

Limited services

Other operators' services

Connection with London Underground

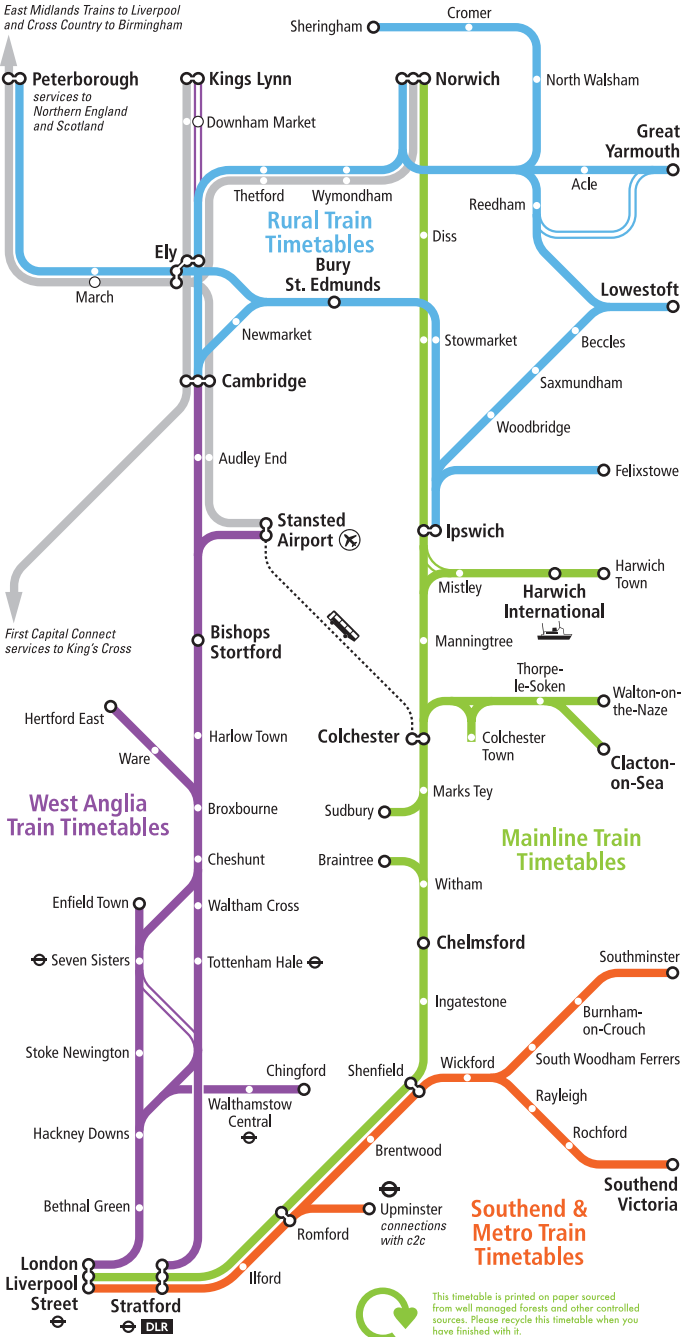
Download timetables at: nationalexpress.com/eastanglia



national express

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*East Midlands Trains to Liverpool
and Cross Country to Birmingham*



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Romford to Upminster

2

Mondays to Fridays

Romford d	0612	0642	0706	0730	0754	0818	0842	0912	0942	1012	1042	1112
Emerson Park	0616	0646	0710	0734	0758	0822	0846	0916	0946	1016	1046	1116
Upminster ☺..... a	0620	0650	0714	0738	0802	0826	0850	0920	0950	1020	1050	1120

Romford d	1142	1212	1242	then	at	the	1912	1942				
Emerson Park	1146	1216	1246	same	mins	past	1916	1946				
Upminster ☺..... a	1150	1220	1250	each	hour	until	1920	1950				

Saturdays

Romford d	0612	0642	0712	0742	then	at	the	1912	1942			
Emerson Park	0616	0646	0716	0746	same	mins	past	1916	1946			
Upminster ☺..... a	0620	0650	0720	0750	each	hour	until	1920	1950			

Upminster to Romford

2

Mondays to Fridays

Upminster ☺..... d	0624	0654	0718	0742	0806	0830	0854	0924	0954	1024	1054	1124
Emerson Park	0628	0658	0722	0746	0810	0834	0858	0928	0958	1028	1058	1128
Romford a	0632	0702	0726	0750	0814	0838	0902	0932	1002	1032	1102	1132

Upminster ☺..... d	1154	1224	1254	then	at	the	1924	1954				
Emerson Park	1158	1228	1258	same	mins	past	1928	1958				
Romford a	1202	1232	1302	each	hour	until	1932	2002				

Saturdays

Upminster ☺..... d	0624	0654	0724	0754	then	at	the	1924	1954			
Emerson Park	0628	0658	0728	0758	same	mins	past	1928	1958			
Romford a	0632	0702	0732	0802	each	hour	until	1932	2002			