18x53	20x48													
	Quintrell Downs	d 07 33	09 58	12 53	14 46	16 51	19 01	20 56													
	Newquay	a 07 44	10 09	13 04	14 57	17 02	19 12	21 07													

**Sundays**

10 December to 13 May

		GW	GW ◇	GW ◇																	
	Par	d 10 18	13 15	16 30																	
	Luxulyan	d 10x29	13x26	16x41																	
	Bugle	d 10x35	13x32	16x54																	
	Roche	d 10x40	13x37	16x58																	
	St Columb Road	d 10x51	13x48	17x10																	
	Quintrell Downs	d 10 59	13 56	17 18																	
	Newquay	a 11 10	14 07	17 28																	

A until 29 December

B from 1 January

For connections at Par refer to Table T135

**Table T142-R**

**Mondays to Fridays**

11 December to 18 May

**Newquay - Par**

Miles		GW	GW			GW	GW	GW	GW											
		◇	◇			◇	◇													
0	Newquay	d	10 13	13 03		15 01	17 22	19 24	21 26											
2½	Quintrell Downs	d	10 19	13 09		15 07	17 28	19 30	21 32											
6½	St Columb Road	d	10x26	13x16			17x35	19x37	21x39											
12	Roche	d	10x38	13x28			17x47	19x48	21x51											
14½	Bugle	d	10x42	13x32		15x28	17x51	19x53	21x55											
16½	Luxulyan	d	10x48	13x38			17x57	20x00	22x01											
20½	Par	a	11 02	13 52		15 47	18 11	20 13	22 16											

**Saturdays**

16 December to 30 December

		GW	GW	GW	GW	GW	GW													
		◇	◇	◇	◇	◇														
							A													
	Newquay	d	07 48	10 12	13 09	14 59	17 21	19 15	21 18											
	Quintrell Downs	d	07 54	10 18	13 15	15 05	17 27	19 21	21 24											
	St Columb Road	d	08x02	10x26	13x23	15x13	17x35	19x29	21x32											
	Roche	d	08x13	10x37	13x34	15x24	17x46	19x40	21x43											
	Bugle	d	08x18	10x42	13x39	15x29	17x51	19x45	21x48											
	Luxulyan	d	08x23	10x47	13x44	15x34	17x56	19x50	21x53											
	Par	a	08 39	11 01	13 58	15 48	18 10	20 04	22 07											

**Saturdays**

6 January to 19 May

		GW	GW	GW	GW	GW	GW													
		◇	◇	◇	◇	◇														
							A													
	Newquay	d	07 47	10 13	13 06	15 00	17 20	19 15	21 20											
	Quintrell Downs	d	07 53	10 19	13 12	15 06	17 26	19 21	21 26											
	St Columb Road	d	08x00	10x26	13x19	15x13	17x33	19x28	21x33											
	Roche	d	08x12	10x38	13x31	15x25	17x45	19x40	21x44											
	Bugle	d	08x16	10x42	13x35	15x29	17x49	19x44	21x49											
	Luxulyan	d	08x22	10x48	13x41	15x35	17x55	19x50	21x55											
	Par	a	08 38	11 02	13 55	15 50	18 10	20 05	22 09											

**Sundays**

10 December to 13 May

		GW	GW	GW																
		◇	◇																	
	Newquay	d	11 12	15 10	17 38															
	Quintrell Downs	d	11 18	15 16	17 44															
	St Columb Road	d	11x26	15x24	17x52															
	Roche	d	11x37	15x35	18x03															
	Bugle	d	11x42	15x40	18x08															
	Luxulyan	d	11x47	15x45	18x13															
	Par	a	12 01	15 59	18 27															

A To Plymouth

For connections at Par refer to Table T135