

Table 142

Mondays to Fridays

20 May to 6 December

Par - Newquay

Route Diagram - see first Page of Table 135

Miles		GW	GW	GW	GW	GW	GW	GW	GW	GW											
		◇	◇	◇	◇	◇	◇	◇	◇	◇											
		A	B	A	B	C	B														
0	Par.....	d	09 17	09 17	11 42	12 13	13 30	14 07	16 10	18 29	20 28										
4 1/4	Luxulyan.....	d	09x28	09x28	11x53			14x18	16x21	18x40	20x39										
6 1/4	Bugle.....	d	09x34	09x34	11x59	12x30		14x24	16x26	18x46	20x45										
8 1/4	Roche.....	d	09x38	09x38	12x03			14x29	16x32	18x50	20x49										
14 1/2	St Columb Road.....	d	09x50	09x50	12x15			14x40	16x43	19x02	21x01										
18 1/2	Quintrell Downs.....	d	09 58	09 58	12 23			14 48	16 51	19 10	21 09										
20 1/2	Newquay.....	a	10 09	10 09	12 34	13 01	14 25	14 59	17 02	19 21	21 20										

Saturdays

25 May to 7 September

		XC	GW	GW	XC	GW	XC	GW													
		◇	◇	◇	◇	◇	◇	◇													
	Par.....	d	07 28	09 46	11 41	13 32	15 43	17 42	20 22												
	Luxulyan.....	d																			
	Bugle.....	d																			
	Roche.....	d																			
	St Columb Road.....	d																			
	Quintrell Downs.....	d																			
	Newquay.....	a	08 18	10 52	12 47	14 36	16 52	18 38	21 11												

Saturdays

14 September to 7 December

		GW	GW	GW	GW	GW	GW														
		◇	◇	◇	◇	◇	◇														
	Par.....	d	06 52	09 18	12 15	14 10	16 15	18 21	20 15												
	Luxulyan.....	d	07x03	09x29	12x26		16x26	18x32	20x26												
	Bugle.....	d	07x09	09x35	12x32	14x27	16x32	18x38	20x32												
	Roche.....	d	07x14	09x39	12x37		16x37	18x43	20x37												
	St Columb Road.....	d	07x25	09x51	12x48		16x48	18x54	20x48												
	Quintrell Downs.....	d	07 33	09 59	12 56		16 56	19 02	20 56												
	Newquay.....	a	07 44	10 10	13 07	14 57	17 07	19 13	21 07												

Sundays

19 May to 8 September

		GW	XC	GW	GW	GW	GW														
		◇	◇	◇	◇	◇	◇														
	Par.....	d	09 00	09 55	11 49	14 24	16 38	18 36													
	Luxulyan.....	d	09x11		12x00			18x47													
	Bugle.....	d	09x17		12x13		17 02	18x53													
	Roche.....	d	09x22		12x17			18x58													
	St Columb Road.....	d	09x33		12x29			19x09													
	Quintrell Downs.....	d	09 41		12x36			19x17													
	Newquay.....	a	09 50	11 00	12 45	15 19	17 32	19 26													

Sundays

15 September to 1 December

		GW	GW	GW																	
		◇	◇	◇																	
	Par.....	d	10 18	13 31	16 30																
	Luxulyan.....	d	10x29	13x42	16x41																
	Bugle.....	d	10x35	13x48	16x47																
	Roche.....	d	10x40	13x53	16x52																
	St Columb Road.....	d	10x51	14x04	17x03																
	Quintrell Downs.....	d	10 59	14 12	17 11																
	Newquay.....	a	11 10	14 23	17 22																

A from 8 July until 30 August
 B until 5 July, from 2 September
 C from 8 July until 30 August. The Atlantic Coast Express

For connections at Par please see Table 135

Table 142

Mondays to Fridays

20 May to 6 December

Newquay - Par

Route Diagram - see first Page of Table 135

Miles		GW	GW	GW	GW	GW	GW	GW	GW											
		◇	◇ A	◇ B	◇ B	◇ C E	◇													
0	Newquay	d	10 13	12x40	13x03	15x01	15x06	17 22	19 25	21 26										
2½	Quintrell Downs	d	10 19	12x46	13x09	15x07		17 28	19 31	21 32										
6½	St Columb Road	d	10x26	12x53	13x16			17x35		21x39										
12	Roche	d	10x38	13x05	13x28			17x47		21x51										
14½	Bugle	d	10x42	13x09	13x32	15x28		17x51	19x54	21x55										
16½	Luxulyan	d	10x48	13x18	13x38			17x57		22x01										
20½	Par	a	11 02	13x34	13x52	15x47	15x58	18 13	20 13	22 16										

Saturdays

25 May to 7 September

		XC	GW	GW	XC	GW	XC	GW												
		◇ E	◇ E	◇ E	◇ E	◇ E	◇ E	◇ E												
	Newquay	d	09 35	11 30	13 19	15 30	17 26	20 00	21 21											
	Quintrell Downs	d																		
	St Columb Road	d																		
	Roche	d																		
	Bugle	d																		
	Luxulyan	d																		
	Par	a	10 29	12 25	14 14	16 24	18 21	20 56	22 05											

Saturdays

14 September to 7 December

		GW	GW	GW	GW	GW	GW													
		◇	◇	◇	◇	◇	◇													
	Newquay	d	07 48	10 12	13 09	14 59	17 21	19 17	21 18											
	Quintrell Downs	d	07 54	10 18	13 15	15 05	17 27	19 23	21 24											
	St Columb Road	d	08x02	10x26	13x23	15x13	17x35		21x32											
	Roche	d	08x13	10x37	13x34	15x24	17x46		21x43											
	Bugle	d	08x18	10x42	13x39	15x29	17x51	19x46	21x48											
	Luxulyan	d	08x23	10x47	13x44	15x34	17x56		21x53											
	Par	a	08 39	11 01	13 58	15 48	18 10	20 03	22 07											

Sundays

19 May to 8 September

		GW	XC	GW	GW	GW	GW													
		◇	◇ E	◇	◇ E	◇	◇													
	Newquay	d	09 52	11 32	13 12	16 21	17 35	19 40												
	Quintrell Downs	d	09 58		13 18		17 41	19 46												
	St Columb Road	d	10x06		13x26		17x49	19x54												
	Roche	d	10x17		13x37		18x00	20x05												
	Bugle	d	10x22		13x42		18x05	20x10												
	Luxulyan	d	10x25		13x45		18x08	20x13												
	Par	a	10 39	12 27	13 59	17 16	18 21	20 26												

Sundays

15 September to 1 December

		GW	GW	GW																
		◇	◇	◇																
	Newquay	d	11 12	15 10	17 30															
	Quintrell Downs	d	11 18	15 16	17 36															
	St Columb Road	d	11x26	15x24	17x44															
	Roche	d	11x37	15x35	17x55															
	Bugle	d	11x42	15x40	18x00															
	Luxulyan	d	11x47	15x45	18x05															
	Par	a	12 01	15 59	18 19															

A from 8 July until 30 August
 B until 5 July, from 2 September
 C from 8 July until 30 August. The Atlantic Coast Express

For connections at Par please see Table 135