

Limited services

Other operators' services

Connection with London Underground

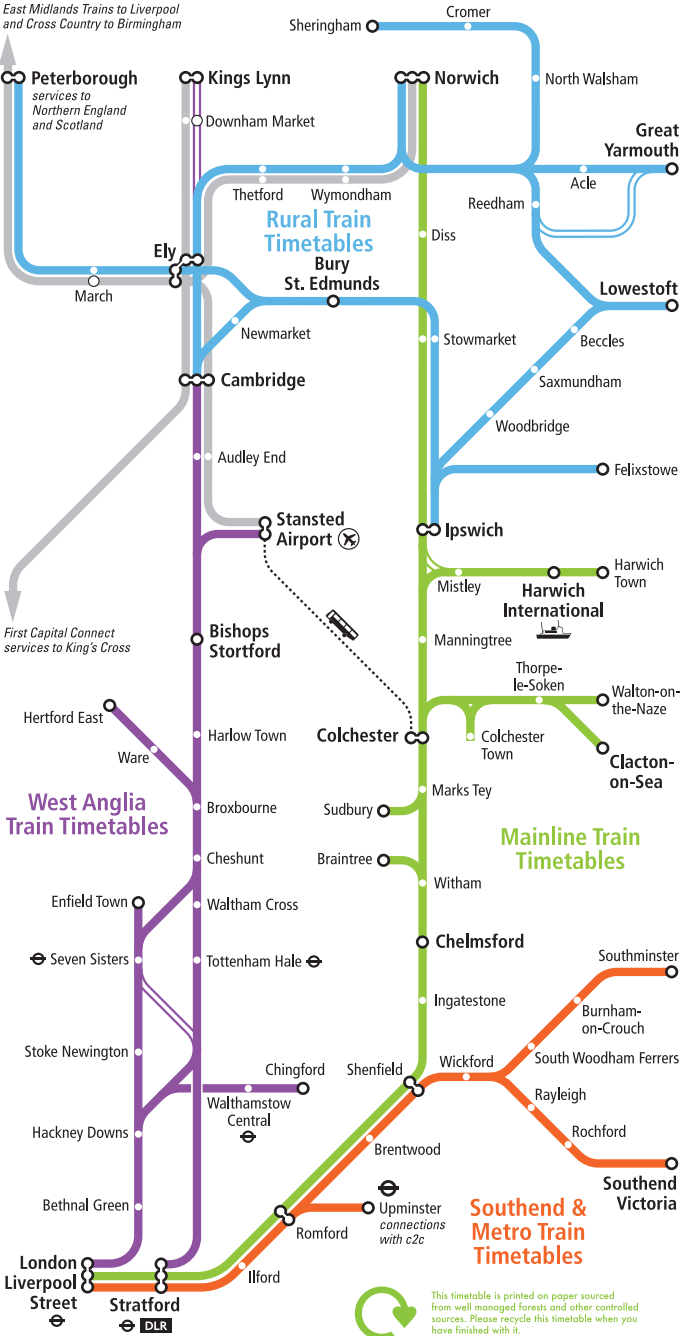
Download timetables at: nationalexpress.com/eastanglia



national express

(NXEA TT) Produced by **FWT** 25.10.2010 www.fwt.co.uk

*East Midlands Trains to Liverpool
and Cross Country to Birmingham*



This timetable is printed on paper sourced from well managed forests and other controlled sources. Please recycle this timetable when you have finished with it.

Norwich to Ipswich and London Liverpool Street

6

Mondays to Fridays

| | | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | EA | ⌚ |
|-------------------------------------|--|-------|-------|------|------|------|-------|------|-------|------|-------|
| | | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ |
| Norwich 🚆..... d | | 0500 | 0530 | 0600 | | 0625 | 0650 | 0710 | | 0740 | |
| Diss..... d | | 0518 | 0548 | 0618 | | 0643 | 0708 | 0728 | | 0758 | |
| Stowmarket..... d | | 0530 | 0554 | 0600 | 0630 | 0644 | 0655 | 0705 | 0720 | 0740 | 0745 |
| Needham Market..... d | | | 0559 | | | 0649 | | | | 0750 | |
| Ipswich 🚆..... a | | 0542 | 0609 | 0612 | 0642 | 0701 | 0707 | 0718 | 0732 | 0752 | 0803 |
| Ipswich 🚆..... d | | 0544 | 0614 | 0644 | | 0709 | 0718 | 0734 | 0754 | | 0820 |
| Manningtree..... d | | 0554 | 0624 | 0654 | | 0719 | 0728 | 0744 | 0804 | | 0836 |
| Colchester 🚆..... a | | 0603 | 0633 | 0703 | | 0728 | 0737 | | 0813 | | 0845 |
| Colchester 🚆..... d | | 0605 | 0635 | 0705 | | 0730 | 0738 | | 0815 | | 0845 |
| Witham..... a | | | | | | | 0755 | | | | |
| Chelmsford..... a | | | | | | | | | | | 0903 |
| Shenfield..... a | | | | | | | | | | | |
| Stratford DLR 🚆..... a | | 06s44 | 07s15 | | | | 08s29 | | 08s58 | | 09s28 |
| London Liverpool St 🚆..... a | | 0654 | 0727 | 0758 | | 0823 | 0840 | 0842 | 0910 | | 0924 |

| | | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ |
|-------------------------------------|--|-------|------|------|-------|------|------|-------|------|------|-------|
| | | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ |
| Norwich 🚆..... d | | 0800 | 0830 | 0900 | | 0930 | 1000 | | 1030 | | 1100 |
| Diss..... d | | 0817 | 0847 | | 0917 | | 0947 | 1017 | | 1047 | 1117 |
| Stowmarket..... d | | 0829 | 0844 | | 0914 | 0929 | 0944 | | 1029 | 1044 | 1114 |
| Needham Market..... d | | | 0849 | | | 0949 | | | 1049 | | |
| Ipswich 🚆..... a | | 0841 | 0900 | 0908 | 0928 | 0941 | 1002 | 1008 | 1041 | 1100 | 1108 |
| Ipswich 🚆..... d | | 0843 | 0909 | 0909 | 0943 | | 1009 | 1043 | | 1109 | 1143 |
| Manningtree..... d | | 0853 | 0919 | | 0953 | | 1019 | 1053 | | 1119 | 1153 |
| Colchester 🚆..... a | | 0902 | 0928 | | 1002 | | 1028 | 1102 | | 1128 | 1202 |
| Colchester 🚆..... d | | 0903 | 0930 | | 1003 | | 1030 | 1103 | | 1130 | 1203 |
| Witham..... a | | | | | | | | | | | |
| Chelmsford..... a | | 0921 | | | 1021 | | | 1121 | | | 1221 |
| Shenfield..... a | | | | | | | | | | | |
| Stratford DLR 🚆..... a | | 09s46 | | | 10s45 | | | 11s45 | | | 12s45 |
| London Liverpool St 🚆..... a | | 0958 | 1017 | | 1055 | | 1117 | 1155 | | 1217 | 1255 |

| | | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ |
|-------------------------------------|--|------|------|-------|------|------|------|-------|------|-------|------|
| | | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ | ⌚ |
| Norwich 🚆..... d | | 1130 | 1200 | | 1230 | | 1300 | | 1330 | 1400 | 1430 |
| Diss..... d | | 1147 | 1217 | | 1247 | | 1317 | | 1347 | 1417 | 1447 |
| Stowmarket..... d | | 1144 | | 1229 | 1244 | | 1313 | 1329 | 1344 | | 1429 |
| Needham Market..... d | | 1149 | | | 1249 | | | | 1349 | | 1449 |
| Ipswich 🚆..... a | | 1200 | 1208 | 1241 | 1300 | 1308 | 1328 | 1341 | 1400 | 1408 | 1441 |
| Ipswich 🚆..... d | | | 1209 | 1243 | | 1309 | | 1343 | | 1409 | 1443 |
| Manningtree..... d | | | 1219 | 1253 | | 1319 | | 1353 | | 1419 | 1453 |
| Colchester 🚆..... a | | | 1228 | 1302 | | 1328 | | 1402 | | 1428 | 1502 |
| Colchester 🚆..... d | | | 1230 | 1303 | | 1330 | | 1403 | | 1430 | 1503 |
| Witham..... a | | | | | | | | | | | |
| Chelmsford..... a | | | | 1321 | | | | 1421 | | 1521 | |
| Shenfield..... a | | | | | | | | | | | |
| Stratford DLR 🚆..... a | | | | 13s45 | | | | 14s45 | | 15s45 | |
| London Liverpool St 🚆..... a | | | 1317 | 1355 | | 1417 | | 1455 | | 1517 | 1555 |

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

Norwich to Ipswich and London Liverpool Street

6

Mondays to Fridays

| | F | | F | | F | | F | | F | | F | |
|----------------------------|---|------|-------|------|------|-------|------|------|------|-------|------|-------|
| | F | F | F | F | F | F | F | F | F | F | F | F |
| Norwich | d | 1500 | | 1530 | 1600 | | 1630 | 1700 | | 1730 | 1800 | |
| Diss | d | 1517 | | 1547 | 1617 | | 1647 | 1717 | | 1747 | 1817 | |
| Stowmarket | d | 1513 | 1529 | 1544 | | 1629 | 1644 | | 1713 | 1729 | 1745 | 1759 |
| Needham Market | d | | | 1549 | | | 1649 | | | | 1750 | |
| Ipswich | a | 1528 | 1541 | 1602 | 1608 | 1641 | 1700 | 1708 | 1728 | 1741 | 1804 | 1811 |
| Ipswich | d | | 1543 | | 1609 | 1643 | | 1709 | | 1743 | | 1813 |
| Manningtree | d | | 1553 | | 1619 | 1653 | | 1719 | | 1753 | | 1853 |
| Colchester | a | | 1602 | | 1628 | 1702 | | 1728 | | 1802 | | 1828 |
| Colchester | d | | 1603 | | 1630 | 1703 | | 1730 | | 1803 | | 1830 |
| Witham | a | | | | | | | | | | | |
| Chelmsford | a | | 1621 | | | 1721 | | | | 1821 | | 1921 |
| Shenfield | a | | | | | | | | | | | |
| Stratford DLR | a | | 16s45 | | | 17s45 | | | | 18s45 | | 19s45 |
| London Liverpool St | a | | 1655 | | 1719 | 1758 | | 1817 | | 1855 | | 1917 |

| | F | | F | | F | | F | | F | | F | |
|----------------------------|---|------|------|------|-------|------|------|-------|------|------|------|-------|
| | F | F | F | F | F | F | F | F | F | F | F | F |
| Norwich | d | 1830 | | 1900 | | 1930 | 2000 | | 2030 | | 2100 | |
| Diss | d | 1847 | | 1917 | | 1947 | 2017 | | 2047 | | 2117 | |
| Stowmarket | d | 1845 | | 1913 | 1929 | 1944 | | 2029 | 2044 | | 2109 | 2129 |
| Needham Market | d | 1850 | | | | 1949 | | | 2049 | | | 2149 |
| Ipswich | a | 1902 | 1908 | 1928 | 1941 | 2000 | 2009 | 2041 | 2100 | 2108 | 2123 | 2141 |
| Ipswich | d | | 1909 | | 1943 | | 2009 | 2043 | | 2109 | 2125 | 2143 |
| Manningtree | d | | 1919 | | 1953 | | 2019 | 2053 | | 2119 | 2135 | 2153 |
| Colchester | a | | 1928 | | 2002 | | 2029 | 2102 | | 2128 | 2146 | 2202 |
| Colchester | d | | 1930 | | 2003 | | 2030 | 2103 | | 2130 | | 2203 |
| Witham | a | | | | | | | | | | | |
| Chelmsford | a | | | | 2021 | | | 2121 | | | | 2221 |
| Shenfield | a | | | | | | | | | | | |
| Stratford DLR | a | | | | 20s45 | | | 21s45 | | | | 22s45 |
| London Liverpool St | a | | 2017 | | 2055 | | 2118 | 2155 | | 2217 | | 2255 |

| | F | F | F | F | F | | | | | |
|----------------------------|---|------|-------|------|------|------|--|--|--|--|
| Norwich | d | 2200 | | | 2305 | | | | | |
| Diss | d | 2217 | | | 2322 | | | | | |
| Stowmarket | d | 2229 | 2244 | 2306 | 2334 | 2347 | | | | |
| Needham Market | d | | 2249 | | | 2352 | | | | |
| Ipswich | a | 2241 | 2300 | 2318 | 2347 | 0005 | | | | |
| Ipswich | d | | 2243 | | 2319 | | | | | |
| Manningtree | d | | 2253 | | 2329 | | | | | |
| Colchester | a | | 2302 | | 2340 | | | | | |
| Colchester | d | | 2303 | | | | | | | |
| Witham | a | | 2315 | | | | | | | |
| Chelmsford | a | | 2325 | | | | | | | |
| Shenfield | a | | 23s36 | | | | | | | |
| Stratford DLR | a | | 23s52 | | | | | | | |
| London Liverpool St | a | | 0002 | | | | | | | |

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

Norwich to Ipswich and London Liverpool Street

6

Saturdays

| | 0500 | 0530 | 0600 | 0630 | 0700 | 0730 | 0800 | 0830 | |
|----------------------------|------|-------|------|-------|------|-------|------|-------|------|
| Norwich | d | 0500 | 0530 | 0600 | 0630 | 0700 | 0730 | 0800 | 0830 |
| Diss..... | d | 0517 | 0547 | 0617 | 0647 | 0717 | 0747 | 0817 | 0847 |
| Stowmarket..... | d | 0529 | | 0629 | 0644 | 0729 | 0745 | 0829 | 0844 |
| Needham Market..... | d | | | 0649 | | 0750 | | 0849 | |
| Ipswich | a | 0541 | 0608 | 0641 | 0702 | 0708 | 0741 | 0803 | 0808 |
| Ipswich | d | 0543 | 0609 | 0643 | 0709 | 0743 | 0809 | 0843 | 0909 |
| Manningtree..... | d | 0553 | 0619 | 0653 | 0719 | 0753 | 0819 | 0853 | 0919 |
| Colchester | a | 0602 | 0628 | 0702 | 0728 | 0802 | 0828 | 0902 | 0928 |
| Colchester | d | 0603 | 0630 | 0703 | 0730 | 0803 | 0830 | 0903 | 0930 |
| Witham..... | a | | | | | | | | |
| Chelmsford | a | 0621 | | 0721 | | 0821 | | 0921 | |
| Shenfield | a | | | | | | | | |
| Stratford DLR | a | 06s45 | | 07s45 | | 08s45 | | 09s45 | |
| London Liverpool St | a | 0655 | 0717 | 0755 | 0817 | 0855 | 0917 | 0955 | 1017 |

| | 0900 | 0930 | 1000 | 1030 | 1100 | 1130 | 1200 | |
|----------------------------|------|-------|------|-------|------|-------|------|-------|
| Norwich | d | 0900 | 0930 | 1000 | 1030 | 1100 | 1130 | 1200 |
| Diss..... | d | 0917 | 0947 | 1017 | 1047 | 1117 | 1147 | 1217 |
| Stowmarket..... | d | 0929 | 0944 | 1029 | 1044 | 1114 | 1129 | 1144 |
| Needham Market..... | d | | 0949 | | 1049 | | 1149 | |
| Ipswich | a | 0941 | 1000 | 1008 | 1041 | 1100 | 1108 | 1128 |
| Ipswich | d | 0943 | 1009 | 1043 | 1109 | 1143 | 1209 | 1243 |
| Manningtree..... | d | 0953 | 1019 | 1053 | 1119 | 1153 | 1219 | 1253 |
| Colchester | a | 1002 | 1028 | 1102 | 1128 | 1202 | 1228 | 1302 |
| Colchester | d | 1003 | 1030 | 1103 | 1130 | 1203 | 1230 | 1303 |
| Witham..... | a | | | | | | | |
| Chelmsford | a | 1021 | | 1121 | | 1221 | | 1321 |
| Shenfield | a | | | | | | | |
| Stratford DLR | a | 10s45 | | 11s45 | | 12s45 | | 13s45 |
| London Liverpool St | a | 1055 | 1117 | 1155 | 1217 | 1255 | 1317 | 1355 |

| | 1230 | 1300 | 1330 | 1400 | 1430 | 1500 | 1530 | |
|----------------------------|------|------|-------|------|-------|------|-------|------|
| Norwich | d | 1230 | 1300 | 1330 | 1400 | 1430 | 1500 | 1530 |
| Diss..... | d | 1247 | 1317 | 1347 | 1417 | 1447 | 1517 | 1547 |
| Stowmarket..... | d | | 1313 | 1329 | 1344 | 1429 | 1444 | 1513 |
| Needham Market..... | d | | | 1349 | | 1449 | | 1549 |
| Ipswich | a | 1308 | 1328 | 1341 | 1400 | 1408 | 1441 | 1500 |
| Ipswich | d | 1309 | 1343 | 1409 | 1443 | 1509 | 1543 | 1609 |
| Manningtree..... | d | 1319 | 1353 | 1419 | 1453 | 1519 | 1553 | 1619 |
| Colchester | a | 1328 | 1402 | 1428 | 1502 | 1528 | 1602 | 1628 |
| Colchester | d | 1330 | 1403 | 1430 | 1503 | 1530 | 1603 | 1630 |
| Witham..... | a | | | | | | | |
| Chelmsford | a | | 1421 | | 1521 | | 1621 | |
| Shenfield | a | | | | | | | |
| Stratford DLR | a | | 14s45 | | 15s45 | | 16s45 | |
| London Liverpool St | a | 1417 | 1455 | 1517 | 1555 | 1617 | 1655 | 1717 |

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

Norwich to Ipswich and London Liverpool Street

6

Saturdays

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | |
|----------------------------|---|-------|------|-------|------|-------|------|-------|------|------|------|------|------|
| Norwich | d | 1600 | 1630 | 1700 | 1730 | 1800 | 1830 | 1900 | | | | | |
| Diss | d | 1617 | 1647 | 1717 | 1747 | 1817 | 1847 | 1917 | | | | | |
| Stowmarket | d | 1629 | 1644 | 1713 | 1729 | 1745 | 1829 | 1845 | 1913 | 1929 | | | |
| Needham Market | d | | 1649 | | | 1750 | | 1850 | | | | | |
| Ipswich | a | 1641 | 1700 | 1708 | 1728 | 1741 | 1801 | 1811 | 1841 | 1901 | 1908 | 1928 | 1941 |
| Ipswich | d | 1643 | 1709 | 1743 | 1813 | 1843 | 1909 | 1943 | | | | | |
| Manningtree | d | 1653 | 1719 | 1753 | | 1853 | 1919 | 1953 | | | | | |
| Colchester | a | 1702 | 1728 | 1802 | 1828 | 1902 | 1928 | 2002 | | | | | |
| Colchester | d | 1703 | 1730 | 1803 | 1830 | 1903 | 1930 | 2003 | | | | | |
| Witham | a | | | | | | | | | | | | |
| Chelmsford | a | 1721 | | 1821 | | 1921 | | 2021 | | | | | |
| Shenfield | a | | | | | | | | | | | | |
| Stratford DLR | a | 17s45 | | 18s45 | | 19s45 | | 20s45 | | | | | |
| London Liverpool St | a | 1755 | 1817 | 1855 | 1917 | 1955 | 2017 | 2055 | | | | | |

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|----------------------------|---|-------|------|-------|-------|-------|------|------|------|------|------|------|
| Norwich | d | 2000 | | 2100 | 2200 | | 2305 | | | | | |
| Diss | d | 2017 | | 2117 | 2217 | | 2322 | | | | | |
| Stowmarket | d | 1944 | 2029 | 2044 | 2109 | 2144 | 2229 | 2244 | 2306 | 2336 | 2347 | |
| Needham Market | d | 1949 | | 2049 | | 2149 | | 2249 | | | 2352 | |
| Ipswich | a | 2000 | 2041 | 2100 | 2122 | 2141 | 2200 | 2241 | 2300 | 2318 | 2350 | 0005 |
| Ipswich | d | 2043 | | 2125 | 2143 | 2243 | 2319 | | | | | |
| Manningtree | d | 2053 | | 2135 | 2153 | 2253 | 2329 | | | | | |
| Colchester | a | 2102 | | 2146 | 2202 | 2302 | 2340 | | | | | |
| Colchester | d | 2103 | | 2203 | 2303 | | | | | | | |
| Witham | a | | | | | 2315 | | | | | | |
| Chelmsford | a | 2121 | | 2221 | 2325 | | | | | | | |
| Shenfield | a | | | | | 23s36 | | | | | | |
| Stratford DLR | a | 21s45 | | 22s45 | 23s52 | | | | | | | |
| London Liverpool St | a | 2155 | | 2255 | 0002 | | | | | | | |

Sundays

| | 1 | 2 | 3 | C | 1 | 2 | 3 | C | 1 | 2 | 3 | C |
|----------------------------|---|------|------|------|------|------|------|------|------|------|------|---|
| Norwich | d | 0700 | 0800 | 0900 | 0903 | 1000 | 1003 | 1100 | 1103 | 1200 | 1203 | |
| Diss | d | 0717 | 0817 | 0917 | | 1017 | | 1117 | | 1217 | | |
| Stowmarket | d | 0729 | 0829 | 0929 | 1018 | 1029 | 1129 | 1218 | 1229 | | | |
| Needham Market | d | | | | 1023 | | | 1223 | | | | |
| Ipswich | a | 0741 | 0841 | 0941 | 1035 | 1041 | 1141 | 1235 | 1241 | | | |
| Ipswich | d | 0743 | 0843 | 0943 | | 1043 | 1143 | 1243 | | | | |
| Manningtree | d | 0753 | 0853 | 0953 | | 1053 | 1153 | 1253 | | | | |
| Colchester | a | 0802 | 0902 | 1002 | | 1102 | 1202 | 1302 | | | | |
| Colchester | d | 0803 | 0903 | 1003 | | 1103 | 1203 | 1303 | | | | |
| Witham | a | | | | | | | | | | | |
| Chelmsford | a | | | | | | | | | | | |
| Shenfield | a | | | | | | | | | | | |
| Stratford DLR | a | | | | | | | | | | | |
| London Liverpool St | a | 0903 | 1001 | 1101 | 1143 | 1201 | 1243 | 1301 | 1343 | 1401 | 1443 | |

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

Explore Let's Go – and take advantage of special offers for short breaks and days out by train. Just download a voucher and go.

Check out www.visiteastofengland.com/lets-go

Norwich to Ipswich and London Liverpool Street

Sundays

| | | | C | | | C | | | C | | | C | |
|----------------------------|---|------|------|------|------|------|------|------|------|------|------|------|------|
| Norwich | d | | 1300 | 1303 | | 1400 | 1403 | | 1500 | 1503 | | 1600 | 1603 |
| Diss | d | | 1317 | | | 1417 | | | 1517 | | | 1617 | |
| Stowmarket | d | 1313 | 1329 | | 1418 | 1429 | | 1513 | 1529 | | 1618 | 1629 | |
| Needham Market | d | | | | 1423 | | | | | | 1623 | | |
| Ipswich | a | 1328 | 1341 | | 1435 | 1441 | | 1528 | 1541 | | 1635 | 1641 | |
| Ipswich | d | | 1343 | | | 1443 | | | 1543 | | | 1643 | |
| Manningtree | d | | 1353 | | | 1453 | | | 1553 | | | 1653 | |
| Colchester | a | | 1402 | | | 1502 | | | 1602 | | | 1702 | |
| Colchester | d | | 1403 | | | 1503 | | | 1603 | | | 1703 | |
| Witham | a | | | | | | | | | | | | |
| Chelmsford | a | | | | | | | | | | | | |
| Shenfield | a | | | | | | | | | | | | |
| Stratford DLR | a | | | | | | | | | | | | |
| London Liverpool St | a | | 1501 | 1543 | | 1601 | 1643 | | 1701 | 1743 | | 1801 | 1843 |

| | | | C | | | C | | | C | | | C | |
|----------------------------|---|------|------|------|------|------|------|------|------|------|------|------|------|
| Norwich | d | 1620 | | 1700 | 1703 | | 1800 | 1803 | | 1900 | | 2000 | 2003 |
| Diss | d | 1637 | | 1717 | | | 1817 | | | 1917 | | 2017 | |
| Stowmarket | d | 1649 | 1713 | 1729 | | 1818 | 1829 | | 1913 | 1929 | 2018 | 2029 | |
| Needham Market | d | | | | | 1823 | | | | | 2023 | | |
| Ipswich | a | 1701 | 1728 | 1741 | | 1835 | 1841 | | 1928 | 1941 | 2035 | 2041 | |
| Ipswich | d | 1703 | | 1743 | | | 1843 | | 1928 | 1943 | | 2043 | |
| Manningtree | d | | | 1753 | | | 1853 | | 1938 | 1953 | | 2053 | |
| Colchester | a | 1718 | | 1802 | | | 1902 | | 1949 | 2002 | | 2102 | |
| Colchester | d | 1721 | | 1803 | | | 1903 | | | 2003 | | 2103 | |
| Witham | a | | | | | | | | | | | | |
| Chelmsford | a | | | | | | | | | | | | |
| Shenfield | a | | | | | | | | | | | | |
| Stratford DLR | a | | | | | | | | | | | | |
| London Liverpool St | a | 1828 | | 1901 | 1943 | | 2001 | 2043 | | 2101 | | 2201 | 2243 |










| Norwich | d | | 2100 | | 2200 | 2305 | |
|----------------------------|---|------|------|------|-------|------|------|
| Diss | d | | 2117 | | 2217 | 2322 | |
| Stowmarket | d | 2106 | 2129 | 2218 | 2229 | 2334 | 0006 |
| Needham Market | d | | | 2223 | | 0011 | |
| Ipswich | a | 2118 | 2141 | 2235 | 2241 | 2348 | 0023 |
| Ipswich | d | 2119 | 2143 | | 2243 | | |
| Manningtree | d | 2129 | 2153 | | 2253 | | |
| Colchester | a | 2140 | 2202 | | 2302 | | |
| Colchester | d | | 2203 | | 2303 | | |
| Witham | a | | | | 2315 | | |
| Chelmsford | a | | | | 2325 | | |
| Shenfield | a | | | | 23s36 | | |
| Stratford DLR | a | | | | 23s57 | | |
| London Liverpool St | a | | 2301 | | 0008 | | |










Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)










London Liverpool Street and Ipswich to Norwich

6

Mondays to Fridays

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|--|------|------|------|------|------|------|-------|------|-------|------|-------|------|
| London Liverpool St  d | | | | | | 0600 | 0625 | | 0700 | | 0730 | 0800 |
| Stratford DLR  d | | | | | | | 06u33 | | | | 07u38 | |
| Shenfield  d | | | | | | | | | 07u22 | | | |
| Chelmsford  d | | | | | | | 0658 | | | | 0803 | |
| Witham..... d | | | | | | | 0709 | | | | | |
| Colchester  a | | | | | | 0646 | 0722 | | 0750 | | 0822 | 0848 |
| Colchester  d | | 0540 | | | | 0647 | 0723 | | 0751 | | 0823 | 0848 |
| Manningtree..... d | | 0549 | | | | 0655 | 0731 | | 0759 | | 0831 | 0856 |
| Ipswich  a | | 0559 | | | | 0707 | 0742 | | 0811 | | 0843 | 0908 |
| Ipswich  d | 0510 | 0600 | 0616 | 0641 | 0656 | 0708 | 0744 | 0803 | 0812 | 0819 | 0844 | 0909 |
| Needham Market..... d | 0520 | | 0625 | | 0705 | | | | | 0828 | | |
| Stowmarket..... d | 0526 | 0612 | 0631 | 0652 | 0711 | 0719 | 0755 | 0815 | 0823 | 0834 | 0855 | |
| Diss..... d | | | | 0705 | | 0732 | 0808 | | 0836 | | 0908 | 0930 |
| Norwich  a | | | | 0724 | | 0751 | 0827 | | 0855 | | 0927 | 0949 |

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|--|------|-------|------|------|------|-------|------|------|-------|------|------|------|
| London Liverpool St  d | | 0830 | | 0900 | | 0930 | 1000 | | 1030 | | 1100 | |
| Stratford DLR  d | | 08u38 | | | | 09u38 | | | 10u38 | | | |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | | 0903 | | | | 1003 | | | 1103 | | | |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | | 0922 | | 0946 | | 1022 | 1046 | | 1122 | | 1146 | |
| Colchester  d | | 0923 | | 0947 | | 1023 | 1047 | | 1123 | | 1147 | |
| Manningtree..... d | | 0931 | | 0955 | | 1031 | 1055 | | 1131 | | 1155 | |
| Ipswich  a | | 0943 | | 1007 | | 1043 | 1107 | | 1143 | | 1207 | |
| Ipswich  d | 0919 | 0944 | 1000 | 1008 | 1019 | 1044 | 1108 | 1119 | 1144 | 1200 | 1208 | 1219 |
| Needham Market..... d | 0928 | | | | 1028 | | | 1128 | | | | 1228 |
| Stowmarket..... d | 0934 | 0955 | 1012 | | 1034 | 1055 | | 1134 | 1155 | 1212 | | 1234 |
| Diss..... d | | 1008 | | 1029 | | 1108 | 1129 | | 1208 | | 1229 | |
| Norwich  a | | 1027 | | 1048 | | 1127 | 1148 | | 1227 | | 1248 | |

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|--|-------|------|------|-------|------|------|------|-------|------|------|-------|------|
| London Liverpool St  d | 1130 | 1200 | | 1230 | | 1300 | | 1330 | 1400 | | 1430 | |
| Stratford DLR  d | 11u38 | | | 12u38 | | | | 13u38 | | | 14u38 | |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | 1203 | | | 1303 | | | | 1403 | | | 1503 | |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | 1222 | 1246 | | 1322 | | 1346 | | 1422 | 1446 | | 1522 | |
| Colchester  d | 1223 | 1247 | | 1323 | | 1347 | | 1423 | 1447 | | 1523 | |
| Manningtree..... d | 1231 | 1255 | | 1331 | | 1355 | | 1431 | 1455 | | 1531 | |
| Ipswich  a | 1243 | 1307 | | 1343 | | 1407 | | 1443 | 1507 | | 1543 | |
| Ipswich  d | 1244 | 1308 | 1319 | 1344 | 1400 | 1408 | 1419 | 1444 | 1508 | 1519 | 1544 | 1600 |
| Needham Market..... d | | | 1328 | | | | 1428 | | | 1528 | | |
| Stowmarket..... d | 1255 | | 1334 | 1355 | 1412 | | 1434 | 1455 | | 1534 | 1555 | 1612 |
| Diss..... d | 1308 | 1329 | | 1408 | | 1429 | | 1508 | 1529 | | 1608 | |
| Norwich  a | 1327 | 1348 | | 1427 | | 1448 | | 1527 | 1548 | | 1627 | |

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

London Liverpool Street and Ipswich to Norwich

Mondays to Fridays

| | EA | | | | | | | | | | | |
|------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
| London Liverpool St d | 1500 | 1530 | 1600 | | 1630 | | 1700 | | 1702 | 1730 | 1750 | |
| Stratford DLR d | | | | | | | | | 1710 | | | |
| Shenfield d | | | | | | | | | 1726 | | | |
| Chelmsford d | | 1600 | | | | | | | 1736 | | | |
| Witham d | | | | | | | | | 1746 | | | |
| Colchester a | 1546 | 1621 | 1646 | | 1716 | | | | 1803 | | 1842 | |
| Colchester d | 1547 | 1621 | 1647 | | 1717 | | | | 1804 | | 1843 | |
| Manningtree d | 1555 | 1629 | 1655 | | | | | | 1812 | 1827 | 1852 | |
| Ipswich a | 1607 | 1640 | 1707 | | 1734 | | 1759 | | 1823 | 1837 | 1903 | |
| Ipswich d | 1608 | 1619 | 1641 | 1708 | 1719 | 1736 | 1749 | 1800 | 1816 | 1824 | 1839 | 1904 |
| Needham Market d | | 1628 | | | 1728 | | 1758 | | 1825 | | | |
| Stowmarket d | | 1634 | 1652 | 1719 | 1734 | 1747 | 1804 | | 1831 | 1835 | 1850 | 1916 |
| Diss d | 1629 | | 1705 | 1732 | | 1800 | | 1821 | | 1847 | 1903 | 1929 |
| Norwich a | 1648 | | 1724 | 1753 | | 1822 | | 1842 | | 1909 | 1925 | 1950 |

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
|------------------------------|------|------|------|------|------|------|------|------|------|-------|------|------|
| London Liverpool St d | | 1810 | 1830 | | 1900 | | 1930 | 2000 | | 2030 | 2100 | |
| Stratford DLR d | | | | | | | | | | 20u38 | | |
| Shenfield d | | | | | | | | | | | | |
| Chelmsford d | | | | | | | 2000 | | | 2103 | | |
| Witham d | | | | | | | | | | | | |
| Colchester a | | 1900 | 1921 | | 1947 | | 2019 | 2046 | | 2122 | 2146 | |
| Colchester d | | 1902 | 1923 | | 1947 | | 2020 | 2047 | | 2123 | 2147 | |
| Manningtree d | | 1911 | 1932 | | 1955 | | 2028 | 2055 | | 2131 | 2155 | |
| Ipswich a | | 1921 | 1942 | | 2007 | | 2040 | 2107 | | 2143 | 2207 | |
| Ipswich d | 1914 | 1923 | 1944 | 2000 | 2008 | 2019 | 2041 | 2108 | 2116 | 2144 | 2208 | 2216 |
| Needham Market d | 1923 | | | | | 2028 | | | 2126 | | | 2226 |
| Stowmarket d | 1929 | 1934 | 1955 | 2012 | 2019 | 2034 | 2052 | 2119 | 2132 | 2155 | 2219 | 2232 |
| Diss d | | 1947 | 2008 | | 2032 | | 2105 | 2132 | | 2208 | 2232 | |
| Norwich a | | 2009 | 2030 | | 2051 | | 2124 | 2151 | | 2227 | 2251 | |










| | 1 | 2 | 3 |
|------------------------------|-------|-------|-------|
| London Liverpool St d | 2130 | 2230 | 2330 |
| Stratford DLR d | 21u38 | 22u38 | 23u38 |
| Shenfield d | | | |
| Chelmsford d | 2203 | 2303 | 0003 |
| Witham d | | | |
| Colchester a | 2222 | 2322 | 0022 |
| Colchester d | 2223 | 2323 | 0023 |
| Manningtree d | 2231 | 2331 | 0031 |
| Ipswich a | 2243 | 2343 | 0043 |
| Ipswich d | 2244 | 2344 | 0044 |
| Needham Market d | | | |
| Stowmarket d | 2255 | 2355 | 0055 |
| Diss d | 2308 | 0008 | 0108 |
| Norwich a | 2327 | 0039 | 0139 |










Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)










London Liverpool Street and Ipswich to Norwich

6

Saturdays

| | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ |
|--|------|------|------|------|------|-------|------|------|------|-------|------|------|
| London Liverpool St  d | | | | | | 0630 | | 0700 | | 0730 | 0800 | |
| Stratford DLR  d | | | | | | 06u38 | | | | 07u38 | | |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | | | | | | 0703 | | | | 0803 | | |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | | | | | | 0722 | | 0746 | | 0822 | 0846 | |
| Colchester  d | | 0540 | | | | 0723 | | 0747 | | 0823 | 0847 | |
| Manningtree..... d | | 0549 | | | | 0731 | | 0755 | | 0831 | 0855 | |
| Ipswich  a | | 0559 | | | | 0743 | | 0807 | | 0843 | 0907 | |
| Ipswich  d | 0510 | 0600 | 0616 | 0710 | 0719 | 0744 | 0800 | 0808 | 0819 | 0844 | 0908 | 0919 |
| Needham Market..... d | 0520 | | 0625 | | 0728 | | | | 0828 | | | 0928 |
| Stowmarket..... d | 0526 | 0612 | 0631 | 0721 | 0734 | 0755 | 0812 | | 0834 | 0855 | | 0934 |
| Diss..... d | | | | 0734 | | 0808 | | 0829 | | 0908 | 0929 | |
| Norwich  a | | | | 0753 | | 0827 | | 0848 | | 0927 | 0948 | |

| | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ |
|--|-------|------|------|------|-------|------|------|-------|------|------|------|-------|
| London Liverpool St  d | 0830 | | 0900 | | 0930 | 1000 | | 1030 | | 1100 | | 1130 |
| Stratford DLR  d | 08u38 | | | | 09u38 | | | 10u38 | | | | 11u38 |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | | | | | 1003 | | | 1103 | | | | 1203 |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | 0922 | | 0946 | | 1022 | 1046 | | 1122 | | 1146 | | 1222 |
| Colchester  d | 0923 | | 0947 | | 1023 | 1047 | | 1123 | | 1147 | | 1223 |
| Manningtree..... d | 0931 | | 0955 | | 1031 | 1055 | | 1131 | | 1155 | | 1231 |
| Ipswich  a | 0943 | | 1007 | | 1043 | 1107 | | 1143 | | 1207 | | 1243 |
| Ipswich  d | 0944 | 1000 | 1008 | 1019 | 1044 | 1108 | 1119 | 1144 | 1200 | 1208 | 1219 | 1244 |
| Needham Market..... d | | | | 1028 | | | 1128 | | | | 1228 | |
| Stowmarket..... d | 0955 | 1012 | | 1034 | 1055 | | 1134 | 1155 | 1212 | | 1234 | 1255 |
| Diss..... d | 1008 | | 1029 | | 1108 | 1129 | | 1208 | | 1229 | | 1308 |
| Norwich  a | 1027 | | 1048 | | 1127 | 1148 | | 1227 | | 1248 | | 1327 |










| | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ | ◇ |
|--|------|------|-------|------|------|------|-------|------|------|-------|------|------|
| London Liverpool St  d | 1200 | | 1230 | | 1300 | | 1330 | 1400 | | 1430 | | 1500 |
| Stratford DLR  d | | | 12u38 | | | | 13u38 | | | 14u38 | | |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | | | | | 1303 | | | 1403 | | 1503 | | |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | 1246 | | 1322 | | 1346 | | 1422 | 1446 | | 1522 | | 1546 |
| Colchester  d | 1247 | | 1323 | | 1347 | | 1423 | 1447 | | 1523 | | 1547 |
| Manningtree..... d | 1255 | | 1331 | | 1355 | | 1431 | 1455 | | 1531 | | 1555 |
| Ipswich  a | 1307 | | 1343 | | 1407 | | 1443 | 1507 | | 1543 | | 1607 |
| Ipswich  d | 1308 | 1319 | 1344 | 1400 | 1408 | 1419 | 1444 | 1508 | 1519 | 1544 | 1600 | 1608 |
| Needham Market..... d | | 1328 | | | | 1428 | | | 1528 | | | |
| Stowmarket..... d | | 1334 | 1355 | 1412 | | 1434 | 1455 | | 1534 | 1555 | 1612 | |
| Diss..... d | 1329 | | 1408 | | 1429 | | 1508 | 1529 | | 1608 | | 1629 |
| Norwich  a | 1348 | | 1427 | | 1448 | | 1527 | 1548 | | 1627 | | 1648 |










Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

London Liverpool Street and Ipswich to Norwich










6

Saturdays

| | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | |
|--|-------|------|------|-------|------|------|------|-------|------|------|-------|------|
| | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | |
| London Liverpool St  d | 1530 | 1600 | | 1630 | | 1700 | | 1730 | 1800 | | 1830 | |
| Stratford DLR  d | 15u38 | | | 16u38 | | | | 17u38 | | | 18u38 | |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | | 1603 | | 1703 | | | | 1803 | | | 1903 | |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | 1622 | 1646 | | 1722 | | 1746 | | 1822 | 1846 | | 1922 | |
| Colchester  d | 1623 | 1647 | | 1723 | | 1747 | | 1823 | 1847 | | 1923 | |
| Manningtree..... d | 1631 | 1655 | | 1731 | | 1755 | | 1831 | 1855 | | 1931 | |
| Ipswich  a | 1643 | 1707 | | 1743 | | 1807 | | 1843 | 1907 | | 1943 | |
| Ipswich  d | 1619 | 1644 | 1708 | 1719 | 1744 | 1800 | 1808 | 1819 | 1844 | 1908 | 1919 | 1944 |
| Needham Market..... d | 1628 | | | 1728 | | | | 1828 | | | 1928 | |
| Stowmarket..... d | 1634 | 1655 | 1719 | 1734 | 1755 | 1812 | | 1834 | 1855 | | 1934 | 1955 |
| Diss..... d | | 1708 | 1732 | | 1808 | | 1829 | | 1908 | 1929 | | 2008 |
| Norwich  a | | 1727 | 1751 | | 1827 | | 1848 | | 1927 | 1948 | | 2027 |

| | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | |
|--|------|------|-------|------|------|-------|------|-------|-------|-------|------|
| | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | |
| London Liverpool St  d | 1900 | | 1930 | 2000 | | 2030 | | 2130 | 2230 | 2330 | |
| Stratford DLR  d | | | 19u38 | | | 20u38 | | 21u38 | 22u38 | 23u38 | |
| Shenfield  d | | | | | | | | | | | |
| Chelmsford  d | | | 2003 | | | 2103 | | 2203 | 2303 | 0003 | |
| Witham..... d | | | | | | | | | | | |
| Colchester  a | 1946 | | 2022 | 2046 | | 2122 | | 2222 | 2322 | 0022 | |
| Colchester  d | 1947 | | 2023 | 2047 | | 2123 | | 2223 | 2323 | 0023 | |
| Manningtree..... d | 1955 | | 2031 | 2055 | | 2131 | | 2231 | 2331 | 0031 | |
| Ipswich  a | 2007 | | 2043 | 2107 | | 2143 | | 2243 | 2343 | 0043 | |
| Ipswich  d | 2000 | 2008 | 2019 | 2044 | 2108 | 2116 | 2144 | 2216 | 2244 | 2344 | 0044 |
| Needham Market..... d | | | 2028 | | | 2126 | | 2226 | | | |
| Stowmarket..... d | 2012 | | 2034 | 2055 | | 2132 | 2155 | 2232 | 2255 | 2355 | 0055 |
| Diss..... d | | 2029 | 2108 | 2129 | | 2208 | | 2308 | 0008 | 0108 | |
| Norwich  a | | 2048 | | 2127 | 2148 | | 2227 | | 2327 | 0027 | 0127 |

Sundays

| | 1 | 1 | 1 | 1 | 1 | C | 1 | 1 | C | 1 | | |
|--|------|------|------|------|------|------|------|------|------|------|------|------|
| | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | | |
| London Liverpool St  d | | 0830 | | 0930 | | 0928 | 1030 | | 1028 | 1130 | | |
| Stratford DLR  d | | | | | | | | | | | | |
| Shenfield  d | | | | | | | | | | | | |
| Chelmsford  d | | | | | | | | | | | | |
| Witham..... d | | | | | | | | | | | | |
| Colchester  a | | 0923 | | 1023 | | | 1123 | | | 1223 | | |
| Colchester  d | | 0923 | 0932 | 1023 | | | 1123 | | | 1223 | | |
| Manningtree..... d | | 0931 | 0940 | 1031 | | | 1131 | | | 1231 | | |
| Ipswich  a | | 0943 | 0951 | 1043 | | | 1143 | | | 1243 | | |
| Ipswich  d | 0845 | 0902 | 0944 | 0955 | 1044 | 1102 | 1144 | 1155 | | 1244 | 1302 | |
| Needham Market..... d | | 0912 | | | | 1112 | | | | | 1312 | |
| Stowmarket..... d | 0859 | 0918 | 0955 | 1007 | 1055 | 1118 | | 1155 | 1207 | | 1255 | 1318 |
| Diss..... d | | | 1008 | | 1108 | | 1208 | | | | 1308 | |
| Norwich  a | | | 1029 | | 1129 | | 1213 | 1229 | | 1313 | 1329 | |

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

London Liverpool Street and Ipswich to Norwich

6

Sundays













| | C | 🚆 | 🚆 | C | 🚆 | 🚆 | C | 🚆 | 🚆 | C | 🚆 | 🚆 |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 |
| London Liverpool St 🚆... d | 1128 | 1230 | | 1228 | 1330 | | 1328 | 1430 | | 1428 | 1530 | |
| Stratford DLR 🚆... d | | | | | | | | | | | | |
| Shenfield 🚆... d | | | | | | | | | | | | |
| Chelmsford 🚆... d | | | | | | | | | | | | |
| Witham... d | | | | | | | | | | | | |
| Colchester 🚆... a | | 1323 | | | 1423 | | | 1523 | | | 1623 | |
| Colchester 🚆... d | | 1323 | | | 1423 | | | 1523 | | | 1623 | |
| Manningtree... d | | 1331 | | | 1431 | | | 1531 | | | 1631 | |
| Ipswich 🚆... a | | 1343 | | | 1443 | | | 1543 | | | 1643 | |
| Ipswich 🚆... d | | 1344 | 1355 | | 1444 | 1502 | | 1544 | 1555 | | 1644 | 1702 |
| Needham Market... d | | | | | | 1512 | | | | | | 1712 |
| Stowmarket... d | | 1355 | 1407 | | 1455 | 1518 | | 1555 | 1607 | | 1655 | 1718 |
| Diss... d | | 1408 | | | 1508 | | | 1608 | | | 1708 | |
| Norwich 🚆... a | 1413 | 1429 | | 1513 | 1529 | | 1613 | 1629 | | 1713 | 1729 | |

| | C | 🚆 | 🚆 | C | 🚆 | 🚆 | C | 🚆 | 🚆 | | | |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 | | | |
| London Liverpool St 🚆... d | 1528 | 1630 | | 1628 | 1730 | | 1728 | 1830 | 1900 | 1828 | 1930 | |
| Stratford DLR 🚆... d | | | | | | | | | | | | |
| Shenfield 🚆... d | | | | | | | | | | | | |
| Chelmsford 🚆... d | | | | | | | | 1937 | | | | |
| Witham... d | | | | | | | | | | | | |
| Colchester 🚆... a | | 1723 | | | 1823 | | | 1923 | 1956 | | 2023 | |
| Colchester 🚆... d | | 1723 | | | 1823 | | | 1923 | 1956 | | 2023 | |
| Manningtree... d | | 1731 | | | 1831 | | | 1931 | 2004 | | 2031 | |
| Ipswich 🚆... a | | 1743 | | | 1843 | | | 1943 | 2016 | | 2043 | |
| Ipswich 🚆... d | | 1744 | 1755 | | 1844 | 1902 | | 1944 | 2017 | | 2044 | 2102 |
| Needham Market... d | | | | | | 1912 | | | | | | 2112 |
| Stowmarket... d | | 1755 | 1807 | | 1855 | 1918 | | 1955 | 2028 | | 2055 | 2118 |
| Diss... d | | 1808 | | | 1908 | | | 2008 | 2041 | | 2108 | |
| Norwich 🚆... a | 1813 | 1829 | | 1910 | 1929 | | 2013 | 2029 | 2102 | 2110 | 2129 | |

| | 🚆 | C | 🚆 | 🚆 | 🚆 |
|-----------------------------------|------|------|------|------|------|
| | 🕒 | 🕒 | 🕒 | 🕒 | 🕒 |
| London Liverpool St 🚆... d | 2030 | 2028 | 2130 | 2230 | 2330 |
| Stratford DLR 🚆... d | | | | | |
| Shenfield 🚆... d | | | | | |
| Chelmsford 🚆... d | | | | | |
| Witham... d | | | | | |
| Colchester 🚆... a | 2123 | | 2223 | 2323 | 0027 |
| Colchester 🚆... d | 2123 | | 2223 | 2323 | 0027 |
| Manningtree... d | 2131 | | 2231 | 2331 | 0035 |
| Ipswich 🚆... a | 2143 | | 2243 | 2343 | 0047 |
| Ipswich 🚆... d | 2144 | | 2244 | 2344 | 0048 |
| Needham Market... d | | | | | |
| Stowmarket... d | 2155 | | 2255 | 2355 | 0059 |
| Diss... d | 2208 | | 2308 | 0008 | 0112 |
| Norwich 🚆... a | 2229 | 2313 | 2329 | 0041 | 0145 |

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

Timetable key

| | |
|--|--|
| C | Alternative journey via Cambridge when engineering work affects through trains on East Anglia Mainline route. Change at Cambridge. |
| EA | The East Anglian |
| MTW | Mondays, Tuesdays and Wednesdays only |
| ThF | Thursdays and Fridays |
| a | Arrival time |
| c | Change at Colchester and Manningtree |
| d | Departure time |
| g | Change at Manningtree and Colchester |
| s | Stops to set down only |
| u | Stops to pick up only |
|  | Interchange with London Underground |
|  | Interchange with Docklands Light Railway |
|  | PlusBus operates from this station |
|  | Connections with Ferry Services |
|  | First Class accommodation available |
|  | Seat reservations recommended |
|  | Seat reservations available |
|  | Buffet and wi-fi service |
|  | Train from London divides |
|  | Train joins for London |
|  | Train continues in later column |
|  | Train continued from earlier column |

Times in *italics* are connecting train services with one change of train; other connections may be available with further changes

The timetables are striped to help you read them. There is no meaning to the stripes.