

Table T128-F

Mondays to Fridays

21 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Miles	Miles		AW MO ◇ A	AW MX ◇	AW MX	AW MX ◇	AW	GW MX ◇ B	GW MO ◇ B	GW MO ◇ C	GW MX ◇ C		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
—	—	London Paddington 1.5	d																				
—	—	Reading 1.7	d																				
—	—	Manchester Piccadilly 1.0	d																				
—	—	Gloucester 1.7	d																				05 50
—	—	Bristol Parkway 1.7	d									00 28											
—	—	Newport (South Wales)	d									00 57											06 44
0	—	Cardiff Central 1.7	d									01 19							05 35	05 53	06 42		07 03
11	—	Pontyclun	d																05 51				07 15
14	—	Llanharan	d																05 56				07 20
16½	—	Pencoed	d																06 01				07 24
20½	0	Bridgend	d					00 05	00 19	00 19	01 43								06 07	06 15	07 05		07 33
—	1	Wildmill	d																				07 35
—	2¼	Sarn	d																				07 38
—	3	Tondu	d																				07 42
—	7	Garth (Mid Glamorgan)	d																				07 51
—	7½	Maesteg (Ewenny Road)	d																				07 54
—	8¼	Maesteg	a																				07 56
26½	—	Pyle	d																				07 14
32½	—	Port Talbot Parkway	d				00 01		00 18	00 32	01 56												07 22
34½	—	Baglan	d				00 05																07 26
36½	—	Briton Ferry	d				00 09																07 30
38	—	Neath	d				00 13		00 26	00 39	02 04												07 34
41½	—	Skewen	d				00 16																07 37
43½	—	Llansamlet	d				00 20																07 42
47½	—	Swansea	a				00 28		00 39	00 52	02 17												07 50
—	—		d				00 13	00 45															08 14
53	—	Gowerton	d				00 24	00 55															08 05
58½	—	Llanelli	a				00 29	01 02															08 30
—	—		d				00 30																08 31
62½	—	Pembrey & Burry Port	d	00 04			00 35	01 09															
68	—	Kidwelly	d	00 x11			00 x42	01 s15															
72½	—	Ferryside	d	00 x17			00 x48	01 s21															
79½	—	Cardiff	a	00 33			01 05	01 40															
—	—		d				04 50																
93½	0	Whitland	a				05 03																09 09
—	—		d				05 03																09 10
—	5¼	Narberth	d																				
—	10½	Kilgetty	d																				
—	11½	Saundersfoot	d																				
—	15½	Tenby	a																				
—	—		d																				
—	17	Penally	d																				
—	20½	Manorbier	d																				
—	23½	Lamphey	d																				
—	25½	Pembroke	d																				
—	27½	Pembroke Dock	a																				
98½	—	Clunderwen	d				05 x10																09 x17
105½	0	Clarbston Road	d				05 x18																09 x25
—	5¼	Haverfordwest	d				05 29																
—	10	Johnston	d				00 x06																
—	14	Milford Haven	a				05 52																
—	—	Fishguard & Goodwick	a																				
—	—	Fishguard Harbour 1.0	a																				
—	—	Rosslare Harbour	a																				
—	—	Rosslare Harbour	a																				

A not 4 June B from 17 September C until 10 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Mondays to Fridays

21 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	GW	AW	AW	GW	AW		AW	AW	AW	GW	AW	AW	AW	AW	AW		GW	AW	AW	AW	AW	GW
London Paddington <b>15</b>																								
Reading <b>7</b>																								
Manchester Piccadilly <b>10</b>																								
Gloucester <b>7</b>																								
Bristol Parkway <b>7</b>																								
Newport (South Wales)																								
Cardiff Central <b>7</b>	07 14	07 32	07 49			08 01	08 33	08 38				08 52	09 31											
Pontyclun							08 33					09 30												
Llanharan							08 38					09 35												
Pencoed							08 42					09 39												
Bridgend	07 38	08 09	08 25			08 50	09 15	09 24				09 32	09 46	10 12										
Wildmill							08 52					09 49												
Sarn							08 55					09 52												
Tondu							08 59					09 55												
Garth (Mid Glamorgan)							09 08					10 05												
Maesteg (Ewenny Road)							09 11					10 07												
Maesteg							09 16					10 10												
Pyle	07 46	08 17										09 40												
Port Talbot Parkway	07 55	08 25	08 38				09 28	09 37				09 48	10 25											
Baglan	07 58	08 28										09 52												
Briton Ferry	08 02	08 31										09 55												
Neath	08 06	08 35	08 46				09 35	09 44				09 59	10 33											
Skewen	08 09	08 39										10 03												
Llansamlet	08 13	08 43										10 07												
Swansea	08 25	08 52	08 58				09 48	09 56				10 18	10 45											
Gowerton		09 06		09 34				10 03					11 00											
Llanelli		09 17		09 45				10 14						11 15										
Pembrey & Burry Port		09 23		09 52				10 20						11 17										
Kidwelly		09 25						10 22						11 17										
Ferryside		09 31						10 28						11 23										
Carmarthen		09 37						10x34						11 28										
Ferryside		09x42						10x39						11 28										
Carmarthen		09 55						10 54						11 49										
Whitland		09 59							10 58					11 53										
Narberth		10 13							11 12					11 51										
Kilgetty		10 14							11 13					11 51										
Saundersfoot									11x22					12x06										
Tenby									11x32					12x06										
Penally									11x34					12x06										
Manorbier									11 41					13x15										
Lamphey									11 49					13x15										
Pembroke									11x52					13x25										
Pembroke Dock									11 58					13x27										
Clunderwen									12x06					13x34										
Clarbeston Road									12x09					13x48										
Haverfordwest									12 23					14x02										
Johnston									12 23					14 05										
Milford Haven									12 23					14 19										
Fishguard & Goodwick									12x20					14 19										
Fishguard Harbour <b>8.0</b>									12x28					14 19										
Rosslare Harbour									12x28					14 19										
									12x20					14 19										
									12x28					14 19										
									12x36					14 19										
									12x53					14 19										
									13 10					14 19										
									16 25					14 19										

A not from 26 June until 29 June

B The St. David

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Mondays to Fridays

21 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	GW		AW	AW	AW	AW	AW	GW	AW	AW	GW		AW	AW	AW	AW	GW	AW	AW	AW	AW	
London Paddington <b>15</b>		◇	◇ <b>A</b>							◇			◇	◇ <b>A</b>						◇	◇ <b>A</b>			
Reading <b>7</b>		⊞	⊞ <b>A</b>							⊞			⊞	⊞ <b>A</b>						⊞	⊞ <b>A</b>			
Manchester Piccadilly <b>10</b>																								
Gloucester <b>7</b>																								
Bristol Parkway <b>7</b>																								
Newport (South Wales)																								
<b>Cardiff Central</b> <b>7</b>																								
Pontyclun																								
Llanharan																								
Pencoed																								
Bridgend																								
Wildmill																								
Sarn																								
Tondu																								
Garth (Mid Glamorgan)																								
Maesteg (Ewenny Road)																								
Maesteg																								
Pyle																								
Port Talbot Parkway																								
Baglan																								
Briton Ferry																								
Neath																								
Skewen																								
Llansamlet																								
<b>Swansea</b>																								
Gowerton																								
Llanelli																								
Pembrey & Burry Port																								
Kidwelly																								
Ferryside																								
<b>Carmarthen</b>																								
Whitland																								
Narberth																								
Kilgetty																								
Saundersfoot																								
<b>Tenby</b>																								
Penally																								
Manorbier																								
Lamphey																								
Pembroke																								
<b>Pembroke Dock</b>																								
Ciunderwen																								
Clarbeston Road																								
Haverfordwest																								
Johnston																								
<b>Milford Haven</b>																								
Fishguard & Goodwick																								
<b>Fishguard Harbour</b> <b>80</b>																								
Rosslare Harbour																								

A Restaurant available for customers joining until Bristol Parkway. from Bristol Parkway to Bristol Parkway

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Mondays to Fridays

21 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

Table with 25 columns representing different rail services and rows for various stations including London Paddington, Reading, Manchester Piccadilly, Gloucester, Bristol Parkway, Newport (South Wales), Cardiff Central, Pontyclun, Llanharan, Pencoed, Bridgend, Wildmill, Sarn, Tondur, Garth (Mid Glamorgan), Maesteg (Ewenny Road), Pyle, Port Talbot Parkway, Baglan, Briton Ferry, Neath, Skewen, Llansamlet, Swansea, Gowerton, Llanelli, Pembrey & Burry Port, Kidwelly, Ferryside, Carmarthen, Whitland, Narberth, Kilgetty, Saundersfoot, Tenby, Penally, Manorbier, Lamphey, Pembroke, Pembroke Dock, Clunderwen, Clarbeston Road, Haverfordwest, Johnston, Milford Haven, Fishguard & Goodwick, Fishguard Harbour, and Rosslare Harbour.

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Mondays to Fridays

21 May to 7 December

Cardiff - Maesteg, Swansea and West Wales

	GW A A	AW FX ◇	AW FO ◇	AW FX ◇	AW	GW FO ◇	GW FX ◇	AW FO ◇	AW FX ◇	AW FO ◇	GW FO ◇	GW FX ◇	AW	AW	GW FO ◇	GW FX ◇	GW FX ◇						
London Paddington <b>15</b> ..... ⊕	18 45					19 15	19 15				20 15	20 15			21 15	22 45	22 45						
Reading <b>7</b> .....	19 12					19 48	19 42				20 42	20 42			21 43	23 13	23 20						
Manchester Piccadilly <b>10</b> ..... d								18 31	18 29					19 31									
Gloucester <b>7</b> .....					19 58																		
Bristol Parkway <b>7</b> ..... d	20 09					20 45	20 42				21 41	21 41			22 48	00 15	00 28						
Newport (South Wales)..... d	20 34				20 52	21 08	21 04	21 52	21 55		22 05	22 05		22 41	23 20	00 38	00 57						
<b>Cardiff Central</b> <b>7</b> ..... d	20 54	21 06	21 06		21 10	21 24	21 24	22 08	22 16		22 22	22 28	22 36	23 15	23 44	00 54	01 19						
Pontyclun..... d					21 22			22 21	22 27					23 29									
Llanharan..... d					21 27			22 25	22 32					23 34									
Pencoed..... d					21 32			22 29	22 36					23 39									
Bridgend..... d	21 16	21 27	21 27		21 40	21 45	21 46	22 35	22 41		22 42	22 49	22 59	23 45	00 05	01 17	01 43						
Wildmill..... d					21 42								23 01										
Sarn..... d					21 45								23 04										
Tondu..... d					21 49								23 08										
Garth (Mid Glamorgan)..... d					21 58								23 17										
Maesteg (Ewenny Road)..... d					22 01								23 20										
Maesteg..... a					22 05								23 23										
Pyle..... d		21 35	21 35										23 53										
Port Talbot Parkway..... d	21 29	21 45	21 45			21 58	21 59	22 47	22 54		22 55	23 04			00 01	01 30	01 56						
Baglan..... d															00 05								
Briton Ferry..... d															00 09								
Neath..... d	21 36	21 52	21 52			22 05	22 07	22 54			23 03	23 11			00 13	00 26	01 38	02 04					
Skewen..... d															00 16								
Llansamlet..... d															00 20								
<b>Swansea</b> ..... a	21 50	22 05	22 05			22 18	22 20	23 07			23 15	23 24			00 28	00 39	01 50	02 17					
		22 27	22 27					23 11							00 45								
Gowerton..... d		22 38	22 38					23 22		←					00s55								
Llanelli..... a		22 44	22 44					23 29	23 22	23 29					01s02								
		22 45	22 46					23 31	23 24	23 31													
Pembrey & Burry Port..... d		22 51	22 51					→ 23 30	23 37						01s09								
Kidwelly..... d		22x57	22x57					23x36	23x43						01s15								
Ferryside..... d		23x03	23x03					23x41	23x48						01s21								
<b>Carmarthen</b> ..... a		23 15	23 18	23 15				23 59	00 07						01 40								
		23 20	23 19	23 20																			
Whitland..... d		→ 23 33	23 35																				
		23 34	23 35																				
Narberth..... d																							
Kilgetty..... d																							
Saundersfoot..... d																							
<b>Tenby</b> ..... a																							
Penally..... d																							
Manorbier..... d																							
Lamphey..... d																							
Pembroke..... d																							
<b>Pembroke Dock</b> ..... a																							
Clunderwen..... d			23x40	23x42																			
Clarbeston Road..... d			23x49	23x50																			
Haverfordwest..... d			23 56	23 58																			
Johnston..... d			00x04	00x06																			
<b>Milford Haven</b> ..... a			00 19	00 21																			
Fishguard & Goodwick..... a																							
<b>Fishguard Harbour</b> <b>8.0</b> ..... a																							
Rosslare Harbour..... a																							

A Y Cymro - The Welshman

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Table T128-F

Saturdays

26 May to 8 September

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	GW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW	GW	AW		
	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇		
London Paddington <b>16</b>																									
Reading <b>7</b>																									
Manchester Piccadilly <b>10</b>																									
Gloucester <b>7</b>																	05 50								
Bristol Parkway <b>7</b>																									
Newport (South Wales)					00 15																	07 10			
Cardiff Central <b>7</b>					00 38																	07 33	07 38		
Pontyclun					00 54									05 33	05 51		06 42	07 04				07 14	07 51	07 58	
Llanharan														05 47	06 03		07 16								
Pencoed														05 53	06 08		07 21								
Bridgend					00 05	01 17								05 57	06 13		07 25								
Wildmill														06 03	06 20		07 02	07 32				07 38	08 11	08 17	
Sarn															06 22		07 35								
Tondu															06 25		07 38								
Garth (Mid Glamorgan)															06 29		07 41								
Maesteg (Ewenny Road)															06 38		07 51								
Maesteg															06 41		07 53								
Pyle															06 43		07 56								
Port Talbot Parkway			00 01		00 18	01 30								06 11		07 10						07 46			
Baglan			00 05											06 20		07 18						07 54	08 24	08 30	
Briton Ferry			00 09											06 23		07 22						07 58			
Neath			00 13		00 26	01 38								06 27		07 25						08 01			
Skewen			00 16											06 31		07 29						08 05	08 32	08 37	
Llansamlet			00 20											06 34		07 33						08 09			
Swansea			00 28		00 39	01 50								06 38		07 37						08 13			
Gowerton		00 13	00 45				04 31							06 47		07 45						08 22	08 44	08 51	
Llanelli		00 24	00s55				04 42					05 45	06 53	07 23	07 50	08 15								09 05	
Pembrey & Burry Port		00 29	01s02				04 49					05 55	07 03	07 11	08 00									09 16	
Kidwelly		00 30										06 02	07 11	07 39	08 07	08 31								09 22	
Ferryside		00 35	01s09									06 04	07 11	07 40	08 08	08 36								09 24	
Carmarthen		00 42	01s15									06 10	07 17	07 47	08 14	08 43								09 30	
Whitland		00x48	01s21									06x17	07x23	08x20											09x36
Narberth		01 05	01 40									06x23	07x29	08x26											09x41
Kilgetty		04 50					05 30	05 50		05 58	06 39	07 46	08 08	08 40	09 08										09 53
Saundersfoot		05 03					05 46	06 05		06 13	06 56	07 46	08 16	08 45							09 40				09 57
Tenby		05 03					05 46	06 06		06 13	06 56	08 00	08 34	09 01							09 54				10 13
Penally							05x55					07x05	08x44								09 54				10 14
Manorbier							06x05					07x15	08x53								10x03				
Lamphey							06x07					07x17	08 58								10x13				
Pembroke							06 14					07 24	09 07								10x15				
Pembroke Dock							06 24					07 32	09 08								10 26				
Ciunderwen				05x10			06x27					07x35	09x11												
Clarbeston Road				05x18			06 33					07 42	09 20												
Haverfordwest				05 30			06x41					07x49	09x29												
Johnston				06 44			06 59					08 07	09 44												
Milford Haven				06 59					06x13	06x19	07 20	08x07	09x07												10x20
Fishguard & Goodwick				06x21					06x27		07 20	08x15	09x15												10x28
Fishguard Harbour <b>80</b>				06 35					06 35		08 23														10 36
Rosslare Harbour		00x04		05x38					06x43		08x31														10x44
		00 19		05 53					06 58		08 48														10 58
Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line																									

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Table T128-F

Saturdays

26 May to 8 September

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	
London Paddington <b>15</b>	◇	◇	◇										◇ A	◇					◇	◇ A	◇	◇	
Reading <b>7</b>																							
Manchester Piccadilly <b>10</b>																							
Gloucester <b>7</b>																							
Bristol Parkway <b>7</b>																							
Newport (South Wales)	08 02		08 33																				
Cardiff Central <b>7</b>	08 21		09 04		09 14																		
Pontyclun	08 33																						
Llanharan	08 38																						
Pencoed	08 42																						
Bridgend	08 50		09 23		09 34																		
Wildmill	08 52																						
Sarn	08 55																						
Tondu	08 59																						
Garth (Mid Glamorgan)	09 08																						
Maesteg (Ewenny Road)	09 11																						
Maesteg	09 15																						
Pyle					09 43																		
Port Talbot Parkway			09 36		09 52			10 23															
Baglan					09 55																		
Briton Ferry					09 59																		
Neath			09 43		10 03			10 31															
Skewen					10 06																		
Llansamlet					10 10																		
Swansea	a		09 55		10 21			10 43															
Gowerton	d	09 15	10 04																				
Llanelli	d	09 26	10 15																				
Pembrey & Burry Port	d	09 33	10 21																				
Kidwelly	d		10 22																				
Ferryside	d		10x34																				
Ferryside	d		10x40																				
Carmarthen	a		10 51																				
Whitland	d		10 56																				
Narberth	d		11 10																				
Kilgetty	d		11 11																				
Saundersfoot	d		11x20																				
Tenby	a		11x30																				
Penally	d		11x32																				
Manorbier	d		11 39																				
Lamphey	d		11 45																				
Pembroke	d		11x48																				
Pembroke Dock	a		11 54																				
Ciunderwen	d		12x02																				
Clarbeston Road	d		12 05																				
Haverfordwest	d		12 05																				
Johnston	d		12 20																				
Milford Haven	a																						
Fishguard & Goodwick	a																						
Fishguard Harbour <b>30</b>	a																						
Rosslare Harbour	a																						

A The Pembroke Coast Express

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

**Saturdays**

26 May to 8 September

**Cardiff - Maesteg, Swansea and West Wales**

	GW	AW	AW	AW	GW	AW	AW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
London Paddington <b>1.5</b>	10 45				11 45			12 45												
Reading <b>7</b>	11 12				12 12			13 12												
Manchester Piccadilly <b>1.0</b>		09 30				10 31			11 31					12 31						13 31
Gloucester <b>7</b>														13 58						14 42
Bristol Parkway <b>7</b>	12 09				13 09			14 09						15 09						16 09
Newport (South Wales)	12 31	12 40			13 32	13 37		14 31	14 39				14 55	14 52	15 22	15 31	15 37			16 31
<b>Cardiff Central</b> <b>7</b>	12 50	13 04	13 10	13 18	13 50	14 04	14 21	14 50	15 04				15 14	15 18	15 40	15 50	16 04	16 18	16 50	17 04
Pontyclun				13 30			14 33							15 30				16 30		17 27
Llanharan				13 35			14 38							15 35				16 35		17 32
Pencoed				13 39			14 42							15 39				16 39		17 36
Bridgend	13 10	13 23	13 32	13 46	14 10	14 23	14 49	15 10	15 23				15 34	15 46	15 59	16 10	16 24	16 46	17 10	17 25
Wildmill				13 49			14 52							15 49				16 49		17 45
Sarn				13 52			14 55							15 52				16 52		17 48
Tondu				13 55			14 58							15 55				16 55		17 52
Garth (Mid Glamorgan)				14 05			15 08							16 05				17 05		18 01
Maesteg (Ewenny Road)				14 07			15 10							16 07				17 07		18 04
Maesteg	a			14 10			15 13							16 10				17 10		18 08
Pyle				13 40										15 42				16 32		17 32
Port Talbot Parkway	13 23	13 36	13 48		14 23	14 36		15 23	15 36				15 50		16 17	16 23	16 40		17 23	17 40
Baglan				13 52									15 54							17 42
Briton Ferry				13 55									15 57							17 46
Neath	13 31	13 43	13 59		14 31	14 43		15 31	15 43				16 01		16 24	16 31	16 48		17 31	17 50
Skewen				14 03									16 05							17 54
Llansamlet				14 07									16 09							17 58
<b>Swansea</b>	13 43	13 57	14 18		14 43	14 55		15 43	15 55				16 17	16 36	16 43	17 01			17 43	18 05
Gowerton		14 05				15 00			16 00	16 09			16 23	16 40		17 06			17 59	18 11
Llanelli		14 16				15 12			16 11	16 21			16 34	16 51		17 16			18 09	18 22
		14 22				15 18			16 17	16 27			16 41	16 57		17 23			18 16	18 28
		14 24				15 20			16 19	16 28				16 59		17 24			18 18	18 32
Pembrey & Burry Port		14 30				15 26			16 25	16 35				17 05		17 30			18 24	18 38
Kidwelly		14x36							16x31	16x43				17x11		17x36			18x32	18x44
Ferryside		14x41							16x36	16x49				17x16		17x42			18x38	18x53
<b>Carmarthen</b>	a	14 53				15 45			16 53	17 02				17 28		17 55			18 54	19 05
Whitland	a					15 49			17 17					17 31		17 57			19 09	
	a					16 03			17 31					17 45		18 12			19 25	
	a					16 04			17 32					17 46		18 13			19 25	
Narberth									17x41											19x35
Kilgetty									17x51											19x45
Saundersfoot									17x53											19x47
<b>Tenby</b>	a								18 00											19 57
	d								18 05											19 57
Penally									18x08											20x00
Manorbier									18 14											20 07
Lamphey									18x22											20x14
Pembroke									18 25											20 17
<b>Pembroke Dock</b>	a								18 40											20 29
Clunderwen						16x10								17x52		18x20				
Clarbeston Road						16x18								18x00		18x27				
Haverfordwest						16 26								18 08						
Johnston						16x34								18x16						
<b>Milford Haven</b>	a					16 49								18 31						
Fishguard & Goodwick	a															18 46				
<b>Fishguard Harbour</b> <b>5.0</b>	a															18 54				
Rosslare Harbour	a																			

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line











Table T128-F

**Saturdays**

26 May to 8 September

**Cardiff - Maesteg, Swansea and West Wales**

	AW	GW	AW	AW	AW	GW	AW		AW	AW	AW	GW	AW	GW	AW	GW	AW		AW	GW	AW	AW	GW
London Paddington 		◇																					
Reading 		◇																					
Manchester Piccadilly 																							
Gloucester 																							
Bristol Parkway 																							
Newport (South Wales)																							
Cardiff Central 																							
Pontyclun																							
Llanharan																							
Pencoed																							
Bridgend																							
Wildmill																							
Sarn																							
Tondu																							
Garth (Mid Glamorgan)																							
Maesteg (Ewenny Road)																							
Maesteg																							
Pyle																							
Port Talbot Parkway																							
Baglan																							
Briton Ferry																							
Neath																							
Skewen																							
Llansamlet																							
<b>Swansea</b>																							
Gowerton																							
Llanelli																							
Pembrey & Burry Port																							
Kidwelly																							
Ferryside																							
<b>Carmarthen</b>																							
Whitland																							
Narberth																							
Kilgetty																							
Saundersfoot																							
<b>Tenby</b>																							
Penally																							
Manorbier																							
Lamphey																							
Pembroke																							
<b>Pembroke Dock</b>																							
Clunderwen																							
Clarboston Road																							
Haverfordwest																							
Johnston																							
<b>Milford Haven</b>																							
Fishguard & Goodwick																							
<b>Fishguard Harbour</b> 																							
Rosslare Harbour 																							

A not 23 June

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

15 September to 8 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	GW	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	AW	GW	AW	AW	AW	
	◇		◇		◇	◇	◇							◇		◇		◇		◇	◇	◇	◇	
London Paddington 115	d																							
Reading 7	d																							
Manchester Piccadilly 110	d																							
Gloucester 7	d																05 50							
Bristol Parkway 7	d																							
Newport (South Wales)	d					00 15															07 10			
Cardiff Central 7	d					00 38															07 33			
Pontyclun	d					00 54								05 33	05 51	06 42	07 04				07 14		07 51	
Llanharan	d													05 47	06 03	07 16								07 38
Pencoed	d													05 53	06 08	07 21								08 02
Bridgend	d													05 57	06 13	07 25								08 33
Wildmill	d					00 05	01 17							06 03	06 20	07 03	07 32				07 38			08 38
Sarn	d													06 22		07 35								08 42
Tondu	d													06 25		07 38								08 52
Garth (Mid Glamorgan)	d													06 29		07 41								08 55
Maesteg (Ewenny Road)	d													06 38		07 51								08 59
Maesteg	a													06 41		07 53								09 08
Pyle	d													06 43		07 56								09 11
Port Talbot Parkway	d			00 01		00 18	01 30							06 11		07 11					07 46			09 15
Baglan	d			00 05										06 20		07 19					07 54			08 02
Briton Ferry	d			00 09										06 23		07 23					07 58			08 30
Neath	d			00 13		00 26	01 38							06 27		07 26					08 01			08 33
Skewen	d			00 16										06 31		07 30					08 05			08 37
Llansamlet	d			00 20										06 34		07 34					08 09			08 38
Swansea	a			00 28		00 39	01 50							06 38		07 38					08 13			08 39
Gowerton	d		00 13	00 45										06 47		07 46					08 22			08 40
Llanelli	a		00 24	00s55				04 31						06 53		07 50					08 44			08 51
Pembrey & Burry Port	d		00 29	01s02				04 42						05 45		06 53					08 15			09 05
Kidwelly	d		00 30					04 49						05 55		07 03					08 00			09 16
Ferryside	d		00 35	01s09										06 02		07 11					08 07			09 22
Carmarthen	a		00 42	01s15										06 04		07 11					08 31			09 24
Whitland	a		00x48	01s21										06 10		07 17					08 36			09 30
Narberth	d		01 05	01 40										06x17		07x23					08 43			09 36
Kilgetty	d													06x23		07x29					08 22			09 41
Saundersfoot	d																				08 22			09 41
Tenby	a																				08 22			09 41
Penally	d																				08 22			09 41
Manorbier	d																				08 22			09 41
Lamphey	d																				08 22			09 41
Pembroke	d																				08 22			09 41
Pembroke Dock	a																				08 22			09 41
Clunderwen	d				05x10																			09x14
Clarbeston Road	d				05x18																			10x20
Haverfordwest	d				05 30																			10x28
Johnston	d		00x04		05x38																			10x36
Milford Haven	a		00 19		05 53																			10x44
Fishguard & Goodwick	a																							10x58
Fishguard Harbour 30	a																							
Rosslare Harbour	a																							

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

15 September to 8 December

Cardiff - Maesteg, Swansea and West Wales

	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW
London Paddington 115	◇	◇					◇	◇	◇			◇	◇				◇	◇	◇		◇	◇
Reading 7							07 45	08 12				08 45	09 12				09 45	10 12				10 45
Manchester Piccadilly 110									06 30					07 30					08 30			
Gloucester 7				07 58						08 58										10 58		
Bristol Parkway 7						09 09					10 09											12 09
Newport (South Wales)	08 33			08 52		09 01	09 32		09 39	09 52	10 31		10 44		10 59	11 09	11 31	11 37	11 52			12 31
Cardiff Central 7	09 04		09 14	09 18		09 18	09 50		10 00	10 18	10 50		11 05		11 14	11 18	11 50	12 04	12 18			12 50
Pontyclun				09 30		09 30				10 30					11 30				12 30			
Llanharan				09 35		09 35				10 35					11 35				12 35			
Pencoed				09 39		09 39				10 39					11 39				12 39			
Bridgend	09 23		09 34	09 46		09 46	10 10		10 19	10 46	11 10		11 24		11 34	11 46	12 10	12 23	12 46			13 10
Wildmill				09 49		09 49				10 49					11 49				12 49			
Sarn				09 52		09 52				10 52					11 52				12 52			
Tondu				09 55		09 55				10 55					11 55				12 55			
Garth (Mid Glamorgan)				10 05		10 05				11 05					12 05				13 05			
Maesteg (Ewenny Road)				10 07		10 07				11 07					12 07				13 07			
Maesteg				10 10		10 10				11 10					12 10				13 10			
Pyle				09 43											11 42							
Port Talbot Parkway	09 36		09 52				10 23		10 31		11 23		11 38		11 50		12 23	12 36				13 23
Baglan			09 55												11 54							
Briton Ferry			09 59												11 57							
Neath	09 43		10 03				10 31		10 38		11 31		11 46		12 01		12 31	12 43				13 31
Skewen			10 06												12 05							
Llansamlet			10 10												12 09							
Swansea		09 55		10 21			10 43		10 51		11 43		11 59		12 20		12 43	12 55				13 43
Gowerton	09 15	10 04						11 00	11 04		11 50	12 05						13 02			13 12	13 50
Llanelli	09 26	10 15							11 17		12 06	12 16						13 14			13 23	
	09 33	10 21							11 23		12 11	12 22						13 20			13 30	14 05
		10 22							11 31		12 17	12 24						13 22				14 06
Pembrey & Burry Port		10 28							11 31		12 17	12 30						13 28				14 13
Kidwelly		10x34										12x36										
Ferryside		10x40										12x41										
Carmarthen		10 51							11 51		12 40	12 53						13 47				14 40
Whitland			10 56						11 53		12 58							13 51				14 58
			11 10						12 08		13 12							14 06				15 12
			11 11						12 08		13 12							14 06				15 12
Narberth			11x20								13x21											15x21
Kilgetty			11x30								13x31											15x31
Saundersfoot			11x32								13x33											15x33
Tenby			11 39								13 40											15 40
			11 45								13 45											15 45
Penally			11x48								13x48											15x48
Manorbier			11 54								13 54											15 54
Lamphey			12x02								14x02											16x02
Pembroke			12 05								14 05											16 05
Pembroke Dock			12 20								14 19											16 19
Clunderwen									12x15										14x13			
Clarbeston Road									12x22										14x20			
Haverfordwest									12 31										14 29			
Johnston									12x39										14x37			
Milford Haven									12 54										14 52			
Fishguard & Goodwick									12 23													
Fishguard Harbour 530									12 30													
Rosslare Harbour									13 10													
									16 25													

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

15 September to 8 December

Cardiff - Maesteg, Swansea and West Wales

	AW		AW	AW	GW	AW	AW	GW	AW	AW	AW		AW	AW	GW	AW	AW	AW	AW	AW	AW	AW
	◇			◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
London Paddington 11.5	d				11 45			12 45														
Reading 7	d				12 12			13 12														
Manchester Piccadilly 110	d	09 30					10 31				11 31				12 31							13 31
Gloucester 7	d												13 58				14 42					
Bristol Parkway 7	d				13 09			14 09							15 09			16 09				
Newport (South Wales)	d	12 40			13 32	13 37		14 31	14 39		14 55		14 52	15 22	15 31	15 37		16 31		16 38	16 56	
Cardiff Central 7	d	13 04	13 10	13 18	13 50	14 04	14 21	14 50	15 04		15 14		15 18	15 40	15 50	16 04	16 18	16 50		17 04	17 17	
Pontyclun	d			13 30			14 33						15 30				16 30				17 27	
Llanharan	d			13 35			14 38						15 35				16 35				17 32	
Pencoed	d			13 39			14 42						15 39				16 39				17 36	
Bridgend	d	13 23	13 32	13 46	14 10	14 23	14 49	15 10	15 23		15 34		15 46	15 59	16 10	16 24	16 46	17 10		17 25	17 43	
Wildmill	d			13 49			14 52						15 49				16 49				17 45	
Sarn	d			13 52			14 55						15 52				16 52				17 48	
Tondu	d			13 55			14 58						15 55				16 55				17 52	
Garth (Mid Glamorgan)	d			14 05			15 08						16 05				17 05				18 01	
Maesteg (Ewenny Road)	d			14 07			15 10						16 07				17 07				18 04	
Maesteg	a			14 10			15 13						16 10				17 10				18 08	
Pyle	d		13 40								15 42					16 32					17 32	
Port Talbot Parkway	d	13 36	13 48		14 23	14 36		15 23	15 36		15 50		16 17	16 23	16 40		17 23				17 40	
Baglan	d		13 52								15 54										17 42	
Briton Ferry	d		13 55								15 57										17 46	
Neath	d	13 43	13 59		14 31	14 43		15 31	15 43		16 01		16 24	16 31	16 48		17 31				17 50	
Skewen	d		14 03								16 05										17 54	
Llansamlet	d		14 07								16 09										17 58	
Swansea	a	13 57	14 18		14 43	14 55		15 43	15 55		16 17		16 36	16 43	17 01		17 43				18 05	
Gowerton	d	14 05			15 00			16 00	16 09	16 23			16 40		17 06		17 50	18 09			18 17	
Llanelli	a	14 22			15 18			16 11	16 21	16 34			16 51		17 16		18 00	18 20			18 28	
Pembrey & Burry Port	d	14 24			15 20			16 17	16 27	16 41			16 57		17 23		18 07	18 26			18 35	
Kidwelly	d	14 30			15 26			16 19	16 28				16 59		17 24		18 09	18 28				
Ferryside	d	14x36						16 25	16 35				17 05		17 30		18 15	18 34				
	d	14x41						16x31	16x36				17x11		17x36		18x23	18x40				
	a							16x36					17x16		17x42		18x29	18x46				
Carmarthen	a	14 53			15 45			16 53	16 57				17 28		17 55		18 47	19 01				
Whitland	d				15 49			16 59	17 03				17 31		17 57		19 05	19 21				
	a				16 03			17 13	17 17				17 45		18 12		19 21	19 37				
	d				16 04			17 14	17 18				17 46		18 13		19 21	19 37				
Narberth	d							17x23	17x23								19x31	19x31				
Kilgetty	d							17x32	17x32								19x41	19x41				
Saundersfoot	d							17x34	17x34								19x43	19x43				
Tenby	a							17 41	17 41								19 53	19 53				
	d							17 46	17 46								19 53	19 53				
Penally	d							17x49	17x49								19x56	19x56				
Manorbier	d							17 56	17 56								20 03	20 03				
Lamphey	d							18x03	18x03								20x10	20x10				
Pembroke	d							18 06	18 06								20 13	20 13				
Pembroke Dock	a							18 21	18 21								20 25	20 25				
Ciunderwen	d				16x10								17x52		18x20							
Clarbeston Road	d				16x18								18x00		18x27							
Haverfordwest	d				16 26								18 08									
Johnston	d				16x34								18x16									
Milford Haven	a				16 49								18 31									
Fishguard & Goodwick	a														18 46							
Fishguard Harbour 5.0	a														18 54							
Rosslare Harbour	a																					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Saturdays

15 September to 8 December

Cardiff - Maesteg, Swansea and West Wales

	GW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	GW	AW	GW	AW	AW	GW	GW	AW	AW	GW	
	⬇	⬆			⬇	⬆				⬇	⬆	⬇	⬆	⬇	⬆		⬇	⬆	⬆		⬇	
London Paddington 115	15 45				16 45					17 45				18 45				19 15	19 45			20 45
Reading 7	16 12				17 12					18 12				19 12				19 42	20 12			21 12
Manchester Piccadilly 110		14 31			15 31					16 31										18 31		
Gloucester 7			16 58			17 58							18 58							19 58		
Bristol Parkway 7	17 09				18 09					19 08				20 09				20 43	21 09			22 12
Newport (South Wales)	17 32	17 37	17 52		18 31	18 39	18 52			19 31	19 41		19 52	20 31				21 05	21 31	21 45		22 46
Cardiff Central 7	17 50	18 04	18 18		18 50	19 04	19 15			19 50	20 01		20 13	20 50	21 04	21 12		21 23	21 51	22 08	22 35	23 08
Pontyclun			18 30			19 28							20 26			21 24				22 21	22 47	
Llanharan			18 35			19 33							20 31			21 29				22 25	22 52	
Pencoed			18 39			19 37							20 35			21 32				22 29	22 56	
Bridgend	18 10	18 25	18 46		19 10	19 24	19 45			20 10	20 20		20 42	21 10	21 23	21 41		21 47	22 11	22 35	23 02	23 29
Wildmill			18 49			19 48							20 45			21 43						
Sarn			18 52			19 51							20 48			21 46						
Tondu			18 55			19 54							20 51			21 50						
Garth (Mid Glamorgan)			19 05			20 04							21 01			21 59						
Maesteg (Ewenny Road)			19 07			20 06							21 03			22 02						
Maesteg			19 11			20 09							21 06			22 04						
Pyle		18 33			19 31											21 31					23 10	
Port Talbot Parkway	18 23	18 41			19 23	19 39				20 23	20 33			21 23	21 39			22 00	22 24	22 47	23 19	23 42
Baglan					19 42																23 24	
Briton Ferry					19 45																23 26	
Neath	18 32	18 49			19 31	19 49				20 31				21 31	21 46			22 08	22 32	22 54	23 31	23 50
Skewen					19 54																23 35	
Llansamlet					19 58																23 39	
Swansea	18 46	19 02			19 43	20 05				20 42				21 43	21 57			22 20	22 44	23 07	23 47	00 03
Gowerton		19 05			19 34	20 13				21 00					22 25					23 10	23 53	
Llanelli		19 16			19 45	20 24									22 36					23 21	00 04	
Pembrey & Burry Port		19 23			19 52	20 30				21 16	21 02	21 16			22 42					23 28	00 11	
Kidwelly		19 24			19 54	20 32				21 17	21 03	21 17			22 44					23 29	00 12	
Ferryside		19 30			20 00	20 37				→	21 09	21 24			22 50					23 35	00 17	
Carmarthen					20x07					→	21x14				22x56					23x41	00x24	
Whitland					20x13						21x19				23x01					23x46	00x30	
Narberth		19 51			20 29	20 57					21 31	21 48								00 03	00 47	
Kilgetty		19 58				21 00					22 05											
Saundersfoot		20 13				21 15			21 07		22 19											
Tenby		20 13				21 15			21 23		22 20											
Penally						21x24																
Manorbier						21x33																
Lamphey						21x35																
Pembroke						21 42																
Pembroke Dock						21x46																
Clunderwen						21 52																
Clarbeston Road						22x00																
Haverfordwest						22 03																
Johnston						22 18																
Milford Haven		20x20																				
Fishguard & Goodwick		20x28																				
Fishguard Harbour 830		20 36																				
Rosslare Harbour		20x44																				
		20 59																				
									21 56													
									22 04													
										23 45												
										04 00												

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

**Sundays**

20 May to 2 December

**Cardiff - Maesteg, Swansea and West Wales**

	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	GW	GW	AW	GW	GW	AW		AW	GW	GW	AW
	A		B	◇ B				◇ C	B		Ⓜ	◇	◇	◇ B	◇ C	◇	◇ C	◇ B	◇ C		◇ B	◇ B	◇ C	
London Paddington 1.5	d																							
Reading 7	d																							
Manchester Piccadilly 1.0	d																							
Gloucester 7	d																							
Bristol Parkway 7	d																							
Newport (South Wales)	d																							
<b>Cardiff Central 7</b>	d			07 10																				
Pontyclun	d																							
Llanharan	d																							
Pencoed	d																							
Bridgend	d			07 32																				
Wildmill	d																							
Sarn	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d																							
Port Talbot Parkway	d			07 46																				
Baglan	d																							
Briton Ferry	d																							
Neath	d			07 54																				
Skewen	d																							
Llansamlet	d																							
<b>Swansea</b>	a			08 07																				
Gowerton	d	00 04	00 10	08 15				10 45																
Llanelli	a	00 11	00s28	08 33				11 00																
Pembrey & Burry Port	d	00 12		08 35				11 02																
Kidwelly	d	00 17	00s34	08 41				11 08																
Ferryside	d	00x24	00s41	08x48				11x37																
Carmarthen	a	00x30	00s47	08x54				11x43																
Whitland	d	00 47	01 03	09 07				11 27																
Narberth	d	00 57	08 20	09 10	09 55	10 19	11 32	11 32																
Kilgetty	d	01 17	08 36	09 26	10 11	10 34	11 46	11 48																
Saundersfoot	d	01 17	08 36	09 26	10 11	10 34	11 47	11 48																
<b>Tenby</b>	a			09x35				10x43																
Penally	d			09x45				10x52																
Manorbier	d			09x47				10x54																
Lamphey	d			09 54				11 01																
Pembroke	d			09 56				11 11																
<b>Pembroke Dock</b>	a			09x59				11x14																
Clunderwen	d			10 06				11 20																
Clarbeston Road	d			10x14				11x28																
Haverfordwest	d			10 17				11 31																
Johnston	d			10 27				11 41																
<b>Milford Haven</b>	a			08x44				10x19																
Fishguard & Goodwick	a			08x52				10x27																
Fishguard Harbour 30	d			09 00				10 35																
Rosslare Harbour	a			09x09				10x44																
	d			09 20				10 55																
	a	02 07						12 18	12 21															
	d	02 14						12 27	12 28															
	a							13 10																
	a							16 25																

A not 20 May B until 9 September C from 16 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-F

Sundays

20 May to 2 December

Cardiff - Maesteg, Swansea and West Wales

	GW	GW	GW	AW	AW	AW	AW	AW	GW	GW	AW	GW	GW	AW	GW	AW	GW	GW	AW	AW	GW	GW	
	⬇	⬇	⬇	⬇	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	
	A	B	A		A	B	A	A	B	B	A	B	A	B	A	B		B		A	B	A	B
	⬇	⬇	⬇		⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆		⬆		⬆	⬆	⬆	⬆
London Paddington 16	11 30	11 33							12 30	12 33		13 30	13 33		14 30		14 33		15 30	15 33		16 30	16 33
Reading 7	d 12 08	12 08							13 09	13 09		14 08	14 10		15 10		15 10		16 07	16 09		17 07	17 10
Manchester Piccadilly 10				10 31			10 31								12 32						14 30		
Gloucester 7	d																						
Bristol Parkway 7	d 13 09	13 09							14 07	14 08		15 09	15 10		16 10		16 10		17 09	17 10		18 09	18 10
Newport (South Wales)	d 13 35	13 35		13 31		13 31		14 30	14 31		15 34	15 35	15 49		16 36		16 36		17 38	17 39	17 37	18 31	18 32
Cardiff Central 7	d 13 59	14 00		14 05		14 05		14 54	14 56		15 56	15 59	16 14		17 00		17 02		18 03	18 05	18 10	18 54	18 54
Pontyclun	d			14 18		14 19							16 26								18 23		
Llanharan	d			14 23		14 24							16 31								18 28		
Pencoed	d			14 27		14 28							16 36								18 32		
Bridgend	d 14 17	14 18		14 34		14 35		15 16	15 18		16 17	16 20	16 43	17 21			17 24		18 23	18 25	18 39	19 15	19 15
Wildmill	d																						
Sarn	d																						
Tondu	d																						
Garth (Mid Glamorgan)	d																						
Maesteg (Ewenny Road)	d																						
Maesteg	a																						
Pyle	d 14 30	14 31		14 42		14 43		15 29	15 31		16 28	16 31	16 51	17 32			17 35		18 36	18 38	18 56	19 28	19 28
Port Talbot Parkway	d			14 51		14 52							16 59	17 32									
Baglan	d																						
Briton Ferry	d																						
Neath	d 14 38	14 39		14 59		15 00		15 36	15 38		16 36	16 39	17 07	17 41			17 43		18 44	18 46	19 04	19 36	19 37
Skewen	d																						
Llansamlet	d																						
Swansea	a 14 53	14 54	14 53	15 11		15 12		15 51	15 53		16 49	16 54	17 20	17 54			17 57		18 57	18 59	19 17	19 50	19 50
	d 15 04	15 03	15 04	15 29	15 44	15 44					16 38	16 56	17 07	17 25			18 37		18 57	18 59	19 22		
Gowerton	d			15 39	15 56	15 55					16 49		17 37				18 48		18 57		19 33		
Llanelli	a	15 19	15 20	15 46	16 03	16 02	16 03				16 56	17 13	17 24	17 44			18 55		18 57		19 40		
	d	15 20	15 21	16 03	16 03	16 03	16 03				16 58	17 14	17 25	17 45			18 57		19 03		19 41		
Pembrey & Burry Port	d	15 27	15 28			16 09	16 10				17 04	17 20	17 31	17 52			19 03		19 03		19 47		
Kidwelly	d										17x11						19x10		19 03		19 47		
Ferryside	d										17x17						19x16		19 03		19 47		
Carmarthen	a	15 48	15 49			16 32	16 33				17 30	17 45	17 55	18 15			19 29		19 29		20 09		
	d					16 35	16 35				17 35			18 20			19 32		19 32		20 10		
Whitland	a					16 51	16 51				17 52			18 36			19 48		19 48		20 26		
	d					16 52	16 53				17 52			18 37			19 48		19 48		20 26		
Narberth	d										18x01										20 30	20 37	
Kilgetty	d										18x11										20 30	20 44	
Saundersfoot	d										18x13										20 30	20 53	
Tenby	a										18 20										21 02		
	d										18 23										21 06		
Penally	d										18x26										21x09		
Manorbier	d										18 33										21 15		
Lamphey	d										18x40										21x23		
Pembroke	d										18 44										21 26		
Pembroke Dock	a										18 59										21 36		
Clunderwen	d					17x00	17x00							18x45			19x56				20x38		
Clarbeston Road	d					17x08	17x08							18x53			20x04				20x46		
Haverfordwest	d					17 16	17 17							19 01			20a12				20 54		
Johnston	d					17x25	17x25							19x10							21x03		
Milford Haven	a					17 37	17 37							19 25							21 20		
Fishguard & Goodwick	a																						
Fishguard Harbour 30	a																						
Rosslare Harbour	a																						

A until 9 September

B from 16 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

**Table T128-F**

**Sundays**

20 May to 2 December

**Cardiff - Maesteg, Swansea and West Wales**

	GW		AW	GW	AW	AW	GW	GW	GW	GW		GW	GW	AW	GW	GW	GW	GW						
	◇ A		A	◇ B	B	Ⓜ	◇	◇ A	◇ B	◇ B	◇ A	◇ A	◇ B	◇ C	◇ A	◇ B	◇ B	◇ A						
London Paddington 15	d	17 30		17 33				18 30	18 33	19 00	19 00		19 30	19 33		20 30	20 34	21 33	21 30					
Reading 7	d	18 07		18 10				19 07	19 10	19 36	19 38		20 07	20 10		21 09	21 15	22 11	22 09					
Manchester Piccadilly 10	d																							
Gloucester 7	d																							
Bristol Parkway 7	d	19 09		19 12				20 09	20 10	20 29	20 35		21 09	21 10		22 09	22 14	23 10	23 11					
Newport (South Wales)	d	19 32		19 34				20 32	20 31	20 48	20 53		21 29	21 30		22 36	22 37	23 36	23 36					
<b>Cardiff Central 7</b>	d	19 53		19 58			20 13	20 55	20 57	21 16	21 19		21 54	21 58	22 30	23 00	23 00	23 58	23 59					
Pontyclun	d																							
Llanharan	d																							
Pencoed	d																							
Bridgend	d	20 14		20 19			20 33	21 17	21 18	21 37	21 40		22 16	22 19	22 51	23 21	23 21	00 19	00 19					
Wildmill	d																							
Sarn	d																							
Tondu	d																							
Garth (Mid Glamorgan)	d																							
Maesteg (Ewenny Road)	d																							
Maesteg	a																							
Pyle	d						20 41																	
Port Talbot Parkway	d	20 27		20 32			20 49	21 30	21 31	21 49	21 52		22 29	22 32	23 05	23 34	23 34	00 32	00 32					
Baglan	d																							
Briton Ferry	d																							
Neath	d	20 34		20 39			20 57	21 37	21 39	21 58	22 01		22 36	22 40	23 13	23 42	23 42	00 39	00 40					
Skewen	d																							
Llansamlet	d																							
<b>Swansea</b>	a	20 48		20 53			21 10	21 50	21 51	22 10	22 13		22 49	22 52	23 25	23 55	23 55	00 52	00 53					
Gowerton	d		20 53	20 58			21 18									23 38								
Llanelli	a		21 05	21 09			21 29									23 49								
Pembrey & Burry Port	d		21 12	21 16			21 36									23 56								
Kidwelly	d		21 13	21 18			21 37									23 58								
Ferryside	d		21 19	21 23			21 43									00 04								
<b>Carmarthen</b>	a		21x26	21x30												00x11								
Whitland	d		21x32	21x36												00x17								
Narberth	d		21 44	21 48			22 06									00 33								
Kilgetty	d		21 48	21 51			22 10																	
Saundersfoot	d		22 03	22 06			22 26																	
<b>Tenby</b>	a		22 04	22 07			22 26																	
Penally	d																							
Manorbier	d																							
Lamphey	d																							
Pembroke	d																							
<b>Pembroke Dock</b>	a																							
Clunderwen	d						22x34																	
Clarbeston Road	d						22x42																	
Haverfordwest	d						22 50																	
Johnston	d						22x59																	
<b>Milford Haven</b>	a						23 10																	
Fishguard & Goodwick	a		22 36	22 39																				
<b>Fishguard Harbour 30</b>	a		22 44	22 47																				
Rosslare Harbour	a						23 45																	
	a						04 00																	

A until 9 September

B from 16 September

C not 3 June

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line



Table T128-R

Mondays to Fridays

21 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

Miles	Miles		AW MO	AW MX	AW	GW	AW MX	AW	GW	GW	AW	GW	GW	AW	GW	AW	GW	AW	AW	AW	AW	AW
—	—	Rosslare Harbour	d																			
0	—	Fishguard Harbour	a																			
—	—	Fishguard & Goodwick	d					02 37														06 50
—	0	Milford Haven	d		00 18			02 40														05 55
—	4	Johnston	d		00x26																	06x03
—	8½	Haverfordwest	d		00 33																	06 10
15¼	14	Clarboston Road	d		00x41			02 59														06x18
22¼	—	Clunderwen	d		00x48																	06x25
—	0	Pembroke Dock	d																			
—	2	Pembroke	d																			
—	3½	Lamphey	d																			
—	7	Manorbier	d																			
—	10¼	Penaly	d																			
—	11½	Tenby	a																			
—	15¾	Saundersfoot	d																			
—	16½	Kilgetty	d																			
—	22	Narberth	d																			
27¾	27¼	Whitland	a		00 54			03 11														06 31
—	—	Whitland	d		00 54			03 11														06 31
41¼	—	Carmarthen	a		01 16			03 29														06 47
—	—	Carmarthen	d			02 59			04 53			05 03										06 50
48¼	—	Ferryside	d													05 46		06 15				07x00
53	—	Kidwelly	d													06x01		06x30				07x05
58¼	—	Pembrey & Burry Port	d					05 12			05 21					06 08		06 37				07 12
62¼	—	Llanelli	a			03 21		05 18			05 26					06 13		06 42				07 17
—	—	Llanelli	d			03 21					05 28					06 15		06 44				07 19
68	—	Gowerton	a													06 21		06 50				07 25
73¼	—	Swansea	a			03 42										06 35		07 05				07 38
—	—	Swansea	d				03 54			04 58	05 29			05 59	06 29	06 38	06 59	07 07	07 29			07 42
77½	—	Llansamlet	d													06 45						
79¼	—	Skewen	d													06 49						
83	—	Neath	d				04 06			05 10	05 41			06 11	06 41	06 53	07 11	07 18	07 41			07 53
84¼	—	Briton Ferry	d													06 57						
86¼	—	Baglan	d													07 00						
88¼	—	Port Talbot Parkway	d				04 14			05 18	05 49	06 01		06 19	06 49	07 04	07 19	07 25	07 49			08 00
94¼	—	Pyle	d								06 09					07 12		07 33				08 07
—	0	Maesteg	d													06 44						07 59
—	0½	Maesteg (Ewenny Road)	d													06 46						08 01
—	1¼	Garth (Mid Glamorgan)	d													06 49						08 04
—	5¼	Tondu	d													06 57						08 13
—	6	Sarn	d													07 00						08 16
—	7¼	Wildmill	d													07 03						08 18
100¼	8¼	Bridgend	d	00 07			04 27			05 31	06 02	06 16		06 32	07 02	07 07	07 20	07 32	07 41	08 02	08 07	08 15
104¼	—	Pencoed	d									06 22				07 13	07 26					08 13
—	107	Llanharan	d									06 26				07 18		07 48				08 22
—	110	Pontyclun	d									06 31				07 23	07 35					08 21
—	121	Cardiff Central	a	00 34			05 12			05 52	06 22	06 45		06 53	07 23	07 37	07 49	07 53	08 04	08 23	08 34	08 38
—	—	Newport (South Wales)	a				05 31			06 07	06 38	07 02		07 08	07 38			08 08	08 17	08 38		09 03
—	—	Bristol Parkway	a				06 01			06 30	07 01			07 32	08 01			08 31		09 01		
—	—	Gloucester	a																			
—	—	Manchester Piccadilly	a									10 13							11 13			12 13
—	—	Reading	a				07 02			07 25	08 02			08 57				09 25		10 00		
—	—	London Paddington	a				07 30			07 59	08 32			08 55	09 25			09 55		10 37		

A The Capitals United- Restaurant for customers joining to Swindon

B ◊ from Reading ■ to Reading

C Y Cymro - The Welshman

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Mondays to Fridays

21 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

	AW	GW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW	AW	AW	AW	AW	AW	GW	AW	AW	AW	AW
	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
	A	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B	B
Rosslare Harbour	d																							08 00
Fishguard Harbour	a																							11 15
Fishguard & Goodwick	d																							
Milford Haven	d				07 05																			
Johnston	d				07x13																			
Haverfordwest	d				07 20																			
Clarbeston Road	d				07x28																			
Clunderwen	d				07x35																			
<b>Pembroke Dock</b>	d					06 59																		
Pembroke	d					07 07																		
Lamphey	d					07x10																		
Manorbier	d					07 18																		
Penally	d					07x23																		
Tenby	a					07 26																		
	d					07 29																		
Saundersfoot	d					07x34																		
Kilgetty	d					07x36																		
Narberth	d					07x45																		
Whitland	a					07 41	07 53																	
	d					07 41	07 53																	
<b>Carmarthen</b>	a					07 55	08 12																	
	d					07 30	08 01	08 15																
Ferryside	d					07 43	08x11	08x24																
Kidwelly	d					07 50	08x16	08x29																
Pembrey & Burry Port	d					07 58	08 23	08 35																
Llanelli	a					08 03	08 28	08 40																
	d					07 45	08 05	08 30	08 41															
Gowerton	d					07 54	08 36																	
<b>Swansea</b>	a					08 08	08 22	08 49	09 03															
	d					07 59	08 29	08 53																
Llansamlet	d																							
Skewen	d																							
Neath	d					08 11	08 41	09 04																
Briton Ferry	d																							
Baglan	d																							
Port Talbot Parkway	d					08 19	08 49	09 11																
Pyle	d																							
Maesteg	d					07 59																		
Maesteg (Ewenny Road)	d					08 01																		
Garth (Mid Glamorgan)	d					08 04																		
Tondu	d					08 13																		
Sarn	d					08 16																		
Wildmill	d					08 18																		
Bridgend	d					08 22	08 32	09 02	09 24															
Pencoed	d					08 28																		
Llanharan	d																							
Pontyclun	d					08 35																		
<b>Cardiff Central</b>	a					08 48	08 52	09 22	09 45															
Newport (South Wales)	a					09 34	09 08	09 38	10 17															
Bristol Parkway	a					09 31		10 01																
Gloucester	a																							
Manchester Piccadilly	a																							
Reading	a					10 32		11 02																
London Paddington	a					11 00		11 32																

A ◇ from Cardiff Central

B The Red Dragon

C The St. David

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Mondays to Fridays

21 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW
Rosslare Harbour																						
Fishguard Harbour																						
Fishguard & Goodwick																						
Milford Haven		11 08																				15 08
Johnston		11x16																				15x16
Haverfordwest		11 23																				15 23
Clarbeston Road		11x31																				15x31
Clunderwen		11x38																				15x38
Pembroke Dock					11 09																	13 09
Pembroke					11 17																	13 17
Lamphey					11x20																	13x20
Manorbier					11 29																	13 29
Penally					11x34																	13x34
Tenby					11 37																	13 37
Saundersfoot					11 43																	13 41
Kilgetty					11x51																	13x49
Narberth					11x53																	13x51
					12x03																	14x01
Whitland		11 44			12 11						13 24		13 44									14 09
		11 44			12 11						13 24		13 44									14 09
Carmarthen		12 00			12 29						13 40		14 00									14 27
		12 05			12 33			13 02			13 47		14 05									14 40
Ferryside								13x12														15x13
Kidwelly								13x17														15x18
Pembrey & Burry Port		12 23			12 52			13 23					14 23									14 59
Llanelli		12 28			12 58			13 29					14 28									15 05
		12 30			12 45	12 59		13 30	14 04				14 30									15 05
Gowerton		12 36			12 52			13 37	14 11				14 36									15 38
Swansea		12 49			13 04	13 22		13 51	14 25				14 49									15 24
		12 29	12 54		13 10			13 29	13 55				14 29	14 55								15 10
Llansamlet					13 17																	15 17
Skewen					13 21																	15 21
Neath		12 41	13 05		13 25			13 41	14 06				14 41	15 06								15 25
Briton Ferry					13 29																	15 28
Baglan					13 32																	15 32
Port Talbot Parkway		12 49	13 12		13 36			13 49	14 13				14 43	14 49	15 13							15 36
Pyle					13 45																	15 44
Maesteg				13 15							14 15											15 17
Maesteg (Ewenny Road)				13 17							14 17											15 19
Garth (Mid Glamorgan)				13 20							14 20											15 22
Tondu				13 29							14 29											15 31
Sarn				13 32							14 32											15 34
Wildmill				13 34							14 34											15 36
Bridgend		13 02	13 25	13 38		13 53		14 02	14 26		14 38		15 02	15 26		15 41	15 53		16 02	16 26	16 38	17 02
Pencoed				13 44							14 44											15 47
Llanharan				13 48							14 48											16 44
Pontyclun				13 52							14 52											16 48
Cardiff Central		13 22	13 48	14 07		14 15		14 23	14 47		15 06	15 19	15 22	15 47		16 09	16 14		16 22	16 47	17 06	17 23
Newport (South Wales)		13 38	14 17					14 38	15 02		15 27		15 38	16 02		16 24	16 33		16 38	17 02	17 26	17 38
Bristol Parkway		14 01						15 01					16 01							17 01		18 01
Gloucester											16 21											18 20
Manchester Piccadilly			17 13					18 13					19 13								20 19	
Reading		15 02						15 57					17 02									17 57
London Paddington		15 30						16 29					17 30									18 30

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Mondays to Fridays

21 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	AW	GW	AW	AW	AW	GW	AW		AW	AW	AW	GW	GW	AW	AW	AW	AW		GW	GW	AW	AW		
		Ⓜ		Ⓜ	Ⓜ			Ⓜ	Ⓜ					Ⓜ	Ⓜ	Ⓜ					Ⓜ	Ⓜ	Ⓜ			
Rosslare Harbour	d																	18 10								
Fishguard Harbour	a																	21 25								
Fishguard & Goodwick	d																	19 08								
Milford Haven	d																	19 11								
Johnston	d																							19 12		
Haverfordwest	d																								19x20	
Clarbeston Road	d																								19 27	
Clunderwen	d																	17x34							19x37	
Pembroke Dock	d																	17x41							19x44	
Pembroke	d																									
Lamphey	d																									
Manorbier	d																									
Penally	d																									
Tenby	a																									
Saundersfoot	d																									
Kilgetty	d																									
Narberth	d																									
Whitland	a																									
Carmarthen	d																									
Ferryside	d																									
Kidwelly	d																									
Pembrey & Burry Port	d																									
Llanelli	a																									
Gowerton	d																									
Swansea	a																									
Llansamlet	d																									
Skewen	d																									
Neath	d																									
Briton Ferry	d																									
Baglan	d																									
Port Talbot Parkway	d																									
Pyle	d																									
Maesteg	d																									
Maesteg (Ewenny Road)	d																									
Garth (Mid Glamorgan)	d																									
Tondu	d																									
Sarn	d																									
Wildmill	d																									
Bridgend	d																									
Pencoed	d																									
Llanharan	d																									
Pontyclun	d																									
Cardiff Central	a																									
Newport (South Wales)	a																									
Bristol Parkway	a																									
Gloucester	a																									
Manchester Piccadilly	a																									
Reading	a																									
London Paddington	a																									

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Mondays to Fridays

21 May to 7 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	AW	AW	AW	AW	AW	AW	AW													
	◇					◇																
Rosslare Harbour	d																					
Fishguard Harbour	a																					
Fishguard & Goodwick	d																					
Milford Haven	d	20 36																				
Johnston	d	20x44																				
Haverfordwest	d	20 51																				
Clarboston Road	d	20x59																				
Clunderwen	d	21x06																				
Pembroke Dock	d		21 09																			
Pembroke	d		21 17																			
Lamphey	d		21x20																			
Manorbier	d		21 29																			
Penally	d		21x34																			
Tenby	a		21 37																			
	d	19 57		21 53																		
Saundersfoot	d	20x05		22x01																		
Kilgetty	d	20x07		22x03																		
Narberth	d	20x17		22x13																		
Whitland	a	20 25	21 12	22 21																		
	d	20 27	21 12	22 21																		
Carmarthen	a	20 44	21 34	22 43																		
	d	20 49																				
Ferryside	d	20x59																				
Kidwelly	d	21x04																				
Pembrey & Burry Port	d	21 11																				
Llanelli	a	21 16																				
	d	21 17				22 01																
Gowerton	d	21 26				22 08																
Swansea	a	21 40				22 25																
	d	21 45				22 32																
Llansamlet	d	21 52				22 39																
Skewen	d	21 56				22 43																
Neath	d	22 00				22 47																
Briton Ferry	d	22 03				22 51																
Baglan	d	22 07				22 54																
Port Talbot Parkway	d	22 11				22 58																
Pyle	d	22 19				23 07																
Maesteg	d					22 15																
Maesteg (Ewenny Road)	d					22 17																
Garth (Mid Glamorgan)	d					22 20																
Tondu	d					22 29																
Sarn	d					22 32																
Wildmill	d					22 34																
Bridgend	d	22 27				22 38	23 15															
Pencoed	d					22 44																
Llanharan	d					22 48																
Pontyclun	d					22 52																
Cardiff Central	a	22 55				23 08	23 40															
Newport (South Wales)	a					23 38																
Bristol Parkway	a																					
Gloucester	a					00 39																
Manchester Piccadilly	a																					
Reading	a																					
London Paddington	a																					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line



Table T128-R

Saturdays

26 May to 8 September

West Wales, Swansea and Maesteg - Cardiff

	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	AW	GW	AW
	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠	⊠
Rosslare Harbour	d																					
Fishguard Harbour	a																					
Fishguard & Goodwick	d		07 50																			
Milford Haven	d		07 53																			
Johnston	d						09 08														11 08	
Haverfordwest	d						09x16														11x16	
Clarbeston Road	d						09 23														11 23	
Clunderwen	d		08x11				09x31														11x31	
Pembroke Dock	d		08x19				09x38														11x38	
Pembroke	d			08 35																	10 01	
Lamphey	d			08 43																	10 11	
Manorbier	d			08x46																		
Penally	d			08 55																	10 24	
Tenby	a			09x00																		
Saundersfoot	d			09 03																	10 33	
Kilgetty	d			09 08																	10 38	
Narberth	d			09x16																	10 48	
Whitland	a			09x18																		
Carmarthen	d			09x28																		
Ferryside	d			08 23	09 38																	
Kidwelly	d			08 24																		
Pembrey & Burry Port	d			08 43																		
Llanelli	a			09 00																		
Gowerton	d			09x10																		
Swansea	a			09x15																		
Llansamlet	d			09 21																		
Skewen	d			09 27																		
Neath	d			08 55	09 28																	
Briton Ferry	d			09 04	09 35																	
Baglan	d			09 22	09 50																	
Port Talbot Parkway	d			09 29	09 33	09 54																
Pyle	d			09 41	09 45	10 06																
Maesteg	d			10 22	10 55																	
Maesteg (Ewenny Road)	d			10 29	10 54																	
Garth (Mid Glamorgan)	d			10 41	11 06																	
Tondu	d			10 49	11 13																	
Sarn	d			11 01	11 36																	
Wildmill	d			11 10	11 45																	
Bridgend	d	10 02	10 10	10 28																		
Pencoed	d			10 38																		
Llanharan	d			10 44																		
Pontyclun	d			10 48																		
Cardiff Central	a	10 22	10 33	10 48																		
Newport (South Wales)	a	10 38		11 07																		
Bristol Parkway	a	11 00		11 33																		
Gloucester	a			12 00																		
Manchester Piccadilly	a			13 21																		
Reading	a			15 15																		
London Paddington	a			16 15																		
	a	11 58		12 58																		
	a	12 29		13 31																		
	a		14 14																			
	a			15 15																		
	a			16 15																		
	a			17 14																		
	a			18 15																		
	a			19 16																		

A The Pembroke Coast Express

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line





Table T128-R

Saturdays

26 May to 8 September

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	AW	GW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW				
Rosslare Harbour	◇			◇																				
Fishguard Harbour																								
Fishguard & Goodwick																								
Milford Haven																								
Johnston																								
Haverfordwest																								
Clarbeston Road																								
Clunderwen																								
Pembroke Dock																								
Pembroke																								
Lamphey																								
Manorbier																								
Penally																								
Tenby																								
Saundersfoot																								
Kilgetty																								
Narberth																								
Whitland																								
Carmarthen																								
Ferryside																								
Kidwelly																								
Pembrey & Burry Port																								
Llanelli																								
Gowerton																								
Swansea																								
Llansamlet																								
Skewen																								
Neath																								
Briton Ferry																								
Baglan																								
Port Talbot Parkway																								
Pyle																								
Maesteg																								
Maesteg (Ewenny Road)																								
Garth (Mid Glamorgan)																								
Tondu																								
Sarn																								
Wildmill																								
Bridgend																								
Pencoed																								
Llanharan																								
Pontyclun																								
Cardiff Central																								
Newport (South Wales)																								
Bristol Parkway																								
Gloucester																								
Manchester Piccadilly																								
Reading																								
London Paddington																								

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

15 September to 8 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	GW	AW	GW	GW	AW	GW	GW		AW	AW	GW	AW	GW	AW	AW	GW		GW	AW	AW	AW	
Rosslare Harbour		◇	◇		◇	◇	◇	◇	◇															
Fishguard Harbour																								
Fishguard & Goodwick				02 37																				
Milford Haven	00 18			02 40																				
Johnston	00x26															05 55							07 05	
Haverfordwest	00 33															06x03							07x13	
Clarbeston Road	00x41			02 58												06 10							07 20	
Clunderwen	00x48															06x18	07a14						07x28	
Pembroke Dock																06x25							07x35	
Pembroke																							06 59	
Lamphey																							07 07	
Manorbier																							07x10	
Penally																							07 17	
Tenby																							07x23	
Saundersfoot																							07 26	
Kilgetty																							07 29	
Narberth																							07x34	
Whitland	00 54			03 10												06 31							07 41	07 53
Carmarthen	00 54			03 10												06 31							07 41	07 53
Ferryside	01 16			03 28												06 47							07 55	08 11
Kidwelly		02 44					05 04				05 55		06 20			06 50							08 01	08 14
Pembrey & Burry Port											06x05	06x30				07x00							08x11	08x24
Llanelli											06x10	06x35				07x05							08x16	08x30
Gowerton							05 22				06 17	06 42				07 12							08 23	08 36
Swansea		03 06					05 27				06 22	06 47				07 17							08 28	08 40
Llansamlet		03 06					05 29				06 24	06 48				07 19							08 30	08 42
Skewen											06 30	06 55				07 25							08 36	
Neath											06 43	07 08				07 38							08 49	09 02
Briton Ferry			03 59		04 59	05 29		05 59	06 29		06 47	06 59	07 11	07 29	07 44			07 59				08 29	08 54	
Baglan												07 18												
Port Talbot Parkway												07 22												
Pyle												07 26	07 41	07 55								08 11	08 41	09 06
Maesteg												07 29												
Maesteg (Ewenny Road)												07 33												
Garth (Mid Glamorgan)												07 37	07 49	08 02								08 19	08 49	09 13
Tondu												07 12	07 45	08 09								08 19	08 49	09 21
Sarn																								
Wildmill																								
Bridgend			04 31		05 32	06 02	06 17	06 32	07 02		06 46					08 00								09 17
Pencoed							06 23				06 48					08 02								09 19
Llanharan							06 26				06 51					08 05								09 22
Pontyclun							06 31				07 00					08 14								09 31
Cardiff Central							06 44	06 52	07 23		07 03					08 17								09 34
Newport (South Wales)			04 52		05 52	06 22	06 44	06 52	07 23		07 05					08 19								09 36
Bristol Parkway												07 09	07 20	07 32	07 53	08 02	08 17					08 23	08 32	09 02
Gloucester												07 15				08 23								09 40
Manchester Piccadilly												07 27				08 30								09 46
Reading												07 22				08 30								09 50
London Paddington												07 22				08 30								09 54
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36	08 22	08 44					08 46	08 52	09 22
												07 36	07 43	07 52	08 36</									

Table T128-R

Saturdays

15 September to 8 December

West Wales, Swansea and Maesteg - Cardiff

	AW	GW	AW	AW	AW		GW	AW	AW	AW	AW	GW	AW	AW	AW		AW	GW	AW	AW	AW	AW	GW	AW
		◇	◇	◇	◇		◇	◇				◇	◇	◇	◇		◇	◇	◇	◇	◇	◇	◇	◇
Rosslare Harbour	d															08 00								
Fishguard Harbour	a															11 15								
Fishguard & Goodwick	d			07 50									09 53											
Milford Haven	d			07 53									09 56											
Johnston	d						09 08														11 08			
Haverfordwest	d						09x16														11x16			
Clarbeston Road	d						09 23														11 23			
Clunderwen	d			08x11			09x31						10x14								11x31			
	d			08x19			09x38						10x22								11x38			
<b>Pembroke Dock</b>	d											09 09											11 09	
Pembroke	d											09 17											11 17	
Lamphey	d											09x20											11x20	
Manorbier	d											09 29											11 29	
Penally	d											09x34											11x34	
Tenby	a											09 37											11 37	
	d											09 37											11 41	
Saundersfoot	d											09x45											11x49	
Kilgetty	d											09x47											11x51	
Narberth	d											09x57											12x01	
Whitland	a			08 23			09 44					10 05		10 28							11 44		12 09	
	d			08 24			09 44					10 05		10 29							11 44		12 09	
<b>Carmarthen</b>	a			08 43			10 02					10 23		10 46							12 00		12 27	
	d			09 00			09 38	10 04				10 27									12 05		12 33	13 02
Ferryside	d			09x10																			13x12	
Kidwelly	d			09x15																			13x17	
Pembrey & Burry Port	d			09 21			09 59	10 24				10 47									12 23		12 52	13 23
Llanelli	a			09 27			10 04	10 29				10 53									12 28		12 58	13 29
	d			08 55	09 28		10 06	10 31				10 53									12 30	12 42	12 59	13 30
Gowerton	d			09 04	09 35							11 01									12 36		13 07	13 37
<b>Swansea</b>	a			09 22	09 50		10 22	10 48				11 19									12 49	13 01	13 19	13 49
	d	09 10	09 29	09 33	09 54		10 29	10 55			11 10	11 29		12 00						12 29	12 53	13 07	13 29	14 00
Llansamlet	d	09 17									11 17											13 14		
Skewen	d	09 21									11 21											13 18		
Neath	d	09 25	09 41	09 45	10 06		10 41	11 06			11 25	11 41	12 11							12 41	13 04	13 22	13 41	14 11
Briton Ferry	d	09 29									11 28											13 25		
Baglan	d	09 32									11 32											13 29		
Port Talbot Parkway	d	09 36	09 49	09 52	10 13		10 49	11 13			11 36	11 49	12 18							12 49	13 11	13 33	13 49	14 18
Pyle	d	09 45		10 01	10 20			11 21			11 44										13 19	13 41		
<b>Maesteg</b>	d				10 15			11 15													12 18		13 15	
Maesteg (Ewenny Road)	d				10 17			11 17													12 20		13 17	
Garth (Mid Glamorgan)	d				10 20			11 20													12 23		13 20	
Tondu	d				10 29			11 29													12 32		13 29	
Sarn	d				10 32			11 32													12 35		13 32	
Wildmill	d				10 34			11 34													12 37		13 34	
Bridgend	d	09 53	10 02	10 10	10 28	10 38	11 02	11 28	11 38	11 52	12 02	12 31								12 41	13 02	13 26	13 38	13 52
Pencoed	d				10 44			11 44													12 47		13 44	
Llanharan	d				10 48			11 48													12 51		13 48	
Pontyclun	d				10 52			11 52													12 55		13 52	
<b>Cardiff Central</b>	a	10 16	10 22	10 33	10 48	11 06	11 22	11 48	12 06	12 15	12 22	12 52								13 09	13 22	13 48	14 07	14 13
Newport (South Wales)	a	10 34	10 38		11 07	11 33	11 38	12 07	12 23			12 38	13 07							13 34	13 38	14 07	14 32	14 38
Bristol Parkway	a		11 00				12 00					13 00									14 00		15 01	15 07
Gloucester	a							13 21																
Manchester Piccadilly	a			14 14				15 15					16 15								17 14			18 15
Reading	a		11 58				12 58					13 57									14 57			15 58
London Paddington	a		12 29				13 31					14 29									15 29			16 29

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

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Table T128-R

Saturdays

15 September to 8 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	GW	AW	AW	AW	AW	GW	AW	AW	AW	GW	AW	
Rosslare Harbour	d																					
Fishguard Harbour	a																					
Fishguard & Goodwick	d	12 43																				
Milford Haven	d	12 46																				
Johnston	d			13 08								15 08										17 08
Haverfordwest	d			13x16								15x16										17x16
Clarbeston Road	d			13 23								15 23										17 23
Clunderwen	d			13x31								15x31										17x31
Pembroke Dock	d			13x38								15x38										17x38
Pembroke	d						13 09										15 09					
Lamphey	d						13 17									15 17						
Manorbier	d						13x20									15x20						
Penally	d						13 29									15 29						
Tenby	a						13x34									15x34						
Saundersfoot	d						13 37									15 37						
Kilgetty	d						13 42									15 44						
Narberth	d						13x50									15x52						
Whitland	a		13 17	13 44			14 10						15 44			16 12						17 44
Carmarthen	a		13 17	13 44			14 11						15 44			16 12						17 45
Ferryside	d		13 32	14 00			14 28						16 00			16 30						18 03
Kidwelly	d		13 37	14 05			14 33				15 03					16 05						18 07
Pembrey & Burry Port	d		13x48								15x13											18x17
Llanelli	a		13x53								15x18											18x23
Gowerton	d		14 00	14 23			14 52				15 25					16 23						18 30
Swansea	a		14 05	14 28			14 58				15 30					16 28						18 35
Llansamlet	d		14 06	14 30			14 58				15 32					16 30						18 36
Skewen	d			14 36			15 10				15 38					16 36						18 44
Neath	d			14 49			15 20				15 51					16 49						18 56
Briton Ferry	d		14 29	14 55			15 29				15 55					16 29						19 00
Baglan	d			15 17			15 21				16 06					17 11						18 29
Port Talbot Parkway	d			14 41	15 06		15 25				16 06					17 22						19 11
Pyle	d			15 02			15 28				16 06					17 29						19 11
Maesteg	d	14 15					15 32				16 13					17 33						19 19
Maesteg (Ewenny Road)	d		14 38	14 49	15 13		15 36				16 21					17 37						19 19
Garth (Mid Glamorgan)	d						15 44				16 21					17 24						19 19
Tondu	d						15 17				16 15					17 15						18 20
Sarn	d						15 19				16 17					17 17						18 22
Wildmill	d						15 22				16 20					17 20						18 25
Bridgend	d						15 30				16 29					17 29						18 34
Pencoed	d						15 33				16 32					17 32						18 37
Llanharan	d						15 36				16 34					17 34						18 39
Pontyclun	d	14 38					15 02	15 26	15 39	15 53	16 02	16 28	16 38	17 02	17 31	17 38	17 53	18 02	18 27	18 43	19 02	19 33
Cardiff Central	a	15 05					15 45	15 51	16 06	16 16	16 22	16 49	17 06	17 22	17 52	18 05	18 20	18 22	18 47	18 57	19 13	19 56
Newport (South Wales)	a	15 22					15 38	16 07	16 22	16 32	16 38	17 07	17 25	17 38	18 08	18 22	18 38	19 03	19 13	19 38	19 56	
Bristol Parkway	a						16 00	16 07	16 22	16 32	16 38	17 07	17 25	17 38	18 08	18 22	18 38	19 03	19 13	19 38	19 56	
Gloucester	a	16 19					16 00	16 07	16 22	16 32	16 38	17 07	17 25	17 38	18 08	18 22	18 38	19 03	19 13	19 38	19 56	
Manchester Piccadilly	a						17 19	17 25	17 35	17 45	18 00	18 15	18 25	18 35	18 45	19 00	19 15	19 25	19 35	19 45	19 55	20 00
Reading	a						19 15	19 25	19 35	19 45	20 00	20 15	20 25	20 35	20 45	21 00	21 15	21 25	21 35	21 45	21 55	22 00
London Paddington	a						16 58	17 08	17 18	17 28	17 38	17 48	17 58	18 08	18 18	18 28	18 38	18 48	18 58	19 08	19 18	19 28
	a						17 29	17 39	17 49	17 59	18 09	18 19	18 29	18 39	18 49	18 59	19 09	19 19	19 29	19 39	19 49	19 59

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Saturdays

15 September to 8 December

West Wales, Swansea and Maesteg - Cardiff

	AW	AW	AW	GW	AW	AW	AW		AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW				
Rosslare Harbour	◇			◇																				
Fishguard Harbour																								
Fishguard & Goodwick																								
Milford Haven																								
Johnston																								
Haverfordwest																								
Clarbeston Road																								
Clunderwen																								
<b>Pembroke Dock</b>																								
Pembroke			17 12																					
Lamphey			17 20																					
Manorbier			17x23																					
Penally			17 32																					
Tenby			17x37																					
Saundersfoot			17 40																					
Kilgetty			17 43																					
Narberth			17x51																					
Whitland			17x53																					
			18x03																					
			18 11																					
			18 11																					
			18 29																					
			18 33																					
			18 54																					
			19x04																					
			19x10																					
			18 52																					
			18 58																					
			18 59																					
			19 07																					
			19 21																					
			19 10																					
			19 17																					
			19 21																					
			19 25																					
			19 28																					
			19 32																					
			19 36																					
			19 44																					
			19 29																					
			19 52																					
			19 15																					
			19 17																					
			19 20																					
			19 29																					
			19 32																					
			19 34																					
			19 38																					
			19 44																					
			19 47																					
			19 52																					
			20 06																					
			20 17																					
			20 22																					
			20 20																					
			20 29																					
			20 32																					
			20 34																					
			20 38																					
			20 44																					
			20 48																					
			20 52																					
			21 07																					
			21 11																					
			21 17																					
			21 26																					
			21 38																					
			21 47																					
			22 10																					
			22 19																					
			22 20																					
			22 27																					
			22 32																					
			22 34																					
			22 38																					
			22 44																					
			22 48																					
			22 52																					
			23 09																					
			23 26																					
			23 35																					
			00 40																					
			23 02																					
			22 02																					
			22 38																					

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line



Table T128-R

Sundays

20 May to 2 December

West Wales, Swansea and Maesteg - Cardiff

	GW	GW	AW	AW	AW	GW	GW	AW	GW	GW	AW	AW	GW	GW	AW	GW	GW	AW	GW	AW	AW	GW
	1	1			◇	1	1		◇	◇	◇	◇	1	1				◇	◇	◇	◇	◇
	A	B							A	B			B	A				A	B			A
	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ	Ⓜ
Rosslare Harbour	d																					18 10
Fishguard Harbour	a																					21 25
Fishguard & Goodwick	d				12 40							14 22										
Milford Haven	d		11 23		12 43							14 25										
Johnston	d		11x31					13 18														17 40
Haverfordwest	d		11 38					13x24														17x48
Clarbston Road	d		11x47					13x31														17 55
Clunderwen	d		11x54					13x40														18x03
Pembroke Dock	d			12 00				13x47														18x10
Pembroke	d			12 08																		
Lamphey	d			12x11																		
Manorbier	d			12 20																		
Penally	d			12x25																		
Tenby	a			12 28																		
	d			12 28																		
Saundersfoot	d			12x36																		
Kilgetty	d			12x38																		
Narberth	d			12x48																		
Whitland	a		12 01	12 56	13 14			13 54				14 56										
	d		12 03	13 00	13 14			13 57				14 57										
Carmarthen	a		12 21	13 17	13 30			14 15				15 14										
	d		12 24	13 20	13 38			14 25	14 58	14 58		15 40										
Ferryside	d			13x30								15x51										
Kidwelly	d			13x36								15x57										
Pembrey & Burry Port	d		12 44	13 43				14 44	15 18	15 18		16 04										
Llanelli	a		12 50	13 49	14 00			14 50	15 25	15 25		16 10										
	d		12 50	13 50	14 00			14 51	15 27	15 27	15 41	16 10										
Gowerton	d		12 59	13 58				14 59			15 50	16 16										
Swansea	a		13 13	14 16				15 16	15 43	15 43	16 03	16 35										
	d	13 24	13 24	13 43			14 24	15 24	15 34	15 51	15 51											
Llansamlet	d												16 51	16 51								
Skewen	d																					
Neath	d	13 36	13 36	13 54			14 36	15 36	15 45	16 03	16 03				17 03	17 03						
Briton Ferry	d																					
Baglan	d																					
Port Talbot Parkway	d	13 43	13 43	14 01			14 43	15 43	15 52	16 10	16 10				17 10	17 11						
Pyle	d			14 09																		
Maesteg	d																					
Maesteg (Ewenny Road)	d																					
Garth (Mid Glamorgan)	d																					
Tondu	d																					
Sarn	d																					
Wildmill	d																					
Bridgend	d	13 56	13 56	14 17		14 44		14 56	15 56	16 07	16 23	16 23			17 23	17 24						
Pencoed	d			14 23																		
Llanharan	d			14 27																		
Pontyclun	d			14 31																		
Cardiff Central	a	14 18	14 18	14 48		15 10		15 18	16 18	16 37	16 45	16 45			17 45	17 46						
Newport (South Wales)	a	14 38	14 38	15 12				15 38	16 38	16 56	17 07	17 07			18 07	18 07						
Bristol Parkway	a	15 00	15 00					16 00	17 00		17 30	17 30			18 30	18 30						
Gloucester	a																					
Manchester Piccadilly	a			18 18																		
Reading	a	16 02	16 02					17 02	18 02		18 32	18 32			19 32	19 32						
London Paddington	a	16 40	16 41					17 40	18 40		19 10	19 11			20 13	20 10						

A until 9 September

B from 16 September

When events are being held at the Principality Stadium, services are subject to alteration. Please check times before travelling.

Ferry service between Fishguard Harbour and Rosslare Harbour is operated by Stena Line

Table T128-R

Sundays

20 May to 2 December

West Wales, Swansea and Maesteg - Cardiff

	GW	AW	AW	AW	AW	AW	AW	AW	AW	AW										
Rosslare Harbour	d																			
Fishguard Harbour	a																			
Fishguard & Goodwick	d											23 03								
Milford Haven	d				19 38				21 35			23 15								
Johnston	d				19x46				21x42			23x23								
Haverfordwest	d				19 53				21 50			23 30								
Clarbeston Road	d				20x01				21x58			23x25	23x39							
Clunderwen	d				20x08				22x06			23x46								
Pembroke Dock	d				19 01							21 46								
Pembroke	d				19 09							21 54								
Lamphey	d				19x12							21x57								
Manorbier	d				19 21							22 06								
Penally	d				19x26							22x11								
Tenby	a				19 29							22 14								
Saundersfoot	d				19 29							22 14								
Kilgetty	d				19x37							22x22								
Narberth	d				19x49							22x34								
Whittand	a				19 57	20 14					22 12	22 42	23 37	23 53						
Carmarthen	a				20 00	20 17					22 13	22 45	23 38	23 53						
Ferryside	d				20 17	20 36					22 30	23 06	23 54	00 14						
Kidwelly	d	19 05			20 21		21 15	21 15	22 35			23 57								
Pembrey & Burry Port	d				20x31							22x44								
Llanelli	a	19 31			20x37							22x50								
Gowerton	d	19 25			20 45		21 34	21 34	22 57											
Swansea	a	19 31			20 51		21 40	21 40	23 03											
Llansamlet	d	19 32			20 04	20 52	21 41	21 41	23 04											
Skewen	d				20 11	21 00	21 48	21 48	23 12											
Neath	d	20 07			20 25	21 19	22 04	22 04	23 26			00 37								
Briton Ferry	d				20 40		22 10	22 10	23 31											
Baglan	d																			
Port Talbot Parkway	d	20 14			20 58		22 28	22 28	23 50											
Pyle	d						22 37	22 37	23 58											
Maesteg	d																			
Maesteg (Ewenny Road)	d																			
Garth (Mid Glamorgan)	d																			
Tondu	d																			
Sarn	d																			
Wildmill	d																			
Bridgend	d	20 28			21 14		22 45	22 45	00 07											
Pencoed	d																			
Llanharan	d																			
Pontyclun	d																			
Cardiff Central	a	20 49			21 37		23 10	23 10	00 34											
Newport (South Wales)	a	21 07					23 36													
Bristol Parkway	a	21 32																		
Gloucester	a																			
Manchester Piccadilly	a																			
Reading	a	22 34																		
London Paddington	a	23 22																		

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