

Chingford to London Liverpool Street

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Mondays to Fridays

Chingford d	0510	0525	0540	0555	0610	0625	0642	0657	0712	0727	0742	0754
Highams Park	0514	0529	0544	0559	0614	0629	0646	0701	0716	0731	0746	0758
Wood Street..... d	0517	0532	0547	0602	0617	0633	0650	0705	0720	0735	0750	0802
Walthamstow Central ☉... d	0519	0534	0549	0604	0619	0635	0652	0707	0722	0737	0752	0804
St James' Street	0521	0536	0551	0606	0621	0638	0655	0710	0725	0740	0755	0807
Clapton	0524	0539	0554	0609	0624	0641	0658	0713	0728	0743	0758	0810
Hackney Downs..... d	0528	0543	0558	0613	0628	0645	0702	0717	0732	0747	0802	0814
Bethnal Green	0532	0547	0602	0617	0632	0649		0721		0751		0818
London Liverpool St. ☉.. a	0536	0551	0607	0621	0636	0653	0712	0727	0742	0757	0812	0824

Chingford d	0812	0827	0832	0842	0857	0912	0927	0940	0955	1010	1025	1040
Highams Park	0816	0831	0836	0846	0901	0916	0931	0944	0959	1014	1029	1044
Wood Street..... d	0820	0835	0840	0850	0905	0920	0935	0947	1002	1017	1032	1047
Walthamstow Central ☉... d	0822	0837	0842	0852	0907	0922	0937	0949	1004	1019	1034	1049
St James' Street	0825	0840		0855	0910	0925	0940	0951	1006	1021	1036	1051
Clapton	0828	0843		0858	0913	0928	0943	0954	1009	1024	1039	1054
Hackney Downs..... d	0832	0847		0902	0917	0932	0947	0958	1013	1028	1043	1058
Bethnal Green		0851			0921		0951	1002	1017	1032	1047	1102
London Liverpool St. ☉.. a	0842	0857	0900	0912	0927	0942	0957	1007	1021	1036	1051	1106

Chingford d	1055	and	1710	1725	1740	1755	1810	1825	1840	1855	1910	1925
Highams Park	1059	at	1714	1729	1744	1759	1814	1829	1844	1859	1914	1929
Wood Street..... d	1102	the	1717	1732	1747	1802	1817	1832	1847	1902	1917	1932
Walthamstow Central ☉... d	1104	same	1719	1734	1749	1804	1819	1834	1849	1904	1919	1934
St James' Street	1106	mins	1721	1736	1751	1806	1821	1836	1851	1906	1921	1936
Clapton	1109	past	1724	1739	1754	1809	1824	1839	1854	1909	1924	1939
Hackney Downs..... d	1113	each	1728	1743	1758	1813	1828	1843	1858	1913	1928	1943
Bethnal Green	1117	hour	1732	1747	1802	1817	1832	1847	1902	1917	1932	1947
London Liverpool St. ☉.. a	1121	until	1736	1751	1806	1821	1836	1851	1907	1921	1937	1951

Chingford d	1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225
Highams Park	1944	1959	2014	2029	2044	2059	2114	2129	2144	2159	2214	2229
Wood Street..... d	1947	2002	2017	2032	2047	2102	2117	2132	2147	2202	2217	2232
Walthamstow Central ☉... d	1949	2004	2019	2034	2049	2104	2119	2134	2149	2204	2219	2234
St James' Street	1951	2006	2021	2036	2051	2106	2121	2136	2151	2206	2221	2236
Clapton	1954	2009	2024	2039	2054	2109	2124	2139	2154	2209	2224	2239
Hackney Downs..... d	1958	2013	2028	2043	2058	2113	2128	2143	2158	2213	2228	2243
Bethnal Green	2002	2017	2032	2047	2102	2117	2132	2147	2202	2217	2232	2247
London Liverpool St. ☉.. a	2007	2021	2037	2051	2106	2121	2136	2151	2206	2221	2236	2251

Chingford d	2240	2255	2310	2325								
Highams Park	2244	2259	2314	2329								
Wood Street..... d	2247	2302	2317	2332								
Walthamstow Central ☉... d	2249	2304	2319	2334								
St James' Street	2251	2306	2321	2336								
Clapton	2254	2309	2324	2339								
Hackney Downs..... d	2258	2313	2328	2343								
Bethnal Green	2302	2317	2332	2347								
London Liverpool St. ☉.. a	2306	2321	2336	2351								

Chingford to London Liverpool Street

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Saturdays

Chingford d	0510	0525	0540	0555	0610	0625	0640	0655	and	2210	2225	2240
Highams Park..... d	0514	0529	0544	0559	0614	0629	0644	0659	at	2214	2229	2244
Wood Street..... d	0517	0532	0547	0602	0617	0632	0647	0702	the	2217	2232	2247
Walthamstow Central ⑤... d	0519	0534	0549	0604	0619	0634	0649	0704	same	2219	2234	2249
St James' Street..... d	0521	0536	0551	0606	0621	0636	0651	0706	mins	2221	2236	2251
Clapton..... d	0524	0539	0554	0609	0624	0639	0654	0709	past	2224	2239	2254
Hackney Downs..... d	0528	0543	0558	0613	0628	0643	0658	0713	each	2228	2243	2258
Bethnal Green..... d	0532	0547	0602	0617	0632	0647	0702	0717	hour	2232	2247	2302
London Liverpool St. ⑤... a	0536	0551	0606	0621	0636	0651	0706	0721	until	2236	2251	2306

Chingford d	2255	2310	2325									
Highams Park..... d	2259	2314	2329									
Wood Street..... d	2302	2317	2332									
Walthamstow Central ⑤... d	2304	2319	2334									
St James' Street..... d	2306	2321	2336									
Clapton..... d	2309	2324	2339									
Hackney Downs..... d	2313	2328	2343									
Bethnal Green..... d	2317	2332	2347									
London Liverpool St. ⑤... a	2322	2336	2351									

Sundays

Chingford d	0640	0655	0710	0725	0740	0755	0810	0825	0840	0855	0910	0925
Highams Park..... d	0644	0659	0714	0729	0744	0759	0814	0829	0844	0859	0914	0929
Wood Street..... d	0647	0702	0717	0732	0747	0802	0817	0832	0847	0902	0917	0932
Walthamstow Central ⑤... d	0649	0704	0719	0734	0749	0804	0819	0834	0849	0904	0919	0934
St James' Street..... d	0651	0706	0721	0736	0751	0806	0821	0836	0851	0906	0921	0936
Clapton..... d	0654	0709	0724	0739	0754	0809	0824	0839	0854	0909	0924	0939
Hackney Downs..... d	0658	0713	0728	0743	0758	0813	0828	0843	0858	0913	0928	0943
Bethnal Green..... d										0917	0932	0947
London Liverpool St. ⑤... a	0706	0721	0737	0752	0806	0821	0838	0851	0906	0921	0936	0951

Chingford d	0940	0955	and	2310								
Highams Park..... d	0944	0959	at	2314								
Wood Street..... d	0947	1002	the	2317								
Walthamstow Central ⑤... d	0949	1004	same	2319								
St James' Street..... d	0951	1006	mins	2321								
Clapton..... d	0954	1009	past	2324								
Hackney Downs..... d	0958	1013	each	2328								
Bethnal Green..... d	1002	1017	hour	2332								
London Liverpool St. ⑤... a	1006	1021	until	2336								

Route improvement work



At weekends and occasionally late in the evening during the week, route improvements may have to be carried out. Fully updated information is available in advance on our website at nationalexpress.com/alterations

London Liverpool Street to Chingford

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Mondays to Fridays



London Liverpool St. 	d	0603	0633	0703	0730	0748	0800	0818	0833	0848	0903	0918	0933
Bethnal Green	d	0606	0636	0706	0733	0751	0803	0821	0836	0851	0906	0921	0936
Hackney Downs	d	0610	0640	0710	0737	0755	0807	0825	0840	0855	0910	0925	0940
Clapton	d	0613	0643	0713	0740	0758	0810	0828	0843	0858	0913	0928	0943
St James' Street	d	0616	0646	0716	0744	0801	0814	0831	0846	0901	0916	0931	0946
Walthamstow Central		d	0618	0648	0718	0746	0803	0816	0833	0848	0903	0918	0933
Wood Street	d	0620	0650	0720	0748	0805	0818	0835	0850	0905	0920	0935	0950
Highams Park	d	0623	0653	0723	0751	0808	0821	0838	0853	0908	0923	0938	0953
Chingford	a	0629	0659	0729	0756	0814	0826	0844	0859	0915	0930	0944	1000

London Liverpool St. 	d	0948	1003	1018	1033	1048	and	1503	1518	1533	1548	1603	1618
Bethnal Green	d	0951	1006	1021	1036	1051	at	1506	1521	1536	1551	1606	
Hackney Downs	d	0955	1010	1025	1040	1055	the	1510	1525	1540	1555	1610	1625
Clapton	d	0958	1013	1028	1043	1058	same	1513	1528	1543	1558	1613	1628
St James' Street	d	1001	1016	1031	1046	1101	mins	1516	1531	1546	1601	1616	1631
Walthamstow Central		d	1003	1018	1033	1048	1103	past	1518	1533	1548	1603	1619
Wood Street	d	1005	1020	1035	1050	1105	each	1520	1535	1550	1605	1621	1636
Highams Park	d	1008	1023	1038	1053	1108	hour	1523	1538	1553	1608	1624	1639
Chingford	a	1014	1029	1044	1059	1114	until	1529	1544	1559	1614	1631	1646

London Liverpool St. 	d	1633	1648	1703	1718	1733	1748	1803	1818	1833	1848	1903	1918
Bethnal Green	d	1636		1706		1736		1806		1836		1906	
Hackney Downs	d	1640	1655	1710	1725	1740	1755	1810	1825	1840	1855	1910	1925
Clapton	d	1643	1658	1713	1728	1743	1758	1813	1828	1843	1858	1913	1928
St James' Street	d	1646	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1931
Walthamstow Central		d	1649	1704	1719	1734	1749	1804	1819	1834	1849	1904	1918
Wood Street	d	1651	1706	1721	1736	1751	1806	1821	1836	1851	1906	1920	1935
Highams Park	d	1654	1709	1724	1739	1754	1809	1824	1839	1854	1909	1923	1938
Chingford	a	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1929	1944

London Liverpool St. 	d	1933	1948	2003	2018	2033	2048	2103	2118	2133	2148	2203	2218
Bethnal Green	d	1936	1951	2006	2021	2036	2051	2106	2121	2136	2151	2206	2221
Hackney Downs	d	1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225
Clapton	d	1943	1958	2013	2028	2043	2058	2113	2128	2143	2158	2213	2228
St James' Street	d	1946	2001	2016	2031	2046	2101	2116	2131	2146	2201	2216	2231
Walthamstow Central		d	1948	2003	2018	2033	2048	2103	2118	2133	2148	2203	2218
Wood Street	d	1950	2005	2020	2035	2050	2105	2120	2135	2150	2205	2220	2235
Highams Park	d	1953	2008	2023	2038	2053	2108	2123	2138	2153	2208	2223	2238
Chingford	a	1959	2014	2029	2044	2059	2114	2129	2144	2159	2214	2229	2244

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London Liverpool St. 	d	2233	2248	2303	2318	2333	2340	2348	0003	0018	0033	0048	0103
Bethnal Green	d	2236	2251	2306	2321			2351	0006	0021	0036		
Hackney Downs	d	2240	2255	2310	2325		2346	2355	0010	0025	0040	0055	0110
Clapton	d	2243	2258	2313	2328		23a49	2358	0013	0028	0043	0058	0113
St James' Street	d	2246	2301	2316	2331			0001	0016	0032	0047	0102	0117
Walthamstow Central		d	2248	2303	2318	2333	2344		0003	0018	0034	0049	0104
Wood Street	d	2250	2305	2320	2335			0005	0020	0036	0051	0106	0121
Highams Park	d	2253	2308	2323	2338			0008	0023	0039	0054	0109	0124
Chingford	a	2259	2314	2329	2344	2354		0014	0029	0044	0059	0114	0129

London Liverpool Street to Chingford

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Saturdays

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London Liverpool St. ①..d	0603	0633	0648	0703	0718	0733	0748	and	2303	2318	2333	2340
Bethnal Green.....d	0606	0636	0651	0706	0721	0736	0751	at	2306	2321		
Hackney Downs.....d	0610	0640	0655	0710	0725	0740	0755	the	2310	2325		2346
Clapton.....d	0613	0643	0658	0713	0728	0743	0758	same	2313	2328		23a49
St James' Street.....d	0616	0646	0701	0716	0731	0746	0801	mins	2316	2331		
Walthamstow Central ①..d	0618	0648	0703	0718	0733	0748	0803	past	2318	2333	2344	
Wood Street.....d	0620	0650	0705	0720	0735	0750	0805	each	2320	2335		
Highams Park.....d	0623	0653	0708	0723	0738	0753	0808	hour	2323	2338		
Chingforda	0629	0659	0714	0729	0744	0759	0814	until	2329	2344	2354	

London Liverpool St. ①..d	2348	0003	0018	0033	0048	0103						
Bethnal Green.....d	2351	0006	0021	0036								
Hackney Downs.....d	2355	0010	0025	0040	0055	0110						
Clapton.....d	2358	0013	0028	0043	0058	0113						
St James' Street.....d	0001	0016	0032	0047	0102	0117						
Walthamstow Central ①..d	0003	0018	0034	0049	0104	0119						
Wood Street.....d	0005	0020	0036	0051	0106	0121						
Highams Park.....d	0008	0023	0039	0054	0109	0124						
Chingforda	0014	0029	0044	0059	0114	0129						

Sundays









London Liverpool St. ①..d	0733	0803	0833	0848	0903	0918	0933	0948	1003	1018	1033	1048
Bethnal Green.....d						0921	0936	0951	1006	1021	1036	1051
Hackney Downs.....d	0740	0810	0840	0855	0910	0925	0940	0955	1010	1025	1040	1055
Clapton.....d	0743	0813	0843	0858	0913	0928	0943	0958	1013	1028	1043	1058
St James' Street.....d	0746	0816	0846	0901	0916	0931	0946	1001	1016	1031	1046	1101
Walthamstow Central ①..d	0748	0818	0848	0903	0918	0933	0948	1003	1018	1033	1048	1103
Wood Street.....d	0750	0820	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105
Highams Park.....d	0753	0823	0853	0908	0923	0938	0953	1008	1023	1038	1053	1108
Chingforda	0759	0829	0859	0914	0929	0944	0959	1014	1029	1044	1059	1114

London Liverpool St. ①..d	1103	1118	1133	1148	and	0003	0018	0033	0103			
Bethnal Green.....d	1106	1121	1136	1151	at	0006	0021	0036				
Hackney Downs.....d	1110	1125	1140	1155	the	0010	0025	0040	0110			
Clapton.....d	1113	1128	1143	1158	same	0013	0028	0043	0113			
St James' Street.....d	1116	1131	1146	1201	mins	0016	0032	0047	0117			
Walthamstow Central ①..d	1118	1133	1148	1203	past	0018	0034	0049	0119			
Wood Street.....d	1120	1135	1150	1205	each	0020	0036	0051	0121			
Highams Park.....d	1123	1138	1153	1208	hour	0023	0039	0054	0124			
Chingforda	1129	1144	1159	1214	until	0029	0044	0059	0129			

Route improvement work

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timetable key

A	Continues to Stansted Airport
B	Continues to Bishops Stortford
C	Continues to Cambridge
CP	Calls additionally at Clapton 2349
E	Continues to Ely
FO	Fridays only
FSM	Friday and Saturday mornings only
FSX	Monday to Thursdays only
HE	Continues to Hertford East
K	Continues to Kings Lynn
MFO	Monday and Friday mornings only
MO	Monday mornings only
MThFO	Monday, Thursday and Friday mornings only
SO	Saturdays only
SX	Monday to Fridays
TWO	Tuesday and Wednesday mornings only
TWThO	Tuesday, Wednesday and Thursday mornings only
V	Continues to Bishops Stortford (Mondays to Thursdays) and Cambridge (Fridays)
XC	Operated by Cross Country Trains
a	Arrival time
b	Arrives 0630
d	Departure time
f	Arrives 0702
h	Arrives 0832
u	Stops to pick up only
	Interchange with London Underground
	Interchange with Docklands Light Railway
	PlusBus operates from this station
	Trolley service
	Seat reservations available
	First Class accommodation available
	Train continues in later column
	Train continued from earlier column

Times in *italics* are connecting train services with one change of train; other connections may be available with further changes

The timetables are striped to help you read them. There is no meaning to the stripes.