





















































































# Norwich to Ipswich and London Liverpool Street

6

## Mondays to Fridays 12th December 2011 to 7th December 2012

	 	 	 	 	 	 	 	 	 	 
Norwich 	d 0500		0530	0600		0625	0650	0705		0740
Diss	d 0518		0548	0618		0643	0708	0723		0758
Stowmarket	d 0530	0554	0600	0630	0644	0655	0705	0720	0735	0745
Needham Market	d	0559			0649				0750	
Ipswich 	a 0542	0609	0612	0642	0701	0707	0718	0732	0747	0803
Ipswich 	d 0544		0614	0644		0709	0718	0734	0749	0820
Manningtree	d 0554		0624	0654		0719	0728	0744	0759	0836
Colchester 	a 0603		0633	0703		0728	0737		0808	0845
Colchester 	d 0605		0635	0705		0730	0738		0810	0845
Witham	a						0755			
Chelmsford	a									0903
Shenfield	a									
Stratford  	a 06s44		07s15				08s28		08s52	09s28
London Liverpool St 	a 0654		0727	0758		0823	0840	0842	0904	0924

	 	 	 	 	 	 	 	 	 	 
Norwich 	d 0800		0830		0900		0930	1000		1030
Diss	d 0817		0847		0917		0947	1017		1047
Stowmarket	d 0829	0844		0914	0929	0944		1029	1044	1114
Needham Market	d	0849				0949			1049	
Ipswich 	a 0841	0900	0908	0928	0941	1002	1008	1041	1100	1108
Ipswich 	d 0843		0909		0943		1009	1043		1109
Manningtree	d 0853		0919		0953		1019	1053		1119
Colchester 	a 0902		0928		1002		1028	1102		1128
Colchester 	d 0903		0930		1003		1030	1103		1130
Witham	a									
Chelmsford	a 0921				1021			1121		1221
Shenfield	a									
Stratford  	a				10s45			11s45		12s45
London Liverpool St 	a 0956		1019		1055		1119	1155		1219

	 	 	 	 	 	 	 	 	 	 
Norwich 	d	1130	1200		1230		1300		1330	1400
Diss	d	1147	1217		1247		1317		1347	1417
Stowmarket	d	1144		1229	1244		1313	1329	1344	1429
Needham Market	d	1149			1249				1349	1449
Ipswich 	a	1200	1208	1241	1300	1308	1328	1341	1400	1408
Ipswich 	d		1209	1243		1309		1343	1409	1443
Manningtree	d		1219	1253		1319		1353	1419	1453
Colchester 	a		1228	1302		1328		1402	1428	1502
Colchester 	d		1230	1303		1330		1403	1430	1503
Witham	a									
Chelmsford	a			1321				1421		1521
Shenfield	a									
Stratford  	a			13s45				14s45		15s45
London Liverpool St 	a		1319	1355		1419		1455		1519

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

# Norwich to Ipswich and London Liverpool Street

6

## Mondays to Fridays 12th December 2011 to 7th December 2012

Norwich		1500		1530	1600		1630		1700		1730	1800
Diss		1517		1547	1617		1647		1717		1747	1817
Stowmarket	1513	1529	1544		1629	1644		1713	1729	1745	1759	1829
Needham Market			1549			1649				1750		
Ipswich	1528	1541	1600	1608	1641	1700	1708	1728	1741	1804	1811	1841
Ipswich		1543		1609	1643		1709		1743		1813	1843
Manningtree		1553		1619	1653		1719		1753			1853
Colchester		1602		1628	1702		1728		1802		1828	1902
Colchester		1603		1630	1703		1730		1803		1830	1903
Witham												
Chelmsford		1621			1721				1821			1921
Shenfield												
Stratford		16s45			17s45				18s45			19s45
London Liverpool St		1655		1719	1758		1819		1855		1917	1955

Norwich		1830		1900		1930	2000		2030	
Diss		1847		1917		1947	2017		2047	
Stowmarket	1845		1913	1929	1944		2029	2044	2109	
Needham Market	1850				1949			2049		
Ipswich	1902	1908	1928	1941	2000	2009	2041	2100	2108	2123
Ipswich		1909		1943		2009	2043	2100	2109	2125
Manningtree		1919		1953		2019	2053		2119	2135
Colchester		1928		2002		2029	2102		2128	2146
Colchester		1930		2003		2030	2103		2130	
Witham										
Chelmsford				2021			2121			
Shenfield										
Stratford				20s45			21s45			
London Liverpool St		2019		2055		2119	2155		2219	
















**Train times after 2100 are affected by long term engineering works.  
For details of evening services after this time on Mondays to Fridays,  
please see pages 67 to 69.**

# Norwich to Ipswich and London Liverpool Street

6
















## Mondays, Tuesdays and Wednesdays

12th December 2011 to 4th January 2012

	 						
<b>Norwich</b>  .....d	2100		2200				2305
Diss .....d	2117		2217				2322
Stowmarket.....d	2129	2144	2229	2244	2306	2334	2347
Needham Market .....d		2149		2249			2352
<b>Ipswich</b>  .....a	2141	2200	2241	2300	2318	2348	0005
<b>Ipswich</b>  .....d	2143		2243		2319		
Manningtree.....d	2153		2253		2329		
<b>Colchester</b>  .....a	2202		2302		2340		
<b>Colchester</b>  .....d	2203		2303				
Witham .....a			2315				
Chelmsford.....a	2221		2325				
Shenfield .....a			2336				
Stratford <b>DLR</b>  .....a	22s51		00s04				
<b>London Liverpool St</b>  .....a	2300		0014				

## Mondays, Tuesdays and Wednesdays

9th January 2012 to 21st March 2012

	 						
<b>Norwich</b>  .....d	2100		2200				2305
Diss .....d	2117		2217				2322
Stowmarket.....d	2129	2144	2229		2244	2306	2334 2347
Needham Market .....d		2149			2249		2352
<b>Ipswich</b>  .....a	2141	2200	2241		2300	2318	2348 0005
<b>Ipswich</b>  .....d	2143		2243			2319	
Manningtree.....d	2153		2253			2329	
<b>Colchester</b>  .....a	2202		2302			2340	
<b>Colchester</b>  .....d	2203		2303				
Witham .....a			2316		2321		
Chelmsford.....a	2221						
Shenfield .....a				2356	0005		
Stratford <b>DLR</b>  .....a	22s51				0031		
<b>London Liverpool St</b>  .....a	2300				0040		
















Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

# Norwich to Ipswich and London Liverpool Street

6
















## Mondays, Tuesdays and Wednesdays

26th March 2012 to 20th June 2012

	 						
<b>Norwich</b>  .....d	2100	2200				2305	
Diss.....d	2117	2217				2322	
Stowmarket.....d	2129	2144	2229	2244	2306	2334	2347
Needham Market.....d		2149		2249			2352
<b>Ipswich</b>  .....a	2141	2200	2241	2300	2318	2348	0005
<b>Ipswich</b>  .....d	2143		2243		2319		
Manningtree.....d	2153		2253		2329		
<b>Colchester</b>  .....a	2202		2302		2340		
<b>Colchester</b>  .....d	2203		2303				
Witham.....a			2315				
Chelmsford.....a	2221		2325				
Shenfield.....a			2336				
Stratford <b>DLR</b>  .....a	22s51		00s04				
<b>London Liverpool St</b>  .....a	2300		0014				

## Mondays, Tuesdays and Wednesdays

25th June 2012 to 12th September 2012

	 						
<b>Norwich</b>  .....d	2100	2200				2305	
Diss.....d	2117	2217				2322	
Stowmarket.....d	2129	2144	2229	2244	2306	2334	2347
Needham Market.....d		2149		2249			2352
<b>Ipswich</b>  .....a	2141	2200	2241	2300	2318	2348	0005
<b>Ipswich</b>  .....d	2143		2243		2319		
Manningtree.....d	2153		2253		2329		
<b>Colchester</b>  .....a	2202		2302		2340		
<b>Colchester</b>  .....d	2203		2303				
Witham.....a			2315				
Chelmsford.....a	2221		2325				
Shenfield.....a			23s36				
Stratford <b>DLR</b>  .....a	22s45		23s52				
<b>London Liverpool St</b>  .....a	2255		0002				

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

# Norwich to Ipswich and London Liverpool Street

6

## Mondays, Tuesdays and Wednesdays

17th September 2012 to 17th October 2012

<b>Norwich</b>	2100	2200					2305
Diss	2117	2217					2322
Stowmarket	2129	2144	2229		2244	2306	2334 2347
Needham Market		2149			2249		2352
<b>Ipswich</b>	2141	2200	2241		2300	2318	2348 0005
<b>Ipswich</b>	2143		2243			2319	
Manningtree	2153		2253			2329	
<b>Colchester</b>	2202		2302			2340	
<b>Colchester</b>	2203		2303				
Witham			2316	2321			
Chelmsford	2221						
Shenfield				2356	0005		
Stratford <b>DLR</b>	22s51				0031		
<b>London Liverpool St</b>	2300				0040		

## Mondays, Tuesdays and Wednesdays

22nd October 2012 to 5th December 2012

<b>Norwich</b>	2100		2200				2305
Diss	2117		2217				2322
Stowmarket	2129	2144	2229	2244	2306	2334	2347
Needham Market		2149		2249			2352
<b>Ipswich</b>	2141	2200	2241	2300	2318	2348	0005
<b>Ipswich</b>	2143		2243		2319		
Manningtree	2153		2253		2329		
<b>Colchester</b>	2202		2302		2340		
<b>Colchester</b>	2203		2303				
Witham			2315				
Chelmsford	2221		2325				
Shenfield			2336				
Stratford <b>DLR</b>	22s51		00s04				
<b>London Liverpool St</b>	2300		0014				

## All Thursdays and Fridays

15th December 2011 to 7th December 2012

<b>Norwich</b>	2100		2200				2305
Diss	2117		2217				2322
Stowmarket	2129	2144	2229	2244	2306	2334	2347
Needham Market		2149		2249			2352
<b>Ipswich</b>	2141	2200	2241	2300	2318	2348	0005
<b>Ipswich</b>	2143		2243		2319		
Manningtree	2153		2253		2329		
<b>Colchester</b>	2202		2302		2340		
<b>Colchester</b>	2203		2303				
Witham			2315				
Chelmsford	2221		2325				
Shenfield			23s36				
Stratford <b>DLR</b>	22s45		23s52				
<b>London Liverpool St</b>	2255		0002				

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

# Norwich to Ipswich and London Liverpool Street

6

## Saturdays

17th December 2011 to 8th December 2012

	0500	0530	0600	0630	0700	0730	0800	0830
Norwich	0517	0547	0617	0647	0717	0747	0817	0847
Diss	0529		0629	0644	0729	0745	0829	0844
Stowmarket				0649		0750		0849
Needham Market								
Ipswich	0541	0608	0641	0702	0708	0741	0803	0808
Ipswich	0543	0609	0643	0709	0743	0809	0843	0909
Manningtree	0553	0619	0653	0719	0753	0819	0853	0919
Colchester	0602	0628	0702	0728	0802	0828	0902	0928
Colchester	0603	0630	0703	0730	0803	0830	0903	0930
Witham								
Chelmsford	0621		0721		0821		0921	
Shenfield								
Stratford DLR	06s45		07s45		08s45		09s45	
London Liverpool St	0655	0719	0755	0819	0855	0919	0955	1019

	0900	0930	1000	1030	1100	1130	1200
Norwich	0917	0947	1017	1047	1117	1147	1217
Diss	0929	0944	1029	1044	1113	1129	1144
Stowmarket		0949		1049		1149	
Needham Market							
Ipswich	0941	1000	1008	1041	1100	1108	1128
Ipswich	0943	1009	1043	1109	1143	1200	1208
Manningtree	0953	1019	1053	1119	1153	1219	1253
Colchester	1002	1028	1102	1128	1202	1228	1302
Colchester	1003	1030	1103	1130	1203	1230	1303
Witham							
Chelmsford	1021		1121		1221		1321
Shenfield							
Stratford DLR	10s45		11s45		12s45		13s45
London Liverpool St	1055	1119	1155	1219	1255	1319	1355
































	1230	1300	1330	1400	1430	1500	1530
Norwich	1247	1317	1347	1417	1447	1517	1547
Diss		1313	1329	1344	1429	1444	1513
Stowmarket				1349		1449	1529
Needham Market							1549
Ipswich	1308	1328	1341	1400	1408	1441	1500
Ipswich	1309	1343	1409	1443	1509	1543	1609
Manningtree	1319	1353	1419	1453	1519	1553	1619
Colchester	1328	1402	1428	1502	1528	1602	1628
Colchester	1330	1403	1430	1503	1530	1603	1630
Witham							
Chelmsford		1421		1521		1621	
Shenfield							
Stratford DLR		14s45		15s45		16s45	
London Liverpool St	1419	1455	1519	1555	1619	1655	1719
























Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)

# Norwich to Ipswich and London Liverpool Street

6

## Saturdays 17th December 2011 to 8th December 2012

	 	 	 	 	 	 	 	 
								
Norwich  .....d	1600	1630	1700	1730	1800	1830	1900	
Diss.....d	1617	1647	1717	1747	1817	1847	1917	
Stowmarket.....d	1629	1644	1713	1729	1745	1759	1829	1845
Needham Market.....d		1649			1750		1850	
Ipswich  .....a	1641	1700	1708	1728	1741	1801	1811	1841
Ipswich  .....d	1643	1709	1743	1813	1843	1909	1943	
Manningtree.....d	1653	1719	1753		1853	1919	1953	
Colchester  .....a	1702	1728	1802	1828	1902	1928	2002	
Colchester  .....d	1703	1730	1803	1830	1903	1930	2003	
Witham.....a								
Chelmsford.....a	1721		1821		1921		2021	
Shenfield.....a								
Stratford  .....a	17s45		18s45		19s45		20s45	
London Liverpool St  .....a	1755	1819	1855	1919	1955	2019	2055	

	 	 	 	 	 	 	 	 
Norwich  .....d	2000			2100	2200		2305	
Diss.....d	2017			2117	2217		2322	
Stowmarket.....d	1944	2029	2044	2109	2129	2144	2229	2244
Needham Market.....d	1949		2049		2149		2249	
Ipswich  .....a	2000	2041	2100	2122	2141	2200	2241	2300
Ipswich  .....d		2043	2100	2125	2143		2243	2319
Manningtree.....d		2053		2135	2153		2253	2329
Colchester  .....a		2102		2146	2202		2302	2340
Colchester  .....d		2103		2203	2303			
Witham.....a							2315	
Chelmsford.....a		2121		2221	2325			
Shenfield.....a						23s36		
Stratford  .....a		21s45		22s45	23s52			
London Liverpool St  .....a		2155		2255	0002			

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)



# Norwich to Ipswich and London Liverpool Street

6

## Sundays 11th December 2011 to 9th December 2012

Norwich	0700	0800	0900		1000		1100		1200		1300	
Diss	0717	0817	0917		1017		1117		1217		1317	
Stowmarket	0729	0829	0929	1018	1029	1113	1129	1218	1229	1313	1418	
Needham Market				1023				1223			1423	
Ipswich	0741	0841	0941	1035	1041	1128	1141	1235	1241	1328	1341	1435
Ipswich	0743	0843	0943		1043		1143		1243		1343	
Manningtree	0753	0853	0953		1053		1153		1253		1353	
Colchester	0802	0902	1002		1102		1202		1302		1402	
Colchester	0803	0903	1003		1103		1203		1303		1403	
Witham												
Chelmsford												
Shenfield												
Stratford												
London Liverpool St	0903	1001	1101		1201		1301		1401		1501	

Norwich	1400		1500		1600	1620		1700		1800		1900
Diss	1417		1517		1617	1637		1717		1817		1917
Stowmarket	1429	1513	1529	1618	1629	1649	1713	1729	1818	1829	1913	1929
Needham Market				1623					1823			
Ipswich	1441	1528	1541	1635	1641	1701	1728	1741	1835	1841	1928	1941
Ipswich	1443		1543		1643	1703		1743		1843	1928	1943
Manningtree	1453		1553		1653			1753		1853	1938	1953
Colchester	1502		1602		1702	1718		1802		1902	1949	2002
Colchester	1503		1603		1703	1721		1803		1903		2003
Witham												
Chelmsford												
Shenfield												
Stratford												
London Liverpool St	1601		1701		1801	1828		1901		2001		2101

Norwich		2000		2100		2200	2305	
Diss		2017		2117		2217	2322	
Stowmarket		2018	2029	2106	2129	2218	2229	2334
Needham Market		2023				2223		
Ipswich		2035	2041	2118	2141	2235	2241	2348
Ipswich		2035	2043	2119	2143		2243	
Manningtree			2053	2129	2153		2253	
Colchester			2102	2140	2202		2302	
Colchester			2103		2203		2303	
Witham							2315	
Chelmsford							2325	
Shenfield							23s36	
Stratford							23s57	
London Liverpool St		2201		2301		0008		

Other local services also operate between Ipswich, Colchester and London Liverpool Street (See Table 4 for full details)



# London Liverpool Street and Norwich to Ipswich

6

**Mondays to Fridays 12th December 2011 to 7th December 2012**

	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
<b>London Liverpool St</b> 🕒...d						0600	0625		0700			0730	0755
Stratford <b>DLR</b> 🕒...d							06u33					07u38	
Shenfield .....d									07u22				
Chelmsford .....d						0630	0658					0803	
Witham .....d							0709						
<b>Colchester</b> 🕒.....a						0649	0722		0750			0822	0845
<b>Colchester</b> 🕒.....d		0540				0650	0723		0751			0823	0847
Manningtree .....a		0549				0658	0731		0759			0831	0855
<b>Ipswich</b> 🕒.....a		0559				0710	0742		0811	0817		0843	0907
<b>Ipswich</b> 🕒.....d	0510	0600	0616	0639	0656	0711	0744	0803	0812	0819	0844	0908	
Needham Market .....a	0520		0625		0705						0828		
Stowmarket .....a	0526	0612	0631	0651	0711	0722	0755	0815	0823	0834	0855		
Diss .....a				0704		0735	0808		0836		0908	0929	
<b>Norwich</b> 🕒.....a				0724		0754	0827		0855		0927	0948	

	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
<b>London Liverpool St</b> 🕒...d		0830		0900		0930	1000		1030		1100		
Stratford <b>DLR</b> 🕒...d		08u38				09u38			10u38				
Shenfield .....d													
Chelmsford .....d		0903				1003			1103				
Witham .....d													
<b>Colchester</b> 🕒.....a		0922		0946		1022	1046		1122		1146		
<b>Colchester</b> 🕒.....d		0923		0947		1023	1047		1123		1147		
Manningtree .....a		0931		0955		1031	1055		1131		1155		
<b>Ipswich</b> 🕒.....a		0943		1007		1043	1107		1143		1207		
<b>Ipswich</b> 🕒.....d	0919	0944	1000	1008	1019	1044	1108	1119	1144	1200	1208	1219	
Needham Market .....a	0928				1028			1128				1228	
Stowmarket .....a	0934	0955	1012		1034	1055		1134	1155	1212		1234	
Diss .....a		1008		1029		1108	1129		1208		1229		
<b>Norwich</b> 🕒.....a		1027		1050		1127	1150		1227		1250		



























	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
<b>London Liverpool St</b> 🕒...d	1130	1200		1230		1300		1330	1400		1430		
Stratford <b>DLR</b> 🕒...d	11u38			12u38				13u38			14u38		
Shenfield .....d													
Chelmsford .....d	1203			1303				1403			1503		
Witham .....d													
<b>Colchester</b> 🕒.....a	1222	1246		1322		1346		1422	1446		1522		
<b>Colchester</b> 🕒.....d	1223	1247		1323		1347		1423	1447		1523		
Manningtree .....a	1231	1255		1331		1355		1431	1455		1531		
<b>Ipswich</b> 🕒.....a	1243	1307		1343		1407		1443	1507		1543		
<b>Ipswich</b> 🕒.....d	1244	1308	1319	1344	1400	1408	1419	1444	1508	1519	1544	1600	
Needham Market .....a			1328				1428			1528			
Stowmarket .....a	1255		1334	1355	1412		1434	1455		1534	1555	1612	
Diss .....a	1308	1329		1408		1429		1508	1529		1608		
<b>Norwich</b> 🕒.....a	1327	1350		1427		1450		1527	1548		1627		























Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

# London Liverpool Street and Norwich to Ipswich

6

## Mondays to Fridays 12th December 2011 to 7th December 2012

	 	 	 	 	 	 	 	 	 			
London Liverpool St  ...d	1500		1530	1600		1630		1700		1702	1730	1750
Stratford   ...d										1710		
Shenfield...d										17u26		
Chelmsford...d			1600							1736		
Witham...d										1746		
Colchester  ...a	1546		1621	1646		1716				1801		1842
Colchester  ...d	1547		1621	1647		1717				1801		1843
Manningtree...a	1555		1629	1655						1809	1827	1852
Ipswich  ...a	1607	1619	1640	1707		1734		1759		1820	1837	1903
Ipswich  ...d	1608	1628	1641	1708	1719	1736	1749	1800	1816	1824	1839	1904
Needham Market...a		1634			1728		1758		1825			
Stowmarket...a			1652	1719	1734	1747	1804		1831	1835	1850	1916
Diss...a	1629		1705	1732		1800		1821		1847	1903	1929
Norwich  ...a	1650		1724	1753		1822		1842		1909	1925	1950

	 	 	 	 	 	 	 			
London Liverpool St  ...d		1810	1830		1900		1930	2000		2030
Stratford   ...d										20u38
Shenfield...d										
Chelmsford...d										2103
Witham...d										
Colchester  ...a		1900	1921		1947		2019	2046		2122
Colchester  ...d		1902	1923		1947		2020	2047		2123
Manningtree...a		1911	1932		1955		2028	2055		2131
Ipswich  ...a		1921	1942		2007		2040	2107		2143
Ipswich  ...d	1910	1923	1944	2000	2008	2019	2041	2108	2116	2144
Needham Market...a	1919					2028			2126	
Stowmarket...a	1925	1934	1955	2012	2019	2034	2052	2119	2132	2155
Diss...a		1947	2008		2032		2105	2132		2208
Norwich  ...a		2009	2030		2051		2124	2151		2227

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)
















**Train times after 2100 are affected by long term engineering works.  
For details of evening services after this time on Mondays to Fridays,  
please see pages 75 to 77.**

# London Liverpool Street and Norwich to Ipswich

6


















## Mondays, Tuesdays and Wednesdays

12th December 2011 to 4th January 2012

	 	 	 	 
<b>London Liverpool St</b>  ...d	2100	2130	2230	2330
Stratford <b>DLR</b>  ...d		21u38	22u38	23u39
Shenfield .....d				0002
Chelmsford .....d		2203	2303	0013
Witham .....d				0024
<b>Colchester</b>  .....a	2146	2222	2322	0036
<b>Colchester</b>  .....d	2147	2223	2323	0037
Manningtree .....a	2155	2231	2331	0045
<b>Ipswich</b>  .....a	2207	2243	2343	0057
<b>Ipswich</b>  .....d	2208	2216	2244	2344
Needham Market .....a		2226		
Stowmarket .....a	2219	2232	2255	2355
Diss .....a	2232		2308	0008
<b>Norwich</b>  .....a	2251		2327	0039
				0157

## Mondays, Tuesdays and Wednesdays

9th January 2012 to 21st March 2012

	 	 	 	 	 
<b>London Liverpool St</b>  ...d	2100	2130	2230	2330	
Stratford <b>DLR</b>  ...d		21u38	22u38	2339	
Shenfield .....d				0003	
Billericay .....a				0009	0014
Chelmsford .....d		2203	2303		
Witham .....d				0044	0050
<b>Colchester</b>  .....a	2146	2222	2322		0104
<b>Colchester</b>  .....d	2147	2223	2323		0106
Manningtree .....a	2155	2231	2331		0114
<b>Ipswich</b>  .....a	2207	2243	2343		0125
<b>Ipswich</b>  .....d	2208	2216	2244	2344	0126
Needham Market .....a		2226			
Stowmarket .....a	2219	2232	2255	2355	0137
Diss .....a	2232		2308	0008	0150
<b>Norwich</b>  .....a	2251		2327	0039	0225



















Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

# London Liverpool Street and Norwich to Ipswich

6



















## Mondays, Tuesdays and Wednesdays

26th March 2012 to 20th June 2012

	 	   	 	 
London Liverpool St  ...d	2100	2130	2230	2330
Stratford   ...d		21u38	22u38	23u39
Shenfield .....d				0002
Chelmsford .....d		2203	2303	0013
Witham .....d				0024
Colchester  .....a	2146	2222	2322	0036
Colchester  .....d	2147	2223	2323	0037
Manningtree .....a	2155	2231	2331	0045
Ipswich  .....a	2207	2243	2343	0057
Ipswich  .....d	2208	2216	2244	2344
Needham Market .....a		2226		
Stowmarket .....a	2219	2232	2255	2355
Diss .....a			2308	0008
Norwich  .....a	2251	2327	0039	0157

## Mondays, Tuesdays and Wednesdays

25th June 2012 to 12th September 2012

	 	   	 	 
London Liverpool St  ...d	2100	2130	2230	2330
Stratford   ...d		21u38	22u38	23u38
Shenfield .....d				
Chelmsford .....d		2203	2303	0003
Witham .....d				
Colchester  .....a	2146	2222	2322	0022
Colchester  .....d	2147	2223	2323	0023
Manningtree .....a	2155	2231	2331	0031
Ipswich  .....a	2207	2243	2343	0043
Ipswich  .....d	2208	2216	2244	2344
Needham Market .....a		2226		
Stowmarket .....a	2219	2232	2255	2355
Diss .....a	2232		2308	0008
Norwich  .....a	2251	2327	0039	0143

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)




















Wi-Fi now available on all Intercity services between Norwich and London Liverpool Street

# London Liverpool Street and Norwich to Ipswich

6


















## Mondays, Tuesdays and Wednesdays

17th September 2012 to 17th October 2012

	 	   	 	 
London Liverpool St  d	2100	2130 2230	2330	
Stratford  d		21u38 22u38	2339	
Shenfield .....d			0003	
Billericay .....a			0009	0014
Chelmsford .....d		2203 2303		
Witham .....d				0044 0050
Colchester  a	2146	2222 2322		0104
Colchester  d	2147	2223 2323		0106
Manningtree .....a	2155	2231 2331		0114
Ipswich  a	2207	2243 2343		0125
Ipswich  d	2208 2216	2244 2344		0126
Needham Market .....a		2226		
Stowmarket .....a	2219 2232	2255 2355		0137
Diss .....a	2232	2308 0008		0150
Norwich  a	2251	2327 0039		0225


















## Mondays, Tuesdays and Wednesdays

22nd October 2012 to 5th December 2012

	 	   	 	 
London Liverpool St  d	2100	2130 2230	2330	
Stratford  d		21u38 22u38	23u39	
Shenfield .....d			0002	
Chelmsford .....d		2203 2303	0013	
Witham .....d			0024	
Colchester  a	2146	2222 2322	0036	
Colchester  d	2147	2223 2323	0037	
Manningtree .....a	2155	2231 2331	0045	
Ipswich  a	2207	2243 2343	0057	
Ipswich  d	2208 2216	2244 2344	0058	
Needham Market .....a		2226		
Stowmarket .....a	2219 2232	2255 2355	0109	
Diss .....a	2232	2308 0008	0122	
Norwich  a	2251	2327 0039	0157	

## All Thursdays and Fridays

15th December 2011 to 7th December 2012

	 	   	 	 
London Liverpool St  d	2100	2130 2230	2330	
Stratford  d		21u38 22u38	23u38	
Shenfield .....d			0003	
Chelmsford .....d		2203 2303	0003	
Witham .....d				
Colchester  a	2146	2222 2322	0022	
Colchester  d	2147	2223 2323	0023	
Manningtree .....a	2155	2231 2331	0031	
Ipswich  a	2207	2243 2343	0043	
Ipswich  d	2208 2216	2244 2344	0044	
Needham Market .....a		2226		
Stowmarket .....a	2219 2232	2255 2355	0055	
Diss .....a	2232	2308 0008	0108	
Norwich  a	2251	2327 0039	0143	

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

# London Liverpool Street and Norwich to Ipswich

6

## Saturdays

17th December 2011 to 8th December 2012

	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
London Liverpool St					0630		0700		0730	0800		
Stratford DLR					06u38				07u38			
Shenfield												
Chelmsford					0703				0803			
Witham												
Colchester					0722		0746		0822	0846		
Colchester		0540			0723		0747		0823	0847		
Manningtree		0549			0731		0755		0831	0855		
Ipswich		0559			0743		0807	0817	0843	0907		
Ipswich	0510	0600	0616	0710	0719	0744	0800	0808	0819	0844	0908	0919
Needham Market	0520		0625		0728				0828			0928
Stowmarket	0526	0612	0631	0721	0734	0755	0812		0834	0855		0934
Diss				0734		0808		0829		0908		0929
Norwich				0753		0827		0850		0927		0950

	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
London Liverpool St	0830		0900		0930	1000		1030		1100		1130
Stratford DLR	08u38				09u38			10u38				11u38
Shenfield												
Chelmsford	0903				1003			1103				1203
Witham												
Colchester	0922		0946		1022	1046		1122		1146		1222
Colchester	0923		0947		1023	1047		1123		1147		1223
Manningtree	0931		0955		1031	1055		1131		1155		1231
Ipswich	0943		1007		1043	1107		1143		1207		1243
Ipswich	0944	1000	1008	1019	1044	1108	1119	1144	1200	1208	1219	1244
Needham Market				1028			1128				1228	
Stowmarket	0955	1012		1034	1055		1134	1155	1212		1234	1255
Diss	1008		1029		1108	1129		1208		1229		1308
Norwich	1027		1050		1127	1150		1227		1250		1327

	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇	◇
London Liverpool St	1200		1230		1300		1330	1400		1430		1500
Stratford DLR			12u38				13u38			14u38		
Shenfield												
Chelmsford			1303				1403			1503		
Witham												
Colchester	1246		1322		1346		1422	1446		1522		1546
Colchester	1247		1323		1347		1423	1447		1523		1547
Manningtree	1255		1331		1355		1431	1455		1531		1555
Ipswich	1307		1343		1407		1443	1507		1543		1607
Ipswich	1308	1319	1344	1400	1408	1419	1444	1508	1519	1544	1600	1608
Needham Market		1328				1428			1528			
Stowmarket		1334	1355	1412		1434	1455		1534	1555	1612	
Diss	1329		1408		1429		1508	1529		1608		1629
Norwich	1350		1427		1450		1527	1548		1627		1650

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

# London Liverpool Street and Norwich to Ipswich

6

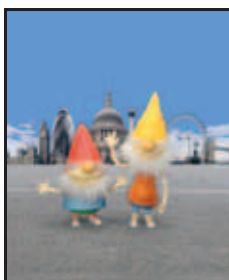
## Saturdays

17th December 2011 to 8th December 2012

	1		2		3		4		5		6	
	1	2	1	2	1	2	1	2	1	2	1	2
London Liverpool St	1530	1600	1630		1700		1730	1800			1830	
Stratford DLR	15u38		16u38				17u38				18u38	
Shenfield												
Chelmsford	1603		1703				1803				1903	
Witham												
Colchester	1622	1646	1722		1746		1822	1846			1922	
Colchester	1623	1647	1723		1747		1823	1847			1923	
Manningtree	1631	1655	1731		1755		1831	1855			1931	
Ipswich	1643	1707	1743		1807		1843	1907			1943	
Ipswich	1619	1644	1708	1719	1744	1800	1808	1819	1844	1908	1919	1944
Needham Market	1628			1728				1828			1928	
Stowmarket	1634	1655	1719	1734	1755	1812		1834	1855		1934	1955
Diss		1708	1732		1808		1829		1908	1929		2008
Norwich		1727	1751		1827		1850		1927	1950		2027

	1		2		3		4		5		6	
	1	2	1	2	1	2	1	2	1	2	1	2
London Liverpool St	1900		1930	2000			2030		2130	2230	2330	
Stratford DLR			19u38				20u38		21u38	22u38	23u38	
Shenfield												
Chelmsford				2003			2103		2203	2303	0003	
Witham												
Colchester	1946		2022	2046			2122		2222	2322	0022	
Colchester	1947		2023	2047			2123		2223	2323	0023	
Manningtree	1955		2031	2055			2131		2231	2331	0031	
Ipswich	2007		2043	2107			2143		2243	2343	0043	
Ipswich	2000	2008	2019	2044	2108	2116	2144	2216	2244	2344	0044	
Needham Market			2028			2126		2226				
Stowmarket	2012		2034	2055		2132	2155	2232	2255	2355	0055	
Diss		2029		2108	2129		2208		2308	0008	0108	
Norwich		2050		2127	2150		2227		2327	0027	0131	

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)



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# London Liverpool Street and Norwich to Ipswich

6

## Sundays

11th December 2011 to 24th June 2012

	1	2	3	4	5	6	7	8	9	10	11	12
London Liverpool St			0830		0930		1030		1130		1230	
Stratford DLR												
Shenfield			0858									
Chelmsford												
Witham												
Colchester			0924		1023		1123		1223		1323	
Colchester			0925	0932	1023		1123		1223		1323	
Manningtree			0933	0940	1031		1131		1231		1331	
Ipswich			0853	0945	0951	1043		1143		1243		1343
Ipswich	0755	0845	0902	0946	0955	1044	1102	1144	1155	1244	1302	1344
Needham Market			0912				1112				1312	
Stowmarket	0807	0859	0918	0957	1007	1055	1118	1155	1207	1255	1318	1355
Diss			1010		1108		1208		1308		1408	
Norwich			1031		1129		1229		1329		1429	

	1	2	3	4	5	6	7	8	9	10	11	12
London Liverpool St		1330		1430		1530		1630		1730		1830
Stratford DLR												
Shenfield												
Chelmsford												
Witham												
Colchester		1423		1523		1623		1723		1823		1923
Colchester		1423		1523		1623		1723		1823		1923
Manningtree		1431		1531		1631		1731		1831		1931
Ipswich		1443		1543		1643		1743		1843		1943
Ipswich	1355	1444	1502	1544	1555	1644	1702	1744	1755	1844	1902	1944
Needham Market			1512				1712				1912	
Stowmarket	1407	1455	1518	1555	1607	1655	1718	1755	1807	1855	1918	1955
Diss		1508		1608		1708		1808		1908		2008
Norwich		1529		1629		1729		1830		1929		2029

	1	2	3	4	5	6	7	8	9	10	11	12
London Liverpool St	1900	1930		2030	2130	2230	2330					
Stratford DLR												
Shenfield												
Chelmsford	1937											
Witham												
Colchester	1956	2023		2123	2223	2323	0027					
Colchester	1956	2023		2123	2223	2323	0027					
Manningtree	2004	2031		2131	2231	2331	0035					
Ipswich	2016	2043		2143	2243	2343	0047					
Ipswich	2017	2044	2102	2144	2244	2344	0048					
Needham Market			2112									
Stowmarket	2028	2055	2118	2155	2255	2355	0059					
Diss	2041	2108		2208	2308	0008	0112					
Norwich	2102	2129		2229	2329	0041	0145					

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

















# London Liverpool Street and Norwich to Ipswich








6

## Sundays

1st July 2012 to 9th September 2012

	■	■	■◇	■◇	■◇	■◇	■◇	■◇	■◇	■◇	■◇	
London Liverpool St  ...d			0830		0930		1030		1130		1230	
Stratford  ...d												
Shenfield .....d												
Chelmsford .....d												
Witham .....d												
Colchester  ...a			0923		1023		1123		1223		1323	
Colchester  ...d			0923	0932	1023		1123		1223		1323	
Manningtree .....a			0931	0940	1031		1131		1231		1331	
Ipswich  ...a			0853	0943	0951	1043		1143	1243		1343	
Ipswich  ...d	0755	0845	0902	0944	0955	1044	1102	1144	1155	1244	1302	1344
Needham Market .....a			0912				1112				1312	
Stowmarket .....a	0807	0859	0918	0955	1007	1055	1118	1155	1207	1255	1318	1355
Diss .....a			1008		1108		1208		1308		1408	
Norwich  ...a			1029		1129		1229		1329		1429	

	■◇	■◇	■◇	■◇	■◇	■◇	■◇	■◇	■◇	■◇	■◇	
London Liverpool St  ...d		1330		1430		1530		1630		1730	1830	
Stratford  ...d												
Shenfield .....d												
Chelmsford .....d												
Witham .....d												
Colchester  ...a		1423		1523		1623		1723		1823	1923	
Colchester  ...d		1423		1523		1623		1723		1823	1923	
Manningtree .....a		1431		1531		1631		1731		1831	1931	
Ipswich  ...a		1443		1543		1643		1743		1843	1943	
Ipswich  ...d	1355	1444	1502	1544	1555	1644	1702	1744	1755	1844	1902	1944
Needham Market .....a			1512				1712				1912	
Stowmarket .....a	1407	1455	1518	1555	1607	1655	1718	1755	1807	1855	1918	1955
Diss .....a		1508		1608		1708		1808		1908		2008
Norwich  ...a		1529		1629		1729		1830		1929		2029

	■◇	■◇	■◇	■◇	■◇	■◇	
London Liverpool St  ...d	1900	1930		2030	2130	2230	2330
Stratford  ...d							
Shenfield .....d							
Chelmsford .....d	1937						
Witham .....d							
Colchester  ...a	1956	2023		2123	2223	2323	0027
Colchester  ...d	1956	2023		2123	2223	2323	0027
Manningtree .....a	2004	2031		2131	2231	2331	0035
Ipswich  ...a	2016	2043		2143	2243	2343	0047
Ipswich  ...d	2017	2044	2102	2144	2244	2344	0048
Needham Market .....a			2112				
Stowmarket .....a	2028	2055	2118	2155	2255	2355	0059
Diss .....a	2041	2108		2208	2308	0008	0112
Norwich  ...a	2102	2129		2229	2329	0041	0145

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

# London Liverpool Street and Norwich to Ipswich

6

## Sundays

16th September 2012 to 2nd December 2012










	1	2	3	4	5	6	7	8	9	10	11	12
London Liverpool St			0830		0930		1030		1130		1230	
Stratford DLR												
Shenfield			0858									
Chelmsford												
Witham												
Colchester			0924		1023		1123		1223		1323	
Colchester			0925	0932	1023		1123		1223		1323	
Manningtree			0933	0940	1031		1131		1231		1331	
Ipswich		0853	0945	0951	1043		1143		1243		1343	
Ipswich	0755	0845	0902	0946	0955	1044	1102	1144	1155	1244	1302	1344
Needham Market			0912				1112				1312	
Stowmarket	0807	0859	0918	0957	1007	1055	1118	1155	1207	1255	1318	1355
Diss			1010		1108		1208		1308		1408	
Norwich			1031		1129		1229		1329		1429	

	1	2	3	4	5	6	7	8	9	10	11	12
London Liverpool St		1330		1430		1530		1630		1730		1830
Stratford DLR												
Shenfield												
Chelmsford												
Witham												
Colchester		1423		1523		1623		1723		1823		1923
Colchester		1423		1523		1623		1723		1823		1923
Manningtree		1431		1531		1631		1731		1831		1931
Ipswich		1443		1543		1643		1743		1843		1943
Ipswich	1355	1444	1502	1544	1555	1644	1702	1744	1755	1844	1902	1944
Needham Market			1512				1712				1912	
Stowmarket	1407	1455	1518	1555	1607	1655	1718	1755	1807	1855	1918	1955
Diss		1508		1608		1708		1808		1908		2008
Norwich		1529		1629		1729		1830		1929		2029

	1	2	3	4	5	6	7	8	9	10	11	12
London Liverpool St	1900	1930		2030	2130	2230	2330					
Stratford DLR												
Shenfield												
Chelmsford	1937											
Witham												
Colchester	1956	2023		2123	2223	2323	0027					
Colchester	1956	2023		2123	2223	2323	0027					
Manningtree	2004	2031		2131	2231	2331	0035					
Ipswich	2016	2043		2143	2243	2343	0047					
Ipswich	2017	2044	2102	2144	2244	2344	0048					
Needham Market			2112									
Stowmarket	2028	2055	2118	2155	2255	2355	0059					
Diss	2041	2108		2208	2308	0008	0112					
Norwich	2102	2129		2229	2329	0041	0145					

Other local services also operate between London Liverpool Street, Colchester and Ipswich (See Table 4 for full details)

## Timetable key

A	Until 24th February 2012
B	From 27th February 2012
a	Arrival time
d	Departure time
s	Stops to set down only
u	Stops to pick up only
	Interchange with London Underground
	Interchange with Docklands Light Railway
	PlusBus operates from this station
	Connections with Ferry Services
<b>1</b>	First Class accommodation available
<b>R</b>	Seat reservations recommended
◇	Seat reservations available
	Wi-fi service
	Buffet service
	Train continues in later column
	Train continued from earlier column
	Replacement bus service

Times in *italics* are connecting train services with one change of train; other connections may be available with further changes.

The timetables are striped to help you read them. There is no meaning to the stripes.