

Table T100-F

Sundays

9 December to 12 May

Barrow-in-Furness - Whitehaven and Carlisle

	NT A	NT	NT A	NT B	NT	NT C	NT D	NT D	NT A	NT D	NT E	NT D	NT C	NT D	NT D	NT C	NT D	NT D	NT C	NT D	NT C	NT D	NT C	NT D	NT C	NT D
Lancaster B	82	d							10	11																
Barrow-in-Furness	d	09 05				09 50		09 50	11 15		11 15		12 18		12 28	12 58	13 16							13 13	13 13	
Askam	d	09 15				10 00		10 00	11 25		11 25		12 28		12 38	13 08	13 26							14 17	14 17	14 51
Kirkby-in-Furness	d	09x19				10x04		10x04	11x29		11x29		12x32		12x42	13x12	13x30							14x27	14x27	15 01
Foxfield	d	09 23				10 08		10 08	11 33		11 33		12 36		12 46	13 16	13 34							14x31	14x31	15x05
Green Road	d	09x26				10x11		10x11	11x37		11x37		12x39		12x49	13x19	13x37							14x39	14x39	15x09
Millom	a	09 33				10 17		10 18	11 43		11 44		12 45		12 56	13 25	13 44							14 41	14 46	15 18
Silecroft	d					10 18		10 22	11 47		11 47		12 45		12 55	13 25								14 43	14 43	15 19
Bootle	d					10 29		10 29	11 54		11 54		12 56		12 56	13 36										15x24
Ravenglass for Eskdale	d					10 35		10 35	12 00		12 00		13 02		13 02	13 42								14 58	14 58	15 36
Drigg	d					10 38		10 38	12 03		12 03		13 05		13 05	13 45										15x39
Seascale	d					10 41		10 41	12 06		12 06		13 09		13 09	13 49										15 43
Sellafield	d					10 47		10 47	12 12		12 12		13 15		13 15	13 54								15 06	15 06	15a50
Braystones	d															13x58										
Nethertown	d															14x00										
St Bees	d					11 00		11 00	12 25		12 25		13 28		13 28	14 05								15 15	15 15	
Corkickle	d					11 06		11 06	12 30		12 30		13 33		13 33	14 10								15 21	15 21	
Whitehaven	a					11 08		11 08	12 33		12 33		13 37		13 37	14 14								15 23	15 23	
	d				10 16	11 10		11 10	12 34		12 34		12 45	12 45	13 38	13 38								14 30	14 30	15 30
Parton	d				10x20	11x13	11x13	11x13	12x38		12x38		12x48	12x49	13x42	13x42		14x20						14x33	14x33	15x28
Harrington	d				10 28	11 22		11 22	12 46		12 46		12 57	12 57	13 50	13 50		14 28						14 42	14 42	15 37
Workington	d	08 55		09 40	09 57	10 34	11 28	11 28	12 52		12 52		13 03	13 03	13 56	13 56		14 34						14 48	14 48	15 49
Flimby	d	09x00		09x45	10x02	10x39	11x32	11x32	12x57		12x57		13x07	13x08	14x01	14x01		14x39						14x52	14x52	15x53
Maryport	d	09 04		09 49	10 06	10 43	11 36	11 36	13 01		13 01		13 11	13 12	14 05	14 05		14 43						14 56	14 56	15 58
Aspatria	d	09 14		09 59	10 16	10 53	11 46	11 46	13 11		13 11		13 21	13 22	14 15	14 15		14 53						15 06	15 06	16 08
Wigton	d	09 25		10 10	10 27	11 04	11 58	11 58	13 22		13 22		13 33	13 33	14 26	14 26		15 04						15 18	15 18	16 20
Dalston	d	09 34		10 19	10 36	11 13	12 07	12 07	13 31		13 31		13 42	13 42	14 35	14 35		15 13						15 27	15 27	16 29
Carlisle B	a	09 45		10 30	10 47	11 24	12 18	12 18	13 42		13 42		13 53	13 53	14 46	14 46		15 24						15 38	15 38	16 40

	NT	NT C	NT D	NT D	NT C	NT D	NT D	NT D	NT	NT	NT															
Lancaster B	82	d				16 13		16 13																		
Barrow-in-Furness	d	15 58	15 58		17 17		17 22	18 12		19 07																
Askam	d	16 08	16 08		17 28		17 32	18 22		19 17																
Kirkby-in-Furness	d	16x12	16x12		17x32		17x36	18x26		19x21																
Foxfield	d	16 16	16 16		17 36		17 40	18 30		19 25																
Green Road	d	16x19	16x19		17x39		17x44	18x33		19x28																
Millom	a	16 25	16 26		17 45		17 51	18 40		19 35																
Silecroft	d	16 25			17 46																					
Bootle	d	16x30			17x50																					
Ravenglass for Eskdale	d	16x36			17x57																					
Drigg	d	16 42			18 03																					
Seascale	d	16 45			18 06																					
Sellafield	d	16 49			18 09																					
Braystones	d	16 54			18 15																					
Nethertown	d	16x58			18x18																					
St Bees	d	17x00			18x21																					
Corkickle	d	17 05			18 29																					
Whitehaven	a	17 10			18 34																					
	d	17 14			18 38																					
Parton	d	16 32	17 16		17 30	18 39			18 49	19 38	20 30															
Harrington	d	16x36	17x20		17x33	18x43			18x53	19x41	20x33															
Workington	d	16 45	17 28		17 42	18 51			19 01	19 50	20 42															
Flimby	d	16 50	17 34		17 48	18 57			19 07	19 56	20 48															
Maryport	d	16x55	17x39		17x52	19x02			19x12	20x01	20x53															
Aspatria	d	16 59	17 43		17 56	19 06			19 16	20 05	20 57															
Wigton	d	17 09	17 53		18 06	19 16			19 26	20 15	21 07															
Dalston	d	17 20	18 04		18 18	19 27			19 37	20 26	21 18															
Carlisle B	a	17 29	18 13		18 27	19 36			19 46	20 35	21 27															

A from 17 February until 24 March
 B until 10 February, from 31 March
 C until 30 December, from 17 February
 D from 6 January until 10 February
 E until 30 December, from 31 March

Table T100-R

Mondays to Fridays

10 December to 17 May

Carlisle and Whitehaven - Barrow-in-Furness

Miles		NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT																								
0	Carlisle 1	d	05	53	06	16	07	10	08	10	09	03	10	13	11	07	12	08	13	07	14	11	14	41	15	12	15	59	17	06	17	45	18	46	19	09	20	55	22	01							
4	Dalston	d	06	02	06	25	07	19	09	12	10	22	11	15	13	15	14	19	14	51	15	20	16	07	17	14	17	54	18	54	19	17	21	03	22	09											
11 1/2	Wigton	d	06	11	06	35	07	31	08	27	09	22	10	31	11	25	12	26	13	25	14	29	15	01	15	29	16	17	17	24	18	04	19	04	19	27	21	13	22	19							
19 1/2	Aspatria	d	06	22	06	47	07	41	09	34	10	42	11	35	13	35	14	39	15	11	15	40	16	27	17	34	18	16	19	14	19	37	21	23	22	29											
27 1/2	Maryport	d	05	48	06	33	06	59	07	52	08	48	09	46	10	53	11	46	12	48	13	46	14	50	15	22	15	50	16	38	17	45	18	28	19	25	19	48	21	34	22	40					
29 1/2	Flimby	d	05x51	06x36	07x03	07x55	09x50	10x56	11x49	13x49	14x53	15x25	15x53	16x41	17x48	18x32	19x28	19x51	21x37	22x43																											
33	Workington	d	05	58	06	44	07	10	08	05	08	58	09	57	11	03	11	57	12	58	13	57	15	01	15	33	16	01	16	48	17	56	18	39	19	36	19	59	21	45	22	51					
34 1/2	Harrington	d	06	02	06	48	07	15	08	09	10	02	11	07	12	01	14	01	15	05	15	37	16	05	16	52	18	00	18	44	19	40	20	03	21	49	22	55									
38 1/2	Parton	d	06x11	06x57	07x26	08x18	10x13	11x16	12x09	14x09	15x13	15x45	16x13	17x01	18x08	18x55	19x49	20x11	21x57	23x03																											
39 1/2	Whitehaven	a	06	16	07	02	07	30	08	23	09	14	10	17	11	21	12	15	13	15	14	15	15	19	15	51	16	19	17	08	18	16	19	00	19	56	20	16	22	04	23	10					
—	—	d	06	18	07	04	07	32	08	25	09	16	10	19	11	23	12	16	13	17	14	16	15	20	15	52	16	20	18	19	01	19	05	20	18	19	01	20	18	19	01	20	18	19	01		
40 1/2	Corkickle	d	06	20	07	06	07	35	08	27	09	18	10	22	11	25	12	19	13	20	14	19	15	23	15	55	16	23	18	20	19	05	20	20	18	19	05	20	20	18	19	05	20	20	18	19	05
44	St Bees	d	06	26	07	12	07	42	08	33	09	29	10	32	11	33	12	28	13	27	14	30	15	29	16	02	16	28	18	27	19	13	20	28	20	28	20	28	20	28	20	28	20	28	20	28	
47	Nethertown	d	06x30																																												
48 1/2	Braystones	d	06x33																																												
50 1/2	Sellafield	d	06	39	07	24	07	53	08	44	09	39	10	43	11	45	12	38	13	38	14	45	15	40	16	14	16	39	17	18	18	40	19	24	20	40	20	40	20	40	20	40	20	40	20	40	
52	Seascale	d	06	43	07	28	07	58	08	47	09	43	10	48	11	49	12	42	13	43	14	48	15	44	16	18	16	43	17	22	18	43	19	28	20	44	20	44	20	44	20	44	20	44	20	44	
54 1/2	Drigg	d	06x46	07x31																																											
54 1/2	Ravenglass for Eskdale	d	06	50	07	34	08	05	08	54	09	49	10	55	11	55	12	48	13	50	14	56	15	52	16	25	16	50	17	30	18	49	19	37	20	50	20	50	20	50	20	50	20	50	20	50	
60 1/2	Bootle	d	06x55	07x40																																											
66 1/2	Silecroft	d	07x02	07x46																																											
69 1/2	Millom	a	07	08	07	53	08	21	09	12	10	08	11	11	12	14	13	07	14	06	15	15	16	11	16	44	17	10	17	49	19	05	19	58	21	09	21	09	21	09	21	09	21	09	21	09	
—	—	d	07	09	07	53	08	22	09	14	10	09	11	12	12	14	13	07	14	07	15	16	12	16	45	17	10	17	49	19	05	19	58	21	09	21	09	21	09	21	09	21	09	21	09	21	09
71 1/2	Green Road	d	07x13	07x57																																											
73 1/2	Foxfield	d	07	17	08	01																																									
76	Kirkby-in-Furness	d	07x21	08x05																																											
79 1/2	Askam	d	07	26	08	11	08	39	09	31	10	26	11	29	12	31	14	26	15	33	16	29	17	03	17	29	18	09	18	09	19	22	20	21	26	21	26	21	26	21	26	21	26	21	26	21	26
85 1/2	Barrow-in-Furness	a	07	41	08	26	08	54	09	46	10	41	11	45	12	46	13	39	14	41	15	48	16	44	17	17	44	18	24	19	37	20	37	21	41	21	41	21	41	21	41	21	41	21	41	21	41
—	Lancaster 1	82 a																																													

Saturdays

15 December to 18 May

		NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT		
Carlisle 1	d	05	53	06	16	07	10	08	15	08	51	10	13	11	07	12	08	13	07	14	11	14	41	15	12	16	26	17	06	17	45	18	46	19	09	20	55	22	01	21	47									
Dalston	d	06	02	06	25	07	19	09	00	10	22	11	15	13	15	14	19	14	51	15	20	16	34	17	14	17	54	18	54	19	17	20	08	21	14	21	55													
Wigton	d	06	11	06	35	07	31	08	32	09	10	10	31	11	25	12	26	13	25	14	29	15	01	15	29	16	44	17	24	18	04	19	04	19	27	20	18	21	24	22	04									
Aspatria	d	06	22	06	47	07	41	09	22	10	42	11	35	13	35	14	39	15	11	15	40	16	54	17	34	18	16	19	14	19	37	20	28	21	34	22	15													
Maryport	d	05	48	06	33	06	59	07	52	08	53	09	34	10	53	11	46	12	48	13	46	14	50	15	22	15	50	17	05	17	45	18	28	19	25	19	48													

Table T100-R

Sundays

9 December to 12 May

Carlisle and Whitehaven - Barrow-in-Furness

	NT A	NT A	NT B	NT C	NT D	NT A	NT C	NT D	NT A	NT A	NT B	NT B	NT A	NT B	NT A	NT B	NT A	NT B	NT A	NT B	NT A	NT B	NT A	NT B
Carlisle	d			09:45			10:23	10:41	10:41		11:06		12:07	12:07		13:16	13:16		14:12			15:10	15:15	
Dalston	d			09:53			10:32	10:49	10:49		11:14		12:15	12:15		13:24	13:24		14:20			15:18	15:23	
Wigton	d			10:02			10:41	10:58	10:58		11:24		12:25	12:25		13:34	13:34		14:30			15:28	15:33	
Aspatria	d			10:13			10:52	11:09	11:09		11:34		12:35	12:35		13:44	13:44		14:40			15:38	15:43	
Maryport	d		09:17	10:24	10:24		11:03	11:20	11:20		11:45		12:46	12:46		13:55	13:55		14:51			15:49	15:54	
Flimby	d		09:20				11:06	11:23	11:23		11:48		12:49	12:49		13:58	13:58		14:54			15:52	15:57	
Workington	d		09:27	10:33	10:33		11:13	11:30	11:30		11:56		12:58	12:58		14:06	14:06		15:02			16:00	16:05	
Harrington	d		09:31				11:17	11:34	11:34		12:00		13:02	13:02		14:10	14:10		15:06			16:04	16:09	
Parton	d		09:40	10:45	10:45		11:26	11:43	11:43		12:08		13:10	13:10		14:18	14:18		15:14			16:12	16:17	
Whitehaven	a		09:45	10:50	10:50		11:31	11:48	11:48		12:14		13:16	13:17		14:24	14:25		15:21			16:17	16:23	
	d	08:25	09:40	09:47	10:51	10:51	10:52	11:33	11:50		11:55	12:15	13:00	13:18		14:25			14:30			15:40	16:19	
Corkickle	d	08:32	09:47	09:49	10:54	10:54	10:59	11:35	11:52		12:02	12:18	13:07	13:21		14:28			14:37			15:47	16:22	
St Bees	d	08:42	09:57	09:55	10:59	10:59	11:09	11:41	11:58		12:12	12:24	13:17	13:27		14:33			14:47			15:57	16:29	
Nethertown	d			09:59																			16:33	
Braystones	d			10:01																			16:35	
Sellafield	d	09:02	10:17	10:07	11:09	11:09	11:29	11:51	12:10		12:32	12:34	13:37	13:37		14:44			15:07			16:04	16:17	
Seascale	d	09:19	10:34	10:11	11:13	11:13	11:46	11:54	12:14		12:49	12:38	13:54	13:40		14:48			15:24			16:08	16:34	
Drigg	d	09:34	10:49	10:14	11:16	11:16	12:01	11:57	12:17		13:04	12:41	14:09	13:43		14:51			15:39			16:11	16:49	
Ravenglass for Eskdale	d	09:46	11:01	10:17	11:19	11:19	12:13	12:01	12:21		13:16	12:44	14:21	13:47		14:54			15:51			16:14	17:01	
Bootle	d	10:06	11:21	10:23	11:25	11:25	12:33	12:06	12:27		13:36	12:50	14:41	13:52		15:00			16:11			16:20	17:21	
Silecroft	d	10:20	11:35	10:29	11:31	11:31	12:47	12:13	12:33		13:50	12:56	14:55	13:59		15:06			16:25			16:26	17:35	
Millom	a	10:30	11:45	10:36	11:38	11:38	12:57	12:19	12:40		14:00	13:03	15:05	14:05		15:13			16:35			16:33	17:45	
	d			10:36	11:38	11:38		12:19	12:40		13:03		14:06			15:14						16:34	17:09	
Green Road	d			10:40	11:42	11:42		12:23	12:44		13:07		14:10			15:18						16:38		
Foxfield	d			10:44	11:45	11:45		12:27	12:48		13:11		14:14			15:22						16:42	17:16	
Kirkby-in-Furness	d			10:48	11:49	11:49		12:31	12:52		13:15		14:18			15:26						16:46	17:20	
Askam	d			10:53	11:54	11:54		12:36	12:58		13:20		14:23			15:31						16:51	17:25	
Barrow-in-Furness	a			11:08	12:09	12:09		12:51	13:15		13:35		14:38			15:46						17:06	17:40	
Lancaster	82	a						13:52	14:16							16:52							18:49	

	NT A	NT B	NT A	NT B	NT A	NT A	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle	d		16:16	16:16	17:10	17:10		18:10						21:10									
Dalston	d		16:24	16:24	17:18	17:18		18:18						21:18									
Wigton	d		16:34	16:34	17:28	17:28		18:28						21:28									
Aspatria	d		16:44	16:44	17:38	17:38		18:38						21:38									
Maryport	d		16:55	16:55	17:49	17:49		18:49						21:49									
Flimby	d		16:58	16:58	17:52	17:52		18:52						21:52									
Workington	d		17:06	17:06	18:00	18:00		19:00						22:00									
Harrington	d		17:10	17:10	18:04	18:04		19:04						22:04									
Parton	d		17:18	17:18	18:12	18:12		19:12						22:12									
Whitehaven	a		17:24	17:25	18:18	18:19		19:19						22:19									
	d	16:45		17:25		18:19		18:30															
Corkickle	d	16:52		17:28		18:22		18:37															
St Bees	d	17:02		17:33		18:28		18:47															
Nethertown	d					18:32																	
Braystones	d					18:34																	
Sellafield	d	17:22		17:44		18:40		19:07															
Seascale	d	17:39		17:48		18:43		19:24															
Drigg	d	17:54		17:51		18:46		19:39															
Ravenglass for Eskdale	d	18:06		17:54		18:50		19:51															
Bootle	d	18:26		18:00		18:55		20:11															
Silecroft	d	18:40		18:06		19:02		20:25															
Millom	a	18:50		18:13		19:08		20:35															
	d			18:14		19:08																	
Green Road	d			18:18		19:12		20:45															
Foxfield	d			18:22		19:16		20:57															
Kirkby-in-Furness	d			18:26		19:20		21:07															
Askam	d			18:31		19:25		21:17															
Barrow-in-Furness	a			18:46		19:40		21:32															
Lancaster	82	a																					

and hourly until

A from 6 January until 10 February
 B until 30 December, from 17 February

C from 17 February until 24 March
 D until 30 December, from 31 March