

Table 142

Mondays to Fridays

until 29 June

Par - Newquay

Route Diagram - see first Page of Table 135

Miles		GW	GW	GW	GW	GW	GW	GW												
0	Par	d 09 17	12 13	14 08	16 10	18 29	20 28													
4½	Luxulyan	d 09x28			16x21	18x40	20x39													
6½	Bugle	d 09x34	12x30	14x25	16x26	18x46	20x45													
8½	Roche	d 09x38			16x32	18x50	20x49													
14½	St Columb Road	d 09x50			16x43	19x02	21x01													
18½	Quintrell Downs	d 09 58			16 51	19 10	21 09													
20½	Newquay	a 10 09	13 01	14 56	17 02	19 21	21 20													

Mondays to Fridays

2 July to 31 August

	GW	GW	GW	GW	GW	GW	GW													
Par	d 09 17	11 42	13 30	16 10	18 29	20 28														
Luxulyan	d 09x28	11x53		16x21	18x40	20x39														
Bugle	d 09x34	11x59		16x26	18x46	20x45														
Roche	d 09x38	12x03		16x32	18x50	20x49														
St Columb Road	d 09x50	12x15		16x43	19x02	21x01														
Quintrell Downs	d 09 58	12 23		16 51	19 10	21 09														
Newquay	a 10 09	12 34	14 30	17 02	19 21	21 20														

Mondays to Fridays

3 September to 14 September

	GW	GW	GW	GW	GW	GW	GW													
Par	d 09 17	12 13	14 08	16 10	18 29	20 28														
Luxulyan	d 09x28			16x21	18x40	20x39														
Bugle	d 09x34	12x30	14x25	16x26	18x46	20x45														
Roche	d 09x38			16x32	18x50	20x49														
St Columb Road	d 09x50			16x43	19x02	21x01														
Quintrell Downs	d 09 58			16 51	19 10	21 09														
Newquay	a 10 09	13 01	14 56	17 02	19 21	21 20														

Mondays to Fridays

from 17 September

	GW	GW	GW	GW	GW	GW	GW													
Par	d 09 17	12 13	14 07	16 10	18 29	20 28														
Luxulyan	d 09x28		14x18	16x21	18x40	20x39														
Bugle	d 09x34	12x30	14x24	16x26	18x46	20x45														
Roche	d 09x38		14x29	16x32	18x50	20x49														
St Columb Road	d 09x50		14x40	16x43	19x02	21x01														
Quintrell Downs	d 09 58		14 48	16 51	19 10	21 09														
Newquay	a 10 09	13 01	14 59	17 02	19 21	21 20														

Saturdays

until 8 September

	XC	GW	GW	XC	GW	XC	GW													
Par	d 07 28	09 46	11 41	13 31	15 43	17 42	20 22													
Luxulyan	d																			
Bugle	d																			
Roche	d																			
St Columb Road	d																			
Quintrell Downs	d																			
Newquay	a 08 27	10 55	12 44	14 41	16 52	18 45	21 11													

Saturdays

from 15 September

	GW	GW	GW	GW	GW	GW	GW													
Par	d 06 52	09 18	12 15	14 08	16 15	18 21	20 15													
Luxulyan	d 07x03	09x29	12x26	14x25	16x26	18x32	20x26													
Bugle	d 07x09	09x35	12x32	14x25	16x32	18x38	20x32													
Roche	d 07x14	09x39	12x37		16x37	18x43	20x37													
St Columb Road	d 07x25	09x51	12x48		16x48	18x54	20x48													
Quintrell Downs	d 07 33	09 59	12 56		16 56	19 02	20 56													
Newquay	a 07 44	10 10	13 07	14 55	17 07	19 13	21 07													

A The Atlantic Coast Express

For connections at Par please refer to Table 135

Table 142

Sundays

until 24 June

Par - Newquay

Route Diagram - see first Page of Table 135

	GW	XC	GW	GW	GW	GW													
		■			◇ ■	◇													
					◇ ■	◇													
Par.....	d 09 00	09 56	11 53	14 20	16 36	18 45													
Luxulyan.....	d 09x11		12x04			18x56													
Bugle.....	d 09x17		12x16		16 58	19x02													
Roche.....	d 09x22		12x20			19x07													
St Columb Road.....	d 09x33		12x32			19x18													
Quintrell Downs.....	d 09 41		12 39			19 26													
Newquay.....	a 09 52	11 10	12 50	15 26	17 30	19 37													

Sundays

1 July to 9 September

	GW	XC	GW	GW	GW	GW													
		■			◇ ■	◇													
					◇ ■	◇													
Par.....	d 09 00	09 56	11 53	14 20	16 36	18 45													
Luxulyan.....	d 09x11		12x04			18x56													
Bugle.....	d 09x17		12x16		16 58	19x02													
Roche.....	d 09x22		12x20			19x07													
St Columb Road.....	d 09x33		12x32			19x18													
Quintrell Downs.....	d 09 41		12 39			19 26													
Newquay.....	a 09 52	11 10	12 50	15 26	17 30	19 37													

Sundays

from 16 September

	GW	GW	GW																
			◇																
Par.....	d 10 18	13 31	16 30																
Luxulyan.....	d 10x29	13x42	16x41																
Bugle.....	d 10x35	13x48	16x47																
Roche.....	d 10x40	13x53	16x52																
St Columb Road.....	d 10x51	14x04	17x03																
Quintrell Downs.....	d 10 59	14 12	17 11																
Newquay.....	a 11 10	14 23	17 22																

For connections at Par please refer to Table 135

Table 142

Mondays to Fridays

until 29 June

Newquay - Par

Route Diagram - see first Page of Table 135

Miles			GW		GW		GW		GW		GW		GW								
0	Newquay	d	10 13		13 03		14 58		17 22		19 25		21 26								
2½	Quintrell Downs	d	10 19		13 09		15 04		17 28		19 31		21 32								
6½	St Columb Road	d	10x26		13x16		15x11		17x35				21x39								
12	Roche	d	10x38		13x28		15x23		17x47				21x51								
14½	Bugle	d	10x42		13x32		15x27		17x51		19x54		21x55								
16½	Luxulyan	d	10x48		13x38		15x33		17x57				22x01								
20½	Par	a	11 02		13 52		15 47		18 13		20 13		22 16								

Mondays to Fridays

2 July to 31 August

			GW		GW		GW		GW		GW		GW								
			◇		◇		◇ A B		◇		GW		GW								
	Newquay	d	10 13		12 40		15 00		17 22		19 25		21 26								
	Quintrell Downs	d	10 19		12 46				17 28		19 31		21 32								
	St Columb Road	d	10x26		12x53				17x35				21x39								
	Roche	d	10x38		13x05				17x47				21x51								
	Bugle	d	10x42		13x09				17x51		19x54		21x55								
	Luxulyan	d	10x48		13x18				17x57				22x01								
	Par	a	11 02		13 34		15 59		18 13		20 13		22 16								

Mondays to Fridays

3 September to 14 September

			GW		GW		GW		GW		GW		GW								
			◇		◇		◇		◇		GW		GW								
	Newquay	d	10 13		13 03		14 58		17 22		19 25		21 26								
	Quintrell Downs	d	10 19		13 09		15 04		17 28		19 31		21 32								
	St Columb Road	d	10x26		13x16		15x11		17x35				21x39								
	Roche	d	10x38		13x28		15x23		17x47				21x51								
	Bugle	d	10x42		13x32		15x27		17x51		19x54		21x55								
	Luxulyan	d	10x48		13x38		15x33		17x57				22x01								
	Par	a	11 02		13 52		15 47		18 13		20 13		22 16								

Mondays to Fridays

from 17 September

			GW		GW		GW		GW		GW		GW								
			◇		◇		◇		◇		GW		GW								
	Newquay	d	10 13		13 03		15 01		17 22		19 25		21 26								
	Quintrell Downs	d	10 19		13 09		15 07		17 28		19 31		21 32								
	St Columb Road	d	10x26		13x16				17x35				21x39								
	Roche	d	10x38		13x28				17x47				21x51								
	Bugle	d	10x42		13x32		15x28		17x51		19x54		21x55								
	Luxulyan	d	10x48		13x38				17x57				22x01								
	Par	a	11 02		13 52		15 47		18 13		20 13		22 16								

Saturdays

until 8 September

			XC		GW		GW		GW		GW		GW								
			◇ A B		◇ A B		◇ A B		◇ A B		GW		GW								
	Newquay	d	09 27		11 21		13 14		17 20		21 21										
	Quintrell Downs	d																			
	St Columb Road	d																			
	Roche	d																			
	Bugle	d																			
	Luxulyan	d																			
	Par	a	10 24		12 24		14 15		18 20		22 07										

Saturdays

from 15 September

			GW		GW		GW		GW		GW		GW		GW						
			◇		◇		◇		◇		GW		GW								
	Newquay	d	07 48		10 12		13 09		14 59		17 21		19 17		21 18						
	Quintrell Downs	d	07 54		10 18		13 15		15 05		17 27		19 23		21 24						
	St Columb Road	d	08x02		10x26		13x23		15x13		17x35				21x32						
	Roche	d	08x13		10x37		13x34		15x24		17x46				21x43						
	Bugle	d	08x18		10x42		13x39		15x29		17x51		19x46		21x48						
	Luxulyan	d	08x23		10x47		13x44		15x34		17x56				21x53						
	Par	a	08 39		11 01		13 59		15 48		18 10		20 03		22 07						

A The Atlantic Coast Express

For connections at Par please refer to Table 135

Table 142

Sundays

until 9 September

Newquay - Par

Route Diagram - see first Page of Table 135

		GW ◇	XC ◇ 1	GW ◇ A	GW ◇ B	GW ◇ 1 P	GW ◇	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
Newquay	d	09 54	11 30	12 55	13 05	16 15	17 32	19 40												
Quintrell Downs	d	10 00		13 01	13 11		17 38	19 46												
St Columb Road	d	10x08		13x09	13x19		17x46	19x54												
Roche	d	10x19		13x20	13x30		17x57	20x05												
Bugle	d	10x24		13x25	13x35		18x02	20x10												
Luxulyan	d	10x33		13x30	13x40		18x07	20x15												
Par	a	10 47	12 28	13 44	13 54	17 14	18 21	20 29												

Sundays

from 16 September

		GW ◇	GW ◇	GW																
Newquay	d	11 12	15 10	17 30																
Quintrell Downs	d	11 18	15 16	17 36																
St Columb Road	d	11x26	15x24	17x44																
Roche	d	11x37	15x35	17x55																
Bugle	d	11x42	15x40	18x00																
Luxulyan	d	11x47	15x45	18x05																
Par	a	12 01	15 59	18 19																

A until 24 June

B from 1 July until 9 September

For connections at Par please refer to Table 135