

Table T142-F

Mondays to Fridays

10 December to 17 May

Par - Newquay

Miles		GW	GW	GW	GW	GW	GW														
0	Par	d	09 17	12 11	14 07	16 10	18 29	20 28													
4%	Luxulyan	d	09x28	12x22	14x18	16x21	18x40	20x39													
6%	Bugle	d	09x34	12x27	14x24	16x26	18x46	20x45													
8%	Roche	d	09x38	12x33	14x29	16x32	18x50	20x49													
14%	St Columb Road	d	09x50	12x44	14x40	16x43	19x02	21x01													
18%	Quintrell Downs	d	09 58	12 52	14 48	16 51	19 10	21 09													
20%	Newquay	a	10 09	13 02	14 59	17 02	19 21	21 20													

Saturdays

15 December to 18 May

		GW	GW	GW	GW	GW	GW														
				◇	◇	◇	◇														
	Par	d	06 52	09 17	12 12	14 05	16 10	18 20	20 15												
	Luxulyan	d	07x03	09x28	12x23	14x16	16x21	18x31	20x26												
	Bugle	d	07x09	09x34	12x29	14x22	16x27	18x37	20x32												
	Roche	d	07x13	09x38	12x33	14x26	16x31	18x41	20x36												
	St Columb Road	d	07x25	09x50	12x45	14x38	16x43	18x53	20x48												
	Quintrell Downs	d	07 33	09 58	12 53	14 46	16 51	19 01	20 56												
	Newquay	a	07 44	10 09	13 04	14 57	17 02	19 12	21 07												

Sundays

9 December to 12 May

		GW	GW	GW																	
				◇																	
	Par	d	10 10	13 15	16 34																
	Luxulyan	d	10x21	13x26	16x45																
	Bugle	d	10x27	13x32	16x51																
	Roche	d	10x32	13x37	16x56																
	St Columb Road	d	10x43	13x48	17x07																
	Quintrell Downs	d	10 51	13 56	17 15																
	Newquay	a	11 02	14 07	17 26																

For connections at Par refer to Table T135

Table T142-R

Mondays to Fridays

10 December to 17 May

Newquay - Par

Miles		GW	GW	GW		GW	GW	GW												
		◇	◇	◇		◇														
0	Newquay	d	10 13	13 05	15 01	17 22	19 24	21 26												
2½	Quintrell Downs	d	10 19	13 11	15 07	17 28	19 30	21 32												
6½	St Columb Road	d	10x26	13x18		17x35	19x37	21x39												
12	Roche	d	10x38	13x30		17x47	19x48	21x51												
14½	Bugle	d	10x42	13x34	15x28	17x51	19x53	21x55												
16½	Luxulyan	d	10x48	13x40		17x57	20x00	22x01												
20½	Par	a	11 02	13 54	15 47	18 11	20 13	22 16												

Saturdays

15 December to 18 May

		GW	GW	GW	GW	GW	GW	GW												
		◇	◇	◇	◇	◇		A												
	Newquay	d	07 47	10 13	13 06	15 00	17 20	19 15	21 20											
	Quintrell Downs	d	07 53	10 19	13 12	15 06	17 26	19 21	21 26											
	St Columb Road	d	08x00	10x26	13x19	15x13	17x33	19x28	21x33											
	Roche	d	08x12	10x38	13x31	15x25	17x45	19x40	21x44											
	Bugle	d	08x16	10x42	13x35	15x29	17x49	19x44	21x49											
	Luxulyan	d	08x22	10x48	13x41	15x35	17x55	19x50	21x55											
	Par	a	08 38	11 02	13 55	15 50	18 10	20 05	22 09											

Sundays

9 December to 12 May

		GW	GW	GW																
		◇	◇																	
	Newquay	d	11 12	15 10	17 45															
	Quintrell Downs	d	11 18	15 16	17 51															
	St Columb Road	d	11x26	15x24	17x59															
	Roche	d	11x37	15x35	18x10															
	Bugle	d	11x42	15x40	18x15															
	Luxulyan	d	11x47	15x45	18x20															
	Par	a	12 01	15 59	18 34															

A To Plymouth

For connections at Par refer to Table T135