

Table T001-F

Mondays to Fridays

22 May to 8 December

London - Southend Central and Shoeburyness

Table with columns: Miles, MILES, MILES, MILES, Station, and 24 CC/MX codes. Lists routes from London Fenchurch St to Shoeburyness.

Table with columns: Station and 24 CC/MX codes. Provides time schedules for various stations between London and Southend.

A From London Fenchurch Street B From London Liverpool Street C To Shoeburyness

For services between London Liverpool Street and Southend Victoria refer to Table T006

Table T001-F

Mondays to Fridays

22 May to 8 December

London - Southend Central and Shoeburyness

	CC		CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
London Fenchurch St	07 32		07 35	07 37	07 44	07 47	07 50	07 52	07 56	07 59	08 02		08 05	08 08	08 11	08 14	08 20	08 26	08 32	08 35	08 41		08 47	08 50
Limehouse	07 36		07 39	07 42	07 48	07 51	07 54	07 57	08 03	08 06			08 09	08 11	08 14	08 18	08 24	08 30	08 40	08 45	08 51		08 57	09 01
West Ham	07 41		07 44	07 47	07 53	07 56	07 59	08 02	08 05	08 08	08 11		08 14	08 19	08 24	08 30	08 35	08 40	08 45	08 51		08 56	08 59	
London Liverpool St																								
Stratford																								
Barking	07 47		07 49	07 53	07 58	08 01	08 05	08 07	08 10	08 13	08 17		08 19	08 24	08 31	08 35	08 42	08 46	08 52	08 57		09 01	09 09	
Upminster			07 57	08 02									08 22	08 27					08 33	08 43	08 54	09 03		09 09
Ockendon				08 10																09 10				
Chafford Hundred Lakeside				08 13															08 44		09 14			
Dagenham Dock	07 51						08 10				08 22					08 36		08 46						09 14
Rainham	07 55						08 13				08 26					08 42		08 50						09 17
Purfleet	08 00						08 18				08 31					08 49		08 57						09 22
Grays	08 06			08 19			08a25				08a37					08 48	08a55	09a05		09 18				09a29
Tilbury Town	08 09			08 22												08 51				09 21				
East Tilbury	08 15			08 28												08 57				09 27				
Stanford-le-Hope	08 18			08 31												09 00				09 31				
West Horndon			08 02						08 27									08 48	08 59					09 14
Laindon			08 07			08 16	08a22	08 26	08 32				08 35	08 40			08 52	09 03		09 13			09 19	
Basildon			08 10		08 14	08 19		08 29	08 35				08 39	08 43			08 56	09 07		09 17			09 22	
Pitsea	08a26		08 14	08a39		08 22		08 33	08 39				08 42		09a08		08 59	09 10	09 41					09 26
Benfleet			08 17			08 26		08 36	08 42				08 46	08 50			09 03	09 14		09 23				09 29
Leigh-on-Sea			08 22		08a26	08 31		08 41	08 47				08 50	08 55			09 07	09 18		09 27				09 34
Chalkwell			08 24			08 33		08 43	08 49				08 53	08 58			09 10	09 21		09 30				09 36
Westcliff			08 26			08 35		08 45	08 51				08 55	09 00			09 12	09 23		09 32				09 38
Southend Central			08 29			08 38		08 48	08 54				08 58	09 02			09 15	09 25		09 34				09 41
Southend East			08 29					08 48					09 03				09 16	09 26		09 35				09 41
Thorpe Bay			08 31					08 50					09 05				09 18	09 28		09 37				09 43
Shoeburyness			08 34					08 53					09 07				09 20	09 30		09 39				09 46
			08 39					08 57					09 15				09 24	09 34		09 44				09 50

	CC	CC C	CC D	CC C		CC	CC	CC B	CC C	CC	CC	CC	CC	CC	CC	CC	CC	CC C	CC B	CC A	CC C			
London Fenchurch St	08 59		09 05	09 11	09 17	09 20		09 26	09 34	09 41	09 51		09 55	10 04	10 11	10 19		10 25	10 34	10 41	10 49			
Limehouse	09 03		09 09	09 16	09 21	09 24		09 30	09 39	09 45	09 55		09 59	10 08	10 15	10 23		10 29	10 38	10 45	10 53			
West Ham	09 08		09 14	09 21	09 26	09 29		09 36	09 44	09 50	10 00		10 04	10 13	10 20	10 28		10 34	10 43	10 50	10 58			
London Liverpool St																								
Stratford																								
Barking	09 15		09 20	09 26	09 31	09 34		09 41	09 49	09 55	10 05		10 09	10 18	10 25	10 33		10 39	10 48	10 55	11 03			
Upminster			09 28	09 36		09 42		09 57	10 03	10 13			10 26	10 33	10 41			10 56	11 03	11 11				
Ockendon				09 41					10 09						10 39				11 09					
Chafford Hundred Lakeside				09 45					10 13						10 43				11 13					
Dagenham Dock								09 46					10 14					10 44						
Rainham								09 49					10 17					10 47						
Purfleet								09 54					10 22					10 52						
Grays				09 49					10 17				10a29				10 47		10a59				11 17	
Tilbury Town				09 52					10 20						10 50								11 20	
East Tilbury				09 58					10 26						10 56								11 26	
Stanford-le-Hope				10 01					10 30						11 00								11 30	
West Horndon			09 33						10 02					10 31									11 01	
Laindon	09 29		09 38		09 46	09 50			10 07		10 21			10 36		10 49						11 06		
Basildon	09 33		09 41		09 49	09 54			10 10		10 25			10 39		10 53						11 09		
Pitsea		09 41	09 45	10 09		09 57	10 09		10 14	10 38			10 43	11 09								11 13	11 38	
Benfleet	09 39	09 45	09 48	09 55	10 01	10 13			10 17	10 42	10 30	10 42		10 46	11 13	10 58		11 13			11 16	11 42	11 28	11 42
Leigh-on-Sea	09 43	09 50	09 53	10 00	10 05	10 17			10 22	10 35	10 46			10 51	11 03			11 17			11 21	11 33	11 46	
Chalkwell	09 46	09 52	09 56	10 02	10 08	10 20			10 24	10 37	10 49			10 53	11 05			11 20			11 23	11 35	11 49	
Westcliff	09 48	09 54	09 58	10 04	10 10	10 22			10 26	10 39	10 51			10 55	11 07			11 22			11 25	11 37	11 51	
Southend Central	a 09 50	09 57	10 00	10 07	10 12	10 24			10 29	10 42	10 54			10 58	11 10			11 25			11 28	11 40	11 54	
Southend East	d 09 51		10 00	10 07	10 13	10 25			10 29	10 42				10 58	11 10						11 28	11 40		
Thorpe Bay	d 09 53		10 02	10 09	10 15	10 27			10 31	10 44				11 00							11 30	11 42		
Shoeburyness	d 09 55		10 05	10 12	10 17	10 29			10 34	10 47				11 03							11 33	11 45		
	a 10 00		10 09	10 16	10 21	10 33			10 38	10 51				11 07							11 37	11 49		

A not 29 May
 B To Southend Central
 C From London Fenchurch Street
 D To Shoeburyness

For services between London Liverpool Street and Southend Victoria refer to Table T006

Table T001-F

Mondays to Fridays

22 May to 8 December

London - Southend Central and Shoeburyness

Table with 22 columns (CC A, CC B, CC C, etc.) and 27 rows of station names and departure times.

Table with 22 columns (CC A, CC B, CC C, etc.) and 27 rows of station names and departure times.

Table with 22 columns (CC B, CC C, CC D, etc.) and 27 rows of station names and departure times.

A To Southend Central
B From London Fenchurch Street

C To Shoeburyness
D From London Fenchurch Street to Shoeburyness

For services between London Liverpool Street and Southend Victoria refer to Table T006

Table T001-F

Mondays to Fridays

22 May to 8 December

London - Southend Central and Shoeburyness

Table with 26 columns (CC, CC A, CC B, CC C, CC D) and 36 rows of stations including London Fenchurch St, Limehouse, West Ham, London Liverpool St, Stratford, Barking, Upminster, Ockendon, Chafford Hundred Lakeside, Dagenham Dock, Rainham, Purfleet, Grays, Tilbury Town, East Tilbury, Stanford-le-Hope, West Horndon, Laindon, Basildon, Pitsea, Benfleet, Leigh-on-Sea, Chalkwell, Westcliff, Southend Central, Southend East, Thorpe Bay, and Shoeburyness.

Table with 26 columns (CC, CC A, CC B, CC C, CC D) and 36 rows of stations including London Fenchurch St, Limehouse, West Ham, London Liverpool St, Stratford, Barking, Upminster, Ockendon, Chafford Hundred Lakeside, Dagenham Dock, Rainham, Purfleet, Grays, Tilbury Town, East Tilbury, Stanford-le-Hope, West Horndon, Laindon, Basildon, Pitsea, Benfleet, Leigh-on-Sea, Chalkwell, Westcliff, Southend Central, Southend East, Thorpe Bay, and Shoeburyness.

A not 29 May

C To Southend Central

D From London Fenchurch Street to Southend Central

B From London Fenchurch Street

For services between London Liverpool Street and Southend Victoria refer to Table T006

Table T001-F

Mondays to Fridays

22 May to 8 December

London - Southend Central and Shoeburyness

Table with 24 columns representing stations and rows for various service types. Includes London Fenchurch St, Limehouse, West Ham, London Liverpool St, Stratford, Barking, Upminster, Ockendon, Chafford Hundred Lakeside, Dagenham Dock, Rainham, Purfleet, Grays, Tilbury Town, East Tilbury, Stanford-le-Hope, West Horndon, Laindon, Basildon, Pitsea, Benfleet, Leigh-on-Sea, Chalkwell, Westcliff, Southend Central, Southend East, Thorpe Bay, and Shoeburyness.

Table with 24 columns representing stations and rows for various service types. Includes London Fenchurch St, Limehouse, West Ham, London Liverpool St, Stratford, Barking, Upminster, Ockendon, Chafford Hundred Lakeside, Dagenham Dock, Rainham, Purfleet, Grays, Tilbury Town, East Tilbury, Stanford-le-Hope, West Horndon, Laindon, Basildon, Pitsea, Benfleet, Leigh-on-Sea, Chalkwell, Westcliff, Southend Central, Southend East, Thorpe Bay, and Shoeburyness.

Table with 24 columns representing stations and rows for various service types. Includes London Fenchurch St, Limehouse, West Ham, London Liverpool St, Stratford, Barking, Upminster, Ockendon, Chafford Hundred Lakeside, Dagenham Dock, Rainham, Purfleet, Grays, Tilbury Town, East Tilbury, Stanford-le-Hope, West Horndon, Laindon, Basildon, Pitsea, Benfleet, Leigh-on-Sea, Chalkwell, Westcliff, Southend Central, Southend East, Thorpe Bay, and Shoeburyness.

A From London Fenchurch Street B To Shoeburyness C To Southend Central

For services between London Liverpool Street and Southend Victoria refer to Table T006

Please refer to separate Notes Section for all Table Notes that are specific to a particular NRT edition

Table T001-F

Saturdays

27 May to 9 December

London - Southend Central and Shoeburyness

Table with 28 columns (CC A, CC A, CC A, CC A, CC A, CC A, CC B, CC, CC A, CC, CC, CC, CC, CC, CC, CC, CC, CC, CC, CC, CC) and 35 rows of station names and times.

Table with 28 columns (CC A, CC, CC C, CC, CC A, CC, CC C, CC, CC A, CC, CC C, CC, CC A, CC, CC C, CC, CC A, CC, CC C, CC A) and 35 rows of station names and times.

Table with 28 columns (CC, CC, CC C, CC, CC A, CC, CC, CC C, CC, CC A, CC, CC, CC C, CC, CC A, CC, CC C, CC, CC A, CC) and 35 rows of station names and times.

A From London Fenchurch Street

B To Shoeburyness

C To Southend Central

For services between London Liverpool Street and Southend Victoria refer to Table T006

Table T001-R

Mondays to Fridays

22 May to 8 December

Shoeburyness and Southend Central - London

Miles	Miles	Miles	Miles		CC MX A	CC MX B	CC MX C	CC D	CC E	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
0	0	0	—	Shoeburyness	d																		
1½	1½	1½	—	Thorpe Bay	d			04 06	04 18														
3	3	3	—	Southend East	d			04 08	04 21														
3¾	3¾	3¾	—	Southend Central	a			04 11	04 23														
4¾	4¾	4¾	—	Westcliff	d			04 14	04 26														
5¾	5¾	5¾	—	Chalkwell	d			04 16	04 28														
7	7	7	—	Leigh-on-Sea	d			04 19	04 31														
10¼	10¼	10¼	—	Benfleet	d			04 23	04 36														
13	13	13	—	Pitsea	d			04 28	04 40														
15½	—	—	—	Basildon	d				04 43														
16½	—	—	—	Laindon	d				04 46														
20¾	—	—	—	West Horndon	d			00 02	04 51														
—	18%	18%	—	Stanford-le-Hope	d				04 34														
—	20%	20%	—	East Tilbury	d				04 37														
—	24	24	—	Tilbury Town	d				04 43														
—	25¾	25¾	—	Grays	d				04 46														
—	29%	—	—	Purfleet	d																		
—	32%	—	—	Rainham	d																		
—	35	—	—	Dagenham Dock	d																		
—	—	27%	—	Chafford Hundred Lakeside	d				04 50														
—	—	30%	—	Ockendon	d																		
24%	—	33%	—	Upminster	d																		
32	38	41%	0	Barking	d																		
—	—	—	4	Stratford	a																		
—	—	—	8	London Liverpool St	a																		
34%	40%	44	—	West Ham	d																		
35½	41%	44%	—	Limehouse	d																		
39%	45%	48%	—	London Fenchurch St	a																		

	CC	CC F	CC A	CC C	CC D	CC D	CC D	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness	d	05 39	05 43				05 57																
Thorpe Bay	d	05 43	05 47				05 56	06 01															
Southend East	d	05 45	05 49				05 58	06 03															
Southend Central	a	05 48	05 52				06 01	06 06															
Westcliff	d	05 50	05 54				06 03	06 08	06 13														
Chalkwell	d	05 53	05 57				06 06	06 11	06 16														
Leigh-on-Sea	d	05 55	05 59				06 08	06 14	06 18														
Benfleet	d	06 00	06 04				06 13	06 19	06 23														
Pitsea	d		06 07				06 19	06 23	06 28														
Basildon	d		06 11				06 27																
Laindon	d		06 15				06 30																
West Horndon	d		06 19				06 35																
Stanford-le-Hope	d						06 25		06 34														
East Tilbury	d						06 29		06 37														
Tilbury Town	d						06 35		06 43														
Grays	d						06 31	06 38	06 47														
Purfleet	d						06 44																
Rainham	d						06 49																
Dagenham Dock	d						06 53																
Chafford Hundred Lakeside	d						06 18		06 35														
Ockendon	d						06 23																
Upminster	d								06 40														
Barking	d						06 28		06 38	06 44													
Stratford	a																						
London Liverpool St	a																						
West Ham	d	06 28	06 33	06 38	06 43	06 49			06 53														
Limehouse	d	06 33	06 39	06 43	06 48	06 55			06 59														
London Fenchurch St	a	06 38	06 44	06 48	06 53	07 00			07 06														

A From Grays
 B From Southend Central
 C From Shoeburyness
 D To London Fenchurch Street
 E From Thorpe Bay
 F From Pitsea

For services between Southend Victoria and London Liverpool Street refer to Table 6

Table T001-R

Mondays to Fridays

22 May to 8 December

Shoeburyness and Southend Central - London

	CC A	CC B	CC B	CC B	CC B	CC B	CC B	CC A	CC C	CC	CC	CC	CC D	CC D	CC D	CC	CC	CC	CC D	CC	CC			
Shoeburyness	d				06 41	06 48							07 02			07 18						07 31		
Thorpe Bay	d				06 45	06 52							07 06			07 12						07 29	07 35	
Southend East	d				06 47	06 54							07 08			07 14						07 31	07 37	
Southend Central	a				06 50	06 57							07 11			07 17						07 34	07 40	
	d			06 46	06 50	06 57							07 04	07 11		07 17						07 34	07 40	
Westcliff	d			06 49	06 52	06 59							07 06	07 13		07 19						07 36	07 42	
Chalkwell	d			06 51	06 55	07 02							07 09	07 16		07 22						07 39	07 45	
Leigh-on-Sea	d			06 54	06 58	07 05	07 08						07 11		07 21	07 25		07 37				07 42	07 48	
Benfleet	d			06 58	07 03	07 10	07 13						07 17		07 26	07 30		07 42				07 47	07 53	
Pitsea	d			07 05	07 06		07 17						07 22		07 30	07 34						07 35	07 51	
Basildon	d			07 10		07 21									07 34	07 38	07 42	07 48					07 59	
Laindon	d			07 14	07 18				07 31							07 45		07 52					08 04	
West Horndon	d			07 18					07 36							07 51							08 09	
Stanford-le-Hope	d			07 12									07 28									07 42		
East Tilbury	d			07 15									07 31									07 45		
Tilbury Town	d			07 22									07 37									07 51		
Grays	d			07 17	07 25				07 31				07 41									07 47	07 56	
Purfleet	d			07 31									07 46									08 02		
Rainham	d			07 36									07 52									08 07		
Dagenham Dock	d			07 40									07 55									08 11		
Chafford Hundred Lakeside	d	07 06		07 21								07 35										07 51		
Ockendon	d	07 11		07 26							07 41											07 56		
Upminster	d	07 19		07 33					07 41	07 46	07 50	07 56				07 57					08 03		08 14	
Barking	d	07 28		07 41	07 46	07 35			07 41	07 46	07 50	07 56									08 03		08 19	
Stratford	a																							
London Liverpool St	a																							
West Ham	d	07 35			07 41		07 44	07 47	07 53	07 56	08 02		08 08	07 50	07 59	08 11	08 05	08 14	08 17	08 26	08 20		08 23	08 29
Limehouse	d	07 40			07 46		07 49	07 52	07 58	08 01	08 07		08 13	07 55	08 04	08 16		08 19	08 22	08 31	08 25		08 28	08 34
London Fenchurch St	a	07 47			07 53	07 48	07 56	07 59	08 05	08 08	08 14		08 20	08 02	08 11	08 23	08 16	08 26	08 29	08 38	08 32		08 35	08 41

	CC	CC	CC B	CC B	CC	CC	CC	CC	CC A	CC C	CC	CC	CC	CC	CC B	CC B	CC	CC	CC	CC A	CC E	CC B				
Shoeburyness	d				07 39	07 45						08 00										08 13	08 19			
Thorpe Bay	d				07 43	07 49						08 04										08 17	08 23			
Southend East	d				07 45	07 51						08 06										08 19	08 25			
Southend Central	a				07 48	07 54						08 09										08 22	08 28			
	d			07 44	07 48	07 54					08 04	08 09										08 22	08 28			
Westcliff	d			07 46	07 50	07 56					08 06	08 11										08 24	08 30			
Chalkwell	d			07 49	07 53	07 59					08 09	08 14										08 27	08 33			
Leigh-on-Sea	d			07 52	07 56		08 04				08 12	08 17											08 38			
Benfleet	d			07 56	08 01		08 09				08 17	08 22											08 43			
Pitsea	d	07 52		08 03	08 04		08 13							08 19		08 34						08 35				
Basildon	d			08 08	08 13	08 17					08 29											08 39				
Laindon	d			08 12		08 22							08 34									08 47				
West Horndon	d			08 21									08 39									08 51				
Stanford-le-Hope	d	07 58		08 10											08 25		08 40									
East Tilbury	d	08 02		08 13											08 29		08 44									
Tilbury Town	d	08 08		08 19											08 35		08 50									
Grays	d	08 01	08 11	08 18	08 23									08 31	08 38	08 47	08 53							09 02		
Purfleet	d		08 17		08 28										08 44		08 59									
Rainham	d		08 22		08 34										08 49		09 04									
Dagenham Dock	d		08 26		08 37										08 53		09 08									
Chafford Hundred Lakeside	d	08 05		08 22					08 22						08 35		08 51						08 51	09 06		
Ockendon	d	08 10							08 26						08 41								08 56			
Upminster	d	08 18			08 21	08 26			08 33					08 44	08 48							08 53	08 57			
Barking	d	08 26	08 32		08 44		08 38		08 41	08 44				08 53	08 56	08 59		09 14				09 05		09 11	09 14	
Stratford	a																									
London Liverpool St	a																									
West Ham	d	08 32	08 38		08 35	08 41	08 44		08 47	08 50	08 53	08 56	08 59	09 02	09 05							09 08	09 11	09 14	09 17	09 20
Limehouse	d	08 37	08 43		08 40	08 46	08 49		08 52	08 55	08 58	09 01	09 04	09 07	09 10							09 13	09 16	09 19	09 22	09 25
London Fenchurch St	a	08 44	08 50		08 47	08 53	08 56		08 59	09 02	09 05	09 08	09 11	09 14	09 17							09 20	09 23	09 26	09 28	09 32

A From Grays
 B To London Fenchurch Street
 C From Southend Central
 D not 29 May
 E From Pitsea

For services between Southend Victoria and London Liverpool Street refer to Table 6

Table T001-R

Mondays to Fridays

22 May to 8 December

Shoeburyness and Southend Central - London

	CC A	CC	CC	CC B	CC C	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness	d			08 34																								
Thorpe Bay	d			08 38																								
Southend East	d			08 40																								
Southend Central	d			08 43																								
	d	08 34	08 43					08 50	08 58					09 02			09 12											
Westcliff	d	08 36	08 45					08 52	09 00					09 05			09 15											
Chalkwell	d	08 39	08 48					08 55	09 03					09 07			09 17											
Leigh-on-Sea	d	08 42	08 51					08 58	09 05					09 10			09 20											
Benfleet	d	08 47	08 56					09 03	09 10					09 15			09 24											
Pitsea	d	08 49	08 50					09 06					09 15	09 19			09 29											
Basildon	d	08 54	09 02					09 10	09 16					09 23			09 38											
Laindon	d	08 58	09 05					09 14	09 20					09 26			09 41											
West Horndon	d	09 02						09 18						09 31														
Stanford-le-Hope	d	08 55											09 21				09 35											
East Tilbury	d	08 59											09 25				09 38											
Tilbury Town	d	09 05											09 31				09 44											
Grays	d	09 08											09 17	09 34			09 41	09 48										
Purfleet	d	09 14											09 40				09 47	10 16										
Rainham	d	09 19											09 45				09 52	10 21										
Dagenham Dock	d	09 23											09 48				09 55	10 24										
Chafford Hundred Lakeside	d																											
Ockendon	d																											
Upminster	d	09 08	09 14	09 18				09 24	09 28	09 32				09 36			09 49	10 03	10 07									
Barking	d	09 29	09 17	09 22	09 26	09 29	09 32	09 36	09 40	09 44				09 54			09 45	09 54	10 02									
Stratford	d																											
London Liverpool St	d																											
West Ham	d	09 23	09 28	09 32	09 35	09 38	09 42	09 46						09 50	09 59													
Limehouse	d	09 28	09 33	09 37	09 40	09 43	09 47	09 51						09 56	10 05													
London Fenchurch St	d	09 35	09 40	09 44	09 47	09 50	09 54	09 58						10 00	10 10													

	CC D	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness	d		09 56																									
Thorpe Bay	d		10 00																									
Southend East	d		10 02																									
Southend Central	d		10 05																									
	d		10 05	10 12																								
Westcliff	d		10 07	10 15																								
Chalkwell	d		10 10	10 17																								
Leigh-on-Sea	d		10 12	10 20																								
Benfleet	d		10 17	10 24																								
Pitsea	d		10 20	10 29																								
Basildon	d		10 24																									
Laindon	d		10 27																									
West Horndon	d		10 32																									
Stanford-le-Hope	d			10 35																								
East Tilbury	d			10 38																								
Tilbury Town	d			10 44																								
Grays	d			10 47	11 10																							
Purfleet	d			11 16																								
Rainham	d			11 21																								
Dagenham Dock	d			11 24																								
Chafford Hundred Lakeside	d	10 21		10 51																								
Ockendon	d	10 25																										
Upminster	d	10 31	10 38																									
Barking	d	10 39	10 46																									
Stratford	d																											
London Liverpool St	d																											
West Ham	d	10 44	10 51																									
Limehouse	d	10 49	10 56																									
London Fenchurch St	d	10 54	11 00																									

A To London Fenchurch Street C From Pitsea E not 29 May
 B From Grays D From Southend Central

For services between Southend Victoria and London Liverpool Street refer to Table 6

Table T001-R

Mondays to Fridays

22 May to 8 December

Shoeburyness and Southend Central - London

Table with 20 columns and 35 rows showing train routes and times for Monday to Friday. Includes stations like Shoeburyness, Thorpe Bay, Southend East, and London Liverpool St.

Saturdays

27 May to 9 December

Table with 20 columns and 35 rows showing train routes and times for Saturdays. Includes stations like Shoeburyness, Thorpe Bay, Southend Central, and London Liverpool St.

- A From Grays
B From Southend Central
C From Shoeburyness
D To London Fenchurch Street

For services between Southend Victoria and London Liverpool Street refer to Table 6

Table T001-R

Saturdays

27 May to 9 December

Shoeburyness and Southend Central - London

	CC A	CC B	CC C	CC D	CC E	CC F	CC G	CC H	CC I	CC J	CC K	CC L	CC M	CC N	CC O	CC P	CC Q	CC R	CC S	CC T	CC U	CC V	CC W	CC X	CC Y	CC Z
Shoeburyness	d				22 24																					
Thorpe Bay	d				22 28																					
Southend East	d				22 30																					
Southend Central	a				22 33																					
	d			22 25	22 33																					
Westcliff	d			22 28	22 35																					
Chalkwell	d			22 30	22 38																					
Leigh-on-Sea	d			22 33	22 40																					
Benfleet	d			22 37	22 45																					
Pitsea	d			22 42	22 48																					
Basildon	d			22 52																						
Laindon	d			22 55																						
West Horndon	d			23 00																						
Stanford-le-Hope	d			22 48																						
East Tilbury	d			22 51																						
Tilbury Town	d			22 57																						
Grays	d			22 50	23 01																					
Purfleet	d			22 56																						
Rainham	d			23 01																						
Dagenham Dock	d			23 04																						
Chafford Hundred Lakeside	d	22 35		23 05																						
Ockendon	d	22 39																								
Upminster	⊖	22 45		23 05																						
Barking	⊖	22 54	23 10	23 14																						
Stratford	⊖	22 59	23 15	23 19																						
London Liverpool St	⊖	23 04	23 20	23 24																						
West Ham	⊖	23 04	23 20	23 24																						
Limehouse	⊖	23 04	23 20	23 24																						
London Fenchurch St	⊖	23 10	23 26	23 30																						

Sundays

21 May to 3 December

	CC C	CC D	CC E	CC F	CC G	CC H	CC I	CC J	CC K	CC L	CC M	CC N	CC O	CC P	CC Q	CC R	CC S	CC T	CC U	CC V	CC W	CC X	CC Y	CC Z	
Shoeburyness	d				05 40	06 04	06 10																		
Thorpe Bay	d				05 44	06 08	06 14																		
Southend East	d				05 46	06 10	06 16																		
Southend Central	a				05 49	06 13	06 19																		
	d				05 49	06 13	06 19																		
Westcliff	d				05 51	06 15	06 21																		
Chalkwell	d				05 54	06 17	06 24																		
Leigh-on-Sea	d				05 56	06 20	06 26																		
Benfleet	d				06 01	06 24	06 31																		
Pitsea	d			00 01	06 04	06 29	06 34																		
Basildon	d				06 08		06 38																		
Laindon	d				06 11		06 41																		
West Horndon	d			00 04	06 16		06 46																		
Stanford-le-Hope	d				00 07		06 35																		
East Tilbury	d				00 10		06 38																		
Tilbury Town	d				00 16		06 44																		
Grays	d				00 20		06 48																		
Purfleet	d																								
Rainham	d																								
Dagenham Dock	d																								
Chafford Hundred Lakeside	d				00 23		06 51																		
Ockendon	d				00 27		06 55																		
Upminster	⊖	00 09	00 34	06 21			06 51	07 02	07 21																
Barking	⊖	00 18	00 a44	06 29			06 59	07 10	07 29	07 57															
Stratford	⊖	00 23		06 34			07 04	07 15	07 34	08 02															
London Liverpool St	⊖	00 28		06 39			07 09	07 20	07 39	08 07															
West Ham	⊖	00 04	00 28	06 39			07 16	07 27	07 46	08 13															
Limehouse	⊖	00 10	00 34	06 45			07 16	07 27	07 46	08 13															
London Fenchurch St	⊖	00 10	00 34	06 45			07 16	07 27	07 46	08 13															

A From Southend Central C not 21 May. From Southend Central E From Shoeburyness
 B To London Fenchurch Street D not 21 May. From Shoeburyness

For services between Southend Victoria and London Liverpool Street refer to Table 6

Table T001-R

Sundays

21 May to 3 December

Shoeburyness and Southend Central - London

		CC	CC A	CC B	CC	CC A	CC B	CC	CC A	CC B	CC	CC A	CC C	CC	CC A	CC B	CC	CC A			
Shoeburyness	d			09 10					09 40				09 57	10 10				10 40			
Thorpe Bay	d			09 14					09 44				10 01	10 14				10 44			
Southend East	d			09 16					09 46				10 03	10 16				10 46			
Southend Central	a			09 19					09 49				10 06	10 19				10 49			
	d		09 05	09 19				09 35	09 49				10 06	10 19		10 35	10 49			11 05	
Westcliff	d		09 08	09 21				09 38	09 51				10 08	10 21		10 38	10 51			11 08	
Chalkwell	d		09 10	09 24				09 40	09 54				10 10	10 24		10 40	10 54			11 10	
Leigh-on-Sea	d		09 13	09 26				09 43	09 56				10 13	10 26		10 43	10 56			11 13	
Benfleet	d		09 17	09 31				09 47	10 01				10 17	10 31		10 47	11 01			11 17	
Pitsea	d		09 22	09 34				09 52	10 04				10 22	10 34		10 52	11 04			11 22	
Basildon	d			09 38					10 08				10 38				11 08				
Laindon	d			09 41					10 11				10 41				11 11				
West Horndon	d			09 46					10 16				10 46				11 16				
Stanford-le-Hope	d		09 28					09 58					10 28			10 58				11 28	
East Tilbury	d		09 31					10 01					10 31			11 01				11 31	
Tilbury Town	d		09 37					10 07					10 37			11 07				11 37	
Grays	d		09 30	09 41		10 00	10 11				10 30			10 41			11 00	11 11		11 30	11 41
Purfleet	d		09 36			10 06					10 36						11 06			11 36	
Rainham	d		09 41			10 11					10 41						11 11			11 41	
Dagenham Dock	d		09 44			10 14					10 44						11 14			11 44	
Chafford Hundred Lakeside	d			09 44		10 14		10 14		10 14			10 44		11 14		11 14			11 44	
Ockendon	d			→		09 48		→		10 18			→		10 48		→		11 18	→	
Upminster	⇄			09 51	09 55		10 21	10 25		10 21	10 25		10 51	10 55		11 21	11 25		11 21	11 25	
Barking	⇄		09 50		10 01	10 04	10 20		10 31	10 34	10 50				11 01	11 04	11 20		11 31	11 34	11 50
Stratford	⇄	a		10 08					10 38				11 08				11 38		11 38		
London Liverpool St	a	a		10 08					10 38				11 08				11 38		11 38		
West Ham	⇄	⇄	09 55		10 09	10 25			10 39	10 55			11 09	11 25			11 39	11 55		11 39	11 55
Limehouse	⇄	⇄	10 00		10 14	10 30			10 44	11 00			11 14	11 30			11 44	12 00		11 44	12 00
London Fenchurch St	a	a	10 06		10 20	10 36			10 50	11 06			11 20	11 36			11 50	12 06		11 50	12 06

and at the same minutes past each hour until

		CC	CC B	CC	CC A	CC	CC B	CC	CC A	CC	CC B	CC	CC A	CC	CC B	CC	CC A	CC	CC B	
Shoeburyness	d	20 10			20 40					21 10				21 40			22 10			22 40
Thorpe Bay	d	20 14			20 44					21 14				21 44			22 14			22 44
Southend East	d	20 16			20 46					21 16				21 46			22 16			22 46
Southend Central	a	20 19			20 49					21 19				21 49			22 19			22 49
	d	20 19		20 35	20 49			21 05		21 19			21 35	21 49		22 19	22 35			22 49
Westcliff	d	20 21			20 38	20 51		21 08		21 21			21 38	21 51		22 21	22 38			22 51
Chalkwell	d	20 24			20 40	20 54		21 10		21 24			21 40	21 54		22 24	22 40			22 54
Leigh-on-Sea	d	20 26			20 43	20 56		21 13		21 26			21 43	21 56		22 26	22 43			22 56
Benfleet	d	20 31			20 47	21 01		21 17		21 31			21 47	22 01		22 31	22 47			23 01
Pitsea	d	20 34			20 52	21 04		21 22		21 34			21 52	22 04		22 34	22 52			23 04
Basildon	d	20 38				21 08				21 38				22 08			22 38			23 08
Laindon	d	20 41				21 11				21 41				22 11			22 41			23 11
West Horndon	d	20 46				21 16				21 46				22 16			22 46			23 16
Stanford-le-Hope	d				20 58				21 28				21 58				22 58			
East Tilbury	a				21 01				21 31				22 01				23 01			
Tilbury Town	d				21 07				21 37				22 07				23 07			
Grays	d			21 00	21 11			21 30	21 41			22 00	22 11			22 30	23 11			
Purfleet	d			21 06				21 36				22 06				22 36				
Rainham	d			21 11				21 41				22 11				22 41				
Dagenham Dock	d		←	21 14				21 44			←	22 14				22 44				
Chafford Hundred Lakeside	d	20 44		21 14		21 14		21 44		21 44		22 14		22 14		23 15				23 15
Ockendon	d	20 48				21 18				21 48			22 18			→				23 19
Upminster	⇄	20 51	20 55		21 21	21 25			21 51	21 55			22 21	22 25		22 51			23 21	23 26
Barking	⇄	21 01	21 04	21 20		21 31	21 34	21 50		22 01	22 04	22 20		22 31	22 34	22 50	23 01		23 30	23 35
Stratford	⇄	a	21 08			21 38			22 08				22 38			23 08				
London Liverpool St	a	a	21 08			21 38			22 08				22 38			23 08				
West Ham	⇄	⇄	21 09	21 25		21 39	21 55			22 09	22 25			22 39	22 55				23 35	23 40
Limehouse	⇄	⇄	21 14	21 30		21 44	22 00			22 14	22 30			22 44	23 00				23 40	23 45
London Fenchurch St	a	a	21 20	21 36		21 50	22 06			22 20	22 36			22 50	23 06				23 46	23 51

A To London Fenchurch Street B From Southend Central C From Shoeburyness

For services between Southend Victoria and London Liverpool Street refer to Table 6