

Table T142-F

Mondays to Fridays

Par - Newquay

21 May to 29 June

Miles		GW	GW	GW	GW	GW	GW													
0	Par	d 09 17	12 11	14 07	16 10	18 29	20 28													
4%	Luxulyan	d 09x28	12x22	14x18	16x21	18x40	20x39													
6%	Bugle	d 09x34	12x27	14x24	16x26	18x46	20x45													
8%	Roche	d 09x38	12x33	14x29	16x32	18x50	20x49													
14%	St Columb Road	d 09x50	12x44	14x40	16x43	19x02	21x01													
18%	Quintrell Downs	d 09 58	12 52	14 48	16 51	19 10	21 09													
20%	Newquay	a 10 09	13 02	14 59	17 02	19 21	21 20													

Mondays to Fridays

2 July to 31 August

		GW	GW	GW	GW	GW	GW													
		A	◇	◇ ¹	◇	◇														
				B																
				Ⓟ																
Par	d	09 17	11 47	13 28	16 10	18 29	20 28													
Luxulyan	d	09x28	11x58		16x21	18x40	20x39													
Bugle	d	09x34	12x03		16x26	18x46	20x45													
Roche	d	09x38	12x09		16x32	18x50	20x49													
St Columb Road	d	09x50	12x20		16x43	19x02	21x01													
Quintrell Downs	d	09 58	12 28		16 51	19 10	21 09													
Newquay	a	10 09	12 38	14 18	17 02	19 21	21 20													

Mondays to Fridays

3 September to 7 December

		GW	GW	GW	GW	GW	GW													
			◇	◇	◇	◇														
Par	d	09 17	12 11	14 07	16 10	18 29	20 28													
Luxulyan	d	09x28	12x22	14x18	16x21	18x40	20x39													
Bugle	d	09x34	12x27	14x24	16x26	18x46	20x45													
Roche	d	09x38	12x33	14x29	16x32	18x50	20x49													
St Columb Road	d	09x50	12x44	14x40	16x43	19x02	21x01													
Quintrell Downs	d	09 58	12 52	14 48	16 51	19 10	21 09													
Newquay	a	10 09	13 02	14 59	17 02	19 21	21 20													

Saturdays

26 May to 8 September

		XC	GW	GW	XC	GW	XC	GW												
		◇ ¹	◇ ¹	◇	◇ ¹	◇ ¹	◇ ¹	◇ ¹												
		C	C	D	E	F	G													
						Ⓟ	Ⓟ													
Par	d	08 20	09 54	11 48	13 33	15 49	17 41	19 48												
Luxulyan	d							19x59												
Bugle	d							20x05												
Roche	d							20x09												
St Columb Road	d							20x21												
Quintrell Downs	d							20 29												
Newquay	a	09 10	10 47	12 38	14 31	16 47	18 39	20 40												

Saturdays

15 September to 8 December

		GW	GW	GW	GW	GW	GW													
				◇	◇	◇	◇													
Par	d	06 52	09 17	12 12	14 05	16 10	18 20	20 15												
Luxulyan	d	07x03	09x28	12x23	14x16	16x21	18x31	20x26												
Bugle	d	07x09	09x34	12x29	14x22	16x27	18x37	20x32												
Roche	d	07x13	09x38	12x33	14x26	16x31	18x41	20x36												
St Columb Road	d	07x25	09x50	12x45	14x38	16x43	18x53	20x48												
Quintrell Downs	d	07 33	09 58	12 53	14 46	16 51	19 01	20 56												
Newquay	a	07 44	10 09	13 04	14 57	17 02	19 12	21 07												

Sundays

20 May to 9 September

		GW	XC	GW	GW	GW	GW													
			◇ ¹		◇ ¹	◇	◇													
			C		B															
					Ⓟ															
Par	d	09 00	10 12	11 49	14 23	16 47	19 22													
Luxulyan	d	09x11		12x00		16x59	19x33													
Bugle	d	09x17		12x13		17x05	19x39													
Roche	d	09x22		12x17		17x09	19x44													
St Columb Road	d	09x33		12x29		17x21	19x55													
Quintrell Downs	d	09 41		12 37		17 29	20 03													
Newquay	a	09 50	11 06	12 47	15 13	17 39	20 13													

- A From Bristol Temple Meads
- B From London Paddington
- C From Plymouth
- D From Exeter St Davids
- E From Manchester Piccadilly
- F From London Paddington, The Atlantic Coast Express
- G From Dundee

For connections at Par refer to Table T135

Table T142-R

Mondays to Fridays

21 May to 7 December

Newquay - Par

Miles		GW	GW	GW	GW	GW	GW	GW	GW	GW										
		◇	A	◇	◇	◇	◇	◇	◇	◇										
0	Newquay	d 10 13	12 41	13 05	15 01	15 07	17 22	19 24	21 26											
2½	Quintrell Downs	d 10 19	12 47	13 11	15 07		17 28	19 30	21 32											
6½	St Columb Road	d 10x26	12x54	13x18			17x35	19x37	21x39											
12	Roche	d 10x38	13x05	13x30			17x47	19x48	21x51											
14½	Bugle	d 10x42	13x10	13x34	15x28		17x51	19x53	21x55											
16½	Luxulyan	d 10x48	13x18	13x40			17x57	20x00	22x01											
20½	Par	a 11 02	13 35	13 54	15 47	15 59	18 11	20 13	22 16											

Saturdays

26 May to 8 December

		GW	XC	GW	GW	GW	GW	XC	GW		GW	XC	GW	GW	GW					
		◇	◇	◇	◇	◇	◇	◇	◇		◇	◇	◇	◇	◇					
		D	E	D	F	D	G	D	H		I	J	D	J	K					
	Newquay	d 07 47	09 35	10 13	11 30	13 06	13 23	15 00	15 30		17 20		17 28	19 00	19 15	20 45	21 20			
	Quintrell Downs	d 07 53		10 19		13 12		15 06			17 26			19 21	20 51	21 26				
	St Columb Road	d 08x00		10x26		13x19		15x13			17x33			19x28	20x58	21x33				
	Roche	d 08x12		10x38		13x31		15x25			17x45			19x40	21x09	21x44				
	Bugle	d 08x16		10x42		13x35		15x29			17x49			19x44	21x14	21x49				
	Luxulyan	d 08x22		10x48		13x41		15x35			17x55			19x50	21x20	21x55				
	Par	a 08 38	10 29	11 02	12 22	13 55	14 08	15 50	16 24	18 10			18 23	19 52	20 05	21 34	22 09			

Sundays

20 May to 2 December

		GW	GW	XC	GW	GW	GW	GW	GW											
		◇	◇	◇	◇	◇	◇	◇	◇											
		L	M	N	L	M	O	L	M	L										
	Newquay	d 09 58	11 12	11 32	13 10	15 10	15 59	17 45	17 45	20 20										
	Quintrell Downs	d 10 04	11 18		13 16	15 16		17 51	17 51	20 26										
	St Columb Road	d 10x12	11x26		13x24	15x24		17x59	17x59	20x34										
	Roche	d 10x23	11x37		13x35	15x35		18x10	18x10	20x45										
	Bugle	d 10x28	11x42		13x40	15x40		18x15	18x15	20x50										
	Luxulyan	d 10x31	11x47		13x43	15x45		18x20	18x20	20x53										
	Par	a 10 45	12 01	12 22	13 57	15 59	16 51	18 34	18 34	21 07										

- A** from 2 July until 31 August. To Penzance
- B** until 29 June, from 3 September
- C** from 2 July until 31 August. To London Paddington
- D** from 15 September
- E** until 8 September. To Newcastle
- F** until 8 September. To London Paddington. The Atlantic Coast Express
- G** until 8 September. To Newton Abbot
- H** until 8 September. To Manchester Piccadilly
- I** until 8 September. To London Paddington
- J** until 8 September. To Plymouth
- K** from 15 September. To Plymouth
- L** until 9 September
- M** from 16 September
- N** until 9 September. To Edinburgh
- O** until 9 September. To London Paddington

For connections at Par refer to Table T135