

Table 128

Mondays to Fridays

19 May to 12 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

Miles	Miles		AW MX	AW MO	AW B	AW MX	AW MX	GW MO	GW MO	GW MX	GW MO	GW MO	GW MO	GW MX	AW	AW	AW	AW	AW	AW	AW
—	—	London Paddington 1 5	◇	◇		◇	◇	◇ 1	◇ 1	◇ 1	◇ 1		◇ 1	◇ 1							
—	—	Reading 2																			
—	—	Manchester Piccadilly 1 0																			
—	—	Gloucester 2																			
—	—	Bristol Parkway 2																			
—	—	Newport (South Wales)																			
0	—	Cardiff Central 2									00 06										
11	—	Pontyclun																			
14	—	Llanharan																			
16½	—	Pencoed																			
20%	0	Bridgend									00 05	00 28									
—	1	Wildmill																			
—	2¼	Sarn																			
—	3	Tondu																			
—	7	Garth (Mid Glamorgan)																			
—	7½	Maesteg (Ewenny Road)																			
—	8¼	Maesteg																			
26%	—	Pyle																			
32%	—	Port Talbot Parkway				00 01		00 08	00 12	00 18	00 41			01 15	01 23	01 55					
34%	—	Baglan				00 05															
36%	—	Briton Ferry				00 09															
38	—	Neath				00 13		00 16	00 20	00 26	00 50			01 23	01 32	02 03					
41%	—	Skewen				00 16															
43%	—	Llansamlet				00 20															
47%	—	Swansea				00 28		00 33	00 36	00 39	01 02			01 36	01 44	02 16					
—	—					00 45															
53	—	Gowerton				00 55										04 31					05 45
58%	—	Llanelli				01 50										04 42					05 55
—	—					01 52										04 49					06 02
—	—					00 02															06 04
62%	—	Pembrey & Burry Port		00 08	00 04	01 50															06 10
68	—	Kidwelly		00 11	01 16																06 17
72%	—	Ferryside		00 17	01 22																06 23
79%	—	Carmarthen		00 28	00 30	01 40															06 38
—	—			00 31	00 34																06 39
93%	—	Whitland		00 46	00 50											04 45	05 30	05 50	05 58		06 39
—	—			00 46	00 50											05 03	05 46	06 05	06 13		06 56
—	—															05 03	05 47	06 05	06 13		06 56
—	5%	Narberth															05 56				07 05
—	10%	Kilgetty															06 05				07 15
—	11%	Saundersfoot															06 07				07 17
—	15%	Tenby															06 14				07 24
—	—																06 24				07 32
—	17	Penally															06 27				07 35
—	20%	Manorbier															06 33				07 42
—	23%	Lamphey															06 41				07 49
—	25%	Pembroke															06 44				07 52
—	27%	Pembroke Dock															06 54				08 07
98%	—	Clunderwen														05 10		06 12	06 19		
105%	0	Clarbeston Road		01 00	01 03											05 18		06 20	06 27		07 34
—	5%	Haverfordwest														05 29					06 35
—	10	Johnston					00 06									05 37					06 43
—	14	Milford Haven					00 21									05 52					06 58
—	—	Fishguard & Goodwick		01 20	01 22													06 38			07 52
121	—	Fishguard Harbour 2 0		01 28	01 32													06 44			07 58
—	—																				
—	—	Rosslare Harbour																			

A from 27 October until 8 September
 B from 15 September until 20 October
 C until 8 September
 D until 5 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Mondays to Fridays

19 May to 12 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
	◊	◊																			
	⌒	⌒																			
London Paddington 1.5	⊕																				
Reading 7	d																				
Manchester Piccadilly 1.0	d																				
Gloucester 7	d					05 50															
Bristol Parkway 7	d					06 44															
Newport (South Wales)	d					06 44															
Cardiff Central 7	d	05 37	05 53	06 42	07 03	07 14			07 50												
Pontyclun	d	05 51							08 04	08 06											
Llanharan	d	05 56							08 04	08 06											
Pencoed	d	06 01							08 04	08 06											
Bridgend	d	06 07	06 15	07 02	07 33	07 41			08 09												
Wildmill	d		06 17			07 35															
Sarn	d		06 20			07 38															
Tondu	d		06 24			07 42															
Garth (Mid Glamorgan)	d		06 33			07 51															
Maesteg (Ewenny Road)	d		06 36			07 54															
Maesteg	a		06 41			07 56															
Pyle	d	06 15				07 10															
Port Talbot Parkway	d	06 23				07 18			08 00	08 25											
Baglan	d	06 27				07 22			08 03	08 27											
Briton Ferry	d	06 30				07 25			08 07	08 31											
Neath	d	06 34				07 29			08 11	08 35											
Skewen	d	06 38				07 33			08 14	08 38											
Llansamlet	d	06 42				07 37			08 18	08 42											
Swansea	a	06 51				07 45			08 30	08 54											
	d	06 53				07 50			09 01	09 25											
Gowerton	d	07 03				08 00			09 12	09 36											
Llanelli	a	07 11				08 07			09 18	09 42											
	d	07 11				08 08			09 20	09 44											
Pembrey & Burry Port	d	07 17				08 14			09 26	09 50											
Kidwelly	d	07x23				08x20			09x32	09 56											
Ferryside	d	07x29				08x26			09x37	09 59											
Carmarthen	a	07 43				08 40			09 50	09 54											
	d	07 46				08 43			09 53	09 57											
Whitland	a	08 00				08 59			10 13	10 17											
	d	08 00				09 02			09 07	10 14											
Narberth	d					09x11															
Kilgetty	d					09x21															
Saundersfoot	d					09x23															
Tenby	a					09 30															
	d					09 43															
Penally	d					09x46															
Manorbier	d					09 53															
Lamphey	d					10x00															
Pembroke	d					10 03															
Pembroke Dock	a					10 18															
Clunderwen	d	08x07							09x14	10x20											
Clarbeston Road	d	08x14							09x22	10x28											
Haverfordwest	d	08 23								10 36											
Johnston	d	08x31								10x44											
Milford Haven	a	08 43								10 57											
Fishguard & Goodwick	a								09 41												
Fishguard Harbour 8.0	a								09 47												
Rosslare Harbour	a																				

A until 17 October C until 5 September E from 20 October. The St. David
 B from 20 October D until 17 October. The St. David

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Mondays to Fridays

19 May to 12 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
London Paddington 15	08 45							09 45												
Reading 7	09 12							10 12												
Manchester Piccadilly 10								08 30					09 30							
Gloucester 7												10 58								
Bristol Parkway 7	10 08							11 08					12 08							
Newport (South Wales)	10 31	10 40						11 22	11 31			11 52	12 23							
Cardiff Central 7	10 48	10 57				11 14	11 18	11 38	11 48			12 18	12 39		12 48	13 11	13 13	13 18	13 41	13 48
Pontyclun							11 30					12 30						13 30		14 33
Llanharan							11 35					12 35						13 35		14 38
Pencoed							11 39					12 39						13 39		14 42
Bridgend	11 09	11 19				11 34	11 46	11 59	12 09			12 46	12 58		13 09	13 32	13 34	13 46	14 04	14 09
Wildmill							11 49					12 49						13 49		14 52
Sarn							11 52					12 52						13 52		14 55
Tondu							11 55					12 55						13 55		14 58
Garth (Mid Glamorgan)							12 04					13 05						14 05		15 08
Maesteg (Ewenny Road)							12 07					13 07						14 07		15 10
Maesteg							12 14					13 12						14 12		15 15
Pyle							11 42											13 40	13 42	
Port Talbot Parkway	11 22						11 50		12 11	12 22			13 11		13 22			13 48	13 50	14 18
Baglan							11 54											13 52	13 54	
Briton Ferry							11 57											13 55	13 57	
Neath	11 30						12 01		12 18	12 30			13 18		13 30			13 59	14 01	14 25
Skewen							12 05											14 03	14 05	
Llansamlet							12 09											14 07	14 09	
Swansea	11 43						12 20		12 34	12 43			13 33		13 44			14 18	14 20	14 34
Gowerton							12 00		12 40		13 12		13 37					14 00		14 37
Llanelli							12 10		12 51		13 23		13 48					14 00		14 37
Pembrey & Burry Port		11 59					12 17		12 57		13 30		13 54					14 15		14 55
Kidwelly		12 03					12 19		12 59				13 56					14 16		14 56
Ferryside							12 25		13 05				14 02					14 22		15 02
Carmarthen							12 48		13 22				14 08					14 45		15 22
Whitland		12 45					13 06		13 45				14 13					14 51		15 28
Narberth		12 45					13 06		13 45				14 13					15 06		15 43
Kilgetty							13 15						14 30					15 15		15 43
Saundersfoot							13 25						14 30					15 25		15 43
Tenby							13 27						14 30					15 27		15 43
Penally							13 34						14 30					15 34		15 45
Manorbier							13 45						14 30					15 45		15 45
Lamphey							13 48						14 30					15 48		15 48
Pembroke							13 54						14 30					15 54		15 54
Pembroke Dock							14 02						14 30					16 02		16 02
Clunderwen							14 05						14 30					16 05		16 08
Clarbeston Road							14 19						14 30					16 19		16 13
Haverfordwest																				16 30
Johnston																				16 13
Milford Haven																				16 29
Fishguard & Goodwick		13 17																		
Fishguard Harbour 80		13 27																		
Rosslare Harbour			14 30																	
			18 00																	

A until 5 September B from Bridgend to Bridgend C until 17 October D from 20 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Mondays to Fridays

19 May to 12 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	AW	GW	AW	AW	GW
London Paddington 15	◇					◇	◇					◇	◇				◇	◇		◇
Reading 7	⊕					⊕	⊕					⊕	⊕				⊕	⊕		⊕
Manchester Piccadilly 10																				
Gloucester 7																				
Bristol Parkway 7																				
Newport (South Wales)																				
Cardiff Central																				
Pontyclun																				
Llanharan																				
Pencoed																				
Bridgend																				
Wildmill																				
Sarn																				
Tondu																				
Garth (Mid Glamorgan)																				
Maesteg (Ewenny Road)																				
Maesteg																				
Pyle																				
Port Talbot Parkway																				
Baglan																				
Briton Ferry																				
Neath																				
Skewen																				
Llansamlet																				
Swansea																				
Gowerton																				
Llanelli																				
Pembrey & Burry Port																				
Kidwelly																				
Ferryside																				
Carmarthen																				
Whitland																				
Narberth																				
Kilgetty																				
Saundersfoot																				
Tenby																				
Penally																				
Manorbier																				
Lamphey																				
Pembroke																				
Pembroke Dock																				
Clunderwen																				
Clarbeston Road																				
Haverfordwest																				
Johnston																				
Milford Haven																				
Fishguard & Goodwick																				
Fishguard Harbour																				
Rosslare Harbour																				

A ⊕ from Bridgend ⊕ to Bridgend B ⊕ until 5 September C ⊕ from 20 October D ⊕ until 17 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Mondays to Fridays

19 May to 12 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW FX ◇		GW ◇	GW FO ◇	GW FX ◇															
London Paddington 15	d		21 15	22 45	22 45															
Reading 7	d		21 41	23 11	23 23															
Manchester Piccadilly 1.0	d	19 30																		
Gloucester 7	d																			
Bristol Parkway 7	d		22 47	00 16	00 27															
Newport (South Wales)	d	22 42	23 19	00 39	00 56															
Cardiff Central 7	d	23 15	23 43	00 55	01 17															
Pontyclun	d	23 29																		
Llanharan	d	23 34																		
Pencoed	d	23 39																		
Bridgend	d	23 45	00 05	01 21	01 42															
Wildmill	d																			
Sarn	d																			
Tondu	d																			
Garth (Mid Glamorgan)	d																			
Maesteg (Ewenny Road)	d																			
Maesteg	a																			
Pyle	d	23 53																		
Port Talbot Parkway	d	00 01	00 18	01 34	01 55															
Baglan	d	00 05																		
Briton Ferry	d	00 09																		
Neath	d	00 13	00 26	01 42	02 03															
Skewen	d	00 16																		
Llanamlet	d	00 20																		
Swansea	a	00 28	00 39	01 55	02 16															
	d	00 45																		
Gowerton	d	00s55																		
Llanelli	a	01s02																		
	d																			
Pembrey & Burry Port	d	01s09																		
Kidwelly	d	01x16																		
Ferryside	d	01x22																		
Carmarthen	a	01 40																		
	d																			
Whitland	a																			
	d																			
Narberth	d																			
Kilgetty	d																			
Saundersfoot	d																			
Tenby	a																			
	d																			
Penally	d																			
Manorbier	d																			
Lamphey	d																			
Pembroke	d																			
Pembroke Dock	a																			
Clunderwen	d																			
Clarbeston Road	d																			
Haverfordwest	d																			
Johnston	d																			
Milford Haven	a																			
Fishguard & Goodwick	a																			
Fishguard Harbour 30	a																			
	d																			
Rosslare Harbour	a																			

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Saturdays

24 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	GW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
London Paddington 15	◇																						
Reading 7																							
Manchester Piccadilly 10																							
Gloucester 7																							
Bristol Parkway 7																							
Newport (South Wales)																							
Cardiff Central 7																							
Pontyclun																							
Llanharan																							
Pencoed																							
Bridgend																							
Wildmill																							
Sarn																							
Tondu																							
Garth (Mid Glamorgan)																							
Maesteg (Ewenny Road)																							
Maesteg																							
Pyle																							
Port Talbot Parkway																							
Baglan																							
Briton Ferry																							
Neath																							
Skewen																							
Llansamlet																							
Swansea																							
Gowerton																							
Llanelli																							
Pembrey & Burry Port																							
Kidwelly																							
Ferryside																							
Carmarthen																							
Whitland																							
Narberth																							
Kilgetty																							
Saundersfoot																							
Tenby																							
Penally																							
Manorbier																							
Lamphey																							
Pembroke																							
Pembroke Dock																							
Clunderwen																							
Clarbston Road																							
Haverfordwest																							
Johnston																							
Milford Haven																							
Fishguard & Goodwick																							
Fishguard Harbour 80																							
Rosslare Harbour																							

A until 6 September C until 6 September. ◇ from Swansea
 B until 6 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Saturdays

24 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW		AW	GW	AW	AW	AW	AW	GW	GW		AW	AW	AW	AW	GW	GW	AW	AW	AW		AW	GW	
	Ⓜ		A	Ⓛ B Ⓜ	A	Ⓛ		C	Ⓛ D Ⓜ	Ⓛ E Ⓜ		Ⓛ		Ⓛ	C	Ⓛ F Ⓜ	Ⓛ G Ⓜ	A	Ⓛ			Ⓛ	Ⓛ F Ⓜ	
London Paddington Ⓜ	d								09:36	09:45						10:36	10:45						11:36	
Reading Ⓜ	d								10:15	10:14						11:12	11:12						12:14	
Manchester Piccadilly Ⓜ	d					07 30							08 30											
Gloucester Ⓜ	d												10 58											
Bristol Parkway Ⓜ	d								11:08	11:08						12:08	12:08						13:08	
Newport (South Wales)	d					10 44			11:31	11:31			11 37	11 52		12:31	12:31					12 37	13:31	
Cardiff Central Ⓜ	d					11 04	11 14		11 21	11 48	11 48		12 04	12 18		12 48	12 48					13 04	13 14	13 18
Pontyclun	d								11 33															13 30
Llanharan	d								11 38															13 35
Pencoed	d								11 42															13 39
Bridgend	d					11 23	11 34		11 49	12 09	12 09		12 23	12 46		13 09	13 09					13 23	13 34	13 46
Wildmill	d								11 52							12 49								13 49
Sam	d								11 55							12 52								13 52
Tondu	d								11 58							12 55								13 55
Garth (Mid Glamorgan)	d								12 08							13 05								14 05
Maesteg (Ewenny Road)	d								12 10							13 07								14 07
Maesteg	a								12 15							13 12								14 12
Pyle	d								11 42															13 42
Port Talbot Parkway	d					11 36	11 50		12 22	12 22			12 36				13 22	13 22				13 36	13 50	14 22
Baglan	d						11 54																	13 54
Briton Ferry	d						11 57																	13 57
Neath	d					11 43	12 01		12 30	12 30			12 43				13 30	13 30				13 43	14 01	14 30
Skewen	d						12 05																	14 05
Llansamlet	d						12 09																	14 09
Swansea	a					11 56	12 20		12 43	12 43			12 55				13 43	13 43				13 55	14 20	14 43
Gowerton	d		11 50				12 05		12 35				13 03	13 12	13 35			13 50	14 05					14 05
Llanelli	a		12 06	12 06			12 16						13 14	13 23				14 05	14 22					14 16
Pembrey & Burry Port	d		12 07	12 08			12 22		12 50				13 20	13 30	13 50			14 06	14 24					14 24
Kidwelly	d		12 13	12 14			12 30		12 57				13 28		13 57			14 12	14 30					14 36
Ferryside	d						12x36												14x36					14x41
Carmarthen	a		12 39	12 39	12 39		12 53		13 23				13 47		14 20			14 40	14 53					14 53
Whitland	a		12 58	12 58	12 58								13 51		14 38			14 58						14 58
Narberth	d						13 03	13 12					14 06		14 54			15 12						15 12
Kilgetty	d						13 05	13 12					14 06		14 54			15 12						15 12
Saundersfoot	d						13x21								15x03			15x21						15x31
Tenby	a						13x25	13x33							15x15			15x33						15x45
Penally	d						13 33	13 40							15 22			15 40						15 45
Manorbier	d						13 41	13 45							15 34			15 48						15 48
Lamphey	d						13 51	13 54							15 43			15 54						15 54
Pembroke	d						14 03	14 05							15 51			16 02						16 05
Pembroke Dock	a						14 14	14 19							16 09			16 19						16 19
Clunderwen	d												14x13											
Clarbeston Road	d												14x20											
Haverfordwest	d												14 29											
Johnston	d												14x37											
Milford Haven	a												14 52											
Fishguard & Goodwick	a																							
Fishguard Harbour Ⓜ	a																							
Rosslare Harbour	a	14 30																						
Rosslare Harbour	a	18 00																						

A from 13 September
 B until 6 September. The Pembroke Coast Express
 C until 6 September
 D from 13 September until 18 October
 E until 6 September, from 25 October
 F from 13 September until 18 October. Ⓜ from Bridgend Ⓜ to Bridgend
 G until 6 September, from 25 October. Ⓜ from Bridgend Ⓜ to Bridgend

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Saturdays

24 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	AW	AW	GW	GW	AW	AW		AW	AW	AW	AW	GW	GW	AW	AW	GW		GW		AW	AW	AW	AW
	⬆ A ⬆	⬆		⬆ B ⬆	⬆ C ⬆	⬆	D		E				⬆ B ⬆	⬆ C ⬆	⬆	⬆	⬆ B ⬆	⬆ C ⬆	D		⬆ B ⬆	⬆ C ⬆	⬆	⬆
London Paddington 125	d 11:45			12:36	12:45								13:36	13:45			14:36		14:45					
Reading 7	d 12:14			13:14	13:14								14:14	14:14			15:12		15:12					
Manchester Piccadilly 110	d	10:30					11:30						12:30										13:30	
Gloucester 7	d											13:58				14:35								
Bristol Parkway 7	d 13:08			14:08	14:08								15:08	15:08			16:08		16:08					
Newport (South Wales)	d 13:31	13:37		14:31	14:31	14:39			14:55	14:52	15:22	15:31	15:31	15:37		16:31		16:31				16:37	16:56	
Cardiff Central 7	d 13:48	14:04	14:21	14:48	14:48	15:04			15:14	15:18	15:40	15:48	15:48	16:04	16:18	16:48		16:48				17:04	17:18	
Pontyclun	d		14:33							15:30					16:30								17:30	
Llanharan	d		14:38							15:35					16:35								17:35	
Pencoed	d		14:42							15:39					16:39								17:39	
Bridgend	d 14:09	14:23	14:49	15:09	15:09	15:23			15:34	15:46	15:59	16:09	16:09	16:24	16:46	17:09		17:09				17:25	17:46	
Wildmill	d		14:52							15:49					16:49								17:48	
Sarn	d		14:55							15:52					16:52								17:51	
Tondu	d		14:58							15:55					16:55								17:55	
Garth (Mid Glamorgan)	d		15:08							16:05					17:05								18:04	
Maesteg (Ewenny Road)	d		15:10							16:07					17:07								18:07	
Maesteg	a		15:15							16:12					17:12								18:15	
Pyle	d								15:42					16:32		16:32							17:32	
Port Talbot Parkway	d 14:22	14:36		15:22	15:22	15:36			15:50	16:16	16:22	16:22	16:40		17:22		17:22					17:50	18:09	18:20
Baglan	d								15:54						17:42							18:00	18:20	18:31
Briton Ferry	d								15:57						17:46							18:07	18:26	18:38
Neath	d 14:30	14:43		15:30	15:30	15:43			16:01	16:23	16:30	16:30	16:48		17:30		17:30					18:09	18:28	
Skewen	d								16:05						18:15		18:15					18:15	18:33	
Llansamlet	d								16:09						18:15		18:15					18:15	18:33	
Swansea	d 14:43	14:55		15:43	15:43	15:55			16:17	16:35	16:43	16:43	17:01		17:43		17:43					18:05		
Gowerton	d		15:00		16:00	16:05	16:05	16:23	16:40	16:51	17:16	17:16	17:33		18:23	18:39	18:45				18:47	18:57		
Llanelli	a		15:18		16:17	16:26	16:26	16:41	16:57	17:23	17:23	17:42	18:09		18:47	18:57	19:02					19:02		
Pembrey & Burry Port	d		15:26		16:25	16:34	16:34	16:51	17:05	17:30	17:30	17:42	18:09		18:47	18:57	19:02					19:02		
Kidwelly	d				16:31	16:34	16:34	16:51	17:05	17:30	17:30	17:42	18:09		18:47	18:57	19:02					19:02		
Ferryside	d				16:36	16:36	16:36	16:51	17:05	17:30	17:30	17:42	18:09		18:47	18:57	19:02					19:02		
Carmarthen	a		15:45		16:53	16:57	17:01	17:08	17:28	17:31	17:31	17:57	18:29		19:02		19:02					19:02		
Whitland	a		16:03		17:13	17:13	17:22	17:32	17:46	17:45	17:45	18:13	18:47		19:02		19:02					19:02		
Narberth	d		16:04		17:14	17:14	17:32	17:41	17:46	17:45	17:45	18:13	18:47		19:02		19:02					19:02		
Kilgetty	d				17:23	17:23	17:41	17:51							19:28		19:28					19:28		
Saundersfoot	d				17:34	17:34	17:53	18:00							19:40		19:40					19:40		
Tenby	a				17:41	17:46	18:05	18:08							19:50		19:50					19:50		
Penally	d				17:49	17:49	18:08	18:14							20:00		20:00					20:00		
Manorbier	d				17:56	17:56	18:14	18:22							20:07		20:07					20:07		
Lamphey	d				18:03	18:03	18:22	18:25							20:10		20:10					20:10		
Pembroke	d				18:06	18:06	18:25	18:25							20:20		20:20					20:20		
Pembroke Dock	a				18:21	18:21	18:40	18:40							20:20		20:20					20:20		
Clunderwen	d		16x10							17x52				18x20		18x20								
Clarbston Road	d		16x18							18x00				18x27		18x27								
Haverfordwest	d		16:26							18:08														
Johnston	d		16:34							18:16														
Milford Haven	a		16:49							18:31														
Fishguard & Goodwick	a												18:46											
Fishguard Harbour 80	a												18:51											
Rosslare Harbour	a																							

A until 6 September, from 25 October. ⬆ from B from 13 September until 18 October D ⬆ until 6 September
 Bridgend ⬆ to Bridgend C until 6 September, from 25 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Saturdays

24 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	GW	GW	AW	AW	AW	GW	GW	AW	AW	AW	GW	GW	AW	GW	GW	AW	GW	GW	AW	AW
		◊ A Ⓢ	◊ B Ⓢ	Ⓢ			◊ A Ⓢ	◊ B Ⓢ	Ⓢ			◊ A Ⓢ	◊ B Ⓢ	Ⓢ	◊ A Ⓢ	◊ B Ⓢ	Ⓢ	◊ A Ⓢ	◊ B Ⓢ	◊	
London Paddington 15	d	15:36	15:45				16:36	16:45				17:36	17:45				18:36	18:45			
Reading 7	d	16:14	16:14				17:12	17:12				18:13	18:12				19:12	19:12			
Manchester Piccadilly 10	d			14:30					15:30						16:30						
Gloucester 7	d				16:58					17:58							18:58				19:58
Bristol Parkway 7	d	17:08	17:08				18:08	18:08				19:08	19:08				20:08	20:08			
Newport (South Wales)	d	17:31	17:31		17:37	17:52	18:31	18:31	18:37	18:52		19:31	19:31	19:41			19:52	20:31	20:31		20:52
Cardiff Central 7	d	17:38	17:48	17:48	18:04	18:18	18:48	18:48	19:04	19:15		19:48	19:48	20:01			20:13	20:48	20:48	21:04	21:10
Pontyclun	d				18:30				19:28								20:25				21:22
Llanharan	d				18:35				19:33								20:30				21:27
Pencoed	d				18:39				19:37								20:34				21:30
Bridgend	d	17:58	18:09	18:09	18:25	18:46	19:09	19:09	19:24	19:45		20:09	20:09	20:23			20:41	21:09	21:09	21:23	21:41
Wildmill	d				18:49				19:48								20:44				21:43
Sam	d				18:52				19:51								20:47				21:46
Tondu	d				18:55				19:54								20:50				21:50
Garth (Mid Glamorgan)	d				19:05				20:04								21:00				21:59
Maesteg (Ewenny Road)	d				19:07				20:06								21:02				22:02
Maesteg	a				19:13				20:11								21:07				22:06
Pyle	d	18:06			18:33				19:31												21:31
Port Talbot Parkway	d	18:14	18:22	18:22	18:41		19:22	19:22	19:39			20:22	20:22	20:36				21:22	21:22	21:39	
Baglan	d	18:18							19:42												21:39
Briton Ferry	d	18:21							19:45												21:39
Neath	d	18:25	18:30	18:30	18:49		19:30	19:30	19:49			20:30	20:30					21:30	21:30	21:46	
Skewen	d	18:29							19:54												21:46
Llansamlet	d	18:33					19:43	19:43	19:58												21:46
Swansea	a	18:44	18:46	18:46	19:02		19:43	19:43	20:05			20:43	20:43					21:43	21:43	21:57	
	d				19:05	19:34			20:13			21:00	21:00								22:25
Gowerton	d				19:16	19:45			20:24												22:36
Llanelli	a				19:23	19:52			20:30			21:16	21:16	21:05	21:16	21:16					22:42
	d				19:24	19:54			20:32			21:16	21:16	21:06	21:16	21:16					22:44
Pembrey & Burry Port	d				19:30	20:00			20:37					21:12	21:23	21:23					22:50
Kidwelly	d					20x07								21x17							22x56
Ferryside	d					20x13								21x22							23x01
Carmarthen	a				19:51	20:29			20:57					21:34	21:48	21:48					23:18
	d				19:55				21:00					22:05							
Whitland	a				20:10				21:15					22:19							
	d				20:10				21:15					22:20							
Narberth	d								21x24												
Kilgetty	d								21x33												
Saundersfoot	d								21x35												
Tenby	a								21:42												
	d								21:43												
Penally	d								21x46												
Manorbier	d								21:52												
Lamphey	d								22x00												
Pembroke	d								22:03												
Pembroke Dock	a								22:18												
Clunderwen	d				20x17									22x26							
Clarbeston Road	d				20x25					20:30				22x34							
Haverfordwest	d				20:33									22:42							
Johnston	d				20x41									22x50							
Milford Haven	a				20:56									23:05							
Fishguard & Goodwick	a									20:48											
Fishguard Harbour 30	a									20:54											
Rosslare Harbour	a																				

A from 13 September until 18 October

B until 6 September, from 25 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Saturdays

24 May to 13 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW ◇ A ⌞	GW ◇ B ⌞	GW ◇ A ⌞	GW ◇ C ⌞	AW ◇ ⌞	AW	AW D	AW E	GW ◇ A ⌞	GW ◇ C ⌞														
London Paddington 15	d	19 06	19 15	19 36	19 45				20 36	20 45														
Reading 7	d	19 42	19 42	20 12	20 12				21 13	21 13														
Manchester Piccadilly 10	d					18 30																		
Gloucester 7	d																							
Bristol Parkway 7	d	20 40	20 40	21 08	21 08				22 11	22 11														
Newport (South Wales)	d	21 04	21 04	21 31	21 31	21 45			22 47	22 47														
Cardiff Central 7	d	21 22	21 22	21 48	21 48	22 07			23 08	23 08														
Pontyclun	d					22 19			23 58	23 58														
Llanharan	d					22 23			23 03	23 03														
Pencoed	d					22 27			23 08	23 08														
Bridgend	d	21 46	21 46	22 10	22 10	22 33			23 14	23 14	23 30													
Wildmill	d																							
Sam	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d								23 22	23 22														
Port Talbot Parkway	d	21 59	21 59	22 23	22 23	22 45			23 31	23 31	23 43													
Baglan	d								23 35	23 35														
Briton Ferry	d								23 38	23 38														
Neath	d	22 07	22 07	22 31	22 31	22 52			23 42	23 42	23 51													
Skewen	d								23 46	23 46														
Llansamlet	d								23 50	23 50														
Swansea	a	22 20	22 20	22 45	22 45	23 05			23 58	23 58	00 05													
Gowerton	d					23 10	23 45	00 10																
Llanelli	a					23 21																		
Pembrey & Burry Port	d					23 27	00 01	00s29	00s29															
Kidwelly	d					23 29	00 02																	
Ferryside	d					23 34	00 07	00s35	00s35															
Carmarthen	a					00 03	00 28	01 05	01 05															
Whitland	a					00 31																		
Narberth	d					00 46																		
Kilgetty	d					00 46																		
Saundersfoot	d																							
Tenby	a																							
Penally	d																							
Manorbier	d																							
Lamphey	d																							
Pembroke	d																							
Pembroke Dock	a																							
Clunderwen	d																							
Clarbeston Road	d								01x00															
Haverfordwest	d																							
Johnston	d																							
Milford Haven	a																							
Fishguard & Goodwick	a								01 18															
Fishguard Harbour 30	d								01 28															
Rosslare Harbour	a																							

A from 13 September until 18 October C until 6 September, from 25 October E until 6 September
B from 25 October D from 13 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Sundays

18 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	AW	AW	AW	AW	AW	AW	GW		GW	GW	GW	AW	GW	AW	GW	GW		GW	AW	GW	GW
	A	A	B	⊠	⊠	⊠	⊠	⊠		⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠		⊠	G	⊠	⊠
				⊠	⊠	⊠	⊠	⊠		⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠		⊠		⊠	⊠
London Paddington 15	d							07:57		08:00	08:35	08:35		09:27		09:30	09:30		10:37		10:37	10:30
Reading 7	d							08:35		08:36	09:15	09:15		10:00		10:07	10:07		11:12		11:12	11:07
Manchester Piccadilly 10	d																					
Gloucester 7	d																					
Bristol Parkway 7	d																					
Newport (South Wales)	d						09:27	10:36		10:45	10:16	10:21		11:05		12:08	12:17		12:40		12:43	13:14
Cardiff Central 7	d			07:10			09:50	10:54		11:03	11:02	11:07		11:20	11:54	12:05	12:30		12:39		13:00	13:33
Pontyclun	d						10:03									12:18						
Llanharan	d						10:08									12:23						
Pencoed	d						10:13									12:28						
Bridgend	d			07:31			10:20	11:14		11:24	11:24	11:29		11:40	12:14	12:35	12:51		12:59		13:21	13:54
Wildmill	d																					
Sam	d																					
Tondu	d																					
Garth (Mid Glamorgan)	d																					
Maesteg (Ewenny Road)	d																					
Maesteg	a																					
Pyle	d						10:28									12:44						
Port Talbot Parkway	d			07:45			10:37	11:27		11:37	11:37	11:42		11:54	12:27	12:52	13:04		13:12		13:34	13:37
Bağlan	d																					
Briton Ferry	d																					
Neath	d			07:53			10:45	11:36		11:45	11:44	11:49		12:02	12:35		13:11		13:20		13:42	13:44
Skewen	d																					
Llansamlet	d																					
Swansea	a			08:06			10:58	11:48		11:58	11:58	12:03		12:14	12:47		13:24		13:32		13:54	13:57
Gowerton	d		00:10	08:15			11:01	11:08														14:13
Llanelli	a		00s29	08:26			11:13	11:17														14:24
Pembrey & Burry Port	d		00:02	08:35			11:21															14:31
Kidwelly	d		00:07	08:41			11:28															14:39
Feryside	d		00s35	08x48			11x35															14x45
Carmarthen	a		00:28	08x54			11x41															14x51
Whitland	a		01:05	09:07			11:54															15:06
Narberth	d		00:31	09:10		09:55	10:19	12:06														15:08
Kilgetty	d		00:46	08:36		09:26	10:11	10:34	12:22													15:22
Saundersfoot	d		00:46	08:36		09:26	10:11	10:34	12:22													15:23
Tenby	a			09x35			10x43															15x32
Penally	d			09x45			10x52															15x42
Manorbier	d			09x47			10x54															15x44
Lamphey	d			09:54			11:01															15:51
Pembroke	d			09:56			11:11															15:55
Pembroke Dock	a			09x59			11x14															15x58
Clunderwen	d			10:06			11:20															16:04
Clarboston Road	d			10x14			11x28															16x12
Haverfordwest	d			10:17			11:31															16:15
Johnston	d			10:27			11:41															16:30
Milford Haven	a			08x44			10x19															14x29
Fishguard & Goodwick	d			08x52			10x27															14x37
Fishguard Harbour 30	a			09:00			10:35															14:45
Rosslare Harbour	a			09x09			10x44															14x54
	d			09:20			10:55															15:09
	a			01:18										13:55								
	a			01:28										14:00								

A not 18 May
 B until 7 September
 C from 26 October
 D from 14 September until 19 October
 E until 15 June, from 3 August until 7 September
 F from 22 June until 27 July
 G until 19 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Sundays

18 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	AW	GW	GW	GW	AW	AW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	AW	AW	GW	GW	GW	AW	AW	AW
	A	A	B	C		D	A	A	E	F	C	G	A	E		D	A	F	G	C	H	C	A	
		⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇	⬇		⬇	⬇	⬇	⬇	⬇	⬇	⬇	
London Paddington 16.5	d		11.37	11.37			11.37		11.30	12.37	12.37	12.37	12.37	12.30				13.37	13.37	13.37				
Reading 7	d		12.14	12.14			12.13		12.07	13.12	13.12	13.12	13.13	13.07				14.12	14.12	14.12				
Manchester Piccadilly 1.0	d				10.30																	12.30	12.30	
Gloucester 7	d																							
Bristol Parkway 7	d		13.13	13.13					14.13	14.13	14.13	14.13	15.16	15.16				15.12	15.12	15.20				
Newport (South Wales)	d		13.38	13.38	13.29		14.14		14.14	14.39	14.42	14.39	15.16	15.16				15.38	15.38	15.50		15.49	15.49	
Cardiff Central 7	d		13.57	13.57	14.05		14.33		14.33	15.00	15.00	15.00	15.37	15.39				15.58	15.58	16.10		16.09	16.16	
Pontyclun	d				14.18																	16.23	16.29	
Llanharan	d				14.23																	16.28	16.34	
Pencoed	d				14.28																	16.32	16.39	
Bridgend	d		14.18	14.18	14.35		14.53		14.54	15.20	15.20	15.21	15.58	16.00				16.19	16.19	16.31		16.39	16.46	
Wildmill	d																							
Sam	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d				14.43																	16.47	16.47	
Port Talbot Parkway	d		14.30	14.30	14.51		15.06		15.06	15.33	15.33	15.33	16.11	16.13				16.32	16.32	16.44		16.56	17.02	
Baglan	d																							
Briton Ferry	d																							
Neath	d		14.40	14.40	14.59		15.14		15.14	15.41	15.41	15.41	16.19	16.21				16.40	16.40	16.52		17.04	17.10	
Skewen	d																							
Llansamlet	d																							
Swansea	a		14.24	14.54	15.12		15.29		15.30	15.56	15.56	15.56	16.32	16.33				16.53	16.53	17.05		17.16	17.23	
Pyle	d		14.29	14.50	15.14		15.26		15.35	15.42								16.38	16.40	17.00		17.12	17.25	
Gowerton	d		14.40	14.59	15.14		15.36		15.45									16.49	16.51	17.00		17.36	17.37	
Llanelli	a		14.47	15.06	15.15	15.33	15.48		15.52	15.58								16.56	16.58	17.16		17.43	17.44	
Pembrey & Burry Port	d		14.49	15.07	15.16	15.33			15.59									16.58	17.00	17.17		17.44	17.44	
Kidwelly	d		14.55	15.14	15.23	15.40			16.06									17.04	17.06	17.24		17.50	17.51	
Ferryside	d		15x01	15x07														17x11	17x13					
Carmarthen	a		15.25	15.37	15.45	16.03			16.27									17x17	17x19					
Whitland	d		15.27	15.45	16.09													17.30	17.32	17.45		18.14	18.14	
Narberth	d		15.41	15.51	16.25													17.32	17.34			18.20	18.32	
Kilgetty	d		15.42	15.51	16.27													17.48	17.50			18.36	18.48	
Saundersfoot	d		15x01	15x07														17.48	17.52			18.37	18.49	
Tenby	a		16.10	16.14														18x07	18x11					
Penally	d		16.17	16.23														18x09	18x13					
Lamphey	d		16.31	16.34														18x17	18x21					
Pembroke	d		16.49															18x22	18x26					
Pembroke Dock	a																	18x29	18x33					
Clunderwen	d				16x34													18x36	18x40					
Clarbeston Road	d				16x42													18x40	18x44					
Haverfordwest	d				16.51													18x55	18x59					
Johnston	d				16x59																	19x01	19x13	
Milford Haven	d				17.11																	19x10	19x22	
Fishguard & Goodwick	a																					19x25	19x37	
Fishguard Harbour 8.0	a																							
Rosslare Harbour	a																							

A from 26 October **D** until 19 October **G** from 3 August until 7 September
B until 15 June, from 3 August until 7 September **E** from 14 September until 19 October **H** until 15 June, from 3 August until 19 October
C from 22 June until 27 July **F** until 15 June

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Sundays

18 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	GW	GW	GW	GW	GW	GW	AW	AW		GW	GW	GW	AW	AW	AW	AW	GW	GW		GW	GW		
	◇ A	◇ B	◇ A	◇ C	◇ D	◇ E	◇ A	◇ B	A	F	◇ C	◇ D	◇ E	◇ G	◇ A	◇ E	F	◇ A	◇ B		◇ H	◇ E		
London Paddington 16	13:37																							
Reading 7	14:13																							
Manchester Piccadilly 10																								
Gloucester 7																								
Bristol Parkway 7																								
Newport (South Wales)	16:13	16:15	16:40	16:40	16:47	17:16	17:21				17:15	17:15	17:17	17:34	17:34	17:34					18:16	18:18	18:14	18:21
Cardiff Central 7	16:32	16:34	17:01	17:01	17:07	17:36	17:37				18:01	18:01	18:02	18:06	18:06	18:09					18:36	18:36	19:01	19:06
Pontyclun														18:21	18:21	18:24								
Llanharan														18:26	18:26	18:29								
Pencoed														18:30	18:30	18:33								
Bridgend	16:54	16:56	17:24	17:24	17:30	17:57	17:58				18:20	18:20	18:23	18:38	18:38	18:41					18:57	18:57	19:20	19:28
Wildmill																								
Sam																								
Tondu																								
Garth (Mid Glamorgan)																								
Maesteg (Ewenny Road)																								
Maesteg																								
Pyle														18:46	18:46	18:49								
Port Talbot Parkway	17:07	17:09	17:37	17:37	17:43	18:10	18:11				18:33	18:33	18:36	18:54	18:54	18:57					19:10	19:10	19:33	19:42
Baglan																								
Briton Ferry																								
Neath	17:14	17:16	17:45	17:45	17:51	18:18	18:19				18:40	18:41	18:44	19:02	19:02	19:05					19:18	19:18	19:40	19:48
Skewen																								
Llansamlet																								
Swansea	17:27	17:29	17:27	17:58	17:59	18:04	18:31	18:32			18:58	18:58	18:59	19:15	19:15	19:18					19:32	19:35	19:55	20:04
Gowerton	17:43	17:39	17:43											19:20	19:37	19:22								
Llanelli		17:55	17:59											19:31	19:33									
Pembrey & Burry Port		17:57	18:00											19:38	19:40									
Kidwelly		18:03	18:07											19:39	19:41									
Ferryside														19:45	19:47									
Carmarthen		18:25	18:28																					
Whitland														20:07	20:09									
Narberth														20:08	20:10									
Kilgetty														20:24	20:26									
Saundersfoot														20:30	20:32	20:37								
Tenby																20:44								
Penally																20:53								
Manorbier																21:02								
Lamphey																21:06								
Pembroke																21:09								
Pembroke Dock																21:15								
Clunderwen																21:23								
Clarbeston Road																21:26								
Haverfordwest																21:36								
Johnston																								
Milford Haven																21:54								
Fishguard & Goodwick																21:03								
Fishguard Harbour 80																21:20								
Rosslare Harbour																								

A from 26 October
B from 14 September until 19 October
C until 15 June
D from 3 August until 7 September
E from 22 June until 27 July
F until 19 October
G until 15 June, from 3 August until 19 October
H until 15 June, from 3 August until 7 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Sundays

18 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW	GW	AW	AW	AW	GW	GW		GW	AW	AW	GW	GW	GW	GW	GW	GW		GW	GW	AW	GW	GW	GW
	◇ A ⊞	◇ B ⊞	B	B ⊞		◇ C ⊞	◇ D ⊞		◇ E ⊞	◇ F ⊞	◇ B ⊞	◇ A ⊞	◇ B ⊞	◇ G ⊞	◇ E ⊞	◇ B ⊞	◇ A ⊞		◇ D ⊞	◇ H ⊞	◇	◇ B ⊞	◇ A ⊞	◇ D ⊞
London Paddington 16 ⊕	d 16:30	16:37				17:37	17:37		17:37			17:30	17:37	18:37	18:37	18:37	18:30		19:37	19:37		19:37	19:30	20:37
Reading 7	d 17:07	17:13				18:11	18:12		18:12			18:07	18:13	19:12	19:12	19:13	19:07		20:12	20:12		20:13	20:07	21:12
Manchester Piccadilly 10	d																							
Gloucester 7	d																							
Bristol Parkway 7	d					19:14	19:14		19:15			20:07	20:18	20:38	20:21				21:11	21:11		22:13	22:14	22:11
Newport (South Wales)	d 19:14	19:13				19:40	19:40		19:43			20:26	20:37	20:57	21:06	21:32	21:36		21:57	21:57		22:30	22:32	22:42
Cardiff Central 7	d 19:33	19:33				20:01	20:01		20:03	20:15	20:15	20:26	20:37	20:57	21:06	21:32	21:36		21:57	21:57		22:30	22:32	22:59
Pontyclun	d																							
Llanharan	d																							
Pencoed	d																							
Bridgend	d 19:54	19:56				20:20	20:20		20:24	20:37	20:37	20:53	20:58	21:19	21:29	21:53	21:57		22:19	22:19		22:51	22:57	23:21
Wildmill	d																							
Sam	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d											20:45	20:45											
Port Talbot Parkway	d 20:06	20:06				20:33	20:33		20:37	20:54	20:54	21:06	21:11	21:31	21:45	22:10	22:10		22:31	22:31		23:05	23:10	23:35
Baglan	d																							
Briton Ferry	d																							
Neath	d 20:14	20:15				20:40	20:40		20:45	21:02	21:02	21:14	21:19	21:39	21:52	22:18	22:18		22:39	22:39		23:13	23:18	23:43
Skewen	d																							
Llansamlet	d																							
Swansea	a 20:31	20:32				20:55	20:55		20:58	21:14	21:14	21:27	21:32	21:53	22:07	22:32	22:32		22:55	22:56		23:25	23:31	23:59
Gowerton	d											21:18	21:37											
Llanelli	a											21:29	21:48											
Pembrey & Burry Port	d											21:36	21:55											
Kidwelly	d											21:37	21:56											
Ferryside	d											21:43	22:02											
Carmarthen	a											22:06	22:25											
Whitland	d											22:10	22:27											
Narberth	d											22:26	22:43											
Kilgetty	d											22:26	22:43											
Saundersfoot	d											22:30	22:47											
Tenby	a											20:51	20:52											
Penally	d											21:07	21:26											
Manorbier	d											21:20	21:39											
Lamphey	d											21:23	21:42											
Pembroke	d											21:29	21:48											
Pembroke Dock	a											21:40	21:59											
Clunderwen	d											21:50	22:09											
Clarbeston Road	d											21:56	22:15											
Haverfordwest	d											22:01	22:20											
Johnston	d											22:05	22:24											
Milford Haven	a											22:10	22:29											
Fishguard & Goodwick	a											22:16	22:35											
Fishguard Harbour 80	a											22:25	22:44											
Rosslare Harbour	a											23:10	23:29											

A from 14 September until 19 October D until 15 June G until 15 June, from 3 August until 7 September
 B from 26 October E from 22 June until 27 July H from 22 June until 7 September
 C from 3 August until 7 September F until 19 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128

Sundays

18 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Route Diagram - see first Page of Table 127

	GW ◇ A ⌞	GW ◇ B ⌞	GW ◇ C ⌞		GW ◇ D ⌞	GW ◇ E ⌞	GW ◇ A ⌞	GW ◇ C ⌞	GW ◇ D ⌞											
London Paddington 1.5	d 20:37	20:37	20:37		20:30	21:37	21:37	21:37	21:37											
Reading 2	d 21:11	21:12	21:13		21:07	22:12	22:15	22:13	22:18											
Manchester Piccadilly 1.0	d																			
Gloucester 2	d																			
Bristol Parkway 2	d 22:12	22:11			23:14	23:15														
Newport (South Wales)	d 22:39	22:42	23:13		23:17	23:44	23:44	00:18	00:28											
Cardiff Central 2	d 23:00	22:59	23:32		23:36	00:06	00:06	00:38	00:48											
Pontyclun	d																			
Llanharan	d																			
Pencoed	d																			
Bridgend	d 23:22	23:22	23:53		23:58	00:28	00:28	01:01	01:10											
Wildmill	d																			
Sam	d																			
Tondu	d																			
Garth (Mid Glamorgan)	d																			
Maesteg (Ewenny Road)	d																			
Maesteg	a																			
Pyle	d 23:35	23:35	00:08		00:12	00:41	00:41	01:15	01:23											
Port Talbot Parkway	d																			
Baglan	d																			
Briton Ferry	d																			
Neath	d 23:43	23:43	00:16		00:20	00:50	00:50	01:23	01:32											
Skewen	d																			
Llansamlet	d																			
Swansea	a 00:01	00:01	00:33		00:36	01:02	01:02	01:36	01:44											
Gowerton	d																			
Llanelli	a																			
Pembrey & Burry Port	d																			
Kidwelly	d																			
Ferryside	d																			
Carmarthen	a																			
Whitland	a																			
Narberth	d																			
Kilgetty	d																			
Saundersfoot	d																			
Tenby	a																			
Penally	d																			
Manorbier	d																			
Lamphey	d																			
Pembroke	d																			
Pembroke Dock	a																			
Clunderwen	d																			
Clarbeston Road	d																			
Haverfordwest	d																			
Johnston	d																			
Milford Haven	a																			
Fishguard & Goodwick	a																			
Fishguard Harbour 5.0	a																			
Rosslare Harbour	a																			

A from 22 June until 27 July C from 26 October E until 15 June, from 3 August until 7 September
 B from 3 August until 7 September D from 14 September until 19 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128R

Mondays to Fridays

19 May to 12 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

Miles	Miles		AW MO	AW MO	AW MO	AW MX	AW	GW MO	GW MX	GW	GW	AW	GW	GW	AW	GW	AW	GW	AW	AW	AW
—	—	Rosslare Harbour	d																		
0	—	Fishguard Harbour	a																		
—	—	Fishguard & Goodwick	d				01 50														06 53
—	0	Milford Haven	d				01 53														06 56
—	4	Johnston	d				00 18														05 55
—	8	Haverfordwest	d	00 05			00x26														06x03
15%	14	Clarbeston Road	d	00x14			00x41	02x12													06x18
22%	—	Clunderwen	d	00x21			00x48														07a17
—	0	Pembroke Dock	d																		06x25
—	2	Pembroke	d																		
—	3½	Lamphey	d																		
—	7	Manorbier	d																		
—	10½	Penally	d																		
—	11½	Tenby	a																		
—	—	Saundersfoot	d																		
—	15%	Kilgetty	d																		
—	16%	Narberth	d																		
27%	27%	Whitland	a	00 28			00 54	02 24													06 30
—	—	Carmarthen	d	00 28			00 54	02 24													06 31
41%	—	Ferryside	a	00 49			01 16	02 41													06 47
—	—	Kidwelly	d					03 03													06 50
48%	—	Pembrey & Burry Port	d																		07x00
53	—	Llanelli	d																		07x05
58%	—	Gowerton	d					03 25													07 12
62%	—	Swansea	a					03 25													07 17
—	68	Llansamlet	d																		07 19
73%	—	Neath	a					03 47													07 25
—	77%	Skewen	d																		07 38
79%	—	Briton Ferry	d					03 52	03 52	04 58	05 27										07 44
83	—	Baglan	d																		
84%	—	Port Talbot Parkway	d																		
86%	—	Pyle	d																		
88%	—	Maesteg	d																		
94%	0	Maesteg (Ewenny Road)	d																		
—	0½	Garth (Mid Glamorgan)	d																		
—	5%	Tondu	d																		
—	6	Sarn	d																		
—	7½	Wildmill	d																		
100%	8½	Bridgend	d	00 06	00 27			04 25	04 25	05 31	06 00										06 44
104%	—	Pencoed	d																		06 46
—	107	Llanharan	d																		06 49
—	110	Pontyclun	d																		06 57
—	121	Cardiff Central	a	00 30	00 51																07 00
—	—	Newport (South Wales)	a																		07 03
—	—	Bristol Parkway	a																		07 03
—	—	Gloucester	a																		07 03
—	—	Manchester Piccadilly	a																		07 03
—	—	Reading	a																		07 03
—	—	London Paddington	a																		07 03

A from 27 October
 B until 20 October
 C The Capitals United
 D \square \square from Reading \square to Reading
 E \square \square from Reading \square to Reading

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Mondays to Fridays

19 May to 12 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	GW	GW	AW	AW	AW	GW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW			
		◊	◊	◊		B	◊	◊	◊	◊	◊	◊	◊			◊	◊	◊	◊	◊			
		⊕	⊕	⊕			⊕		⊕	⊕		⊕	⊕			⊕		⊕	⊕	⊕			
Rosslare Harbour	d																						
Fishguard Harbour	a								08 04													09 00	
Fishguard & Goodwick	d								08 07														
Milford Haven	d			07 05																			
Johnston	d			07x13																			
Haverfordwest	d			07 20																			
Clarbeston Road	d			07x28					08x25														
Clunberwen	d			07x35					08x33													10x17	
Pembroke Dock	d					06 59																	
Pembroke	d					07 07																	
Lamphey	d					07x10																	
Manorbier	d					07 18																	
Penally	d					07x24																	
Tenby	a					07 27																	
	d					07 29																	
Saundersfoot	d					07x35																	
Kilgetty	d					07x37																	
Narberth	d					07x47																	
Whitland	a			07 41		07 55			08 37														
	d			07 41		07 56			08 38														
Carmarthen	a			07 55		08 15			08 57														
	d			08 01		08 18			09 00														
Ferryside	d			07 30	08 01	08 18			09 00														
Kidwelly	d			07 43	08x11	08x28			09x10														
Pembrey & Burry Port	d			07 50	08x16	08x34			09x15														
Llanelli	a			07 58	08 23	08 41			09 18														
	d			08 03	08 28	08 46			09 24														
Gowerton	d			08 05	08 30	08 48			08 55	09 25													
Swansea	a			08 21	08 49	09 07			09 04	09 35													
	d			08 28	08 55	09 10			09 23	09 51													
Llansamlet	d			07 58	08 28	08 55			09 28	09 34	09 55												
Skewen	d					09 10			09 28	09 34	09 55												
Neath	d					09 17																	
Briton Ferry	d					09 21																	
Baglan	d					09 25			09 40	09 45	10 06												
Port Talbot Parkway	d			08 10	08 40	09 06			09 25	09 45	10 06												
Pyle	d					09 29																	
	a					09 32																	
	d			08 18	08 48	09 13			09 36	09 52	10 13												
	a					09 36			09 48	09 52	10 13												
	d					09 45			10 05														
Maesteg	d			07 59		09 16			10 16														
Maesteg (Ewenny Road)	d			08 01		09 18			10 18														
Garth (Mid Glamorgan)	d			08 04		09 21			10 21														
Tondu	d			08 13		09 30			10 30														
Sarn	d			08 16		09 33			10 33														
Wildmill	d			08 18		09 35			10 35														
Bridgend	d			08 22	08 31	09 01	09 26	09 39	10 39	11 01	11 26	11 38	11 55										
Pencoed	d			08 28		09 45			10 45														
Llanharan	d					09 49			10 49														
Pontyclun	d			08 35		09 53			10 53														
Cardiff Central	a			08 48	08 52	09 22	09 46	10 07	10 18	10 22	10 42	10 48	11 10	11 22	11 46	12 08	12 18						
Newport (South Wales)	a			09 25	09 09	09 39	10 17	10 25	10 33	10 39	11 02	11 39	12 17	12 25									
Bristol Parkway	a			09 30	09 59				11 00														
Gloucester	a			10 20																			
Manchester Piccadilly	a					13 15																	
Reading	a			10 30	11 00				12 02														
London Paddington	a			11 07	11 32				12 33														

A The Red Dragon B until 5 September C The St. David

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Mondays to Fridays

19 May to 12 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	GW	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
	◇ A	◇		◇		◇	◇		◇	◇		◇	◇		◇	◇		◇	◇	◇	◇	◇
	Ⓜ	Ⓜ		Ⓜ		Ⓜ	Ⓜ		Ⓜ	Ⓜ		Ⓜ	Ⓜ		Ⓜ	Ⓜ		Ⓜ	Ⓜ	Ⓜ	Ⓜ	
Rosslare Harbour	d																					
Fishguard Harbour	a																					
Fishguard & Goodwick	d																					
Milford Haven	d	11 08																				15 08
Johnston	d	11x16																				15x16
Haverfordwest	d	11 23																				15 23
Clarbeston Road	d	11x31																				15x31
Clunderwen	d	11x38																				15x38
Pembroke Dock	d					11 09																13x09
Pembroke	d					11 17																13x17
Lamphey	d					11x20																13x20
Manorbier	d					11 29																13x29
Penally	d					11x34																13x34
Tenby	a					11 37																13x37
	d					11 43																13x41
Saundersfoot	d					11x51																13x49
Kilgetty	d					11x53																13x51
Narberth	d					12x03																14x01
Whitland	a	11 44				12 11																14x09
	d	11 44				12 11																14x09
Carmarthen	a	12 00				12 29																14x30
	d	12 05				12 33																14x38
Ferryside	d					13x12																15x13
Kidwelly	d					13x17																15x18
Pembrey & Burry Port	d	12 23				12 52																14x57
Llanelli	a	12 30				12 58																15x03
	d	12 30			12 42	12 59																15x03
Gowerton	d	12 36				13 37																15 38
Swansea	a	12 49				13 04	13 22															15 51
	d	12 28	12 54			13 10	13 28	13 55														15 23
Llansamlet	d					13 17																15 10
Skewen	d					13 21																15 17
Neath	d	12 40	13 05			13 25																15 21
Briton Ferry	d					13 28																15 25
Baglan	d					13 32																15 28
Port Talbot Parkway	d	12 48	13 12			13 36																15 32
Pyle	d					13 44																15 36
Maesteg	d					13 44																15 44
Maesteg (Ewenny Road)	d					13 15																15 17
Garth (Mid Glamorgan)	d					13 17																15 19
Tondu	d					13 20																15 22
Sarn	d					13 29																15 31
Wildmill	d					13 32																15 34
	d					13 34																15 36
Bridgend	d	13 01	13 25	13 38		13 53																15 36
Pencoed	d					14 01	14 26	14 38	15 01	15 26	15 37	15 41										15 53
Llanharan	d					14 44																15 47
Pontyclun	d					14 48																15 51
Cardiff Central	a	13 22	13 47	14 07		14 15																15 55
Newport (South Wales)	a	13 39	14 17			14 22	14 47	15 06	15 22	15 47	15 58	16 09										16 13
Bristol Parkway	a	13 59				15 00																16 25
Gloucester	a					16 21																16 33
Manchester Piccadilly	a	17 14				18 13																17 19
Reading	a	15 00				15 59																17 15
London Paddington	a	15 33				16 32																17 00

A Ⓜ from Reading Ⓜ to Reading

B Ⓜ until 5 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Mondays to Fridays

19 May to 12 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	AW	GW	AW	AW	AW	GW	AW	AW		AW	AW	AW	GW	GW	AW	AW	GW	GW		AW	AW	AW	AW	
	⊠		⊠	⊠			⊠	⊠						⊠	⊠	⊠		⊠	⊠		⊠		⊠		
Rosslare Harbour	d																								
Fishguard Harbour	a																								
Fishguard & Goodwick	d										19 00														
Milford Haven	d										19 03														
Johnston	d																							19 08	
Haverfordwest	d																								19x16
Clarbston Road	d																								19 23
Clunderwen	d										17x31														19x31
Pembroke Dock	d										17x38														19x38
Pembroke	d	15 09									17 09														
Lamphey	d	15 17									17 17														
Manorbier	d	15x20									17x20														
Penally	d	15 29									17 29														
Tenby	a	15x34									17x34														
Saundersfoot	d	15 37									17 37														
Kilgetty	d	15 41									17 38														19 57
Narberth	d	15x49									17x46														20x05
Whitland	a	15x51									17x48														20x07
Carmarthen	a	16x01									17x58														20x17
Ferryside	d	16 09									17 44	18 06													19 44
Kidwelly	d	16 09									17 45	18 07													19 44
Pembrey & Burry Port	d	16 27									18 02	18 24													20 00
Llanelli	a	16 31		16 58							18 06	18 31													20 05
Gowerton	d	16 45		17x08							18x16														20 05
Swansea	a	17 02		17x13							18x22														20 05
Lansamlet	d	17 10		18x16							18 29	18 50													20 05
Skewen	d	17 16		17 19							18 29	18 50													20 05
Neath	d	17 20		17 25							18 34	18 56													20 05
Briton Ferry	d	17 28		17 26	17 42						18 35	18 57													20 05
Baglan	d	17 31		17 33	17 50						18 43	19 05													20 05
Port Talbot Parkway	d	17 35		17 46	18 11						18 55	19 22													20 05
Pyle	d	17 43		17 28	17 49						18 28	18 58													20 05
Maesteg	d	17 55		17 55							19 05	19 40													20 05
Maesteg (Ewenny Road)	d	18 01		17 55							19 05	19 40													20 05
Garth (Mid Glamorgan)	d	18 01		17 55							19 05	19 40													20 05
Tondu	d	18 01		17 55							19 05	19 40													20 05
Sarn	d	18 01		17 55							19 05	19 40													20 05
Wildmill	d	18 01		17 55							19 05	19 40													20 05
Bridgend	d	18 01		17 55							19 05	19 40													20 05
Pencoed	d	18 01		17 55							19 05	19 40													20 05
Llanharan	d	18 01		17 55							19 05	19 40													20 05
Pontyclun	d	18 01		17 55							19 05	19 40													20 05
Cardiff Central	a	18 14		18 22	18 49						19 13	19 22	20 03												20 05
Newport (South Wales)	a	18 33		18 39	19 03						19 39	19 59													20 05
Bristol Parkway	a	18 59		18 59							19 59														20 05
Gloucester	a	18 59		18 59							19 59														20 05
Manchester Piccadilly	a	18 59		18 59							19 59														20 05
Reading	a	20 00		20 00							21 00														20 05
London Paddington	a	20 37		20 37							21 32														20 05

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128R

Saturdays

24 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	AW	AW	GW	GW	GW	GW	GW	GW	AW		GW	GW	GW	GW	AW	AW	GW	GW	AW		GW	GW	AW	AW
		◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇
			A	B	A	B	A	B			A	B	A	B			C	D			C	D		
			Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ			Ⓜ	Ⓜ	Ⓜ	Ⓜ			Ⓜ	Ⓜ			Ⓜ	Ⓜ		
Rosslare Harbour	d																							
Fishguard Harbour 80	a																							06 53
Fishguard & Goodwick	d																							06 56
Milford Haven	d	01 50																						
Johnston	d	00 18																						05 55
Haverfordwest	d	00x26																						06x03
	d	00 33																						06 10
Clarbeston Road	d	00x41	02x12																					06x18
Clunderwen	d	00x48																						06x25
Pembroke Dock	d																							
Pembroke	d																							
Lamphey	d																							
Manorbier	d																							
Penally	d																							
Tenby	a																							
	d																							
Saundersfoot	d																							
Kilgetty	d																							
Narberth	d																							
Whitland	a	00 54	02 24																					06 30
	d	00 54	02 24																					06 31
Carmarthen	a	01 16	02 41																					06 47
	d		02 44																					06 50
Ferryside	d																							07x00
Kidwelly	d																							07x05
Pembrey & Burry Port	d																							07 12
Llanelli	a	03 06																						07 17
	d		03 06																					07 19
Gowerton	d																							07 25
Swansea	a	03 29																						07 38
	d		03 58	03 58	04 58	04 58	05 28	05 28			05 58	05 58	06 28	06 28		06 43	06 47	06 58	06 58					07 28
Llansamlet	d																							07 44
Skewen	d																							07 18
Neath	d		04 10	04 10	05 10	05 10	05 40	05 40			06 10	06 10	06 40	06 40		06 58	07 10	07 10	07 10					07 22
Briton Ferry	d																							07 26
Baglan	d																							07 29
Port Talbot Parkway	d		04 18	04 18	05 18	05 18	05 48	05 48			06 18	06 18	06 48	06 48		07 05	07 18	07 18	07 18					07 33
Pyle	d																							07 37
	d																							07 45
Maesteg	d																							07 48
Maesteg (Ewenny Road)	d																							07 48
Garth (Mid Glamorgan)	d																							07 44
Tondu	d																							07 11
Sarn	d																							07 18
Wildmill	d																							07 22
	d																							07 26
Bridgend	d		04 30	04 30	05 31	05 31	06 01	06 01			06 31	06 31	07 01	07 01		07 09	07 20	07 31	07 31					07 53
Pencoed	d																							08 01
Llanharan	d																							08 07
Pontyclun	d																							08 11
Cardiff Central	a		04 52	04 52	05 52	05 52	06 22	06 22			06 52	06 52	07 22	07 22		07 22	07 36	07 42	07 52	07 52				08 15
Newport (South Wales)	a		05 09	05 09	06 09	06 09	06 38	06 38			07 08	07 08	07 39	07 39		07 39	07 59	08 02	08 08	08 08				08 30
Bristol Parkway	a		05 36	05 36	06 29	06 29	06 59	06 59			07 29	07 29	07 59	07 59		07 59	08 30	08 30	08 30					08 42
Gloucester	a																							08 22
Manchester Piccadilly	a																							08 22
Reading	a		07 14	07 14	07 31	07 31	08 00	08 00			08 32	08 34	09 00	09 01		09 01	09 31	09 31	09 31					08 01
London Paddington	a		07 44	07 54	08 07	08 13	08 32	08 41			09 02	09 14	09 38	09 43		09 43	10 02	10 11	10 11					08 01

A until 6 September, from 25 October
B from 13 September until 18 October

C until 6 September, from 25 October. **Ⓜ** from Reading **Ⓜ** to Reading

D from 13 September until 18 October. **Ⓜ** from Reading **Ⓜ** to Reading

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Saturdays

24 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	GW A	GW B	GW C	GW D	AW E	AW		AW G	GW C	GW B	AW D	AW E	AW D		AW F	AW A	GW B	GW C	AW D	AW E	AW E	
Rosslare Harbour	d																						
Fishguard Harbour	a																						
Fishguard & Goodwick	d																						
Milford Haven	d																						
Johnston	d																						
Haverfordwest	d																						
Clarbeston Road	d																						
Clunderwen	d																						
Pembroke Dock	d																						
Pembroke	d																						
Lamphey	d																						
Manorbier	d																						
Penally	d																						
Tenby	a																						
Saundersfoot	d																						
Kilgetty	d																						
Narberth	d																						
Whitland	a																						
Carmarthen	a																						
Ferryside	d																						
Kidwelly	d																						
Pembrey & Burry Port	d																						
Llanelli	a																						
Gowerton	d																						
Swansea	a																						
Llansamlet	d																						
Skewen	d																						
Neath	d																						
Briton Ferry	d																						
Baglan	d																						
Port Talbot Parkway	d																						
Pyle	d																						
Maesteg	d																						
Maesteg (Ewenny Road)	d																						
Garth (Mid Glamorgan)	d																						
Tondu	d																						
Sarn	d																						
Wildmill	d																						
Bridgend	d																						
Pencoed	d																						
Llanharan	d																						
Pontyclun	d																						
Cardiff Central	a																						
Newport (South Wales)	a																						
Bristol Parkway	a																						
Gloucester	a																						
Manchester Piccadilly	a																						
Reading	a																						
London Paddington	a																						

A from 25 October
 B from 13 September until 18 October
 C until 6 September, from 25 October
 D until 6 September
 E from 13 September
 F until 18 October
 G until 6 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Saturdays

24 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	GW	AW	AW	GW	AW	AW	GW	GW	GW		AW	AW	AW	AW	GW	GW	GW	AW		AW	GW
	A	B			C			D	E	C				F	A	E	A	C				B
	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡		⚡	⚡	⚡	⚡	⚡	⚡	⚡	⚡		⚡	⚡
Rosslare Harbour	d			09 00																		
Fishguard Harbour	a			12 30																		
Fishguard & Goodwick	d		09 53																			
Milford Haven	d		09 56									11 08										
Johnston	d											11x16										
Haverfordwest	d											11 23										
Clarbeston Road	d		10x14									11x31										
Clunderwen	d		10x22									11x38										
Pembroke Dock	d							10 01							11 09							
Pembroke	d							10 11							11 17							
Lamphey	d														11 20							
Manorbier	d							10 24							11 29							
Penally	d														11 34							
Tenby	a							10 33							11 37							
	d							10 37							11 41	11 41						
Saundersfoot	d							10 47							11 49	11 49						
Kilgetty	d														11 51	11 51						
Narberth	d														12 01	12 01						
Whitland	a		10 28					11 07				11 44			12 09	12 09						
	d	10 05	10 29					11 08				11 44			12 09	12 09						
Carmarthen	a	10 25	10 46					11 26				12 00			12 27	12 27						
	d	10 27			11 09			11 35				12 05			12 31	12 31					13 02	
Ferryside	d				11 19																13 12	
Kidwelly	d				11 24																13 17	
Pembrey & Burry Port	d	10 47			11 30			11 56				12 23			12 50	12 50					13 23	
Llanelli	a	10 53			11 36			12 01				12 28			12 56	12 56					13 29	
	d	10 53			11 37			12 03				12 30	12 42		12 57	12 57					13 30	
Gowerton	d	11 01			11 44							12 36									13 37	
Swansea	a	11 20			11 56			12 19				12 49	13 04		13 22	13 22					13 49	
	d		11 28		11 28	12 00		12 28	12 28	12 28		12 53			13 10						14 00	14 28
Llansamlet	d														13 17							
Skewen	d														13 21							
Neath	d		11 40		11 40	12 11		12 40	12 40	12 40		13 04			13 25						13 40	14 11
Briton Ferry	d														13 28							
Baglan	d														13 32							
Port Talbot Parkway	d		11 48		11 48	12 18		12 48	12 48	12 48		13 11			13 36						13 48	14 18
Pyle	d											13 19			13 44							14 28
Maesteg	d							12 18					13 15									14 15
Maesteg (Ewenny Road)	d							12 20					13 17									14 17
Garth (Mid Glamorgan)	d							12 23					13 20									14 20
Tondu	d							12 32					13 29									14 29
Sarn	d							12 35					13 32									14 32
Wildmill	d							12 37					13 34									14 34
Bridgend	d		12 01		12 01	12 31	13 01	13 01	13 01			13 26	13 38	13 53							14 01	14 31
Pencoed	d							12 47					13 44									14 44
Llanharan	d							12 51					13 48									14 48
Pontyclun	d							12 55					13 52									14 52
Cardiff Central	a		12 22		12 22	12 52	13 10	13 22	13 22	13 22		13 48	14 09	14 15							14 22	14 52
Newport (South Wales)	a		12 39		12 39	13 07	13 26	13 38	13 38	13 38		14 07		14 32							14 39	15 07
Bristol Parkway	a		12 59		12 59			13 59	13 59	13 59											14 59	15 59
Gloucester	a					14 20																16 19
Manchester Piccadilly	a					16 15						17 14										18 13
Reading	a		14 00		14 00			15 00	15 00	15 00											16 00	17 00
London Paddington	a		14 32		14 42			15 30	15 30	15 44											16 33	17 32

A until 6 September
 B until 6 September, from 25 October

C from 13 September until 18 October
 D until 6 September. The Pembroke Coast Express

E from 25 October
 F from 13 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table 128R

Saturdays

24 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table 127

	GW	AW	AW	AW	AW	AW		GW	GW	AW	AW	GW	GW	AW	AW	AW		GW	AW	GW	GW	GW	AW
	◇ A	⊞	⊞			F		◇ D	◇ A	⊞		◇ D	◇ A	⊞				◇ B	C	◇ B	◇ E	◇ A	◇
Rosslare Harbour	d																						
Fishguard Harbour	a																						
Fishguard & Goodwick	d			13 30																			
Milford Haven	d			13 33																			
Johnston	d			13 08										15 08									
Haverfordwest	d			13x16										15x16									
Clarbeston Road	d			13 23										15 23									
Clunderwen	d			13x31										15x31									
Pembroke Dock	d			13x38										15x38									
Pembroke	d					13 09												14 55	15 09				
Lamphey	d					13 17												15 05	15 17				
Manorbier	d					13 20												15 08	15 20				
Penally	d					13 29												15 20	15 29				
Tenby	a					13 34												15 26	15 34				
Saundersfoot	d					13 37												15 29	15 37				
Kilgetty	d					13 42												15 36	15 43				
Narberth	d					13 50												15 46	15 51				
Whitland	a					13 52												15 49	15 53				
Carmarthen	d					14 00												15 58	16 03				
Ferryside	d					14 04												16 08	16 11				
Kidwelly	d					14 11												16 09	16 12				
Pembrey & Burry Port	d					14 20												16 27	16 29				
Llanelli	a					14 28												16 33	16 32				
Gowerton	d					14 33												16 33	16 32				
Swansea	a					14 47												16 45	16 50				
Llansamlet	d					14 52												16 51	16 58				
Skewen	d					14 58												16 57	17 03				
Neath	d					15 03												17 03	17 05				
Briton Ferry	d					15 05												17 04	17 21				
Baglan	d					15 10												17 22	17 28				
Port Talbot Parkway	d					15 17												17 28	17 28				
Pyle	d					15 21												17 40	17 40				
Maesteg	d					15 25												17 40	17 40				
Maesteg (Ewenny Road)	d					15 28												17 48	17 48				
Garth (Mid Glamorgan)	d					15 32												17 52	17 52				
Tondu	d					15 38												18 01	18 01				
Sarn	d					15 51												18 01	18 01				
Wildmill	d					15 55												18 01	18 01				
Bridgend	d					16 01												18 01	18 01				
Pencoed	d					16 06												18 01	18 01				
Llanharan	d					16 13												18 01	18 01				
Pontyclun	d					16 15												18 01	18 01				
Cardiff Central	a					16 17												18 01	18 01				
Newport (South Wales)	a					16 20												18 01	18 01				
Bristol Parkway	a					16 22												18 01	18 01				
Gloucester	a					16 28												18 01	18 01				
Manchester Piccadilly	a					16 34												18 01	18 01				
Reading	a					16 38												18 01	18 01				
London Paddington	a					16 44												18 01	18 01				

A from 13 September until 18 October
 B until 6 September
 C from 13 September

D until 6 September, from 25 October
 E from 25 October

F until 6 September

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Saturdays

24 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	AW	GW		GW	AW	AW	AW	AW	AW	AW	GW		GW	GW	AW	AW	AW	AW	AW	AW	
	◇		◇ A Ⓢ		◇ B Ⓢ	C	◇		◇		C	D		◇ E Ⓢ	◇ F Ⓢ	◇ A Ⓢ	◇	◇	◇	◇	Ⓢ	
Rosslare Harbour	d																					21 00
Fishguard Harbour	a																					00 30
Fishguard & Goodwick	d																					
Milford Haven	d						17 08															19 08
Johnston	d						17x16															19x16
Haverfordwest	d						17 23															19 23
Clarbston Road	d						17x31				19a22											19x31
Clunderwen	d						17x38															19x38
Pembroke Dock	d						16x25															17 12
Pembroke	d						16x33															17x20
Lamphey	d						16x36															17x23
Manorbier	d						16x45															17x32
Penally	d						16x50															17x37
Tenby	a						16x53															17x40
	d						16x55															17x46
Saundersfoot	d						17x03															17x54
Kilgetty	d						17x05															17x56
Narberth	d						17x15															18x06
Whitland	a						17x26	17 44														18x14
	d						17x26	17 45														18x15
Carmarthen	a						17x44	18 03														17x44
	d						18x33	18 07														18x33
Ferryside	d							18x17														18x37
Kidwelly	d							18x23														18x52
Pembrey & Burry Port	d						18 30															18x56
Llanelli	a						18 35															18x58
	d	17 42					18 36															19x02
Gowerton	d	17 50					18 44															18x59
Swansea	a	18 11					18 56															19x07
	d						19 00															19x11
Llansamlet	d																					19x23
Skewen	d																					19x24
Neath	d																					19x28
Briton Ferry	d																					19x28
Baglan	d																					19x28
Port Talbot Parkway	d																					19x28
Pyle	d																					19x28
Maesteg	d	18 20																				19 10
Maesteg (Ewenny Road)	d	18 22																				19 17
Garth (Mid Glamorgan)	d	18 25																				19 21
Tondu	d	18 34																				19 25
Sarn	d	18 37																				19 28
Wildmill	d	18 39																				19 32
Bridgend	d	18 43	19 01				19 01															19 34
Pencoed	d	18 49																				20 01
Llanharan	d	18 53																				20 01
Pontyclun	d	18 57																				20 01
Cardiff Central	a	19 13	19 22				19 22															20 01
Newport (South Wales)	a		19 39				19 39															20 01
Bristol Parkway	a		19 59				19 59															20 01
Gloucester	a																					20 01
Manchester Piccadilly	a																					20 01
Reading	a																					20 01
London Paddington	a																					20 01

A from 13 September until 18 October
 B until 6 September, from 25 October
 C until 6 September
 D from 13 September
 E from 21 June until 26 July
 F until 14 June, from 2 August until 6 September, from 25 October

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Saturdays

24 May to 13 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	AW	AW	AW	AW	AW	AW																															
Rosslare Harbour	d																																					
Fishguard Harbour	a																																					
Fishguard & Goodwick	d																																					
Milford Haven	d	21 16						23 18																														
Johnston	d	21x24						23x26																														
Haverfordwest	d	21 31						23 33																														
Clarbested Road	d	21x39						23x41																														
Clunderwen	d	21x46						23x48																														
Pembroke Dock	d					21 09	22 18																															
Pembroke	d					21 17	22 26																															
Lamphey	d					21x20	22x29																															
Manorbier	d					21 29	22 37																															
Penally	d					21x34	22x43																															
Tenby	a					21 37	22 45																															
Saundersfoot	d					21 42	22 45																															
Kilgetty	d					21x50	22x53																															
Narberth	d					22x02	23x04																															
Whitland	a	21 52				22 10	23 12	23 54																														
Carmarthen	a	21 52				22 11	23 15	23 54																														
Ferryside	d	22 14				22 28	23 34	00 16																														
Kidwelly	d					22 35																																
Pembrey & Burry Port	d					22x45																																
Llanelli	a					22 58																																
Gowerton	d	21 45				23 04																																
Swansea	a	21 53				23 05																																
Llansamlet	d	22 13				23 12																																
Skewen	d				22 20	23 30																																
Neath	d				22 27																																	
Briton Ferry	d				22 31																																	
Baglan	d				22 35																																	
Port Talbot Parkway	d				22 38																																	
Pyle	d				22 42																																	
Maesteg	d				22 46																																	
Maesteg (Ewenny Road)	d				22 54																																	
Garth (Mid Glamorgan)	d				22 15																																	
Tondu	d				22 17																																	
Sarn	d				22 20																																	
Wildmill	d				22 29																																	
Bridgend	d				22 32																																	
Pencoed	d				22 34																																	
Llanharan	d				22 38	23 02																																
Pontyclun	d				22 44																																	
Cardiff Central	a				22 48																																	
Newport (South Wales)	a				22 52																																	
Bristol Parkway	a				23 08	23 26																																
Gloucester	a				23 37																																	
Manchester Piccadilly	a				00 38																																	
Reading	a																																					
London Paddington	a																																					

When events are being held at the Millenium Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table I28R

Sundays

18 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	AW	AW	GW	GW	GW	GW	GW	GW	GW	AW	GW	GW	GW	AW	GW	GW	AW	AW	AW	AW	GW	AW	
	◇		◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇			◇	◇	
			A	B	C	D	A	B	E	E	A	E	B	A	E	E	F			B	G	B	E
Rosslare Harbour	d																						
Fishguard Harbour	a																						
Fishguard & Goodwick	d	01 50																					
Milford Haven	d	01 53																					
Johnston	d																						
Haverfordwest	d																						
Clarbeston Road	d																						
Clunderwen	d																						
Pembroke Dock	d																						10 40
Pembroke	d																						10 48
Lamphey	d																						10 51
Manorbier	d																						11 00
Penally	d																						11 05
Tenby	a																						11 08
	d																						11 14
Saundersfoot	d																						11 22
Kilgetty	d																						11 24
Narberth	d																						11 34
Whitland	a																						11 42
Carmarthen	a	02 42																					11 45
	d	02 45	02 50							08 40				09 35			10 28	10 30			10 45	10 53	12 05
Ferryside	d													09 45							10 55	11 03	
Kidwelly	d													09 51							11 01	11 09	
Pembrey & Burry Port	d									08 59				09 58			10 47	10 49			11 09	11 17	
Llanelli	a									09 05				10 04			10 53	10 54			11 15	11 23	
	d									09 07				10 05			10 55	10 56			11 15	11 23	
Gowerton	d													10 12			11 02	11 04			11 23	11 31	
Swansea	a	03 50								09 27				10 27			11 16	11 18			11 40	11 47	
	d		07 59	08 10	08 10	08 10	08 55	09 10	09 21	09 32	09 55	10 21	10 26			10 55	11 21	11 32	11 32				11 50
Llansamlet	d																						
Skewen	d																						
Neath	d		08 11	08 22	08 22	08 22	09 07	09 22	09 33	09 43	10 07	10 33	10 38			11 07	11 33	11 43	11 43				12 02
Briton Ferry	d																						
Baglan	d																						
Port Talbot Parkway	d		08 18	08 29	08 29	08 29	09 14	09 29	09 40	09 50	10 14	10 40	10 45			11 14	11 40	11 50	11 50				12 09
Pyle	d									09 57							11 57	11 57					
Maesteg	d																						
Maesteg (Ewenny Road)	d																						
Garth (Mid Glamorgan)	d																						
Tondu	d																						
Sarn	d																						
Wildmill	d																						
Bridgend	d		08 31	08 42	08 42	08 42	09 27	09 42	09 53	10 05	10 27	10 53	10 58			11 27	11 53	12 05	12 05				12 22
Pencoed	d																						
Llanharan	d																						
Pontyclun	d																						
Cardiff Central	a	04 10	08 52	09 03	09 04	09 04	09 48	10 03	10 14	10 29	10 48	11 14	11 19			11 48	12 14	12 34	12 34				12 43
Newport (South Wales)	a		09 10	09 19	09 19	09 19	10 05	10 19	10 31	10 48	11 05	11 31	11 43			12 05	12 31	12 52	12 52				13 03
Bristol Parkway	a																12 59						
Gloucester	a																						
Manchester Piccadilly	a									14 19													
Reading	a		11 19	11 20	10 51	10 52	12 19	12 20	12 02		13 19	13 02	13 50			14 19	14 02						15 13
London Paddington	a		11 57	11 58	11 25	11 26	13 00	13 00	12 36		13 58	13 36	14 28			14 57	14 36						15 52

A from 14 September until 19 October D until 15 June, from 3 August until 7 September G until 19 October
 B from 26 October E until 7 September
 C from 22 June until 27 July F from 14 September

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Table I28R

Sundays

18 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	GW	GW	GW	GW	GW	GW	GW	AW	AW	GW	AW	GW	GW	GW	GW	AW	GW	AW	GW	GW	GW	AW	GW
	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	A	B	C	D	A	E	D	F	D	A	E	D	A	E	D	A	E	D	A	D	A	D	B
Rosslare Harbour	d																						
Fishguard Harbour	a																						
Fishguard & Goodwick	d																						
Milford Haven	d							11:28	11:28								13:23						
Johnston	d							11:36	11:36								13:29						
Haverfordwest	d							11:43	11:43								13:36						
Clarbeston Road	d							11:52	11:52								13:45						
Clunderwen	d							11:59	11:59								13:52						
Pembroke Dock	d																						
Pembroke	d																						
Lamphey	d																						
Manorbier	d																						
Penally	d																						
Tenby	a																						
Saundersfoot	d																						
Kilgetty	d																						
Narberth	d																						
Whitland	a							12:06	12:06								13:59						
Carmarthen	a							12:08	12:08								14:02						
Ferryside	d							12:26	12:26								14:20						
Kidwelly	d							12:29	12:29								14:30						
Pembrey & Burry Port	d																						
Llanelli	a							12:49	12:49								14:49	15:15	15:17				15:48
Gowerton	d							12:55	12:55								14:55	15:22	15:24				15:56
Swansea	a							13:04	13:04								15:04	15:42	15:41	15:42	15:41	15:41	15:49
Llansamlet	d							13:18	13:20								15:21	15:50	16:00	15:50	16:00	16:02	16:14
Skewen	d							13:21	13:40								15:21	15:50	16:00	15:50	16:00	16:02	16:21
Neath	d	12:07	12:33	12:33	12:52	13:07		13:33	13:52	13:53	13:58	14:07					14:33	14:52	15:15				16:33
Briton Ferry	d																						
Baglan	d																						
Port Talbot Parkway	d	12:14	12:40	12:40	12:59	13:14		13:40	13:59	14:00	14:05	14:14					14:40	14:59	15:22				16:40
Pyle	d																						
Maesteg	d																						
Maesteg (Ewenny Road)	d																						
Garth (Mid Glamorgan)	d																						
Tondu	d																						
Sarn	d																						
Wildmill	d																						
Bridgend	d	12:27	12:53	12:53	13:12	13:27		13:53	14:12	14:16	14:21	14:27					14:53	15:12	15:35				16:53
Pencoed	d																						
Llanharan	d																						
Pontyclun	d																						
Cardiff Central	a	12:48	13:14	13:14	13:33	13:48		14:14	14:33	14:45	14:50	14:48					15:14	15:33	15:58				17:14
Newport (South Wales)	a	13:05	13:31	13:31	13:49	14:05		14:31	14:53	15:12	15:12	15:05					15:31	15:53	16:15				17:31
Bristol Parkway	a		13:59	13:59				14:59									15:59		16:59				17:59
Gloucester	a																						
Manchester Piccadilly	a																						
Reading	a	15:19	15:02	15:07	15:53	16:19		16:02	17:03			17:19					17:02	18:03	18:19				19:00
London Paddington	a	15:57	15:36	15:39	16:27	16:57		16:36	17:43			17:57					17:38	18:43	18:57				19:36

A from 14 September until 19 October C from 22 June until 27 July E until 7 September
 B until 15 June, from 3 August until 7 September D from 26 October F until 19 October

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Table I28R

Sundays

18 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	GW	AW	GW	GW	GW	GW	GW	AW	AW	GW	GW	GW	GW	GW	GW	AW	AW	GW	AW	AW	
	◇ A	⚓	◇ B	◇ A	◇ C	◇ D	◇ B	⚓	⚓	◇ C	◇ A	◇ D	◇ B	◇ F	◇ G	◇ D	E	B	◇ B	E	B
Rosslare Harbour	d																				
Fishguard Harbour	a																				
Fishguard & Goodwick	d		14 22																		
Milford Haven	d		14 25																		
Johnston	d							15x28	15x28												17x30
Haverfordwest	d							15x36	15x36												17x38
Clarboston Road	d							15x43	15x43												17x45
Clunderwen	d							15x52	15x52												17x53
Pembroke Dock	d							15x59	15x59												18x00
Pembroke	d																				18x15
Lamphey	d																				
Manorbier	d																				
Penally	d																				
Tenby	a																				
Saundersfoot	d																				
Kilgetty	d																				
Narberth	d																				
Whitland	a		14 56					16 06	16 06												18 06
Carmarthen	d		14 57					16 09	16 09												18 08
Ferryside	d		15 14					16 26	16 26												18 29
Kidwelly	d		15 26					16 31	16 31	16 55		16 55	17 03	17 10							18 43
Pembrey & Burry Port	d		15 48		15 40			16 41	16 41												
Llanelli	a		15 56		15 51			16 47	16 47												
Gowerton	d		15 59		16 04			16 55	16 55	17 15		17 15	17 23	17 30							
Swansea	a		16 14		16 10			17 01	17 01	17 21		17 21	17 29	17 36							
Llansamlet	d		16 21		16 16			17 10	17 10	17 39		17 39	17 47	17 54							
Skewen	d				16 43	16 51	16 51	17 05	17 05	17 30	17 30	17 51	17 51	18 00	18 51	18 51	18 55				19 15
Neath	d		16 33		16 55	17 03	17 03	17 07	17 07	17 18	17 41	17 41	18 03	18 03	18 07	18 12	19 03	19 03	19 07		19 27
Briton Ferry	d																				
Baglan	d																				
Port Talbot Parkway	d		16 40		17 02	17 10	17 10	17 14	17 25	17 48	17 48	18 10	18 10	18 14	18 19	19 10	19 10	19 14			19 34
Pyle	d							17 55	17 56												
Maesteg	d																				
Maesteg (Ewenny Road)	d																				
Garth (Mid Glamorgan)	d																				
Tondu	d																				
Sarn	d																				
Wildmill	d																				
Bridgend	d	16 53			17 15	17 23	17 23	17 27	17 38	18 03	18 04	18 23	18 23	18 27	18 33	19 23	19 23	19 27			19 47
Pencoed	d									18 09	18 10										
Llanharan	d									18 13	18 14										
Pontyclun	d									18 18	18 18										
Cardiff Central	a	17 14			17 37	17 45	17 45	17 49	18 00	18 32	18 33	18 45	18 45	18 49	18 55	19 45	19 45	19 49			20 09
Newport (South Wales)	a	17 31			17 52	18 03	18 03	18 05	18 15	18 52	18 52	19 03	19 03	19 05	19 18	20 03	20 03	20 11			20 24
Bristol Parkway	a	17 59			18 31	18 31				19 31	19 31				20 31	20 31					
Gloucester	a							19 05													
Manchester Piccadilly	a							22 19	22 19												
Reading	a	19 04			19 52	19 33	19 33	20 19	20 27	20 33	20 33	20 33	21 26	21 33	21 28	21 28	22 27				22 29
London Paddington	a	19 37			20 29	20 10	20 12	20 58	21 06	21 06	21 06	21 06	21 08	22 05	22 08	22 01	22 02	23 05			23 12

A from 22 June until 27 July
 B from 26 October
 C until 15 June, from 3 August until 7 September
 D from 14 September until 19 October
 E until 19 October
 F until 27 July
 G from 3 August until 7 September

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Table I28R

Sundays

18 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

Route Diagram - see first Page of Table I27

	GW	GW	GW	GW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW					
	⬇️ A ⬆️	⬇️ B ⬆️	⬇️ C ⬆️	⬇️ D ⬆️	⬇️ E	⬇️ A	E		A	E	A	⬇️	⬇️ E	⬇️ A	E	A	E		A						
Rosslare Harbour	d																								
Fishguard Harbour	a																								
Fishguard & Goodwick	d																								
Milford Haven	d								19:38	19:53			21:35	21:56					23:15						23:50
Johnston	d								19:46	20:01			21:43	22:04					23:23						23:58
Haverfordwest	d								19:53	20:12			21:51	22:12					23:30						00:05
Clarbeston Road	d								20:01	20:19			21:59	22:20					23:39						00:14
Clunderwen	d								20:08	20:27			22:07	22:28					23:46						00:21
Pembroke Dock	d							19:00		19:04									21:45	22:00					
Pembroke	d							19:08		19:12									21:53	22:08					
Lamphey	d							19:11		19:15									21:56	22:11					
Manorbier	d							19:20		19:24									22:05	22:20					
Penally	d							19:25		19:29									22:10	22:25					
Tenby	a							19:32		19:32									22:13	22:28					
	d							19:28		19:32									22:13	22:28					
Saundersfoot	d							19:36		19:40									22:21	22:36					
Kilgetty	d							19:38		19:42									22:23	22:38					
Narberth	d							19:48		19:52									22:33	22:48					
Whitland	a							19:56		20:00	20:14	20:33		22:13	22:34	22:41	22:56	23:53							00:28
	d							19:59		20:03	20:17	20:35		22:14	22:35	22:44	22:59	23:53							00:28
Carmarthen	a							20:16		20:20	20:36	20:55		22:31	22:52	23:05	23:20	00:14							00:49
	d	19:03	19:05	19:05	19:05			20:19		20:23			21 15	22:34	22:55										
Ferryside	d							20:30		20:34				22:44	23:05										
Kidwelly	d							20:36		20:40				22:50	23:11										
Pembrey & Burry Port	d	19:23	19:25	19:25	19:25			20:43		20:47			21 34	22:58	23:19										
Llanelli	a	19:29	19:31	19:31	19:31			20:49		20:53			21 40	23:04	23:25										
	d	19:30	19:32	19:32	19:32	19:55	20:03	20:51		20:55			21 41	23:04	23:25										
Gowerton	d					20:02	20:11	20:58		21:02			21 48	23:12	23:33										
Swansea	a	19:47	19:49	19:49	19:49	20:16	20:26	21:17		21:21			22 04	23:27	23:48										
	d	19:53	19:55	19:55	19:55	20:40	20:40						22 10	23:31	23:52										
Llansamlet	d																								
Skewen	d																								
Neath	d	20:05	20:07	20:07	20:11	20:51	20:51						22 21	23:43	00:04										
Briton Ferry	d																								
Baglan	d																								
Port Talbot Parkway	d	20:12	20:14	20:14	20:18	20:58	20:58						22 28	23:50	00:11										
Pyle	d												22 37	23:58	00:19										
Maesteg	d																								
Maesteg (Ewenny Road)	d																								
Garth (Mid Glamorgan)	d																								
Tondu	d																								
Sarn	d																								
Wildmill	d																								
Bridgend	d	20:26	20:28	20:28	20:32	21:11	21:11						22 45	00:06	00:27										
Pencoed	d																								
Llanharan	d																								
Pontyclun	d																								
Cardiff Central	a	20:48	20:50	20:50	20:54	21:35	21:35						23 07	00:30	00:51										
Newport (South Wales)	a	21:03	21:08	21:08	21:13								23 33												
Bristol Parkway	a		21:36	21:36																					
Gloucester	a																								
Manchester Piccadilly	a																								
Reading	a	23:04	22:43	22:43	23:32																				
London Paddington	a	23:53	23:22	23:26	00:14																				

A from 26 October
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 E until 19 October

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