

Romford to Upminster

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Mondays to Fridays

Romfordd	0612	0642	0706	0730	0754	0818	0842	0912	0942	1012	1042	1112
Emerson Parkd	0616	0646	0710	0734	0758	0822	0846	0916	0946	1016	1046	1116
Upminster ☺a	0620	0650	0714	0738	0802	0826	0850	0920	0950	1020	1050	1120

Romfordd	1142	1212	1242	then at the	1912	1942						
Emerson Parkd	1146	1216	1246	same mins past	1916	1946						
Upminster ☺a	1150	1220	1250	each hour until	1920	1950						

Saturdays

Romfordd	0612	0642	0712	0742	then at the	1912	1942					
Emerson Parkd	0616	0646	0716	0746	same mins past	1916	1946					
Upminster ☺a	0620	0650	0720	0750	each hour until	1920	1950					

Upminster to Romford

2

Mondays to Fridays

Upminster ☺d	0624	0654	0718	0742	0806	0830	0854	0924	0954	1024	1054	1124
Emerson Parkd	0628	0658	0722	0746	0810	0834	0858	0928	0958	1028	1058	1128
Romforda	0632	0702	0726	0750	0814	0838	0902	0932	1002	1032	1102	1132

Upminster ☺d	1154	1224	1254	then at the	1924	1954						
Emerson Parkd	1158	1228	1258	same mins past	1928	1958						
Romforda	1202	1232	1302	each hour until	1932	2002						





Saturdays

Upminster ☺d	0624	0654	0724	0754	then at the	1924	1954					
Emerson Parkd	0628	0658	0728	0758	same mins past	1928	1958					
Romforda	0632	0702	0732	0802	each hour until	1932	2002					

Additional information

Additional services operated by First Capital Connect run between London King's Cross, Stevenage, Cambridge and stations to King's Lynn. Please see First Capital Connect timetables for further details.

Timetable key

A	Until 24th February 2012
B	From 27th February 2012
a	Arrival time
b	Arrives 0530
d	Departure time
s	Stops to set down only
c2c	Journey operated by c2c
	PlusBus operates from this station
◇	Seat reservations possible
1	First Class accommodation available
	Interchange with London Underground
DLR	Interchange with Docklands Light Railway
	PlusBus operates from this station
	Replacement bus service

Times in *italics* are connecting train services with one change of train; other connections may be available with further changes.

The timetables are striped to help you read them. There is no meaning to the stripes.